



HERE WE COME AGAIN!

Enchanting young fashion is portrayed by the little Fair Lady, Peggy Chandler who is party bound. Her frock is a ballerina blue crystaletta beamed with gold thread and is worn over a miniature erinoline. The Peter Pan col-

LET'S EAT

Here's How To Organize Your Canned Foods Stock

By IDA BAILEY ALLEN
"A well-arranged supermarket or food store displays corresponding types of foods together for convenience and eye appeal. The cereals are together; then jams, jellies and preserves; flavorings, spices and seasonings; and canned goods of various kinds."
"Is there any reason why this system cannot be followed in the average home, Madame?"
"None whatever, Chef. It merely depends on a sense of order, arrangement and ingenuity to make sufficient storage space available."

SET ASIDE SECTION
"For instance canned goods are often just stuck in every available corner of the food cabinets. It's a far better plan to set aside a certain section of a food cabinet, or if wall space is available, buy an inexpensive set of metal or wooden storage shelves to hang on the wall or stand on the floor to hold them."
"Or, if you own the house in which you live, build a set of shelves in the wall at waist level or lower, with shelves at varying intervals to hold cans of different heights. Then the canned goods may be arranged so they can be quickly used, without hunting, reaching on tiptoe or standing up on a ladder to get them."
The canned foods needed in preparing the following menu include vegetable juice, green chilies, peas and pineapple chunks — a helpful, nutritious time-and-money saving assortment well within the average food budget.
Monday dinner: Snappy vege-

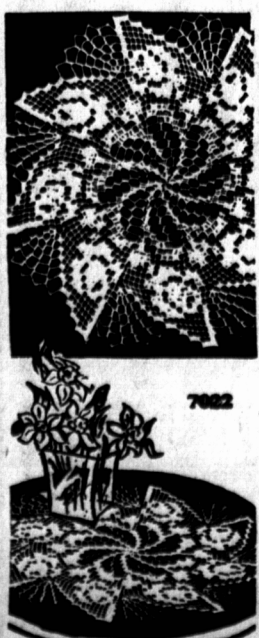
table juice curry and chopped beef; green peas; tossed lettuce salad; upside down pie or spicy pineapple; coffee, tea or milk.
All measurements are level, recipes proportioned to serve 4 to 6.

Curry of Chopped Beef: In a large frying pan, barely cook 1/2 lb. mashed sausage meat; drain. Add 1 lb. chopped beef, 2 sliced peeled medium-size onions and 2 mashed canned green chilies. Sauté 10 min.
Add 2 tsp. curry powder, 1 tsp. salt, 3 tbsp. uncooked rice and a (2 oz.) can sliced mushrooms and liquid. Stir in 1 (No. 2) can tomato, 1 c. boiling water and 1 beef bouillon cube.
Transfer to a low casserole. Cover. Bake 40 min. in a moderate oven, 350 degrees F. Uncover to brown.
Border with hot canned peas.
Spicy Pineapple Upside - Down Pie: Generously rub with butter or margarine an 8" square baking dish that can go to table.
To the contents 1 (No. 2) can pineapple chunks and liquid, stir in 1/4 c. sugar, 1 tsp. grated lemon rind and 1/2 tsp. flour blended with 1 tbsp. cold water. Dot with 1 tbsp. butter.
Top with rich biscuit crust roll 1/4" thick. Brush with melted butter; dust with 1/2 tsp. sugar. Bake 35 min. in a moderate to hot oven, 375-400 degrees F.
Rich Biscuit Crust: To 2 c. biscuit mix, add 1 tsp. sugar and 1/4 c. shortening. Chop in with a pastry blender. Mix in 1/4 c. cold water. Roll out and use as directed.

Trick of the Chef:
Season vegetable juice to taste with Worcestershire, a dash of Tabasco and prepared horseradish. Chill 30 min.

ANCIENT ART
A type of ballet was known to primitive races in semi-religious dances centuries before Christ.

