



SOUTH SEA STYLE

Sea-loving swimmers as well as sun-worshippers should be interested in this bathing suit if they are planning a winter vacation in a tropical spot. It is made all in one piece and is a South Sea fish print of the finest cotton. Adjustable shoulder straps, side stays, foam rubber in-

ELLEN'S DIARY

New Skates Are Tried

Children skate on the millpond tonight, their young voices echoing happily in the pleasantly frosty dimness about. Stars of a Winter now lightly spread with white, keep the watch above them. And we think how engaging the scene would be if a full moon could flood with its silver that well sheltered nook of the valley. More than one generation in turn and in name has come in our time at Alderlea down along the hill to skate on some rink, either beyond the roadway bridge "up the creek" or nearer, on the ice of the pond. There too when it pleases them, Granddaughters and Mack go to practice the happy art. But a while ago she undertook to take over our duties at a housewifery art. It is one which comes to us now that evenings are long, when the household alone or in company gathers about the heart-fire. And the sticks crackle and sing a woods' song, the black cat on the couch purrs and the kettle sings. And so cozy it is, we might wish it were always a Winter. Then the lunch-time appears.

Granddaughter had come along the frosty path, to visit a moment only, then remained while we completed a toe of sock, to brew mugs of coffee for James and Mr. C. over from his quiet house on the hill. How pleased James was, and proud of this granddaughter! And how smartly then the talk went back to traverse the paths of past years. "It's hard to believe that when I first came to this part of the country, your dad wasn't as old as you are," Mr. C. offered to Granddaughter. "How fast the years roll away." "And what good coffee this is!" James beamed sampling it. "I always maintain" he nodded to Mr. C. "it's better for a girl to master the tricks of housekeeping than to cram her brain with algebra and geometry and suchlike things she'll never need to know when she comes to make a home of her own. Let her learn to make a good loaf of bread, to cook well and be smart about the house—to patch and knit . . ."

DAILY PATTERN



BRIDAL DOLL WARDROBE. Our new Printed Pattern, sew a delightful gift for any little girl. This complete bridal wardrobe (doll-sized) includes traditional gown, cap and veil; bridesmaid dress, sash, bonnet; frilly lingerie; negligee and nightie. Printed Pattern 4507: For dolls 14, 16, 18, 20, 22 inches tall. See pattern for yardages needed. Directions printed on each tissue pattern part. Easy-to-use, accurate, assures perfect fit. Send THIRTY-FIVE CENTS (35 cents) in coins (stamps cannot be accepted) for this pattern. Print plainly name, NAME, ADDRESS, STYLE NUMBER. Send order to Anne Adams, care of Charlottetown Guardian, Pattern Dept., 60 Front St., W., Toronto, Ontario.

"There drink up your coffee!" she smiled. "I must go, I'm taking 'The Wind in the Willows' to bed with me—I want to read another chapter. It's an extremely interesting book. As a matter of fact" she twinkled "it's one pretty hard to leave." "The Wind in the Willows" and 'The Golden Age' came to her across distances recently in a treasured and lasting gift from an island farm-girl of once . . . one we fancy, who keeps many a scene of island places "in her heart" as she practices her chosen profession of healing and helping, far from its shores. Bless the girls and boys, the successful islanders abroad who cherish still nice memories of the golden years that they knew! "Until tomorrow . . . Diary—Goodnight. . . ."

COOK'S CORNER

TUTTI-FRUTTI CHEWS. 1/4 cup butter, 1/2 cup brown sugar, 1 egg, 1/2 cup chopped dates, 1 tsp. almond, 1 cup nuts, 1 cup coconut, 2 cups cornflakes, 1 tsp. vanilla. Cream butter, add sugar, cream again. Add unbeaten egg, fruit and flavoring. Stir well. Put in teaspoon on baking sheet. Remove from pan while warm. Bake at 350 deg. for about 12 minutes. OLD DISASTER. The first Lincoln cathedral was one of the few buildings in England to be wrecked by an earthquake, in 1188.

