

ELLEN'S DIARY

By An Island Farmer's Wife

Now as the summer-heat wanes and the hearth-fires become more respected agents than once in the kitchen, do we on farms come to the fulsome, engaging fragrances of the season...

That Body Of Yours

By James W. Barton, M.D.

VERY FEW EARLY SIGNS OR SYMPTOMS IN CANCER OF THE STOMACH

It is known that during World War II, 300,000 men were killed in action and about the same number of persons were killed in the United States by cancer of the digestive tract...

Would we have noticed the entrance to the home of some tiny cliff-dweller chiselled out neatly in a steep bank by the roadside?

Better English

By D. G. Williams

1. What is wrong with this sentence? "She only saw him for a moment."

2. What is the correct pronunciation of "apparatus"?

3. Which one of these words is misspelled? Hypnotize, hypnotism, cauterize, minimize.

4. What does the word "lustrate" mean?

5. What is a word beginning with "po" that means "sharply affecting"?

ANSWERS 1. Say, "She saw him only for a moment." 2. Pronounce third as in ray, accent third syllable. 3. Hypnotism. 4. To purify. "We must purify, cleanse and lustrate the whole city." 5. Poignant.

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DOROTHY DIX'S COLUMN

Duty Is A Hard Taskmaster

Woman With Dying Husband Succumbs To Pitfalls Of Loneliness

DEAR MISS DIX: I'm 38 years old, quite attractive, have a 19-year-old son in college, and a wonderful husband. About two years ago my husband was taken ill with an incurable disease and was given not more than two or three years to live.



Muriel Nissen

SHAMELESS GIGOLO

ESTHER S.

ANSWER: When I consider all the wives I know who have nursed sick husbands through long, back-breaking years of illness, most of it much worse than has fallen to your lot, it is a bit sickening to realize how easily some women can forget the years of devotion from a good man.

DEAR MISS DIX: I have been going steady for over two years with a man of 35, three years older than I. We are both single. A month ago, I had business out of town for a week and while I was away he took one of the girls in the office to a dance (not an important affair).

ANSWER: Your friend's explanation sounds logical enough and, if you have nothing further against him, I would advise against breaking up your friendship.

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Cook's Corner



NORTH ST. ELEANOR'S W. I. takes over this week with some tempting dishes for your trial. And what could be more inviting than—

SOUTHERN FRIED CHICKEN

- 1 chicken
2 eggs
1 tablespoon top milk
Dash salt, pepper, lemon juice.
Clean and dress chicken, cut in pieces, put lemon juice salt and pepper over each piece. Dip chicken into beaten egg and milk mixture, roll in flour, fry in butter until brown, then cover pan and cook over slow fire until tender.

Gravy

Remove chicken, skin and add 3 tablespoons flour to 3 tablespoons hot fat. Add 1 1/2 cups thin cream. Stir and cook until mixture thickens, then strain and season with salt and pepper.

—Roberta Moase, North St. Eleanor's W. I.

Quebec Province in 1953 accounted for 93 per cent of Canada's maple syrup production.

Modern Etiquette

By Roberta Lec

Q. When a bride-elect has no family, near relatives or guardian, isn't it all right for her bridegroom to stand that part of the wedding expenses usually assumed by the girl's parents?

A. No, if the girl, herself cannot afford the expense of an elaborate wedding, then she must not expect her bridegroom to shoulder this. Her wedding should be a very simple one.

Q. When a hostess knows that her week-end guest is very strict about attending church, should she arrange her schedule so that the guest has this opportunity?

A. If she is a thoughtful hostess, she will.

Q. How should gifts received during an illness be acknowledged? A. If the patient is too ill to acknowledge the gifts immediately, notes of thanks should be written as soon after recovery as possible.

NEEDLE EXPERT

WEYBURN, Sask. (CP)—When A. J. Ellison retired 11 years ago he took up needlepoint as a hobby. Now, at the age of 80, he is working on his 100th piece. He won first prize at the Weyburn Fair with his intricate products.