DAILY PATTERN



by Alice Brooks

"ROSE" CENTERPIECE
An unusual combination of flat crochet and regular crochet gives a beautiful and different effect to this "rose centerpiece. It's a fascinating design to work on!
Pattern 7022: Crochet directions for 19-inch doily in No. 30 cotton; larger in string.
Send THIRTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian, Household Arts Dept., 60 Front St., West, Toronto, Ont.
Print plainly NAME, ADDRESS, PATTERN NUMBER.
Two FREE patterns — printed in our Alice Brooks Needlecraft book — stunning designs for yourself, for your home — just for you, our readers! Dozens of other designs in order — all easy, fascinating, beautiful! Send 25 cents for your copy of this wonderful book right away!

AGENCY ART
A type of ballet was known to primitive races in semi-religious dances centuries before Christ.

Wig-making Is A Thriving Industry, For Dozen Or So

TORONTO (CP)—Canada's wig-makers—there are about a dozen—are doing a big business making anything from patches to long bobs for women.

"Forty thousand women are included among 30,000 Canadians who are either bald or victims of thinning hair," says Hampus Nelson, a Toronto wig-maker.

Mr. Nelson, with 27 years' experience in the trade, believes the stigma attached to hairpieces is disappearing. Some of his women clients don wigs for evening wear. "What makes a woman go bald?" Dr. A. L. Hudson, a Toronto dermatologist, attributes baldness to tension and the fast pace of modern life. He says it could even be hereditary.

NATURAL LOOK
Wig-making came into its own in this country. Hair was first imported from Japan and China but now European sources are more popular as wig-makers find hair there of a finer texture.
So natural-looking are wigs today, they are hard to tell from one's own tresses. Advances in styling hairpieces and the easy possibilities of changing color keep wig-wearing women in the fashion parade.
Mr. Nelson camouflages the

hairline with forward-combed curls as in the "poodle" cut. In order to guarantee a natural-looking part line he inserts hair individually on top of the wig.

By attaching springs, he makes a toupee fit like a glove. It takes 150,000 strands of hair to make a wig large enough to cover the average head. For a patch or hairpiece he measures head size, gets the pattern and matches the color with mildy's skin and eyes.

CARRY SPARES
If you're a toupee wearer, keep two, says Mr. Nelson. Prices range anywhere from \$75 to \$275. To keep them looking trim, they should be cleaned, blocked and dressed every three weeks. This entails dousing the hairpiece in cleaning fluid, washing and setting it on a head form.

Women today are not "touchy" about wigs he believes. He thinks men are the touchy ones and the whole more particular. He says many women let their hair grow for the express purpose of selling it. It brings as much as \$16 a pound. Hair braids, chignons and switches are made from this. As to hair-restoring methods, Mr. Nelson says "when it's gone, it's gone and there is nobody who can make it grow."

Wealthy Grandmother Sits On Chinese Communist Body

PEIPING (Reuters)—Among the 621 delegates to the recent session of the national committee of the Chinese People's Political Consultative Conference was a youth-looking grandmother, Madame Tung Tsao-chun.

She came from Shanghai to her first meeting of the conference as one of the representatives of the anachronism of Communist China, the self-made capitalist.

Madame Tung looks an attractive 40, wears a beautifully tailored blue-black suit with high-heeled shoes and uses just a touch of makeup on her unlined face. She is 53 and has five children the eldest of whom is 36.

MARRIED AT 16
She dismissed the subject of her husband whom she married when only 16 with the statement: "I divorced him 20 years ago. He was a soldier." Then she told how she ran the highly-successful Cathay Restaurant in Shanghai for many years so she could give her children a good education.

Before the Communists came to power, the restaurant was popular with foreigners and is still noted for the high quality of its food. A successful businesswoman with a sure financial touch, she has made a great deal of money and is the mother of a gifted family.

INFORMATIVE FORUM
Madame Tung's presence as one of the representatives of capitalists who say that they follow the lead of the Chinese Communist party in building a "strong socialist China" is an indication of the role played by the conference.

It is a body which represents practically every strata, minority nationality, religious sect and group in China. It has branches all over the country and its national committee, which meets once a year, is in some ways a forum where the government and Communist party can propound policies and judge the reactions of various sections of the community.

Heligolanders Battle Against Modern Bathrooms, Kitchens

By PETER JOHNSON
HELGOLAND, West Germany (Reuters)—Some of the people on the island of Heligoland have decided to fight for the right not to have tiled bathrooms, electric kitchens and other modern luxuries.

They are making plans to hold a "plebiscite" aimed at stopping reconstruction plans under which modern boarding houses are springing up to replace the quaint, if a little unhygienic, fishermen's village destroyed during and after the war.