WOMEN

Lena Caroline McLure, Women's Editor. Phone 8506 Page 8 The Guardian Thursday, Jan. 3, 1957

HAPPENINGS

Lieutenant Commander Michael K. Kelly and Mrs. Kelly are the New Year's guests of the Commander's mother, Mrs. George Kelly, 120 Spring Park Road, and his sister, Mrs. A. J. MacAdam, Belvedere Avenue.

Mr. and Mrs. Frank Kelly are visiting Mrs. George Kelly and Mr. and Mrs. Joseph McIsaac, Kirkwood Drive, West. Mr. Kelly has recently been appointed Maritime representative of Acme Steel Co. of Canada, Ltd.

MARY HAWORTH Must Learn To Be Married

Dear Mary Haworth: Shortly after we married, my husband seemed very quiet and withdrawn; and when I asked the trouble he said he just wished we hadn't got married. Although he loves me, he just wishes we were still dating and that I was his girl friend. Bruce is 34 and I am 26. This is our second marriage. He was divorced for 10 years, after 18 months' marriage, and I had been a widow, first married at 17. We courted for over a year, and Bruce was wonderfully considerate, and seemed to know what he wanted. I grew to love him very much and looked forward to a happy life. We'd discussed having children and Bruce favored delay. Now I understand why; perhaps it can never be. We are both employed, and have good jobs. Bruce feels a bit insecure in his responsible position, fearing he might make a wrong decision that would get him fired. Could this account for his not wanting a wife and children? ONLY CHILD. He won't discuss things with our pastor, and probably wouldn't see a marriage counsellor either. He may decide to talk to his mother, but, as he is her only child, I doubt that she could see how very clear to be helpful. My folks died when I was quite young. As one solution I've thought of taking an overseas job for two years—something I had considered before marriage. We've discussed the idea and at first Bruce said it might work very well—in two years he might find himself more ready to be a husband and eventually a father—but then again, as he says, he may never change. Now he doubts that such a move would solve anything. All in all, he remains cool and indifferent. It may seem strange to you, that we say we love each other, but just can't seem to get along in marriage. Or perhaps you won't think it strange—in view of your vast knowledge of human nature. T. G.

Mr. and Mrs. Douglas P. Farquharson of Toronto and their children returned New Year's Day to Toronto. They had been here since Saturday.

Mr. and Mrs. C. R. Barrett, Shelburne, N.S., spent the holiday season at the home of their son and daughter-in-law, Dr. and Mrs. G. D. Barrett.

During the Christmas holidays, Mr. and Mrs. Manly F. Miner of Kingsville, Ontario were hosts at afternoon tea at their Jack Miner Sanctuary home to thirty-three United Nations delegates representing their respective countries in Europe, Asia, South America and the Philippines.

HOUSEHOLD HINT

When washing foundation garments, keep the water at lukewarm temperature. Turn the garment inside out to wash, and close all hook or zipper openings. Never rub, scrub or twist. Instead, wash by squeezing gently through the fabric. Rinse thoroughly and wrap in a Turkish towel to absorb moisture. Unwrap and dry away from heat.

LONG RIVER W.M.S.

The annual meeting of the Auxiliary of the W.M.S. was held at the home of Mrs. A. C. Johnstone on Tuesday evening, Dec. 11 with the president, Mrs. W. E. Johnstone presiding. The meeting opened by singing Hymn 62.

The Worship Service took the form of a Candle-lighting ceremony, based on the theme, "His Constant Light". This was conducted by Mrs. Arthur Johnstone assisted by several members who gave readings, representing the different countries. Prayers were offered and a number of Christmas Carols were sung. Benediction closed this period.

The minutes were read and approved. 14 members answered the roll call. In absence of the Treasurer, Mrs. Francis Paynter, the report was read by Mrs. James Bernard. The Auxiliary raised \$287.73 and Mission Band \$45.01 making a total of \$332.74 for the year.