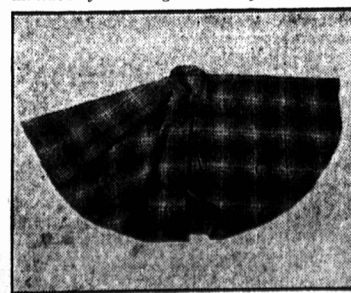
HAMILTON, (CP)—Dr. Hilliard Code, Port Credit, was beaten and bobbed on the Appleby line in Nelson township late Wednesday. He is in St. Joseph's hospital here. His car, wallet, and watch were taken. Dr. Code has offices in Toronto.

The Khals hills in Assam, India, are frequently shaken by earthquakes.

Needlecraft News

by Pauline Roy

PLAIDS IN DRESSES, suits, bags, hats and even shoes are big fashion news this year. You'll see them in bright, colourful designs as easily as soft, muted patterns—all plentiful on fabric counters. Plaids are easily matched by following a few simple rules.



Matching Plaids

Be certain to lay corresponding notches on the same coloured stripes so that, by matching the notches, the remainder of your seam will automatically fall into its properly matched place.

When cutting the sleeves, be sure the same coloured stripes is on the notch of the armhole for both the sleeve and waist. To achieve the chevron effect over the shoulder, the centre fold of the front must be placed on a stripe which is identical to the stripe on the waist back.

College Cape

Soft plaid woollen material is used to make this smart little stadium cape which finds a place in any college wardrobe.

Arrive On P. E. I.



Bending over a map of Prince Edward Island aboard the ferry car (left) Lady Elizabeth Bride Binney of Tasmania, Australia, and Mrs. M. J. Doyle of North Rustico, president of the P. E. I. Women's Institutes.

Practical, Attractive Travelling Attire

What does the practical lady traveller wear?

For good advice, just take a glance at the 57 delegates to the ACWW conference who travelled thousands of miles to reach Toronto and are now touring the Maritimes by bus before embarking on another thousand or so miles to reach home!

They're wearing tones of grey, blue and black in sturdy fabrics which do not crease easily, yet are thin enough to be cool. Nylon blouses—so easily to care for—are great favorites amongst them; dainty white blouses were the most popular choice for suits and skirts.

Outstanding amongst the costumes of these world travellers was a dress in eastern fashion worn by petite Lady Evelyn de Soysa of Ceylon.

Lady de Soysa said the sari is the type of dress which she always wears and she wears cotton material for more practical use.

Her jewellery during travelling was a matching necklace and earrings of gold and purple gems.

Lady de Soysa explained that the ladies of Ceylon wear three styles of dress—depending upon their individual choice: those without a stole-effect, those (like her own) with a long stole-drape and western dresses. Women of Ceylon wear sandals for comfort in their own country.

Lady de Soysa chose black pumps for her tiny feet during the trip.

Nearly all delegates wore hats, most of them small and made from straw. There were also a few charming hats made of suede decorated with fancy gold pins.

As expected, their purses were large for carrying notes, postcards, pamphlets and cosmetics.

"It has been most interesting to meet women of other lands and to try to get a greater understanding of each other. It is certainly a step towards peace." (Mrs. Astrid Gjestad, Brumunddal, Norway).

"I really feel that I have a broader view of everything now," said youngest visitor at the ACWW conference, 19-year-old Gwyneth Williams of Wales.

"This ACWW meeting has been a much larger one than the last one," said Mrs. C. Kingston of Victoria, Australia, who attended both. "This one was particularly well-organized."

Those are a few comments

Seven Days A Week

(By Anne Shannon)

Monday

To begin this week here are interesting notes about the important poultry raisers. First Porter Rigdon says, "I raise the egg business, you ought to have hens making you some money every day of the year. That's why I don't start a complete flock of pullets every year."

He starts 700 pullets in January or February and keeps 500 old birds in a separate building. He finds that hens lay 10% less than pullets, but they lay larger eggs at a time when you get a good price for them. His records show that hens eat 2400 pounds of feed per year less than pullets. His mortality is 10% below losses in pullets, because "the weaker sisters have been culled or lost the first year."

2. Tuesday: About this time, fifty-three years ago, the first automobile to cross the United States from coast to coast, made the journey in 52 days. Incidentally Bob Hope celebrated his fiftieth birthday this month, so fifty years ago in Eltham, England Leslie Towne Hopp first drew breath. Little did his parents know that some day this son of theirs would be known and beloved by millions.