Dr. Eduard Uterhark, president of the island's association, told reporters recently: "Whether we can afford it or not, we are forced to have tiled bathrooms, electric kitchens and other luxuries built into the new houses."
Reconstruction on Heligoland, a red-stone island about 40 miles off the mainland in the North Sea, began in 1952. So far, about 120 houses have been built and about 800 islanders have returned.

Dr. Uterhark, who lived in Hamburg for many years, said in an interview: "Do people really want to return at all to this experimental place for architects who have gone wild, where the roofs reach down to the earth, windows are fixed slanting in the walls and the future church is described by all sensible people as an Eskimo igloo, a pithead, a bird

trap or a Kaffir kraal?"
Other islanders criticized the pastel shades of the new houses which, they say, give a falsely Mediterranean air to the landscape.

Independent observers are skeptical about any effect a plebiscite would have on reconstruction plans, since an official poll conducted by the islanders who have returned indicates that the majority are in favor of the "new look."
The planners, led by Professor Otto Bartning, one of West Germany's leading architects, say most objectors probably won't return to the island anyway. They explain the long roofs of the new houses, which in some cases slope from the third storey at the front to the first at the back, as being designed to give more sunlight to rows of houses behind.

The island was given back to West Germany in 1952 when the Royal Air Force, which had used it as a bombing range since 1945, found another site. That was the second time that Heligoland had passed from British into German hands. The island was a British colony between 1807 and 1890, when it was ceded to Germany in exchange for Zanzibar.

In 1830, children were working 13 hours daily, with a half-hour break, in woolen mills in England.

Mrs. Margaret Casey Is An Honored Guest

Montgomery Temple No. 32, Pythian Sisters, was honored in having Mrs. Margaret Casey of Oxford, N.S., District Deputy Grand Chief, make her official visit on April 15th. She was accompanied by Mrs. Hilda Wood, P.G.C. and several other members from Oxford. The M. E. C. Mrs. Marion Buell presided at the meeting. Al-

so present was Mrs. Margaret Brady, P.G.S.

A feature of the evening was the exhumation of the installation of Officers, conducted by Mrs. Margaret Brady as Installing Officer, assisted by Mrs. Edith Taylor and Mrs. Josephine Dalziel. Mrs. Casey spoke very nicely on the teachings of the Order. Mrs. Wood spoke briefly as did several other members and visitors. A gift was presented to Mrs. Casey on behalf of the Temple. After the meeting a very enjoyable social hour was spent over the tea-cups.

HAMPSHIRE W.I.

The regular meeting of the Hampshire W.I. was held at the home of Mrs. Ralph Edwards on Tuesday evening April 8th. In the absence of the president Mrs. Ralph Youker, the vice-pres., Mrs. Everett Clow occupied the chair.

The meeting opened by singing the "Institute Ode" and repeating the "Creed" in unison. The Roll call was responded to with 6 members and 1 visitor present, followed by the reading of the minutes of the previous meeting which were approved.

A business discussion then took place. The Red Cross convener reported on the sewing which is almost completed. Mrs. Ralph Edwards is to have door prize for next card party. Mrs. George Kitson is to purchase a gift.

The next meeting is to be at the home of Mrs. Edwards, the roll call to be answered with an exchange of flower slips or seeds. The committees then gave their reports and the bill of \$3.85 was moved to be paid, the proceeds

from the last card party was \$24.25.

The lunch committee for the May meeting will be Mrs. Raymond Tremere, Mrs. Hedley MacPherson and Mrs. Ralph Edwards. The Programme is to be under the direction of Mrs. John Clark.

The correspondence was read and discussed. It was moved and seconded that \$2.00 be given to the Easter Seal Campaign. The collection was taken up amounting to 35 cents and the Gift Fund 36 cents.

It was moved that the meeting be adjourned followed by singing "The Queen". Lunch was served by the Hostess assisted by Mrs. Hilbert Tremere and Mrs. John Clark.

LONGEST RIVER

The Nile, flowing 4,145 miles from Ethiopia to the Mediterranean, is the world's longest river.