The Supply Secy, Mrs. Everett Paynter reported that 3 bales valued at \$120.25 had been sent during the year. Two hundred and fifty nine visits to the sick and shut-ins and one hundred and eighty nine hospital calls had been made and two hundred and eighty seven cards sent and one hundred and twelve books read, were reported by the Community Friendship Secretary.

Next meeting is to be held at the home of Mrs. Ralph Johnstone, a verse containing the word "New" is to be used for Roll Call. Mrs. W. E. Johnstone will lead the Devotional service and Mrs. Oscar Johnstone will present the study book.

The section of officers resulted as follows: President: Mrs. Heath Campbell; Vice President - Mrs. Mae Brown; Secretary - Mrs. Archie Johnstone; Treasurer - Mrs. Arthur Johnstone; Supply Secy - Mrs. Everett Paynter (re-elected); Literature Secy - Mrs. Oliver Paynter; Community Friendship Miss Mae Found; Missionary Monthly - Mrs. Waldo Paynter; Mission Band Leader - Mrs. Ralph Johnstone; Assistant Mrs. Archie Johnstone; Organist - Mrs. A. C. Johnstone; Christian Stewardship Mrs. Edwin Bernard; Christian Citizenship - Mrs. E. W. Johnstone. The meeting closed with prayer.

NEW ANNAN W.I.

The December meeting of the New Annan Women's Institute was held at the home of Mrs. Wm. Waite and opened with "Jingle Bells" followed by the Creed. Fifteen members answered roll call with an exchange of gifts. Three visitors were welcomed. Minutes were read and approved and correspondence read. Five dollars was voted to be sent to the T.B. League. It was moved and seconded that the Secretary purchase a pair of the better grade blankets and send to Mr. and Mrs. Frank Bell, Searletown, recent fire victims. Secretary is to buy a treat for the school children consisting of an apple and an orange for each; and each member is to make three lb of sugar into candy for the children and for sale at the concert. A committee consisting of Mrs. Edson Dalziel, Mrs. Robert Williams, Mrs. William Waite and Mrs. Albert Moase was appointed to make out the program for 1957. Secretary reported getting C.I.O. capsules and sending them to the school. School committee reported getting necessary articles for school. Sick committee reported six treats taken to the sick. Members agreed to send lunch to Travellers Rest to be sold at a social evening in the hall on Rest to be sold at a social evening in the hall on Saturday night to help pay expenses for a young man who was injured while playing hockey. One member joined the group. Collection \$1.65. It was moved that all bills be

LET'S EAT

Italian Style Rolls As Hors d'Oeuvres Don't Cloy

By IDA BAILEY ALLEN "The holiday mood is on, Chef," I said "All over the country, friends and neighbors will be dropping in any time of the day to serve an easy-to-fix welcoming snack." "Too many sweets soon spoil the appetite, Madame," replied the Chef. "So I suggest a combination much favored in Milan, Italy—hors d'oeuvre rolls and coffee. The coffee is espresso, of course!"

MADE AS NEEDED

"In this country I suggest using small cups of strong instant coffee, Chef, made as needed. What about the hors d'oeuvre rolls?" "The rolls are split, crisp finger-length rolls, lightly buttered and put together with thin slices of ham, salami, or anchovies, and lettuce if desired. Sometimes sliced cake also is served—such as the very fine chocolate raisin poundcake we are giving on Saturday in this column." "Tomorrow's Dinner: Pineapple-grape mint cup; deviled chicken and mushroom croquettes; butter-tossed green noodles; Chinese-fried zucchini; ice cream coconut cubes; chocolate sauce; coffee, tea or . . ."