3. Wednesday: This day I had which one might hear if they were travelling on the Maritime bus tour with this international group of women who are concerned with not only home questions, but world questions which they are investigating with their minds and hearts.

4. Thursday: Early in his career Henry Ford, in granting a sub-contract for engine parts, specified that these parts were to be delivered in wooden boxes of a certain size, held together by screws, not nails. He even indicated the exact size and location of the screws.

In order to receive this lucrative order, the subcontractors willingly accepted these conditions although they privately agreed that "this guy Ford is slightly batty." Many of his own employees felt that the "old man" was being unnecessarily dogmatic about the shipping cases, too, but they chalked it up to erratic genius. Came delivery day—and revelation. Henry Ford's "whimsy" had been the work of genius, all right, but hardly erratic.

Country Women Have Much To Discuss During Bus Tour

"I find we are pretty much all alike," said Mrs. C. Bell, Mississippi's ACWW delegate. She is presently travelling with 56 other delegates from various lands on a Maritime tour including three days on P. E. I.

"Although we come from different environments, we still have enough in common, as country women, to come together and exchange thoughts and ideas," said Mrs. Bell, whose accent is delightfully Southern.

And just what are the interests and concerns of these women, who seem to have much to discuss and who have travelled great distances to be together?

It seems that their common aim and bond is to promote understanding between peoples and during this conference and tour, they have started by telling each other about their countries and problems and solutions.

Their informal discussions during the Maritime tour contain many stories and facts and here are a few for your information, too.

"Mississippi is 49% colored and 51% percent white population, yet probably there is no place in the world where people get along so peacefully, because we understand each other and work together, instead of against each other. Side by side, we grow cotton, small grain, hay, sugar cane, sweet potatoes and we're just beginning to raise livestock in improved pastures. Our state is also a beautiful show place with many lovely camellias, azaleas and magnolia trees. Our youth love growing things, too, and we have 115,000 4-H Club members." (Mrs. C. Bell, Mississippi, U.S.A.)

"Tasmania is the garden of Australia, just as Prince Edward Island is the garden Province of Canada. It has many beautiful old pine trees (long-needle variety), flowering wattle, and interesting animals and birds, such as kangaroos, the lyre bird, mutton birds (which the Tasmanian aborigines eat for consumption), the Tasmanian tiger and the Tasmanian Devil (similar to our badger), said Lady Binney of Tasmania, Australia.

"The Maoris (pronounced Ma-wees) of New Zealand do not present a racial problem to us. They are a part of our country's population. They are a clever group of people and we find the women are particularly good at handwork. Where there are Maoris living together in one area, we have helped them to organize separate Country Women's Institutes. At the first meeting only the husbands attended! However, when we explained the health and welfare benefits of the organization, the women were permitted to appear."

"The Maoris have many beautiful 'poi' dances and one of the most beautiful ones depicts the shining cuckoos flying from northern to southern climes for the winter. The dance is done with the fingers, all showing the flight of the birds who gradually become more and more tired as the trip nears the end. The fingers all keep perfect time." (Mrs. J. Sawyer of New Zealand.)

"Ceylon is an agricultural country of the plantation type. Our main products are tea, rubber, coconuts, oil, copra and coconuts. Our people also do beautiful hand-carving and when the present Queen was married we presented her with a handsome hand-carved bedroom suite." (Lady de Soysa, Ceylon.)

How Can I ...

By Anne Ashley

Q. How can I clean and brighten gold braids?

A. Brush it first with a stiff brush, and then rub powdered alum well into the braids. Let the alum remain, and the braids will take a brighter look after an hour or so.

Q. How can I clean patent-leather shoes and belts?

A. Mix up a solution of two thirds vinegar and one-third water. Apply this to the leather with a soft cloth and polish with a dry cloth. Petroleum jelly, applied in the same manner, is good, too.

Q. How can I prepare light fluffy omelettes?

A. Beat the whites and yolks of the eggs separately. Mix them together just before you put the eggs into the skillet, and the large amount of air in the mixture will bring about the desired result.

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YOUNG TRAVELLERS

OSLO, (CP)—A group of 12 Spanish refugee boys and girls, now living in France, spent a week in Oslo studying Norwegian democracy as guests of the Norwegian Young Workers League.

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