WEEK-END Food Buys

EASTER ROAST BEEF lb. 39c
PORK CHOPS lb. 57c
SIDE BACON lb. 69c
BETTY CROCKER CAKE MIX 2 for 59c
APPLES 5 lb. bag 59c

PATERSON'S FRESH PACK CHOCOLATES .. lb. pkg. 95c
GANONG'S ASSORTED CHOCOLATES lb. pkg. \$1.32
SAVE 31c NOXZEMA 2 for 99c
OAK LEAF BONELESS CHICKEN tin 45c
ORANGES 2 doz. 79c

SPECIAL 4c OFF NOW 45c

YORK PEANUT BUTTER

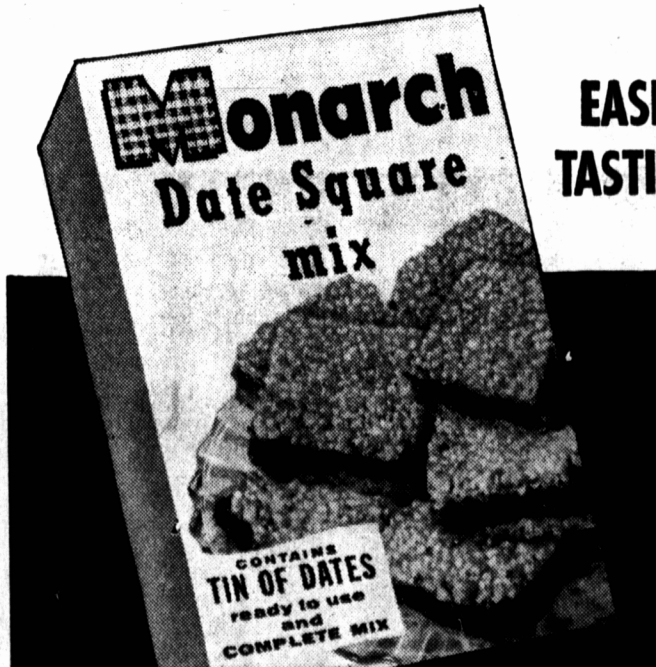
Robin Hood VITAMIN ENRICHED FLOUR 25 LB. BAG \$1.79

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Corner Grafton & Cumberland Free Delivery Dial 9310

New! Deliciously different! Monarch Date Square Mix

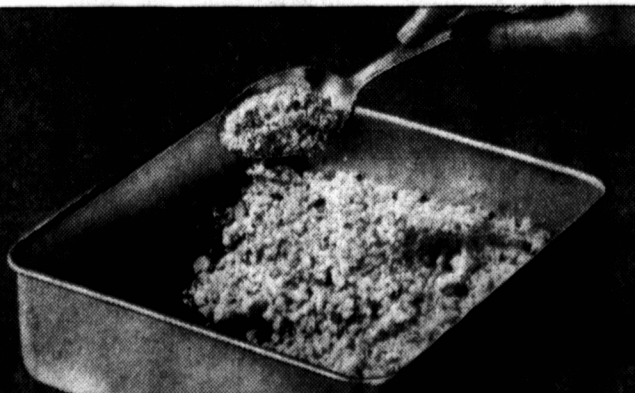
The only mix with moist dates in the package, ready to spread!

EASIEST - Mixed in 5 minutes!
TASTIEST - Real dates, richer ingredients!



1 What an idea for a Date Square Mix—your filling completely prepared! What could be easier—or tastier!

2 You get a tin of luscious date filling ready to be spread—save time and work, and get a better date square!



3 Everybody will love the flavour of the crust—a delightful blending of coconut, rolled oats and pure golden honey!



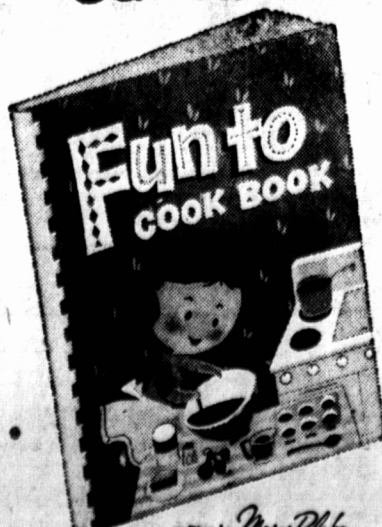
4 Monarch Date Squares taste even better the second day. So moist—rich with the flavour of real dates!

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