

Auto Producers In Canada Have Reason For Rejoicing

By JOHN R. BELANGER
Canadian Press Staff Writer

The happiest people in the Canadian business community so far this year are the auto producers—and they've every reason to be.

Production, as reported by the Canadian Automobile Chamber of Commerce from its several member companies, is running more than 58,000 units (cars and trucks) ahead compared with the first four months of 1963, and 1964 is well on its way to breaking the previous year's record.

For the January-April period Canada produced 202,383 vehicles compared with 221,281 in the corresponding 1963 period. The breakdown is 229,827 cars and 43,066 trucks compared with 167,776 cars and 35,288 trucks the previous year.

Leading the pack is giant General Motors with production of 125,054 cars compared with 100,716 last year. The company's total production for the first four months was 143,119 units compared with 117,374 units last year.

Next in line are Ford and Chrysler, with total production of 74,289 units and 39,728 units respectively. Comparative figures are 55,913 and 30,228.

CARS STILL BOOM

Despite predictions in the contrary earlier in the year, the car boom in Canada doesn't seem to be slowing down. April sales were the highest on record at 61,168. This compares with 52,835 in the same month of 1963. For the year to date, sales have totalled 200,000 units, or an average of 173.33 cars sold in the first four months of 1964.

In the news last week was U.S. born, 51-year-old Marshall Stearns, newly-elected chairman of the Toronto Stock Exchange. Replacing G. R. Gardiner in the post, Mr. Stearns is president of T. A. Richardson and Co. and has been on the board since 1959.

During the Second World War, Oak Hall was used by the federal government as an RCMP convalescent home. It was purchased by the park's commission in 1959.

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TSE's board of governors for the last 12 years. Following the meeting that elected Mr. Stearns, the TSE said it had at year-end 94 member corporations holding 108 seats with five seats inactive.

Exercise Seen Paramount Need

MONTREAL (CP)—You like cream puffs and pastry but don't want to get fat? There's still hope for you.

But there's a catch—exercise, and not just a walk around the block or the run for the bus on your once-a-week sleep-in day.

Next in line are Leonard A. Cooper, associate professor in McGill University's physical education department, says: "There is evidence that in normal persons, exercise can reduce the blood cholesterol despite high-fat diets, provided the exercise is strenuous and continues for prolonged periods."

Mr. Cooper says the heart be-

comes more efficient through regular strenuous exercise.

"With modern mechanization increasing our leisure time, we must substitute physical recreation for the physical labor that used to be part of our life."

Experiments had shown that with vigorous daily exercise gains in weight could be prevented even when a man's diet was calory-high and rich in fat. But as soon as the vigorous exercise was stopped a marked increase in weight followed.

Mr. Cooper said the cholesterol level—high levels are associated with narrowing of the arteries as a result of fatty deposits—now is a problem that must be contended with by young adults as well as older people.

Steel Output Will Not Hit Record In '64

CLEVELAND (AP)—Inventories and imports will prevent the U.S. steel industry from breaking its 1953 production record of 117,000,000 tons this year, Steel says.

Most market analysts expect 1964 steel production of 114,000,000 tons. The metal-working weekly points out that steel users have no incentive to build inventories since there is labor peace in the industry.

"They'll boost stocks by no more than 1,300,000 tons vs. 4,000,000 tons during 1953," it says. "And imports will probably exceed exports by 3,800,000 tons this year. In 1953, exports topped imports by 3,300,000 tons."

While production will fall short of a record, over-all steel consumption this year will reach 80,000,000 tons, topping last year's record of 79,000,000 tons for the year, compared with 75,600,000 tons in 1963.

Steel output this week will be about the same as the 2,656,000 tons produced in each of the two preceding weeks, the magazine says.

"Steelmakers will keep their operations close to the current level for the rest of the month even if orders decline," it says. "They'll trim their output moderately in June as demand slackens seasonally."

The magazine's price composite on No. 1 heavy melting scrap held at \$31.66 a ton last week.

CURB SOVIET ATTACK
LONDON (AP)—The British government announced Wednesday a retaliatory travel ban on the Soviet air attaché, limiting his movements to the London area for 90 days. The Soviet authorities recently placed a travel ban on Britain's air attaché, saying he and two U.S. attachés were observing a mili-

tary airfield at Tuva, 130 miles south of Moscow. March 17, The Americans also were placed under restrictions, and the United States announced April 10 it had taken appropriate retaliatory measures.

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WHAT, ME WORRY?

Robin Mow, 1, of Dayton, Ohio, won't have much trouble with the other kids with the help of his big pet, 125-pound Mr. Magoo. The dog is a Hungarian sheep dog, extremely rare in the U.S. They were visiting Robin's grandparents in Huntington, W. Va.