ROUTINE

5:30 Put noodles to boil 5:31 Start zucchini to cook 5:34 Make coconut cubes and refreeze 5:35 Start croquettes 5:44 Set table 5:48 Make pineapple cup

5:50 Toss noodles 5:53 Start coffee 5:56 Fry croquettes 6:00 Serve dinner All measurements are level; recipes proportioned to serve 4 to 6 Deviled Chicken Mushroom Croquettes: Fine-chop enough cooked chicken to make 1 1/4 c or use 1 (8 oz) can Add 1 small can deviled ham and 1 fine-chopped (4 oz) can sliced mushrooms, 1 egg, 1/4 tsp salt and 1/4 tsp pepper Stir in 1/2 c fine soft enriched bread crumbs. Let stand 5 min. Form into small flat croquettes. Brush with slightly beaten egg. Dip in equal parts fine dry crumbs and chopped nuts Pan-fry golden brown in vegetable oil or in deep fat at 375 degrees F. Drain on absorbent paper Chinese-Fried Zucchini: Wash 2 lbs zucchini; cut in thin slices Butter and heat a 2-qt saucepan and drop in the zucchini. Add boiling water to the depth of 1/2" and 1/2 tsp salt Boil rapidly until barely tender. The water will evaporate. Add 1/2 tsp sugar, 1 tsp pepper and a tbs. soy sauce Coconut Ice Cream Cubes: Quicker to make than the usual balls Just cut a pint carton of ice cream into four cubes Roll in shredded or flaked coconut. Top each with a maraschino cherry and refreeze for 30 minutes. To serve, pour two tablespoons store-bought chocolate sauce around each.

KEEP IN TRIM

Triumphant Reducers Report

By IDA JEAN KAIN Shining success stories are always a source of inspiration . . . and let's face facts, this week you are probably more in need of inspiration than information. So today let's rejoice in the triumphant dieters. Chances are their success may give you added incentive and hope. A newly streamlined homemaker from Florida sends this message: "Your column has been most helpful to me in my dieting. I'm happy to report that I have lost grand total of 70 pounds since starting my diet in March, going from a bulky 200 pounds to a trim 130. Never did I think this could be done. I hope this is encouraging to other 'fatties'."

WILL POWER

New Yorker touches upon that all important subject—will power. "My doctor had told me that I must lose 25 or 30 pounds. So I sent for your diet plan and followed it as closely as I could. I have lost 25 pounds and feel ever so proud. It takes quite a lot of will power, as I love to cook and love to eat, and when we have to cook for others, it is very hard to deny ourselves the good things we have always had. But I set my mind to do it, and have accomplished it real well. I think. A Missouri reader who had several unsuccessful bouts with diet before winning through sends proof it can be done. "Here is another proof that if you want to cut down pounds, it can be done. Like so many others, I tried to reduce, but just couldn't stick with the diet. I am 49 years old, 5' 7". At that time I weighed 195—today I weigh 138. I exercise, and I feel so much better than when I weighed too much. I say to plump folks who like to eat . . . if they send for your protective diet and follow it, they too can eat and slim down—provided they really make up their minds to do so. I'm really glad I did. And I might add, my doctor rejoices with me." Cheers for all these triumphant reducers. In each case, this may well be a year that marks an important milestone in their lives.

Head of Hillsboro W.I. Mrs. Gordon Douglas was hostess to the Head of Hillsboro W.I. on Dec. 5th. The president, Mrs. Hamilton Douglas presided. The meeting was opened by singing Jingle Bells and repeating the Mary Stewart Collect in unison. Ten members responded to the roll call which was an exchange of candy recipes. The secretary then read the minutes of the last meeting and were approved and signed. Correspondence was then taken up and discussed. It was decided to send \$5.00 to T.B. League. The secretary gave \$14.00 to Teacher for treats for school children. It was also decided that a Christmas treat be bought for all the pre-school children; also that Christmas baskets be packed for the shut-ins. Next meeting is to be held at the home of Mrs. Geddie Douglas. Program consisted of readings; demonstrations on Christmas decorations; contest; and Christmas carols. After extending a vote of thanks to the hostess for her hospitality the meeting closed by singing the National Anthem.