Potential Astronauts Face Varied Ordeals

By RONNIE THOMPSON
SAN ANTONIO, Tex. (AP)—"Tilt your head to one side," the U.S. Air Force doctor said, dipping the tip of his syringe into a pan of water and ice cubes. "Now hold still, it won't hurt bad."

Suddenly the water filled and chilled my ear. The pain quickly grew almost unbearable. I shut my eyes tightly and tilted my teeth.

The doctor let the water drain out 30 seconds later. My eyes began fluttering uncontrollably. I asked to be taken to the arms of a technician.

I had been subjected to a test to determine my vestibular function—that inner ear mechanism which tells you whether you're right side up, upside down, or at an angle.

It was one of the assorted ordeals that any potential astronaut must undergo to convince the U.S. government he is physically fit. The examination given at the School of Aerospace Medicine here is the most searching that can be made within the limits of current medical knowledge. As an associated Press reporter, I decided to try it to see if I could pass.

MIGHT QUALIFY
It's a rugged test. I'm convinced that the men who ride in space capsules must be near-perfect physical specimens.

I'm 26, five-foot-10, and weigh 164 pounds. After several days of being punched, poked and prodded by the air force doctors, I was told I might qualify for space travel.

My exam started on a Monday morning. Right off the bat, they started bleeding me to test my heart and sugar tolerance and I was under the needle five times in 2½ hours.

Then came the tilt—table strapped in a parachute harness, with electrodes—tiny electrical conductors—pasted to my body. I was fastened in place.

The table swept to an upright position. Straps secured me. The harness cut into my body, forcing my heart to work harder, and allowing the doctors to determine how it functioned under poor circulation conditions.

For 25 minutes I hung there while they checked my blood pressure and heart beat. I felt nauseous.

When I stepped from the table, my legs buckled and I nearly passed out. I was pleased to learn that my body had performed acceptably.

Next came the treadmill which is like hitting the wrong way on a tilted moving sidewalk. To keep from falling off the rear, you have to step off at 3½ miles an hour non-stop.

HE'S NORMAL
The idea is to go until you're exhausted, or until your heart hits a 190-beat-a-minute rate. After 14 minutes, my heart hit the peak rate. The doctor stopped the test. Gasping for breath, I wished I had not smoked that last cigarette.

"Fourteen minutes," I thought. "Well, that's pretty good."

I found out I had nothing to brag about. Most of the astronauts went 20 minutes or more, and the record is 25 minutes.

But doctors told me I performed within normal limits—32 to 17 minutes.

During the week, I was on a special diet. Dinner one night was dry toast and tea, plus six pills. The week wore on.

For the neurology exam, brain wave tests—I sat unasily in an easy chair. My head was marked with red pencil. Then the technician brought out some innocent-looking electrodes with small pins on one end.

While I have no plans to be an astronaut, I must admit that it felt pretty good to know I had survived the rigged first step.

Former Home Opened To Public

NIAGARA FALLS, Ont. (CP)—The majestic three-storey former home of the late Sir Harry Oakley is being opened in the public by the Niagara Parks Commission.

During the Second World War, Oak Hall was used by the federal government as an RCMP convalescent home. It was purchased by the park's commission in 1959.

The hall contains 33 rooms and 17 bathrooms. Only four rooms on the ground floor—the great hall, dining room, drawing room and study—and one of the upstairs bedrooms have been refurbished with furniture.

The entire hall, which contains a basement swimming pool, will be open to the public. A small staff of perhaps two or three women will serve tea on the beautiful terrace command-ing a superb view of the upper Niagara River and Dufferin Islands. A guide will be on hand to show visitors around and answer questions.

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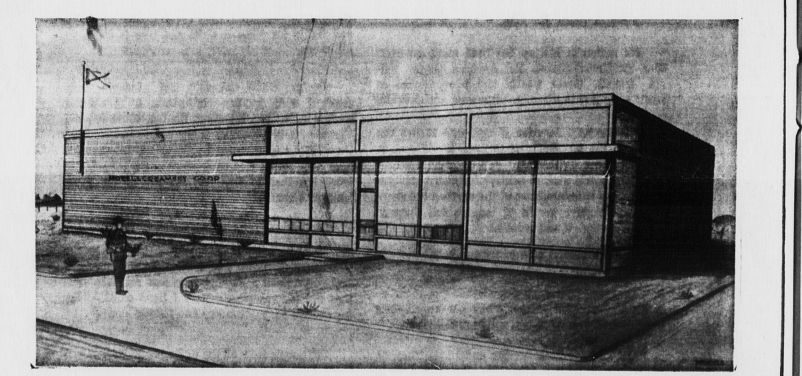
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