BROOKLYN W.I.

The Brooklyn W.I. held its monthly meeting at the home of Mrs. Robert Whitaway on Dec. 6 with Mrs. Willard Bray presiding. The meeting opened by repeating "The Creed" in unison. The roll call was responded to by nine members by an exchange of Christmas gifts, also two visitors present. The minutes of the annual meeting were read and approved followed by a report of the committees. New sick committee, Mrs. Lloyd MacKinnon, Programme, Mrs. Preston Beaton. It was voted to give \$2.00 toward gift for teacher. They collected in the district for the Springhill Mine Disaster Fund realizing the sum of \$26.00. It was decided to meet at the home of Mrs. W. D. MacKinnon on Dec. 18 to pack boxes for Shut-ins. Mrs. William Matheson was appointed to get a hamper of apples to give the children for a Christmas treat Mrs. Matheson was also appointed the press reporter. Mrs. Jack MacKinnon kindly invited members to her home for paid. Red Cross work was passed on and more taken out by members. Next meeting is to be held at the home of Mrs. Walter Moase with Mrs. Keith Thompson and Mrs. Don Schurman on lunch committee. Roll call is to be answered with something toward a quilt. Sick committee, Mrs. Deliber Raynor and Mrs. Albert Moase, School committees, Mrs. Don Schurman, Programme, Mrs. Charles Waugh and Mrs. Wm. Waite, Mrs. Edson Dalziel were the bean guessing contest. A lovely lunch was served by the hostess and committee. Meeting closed with the Queen.

STELLA MARIS C.W.L.

The monthly meeting of Stella Maris Catholic Women's League was held in the Parish Hall on Dec. 10th, presided by the President, Mrs. C. E. McNeill. The minutes of the last meeting and the treasurer's report were read and adopted. The different conveners brought in their reports. All bills were voted to be paid. Money was voted for donation for flowers for Christmas. It was decided to donate some amount to T.B. League, as previous years, also that \$10.00 be given Mother Superior to send one girl to take Lay Apostolate Course at St. Dunstan's College during the Christmas holidays. As previous years it was decided to make up Christmas baskets for the needy; and also a treat be provided and given Santa Claus for the school children. Chaperones were appointed for Christmas Social for High School. Meeting closed with prayers.

AVONLEA W.I.

Mrs. Ira MacCoubrey was hostess to the Avonlea W.I. which met on December 4th. Meeting opened with the singing of "Hark, Hark the Herald Angels Sing", followed by the Mary Stewart Collect. Roll call was answered by 24 members. One new member was welcomed. Minutes of last meeting were read and with one correction were approved as read. It was moved and seconded that Avonlea W.I. pay half of the bill of Blood Donors Clinic, Miss Blanche Wyand and Mrs. R.G. Fleming were appointed as conveners for Red Cross appeal for clothing. It was moved and seconded that a T.B. Bond be bought also that a Santa Claus suit be procured for each district. New committees are Cavendish school; Mrs. Allison Haley a nd Mrs. John MacNeill, Sick; Mrs. Chesley Clark and Mrs. Stirling Stewart, Rustico School; Mrs. Robert Woolner and Mrs. Will Toombs, Rustico sick; Mrs. Ernest MacLure and Mrs. Earl Simpson. Money was voted for treats for children at Christmas time, Miss Mary Stewart was appointed as president with Miss Blanche Wyand as Vice-president for coming year. After the gifts were exchanged a sing-song of Christmas carols followed. A card of sympathy is to be sent to Mrs. Manning. The January meeting will be at the home of Mrs. W.L. Toombs on January 8th. Roll call to be answered with a New Year's Resolution. Lunch committee—Mrs. Olaf Stevenson, Mrs. R.G. Fleming, and Miss Irma Toombs. Ten members subscribed to Institute News. A delicious lunch was then served and meeting closed with The Queen.

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