

Duchess of Kent and Daughter To Make First Canadian Visit

OTTAWA, (CP)—The Duchess of Kent and her 17-year-old daughter, Princess Alexandra, will visit Canada in August and September, Government House announced today.

The duchess will be the guest of Governor-General Vincent Massey at the Citadel, Quebec City, on her arrival.

On Friday, Aug. 27, she will open the Canadian National Exhibition at Toronto and three days later will inaugurate the Ontario Hydro-Electric Commission's new generating station at Niagara Falls.

The duchess' three-week tour will be limited to eastern Canada and will conclude with a visit to Nova Scotia, where she will be the guest of Lieutenant-Governor Alistair Fraser.

Further details were expected at a later date. The Duke of Edinburgh is scheduled to visit Canada for three weeks in late July and August and Queen Mother Elizabeth may visit this country in the fall. She has already accepted an invitation to visit President and Mrs. Eisenhower in Washington.

Her First Visit
The Duchess of Kent, a tall, handsome mother of three known as one of the world's best-dressed women, will be making her first visit to Canada.

Her husband, the former Duke of Kent, visited Canada early in the Second World War. He was killed in a plane crash in Scotland in 1942.

Born in Athens, the duchess is the daughter of Prince Nicholas of Greece. She was married in 1934.



Another idea for a casserole dish is "California Chicken" which doesn't take long to bake. It's a suggestion from Spring Valley W. I. who are taking over this corner this week.

CALIFORNIA CHICKEN
2 cups diced potatoes.
1 large onion cut fine.
1 cup carrots, salt to taste.
Cook until tender, drain and add 1 can peas drained, and 1 can tuna fish that has been scalded. Make about 1 pt. white sauce. Add well with cracker crumbs and butter. Bake until the crumbs are browned.

—Mrs. Chas. McLellan, Spring Valley W. I.

Her three children are the present Duke of Kent, 18, now taking military training in Britain, Princess Alexandra and Prince Michael, 11, in school.

DOROTHY DIX'S COLUMN

Harmful Associates

Teen-Age Girl Warned To Give Up Fast Companions

DEAR MISS DIX: I'm a girl of 14 with quite a problem. I always want to act like the other kids in school. I've become very fond of one of my classmates, Nell, who has a wonderful personality, but poor reputation. I've never been particularly popular with boys, but she is, and since I've been going with her I've had several dates. None of the boys was especially "fresh," but their conversation was suggestive.

One night last week our Scout meeting was called off, and Nell suggested that we go out anyway and meet some boys, not letting our parents know the meeting had been cancelled. I said O.K., and though we only talked to the boys, I felt very ashamed of deceiving my parents. When Mom found out about it, she said she couldn't trust me anymore and that I wouldn't be allowed out for some time. I know I need to change my conduct, but how can I go about it?

CONFIDE IN MOM

ANSWER: This is the time for a long heart-to-heart chat with Mom. Tell her you have a problem you'd like to discuss with her, then go right back to the beginning, explain your association with Nell and the resulting complications. Like every adolescent, you need someone to lean on, someone to consult, someone to give you advice. It so happened that you picked out the wrong person. Just switch over to a right companion.

Naturally the first thing for you to do is stop going with Nell. Continued association with her will give you a shady reputation and you won't be accepted by any of your nicer schoolmates. Better no dates at all, for a while, than dates with the wrong persons.

You must begin to restore your honor in school and at home. Changing your associates and entering wholeheartedly into activities will take care of school; explaining your problem will help out at home. Your mother, naturally, is worried about you, but when she realizes that harmful influences no longer interest you, she'll regain her former confidence in you. Apparently you haven't made a point of confiding in her; be sure that situation is changed now. Being able to discuss problems with someone who can help you solve them is the best way to avoid mistakes that could be tragic.

DEAR MISS DIX: From time is coming up. My boy friend and I go to different high schools and each school has its own prom. Since he can't afford to rent a dinner jacket, and buy flowers for both proms, which one should we go to?

ANSWER: That query is one for a King Solomon—it's that tricky. Since proms usually mean more to girls than to boys, your own prom would probably be the better choice. Would it be possible for you to take care of the flower situation so the boy could rent a suit for both nights? If you could take some of the financial problem off the boy's shoulders, perhaps he could put a jacket on them twice. Whoever one you attend, do have fun!

Miss Nisen cannot reply personally to readers but will answer problems of interest through this column.

Easter Coats for the Bunny Brigade!

Whether your little girl looks her best in navy blue or bright, light colors, we have the coat just right for her on Easter!

Let your young son sprout out in style on Easter. We have the kind of dress-up clothes boys enjoy wearing as much as their jeans.

TINTY TOTS

155 St. George St. Dial 4331

To Visit Canada



The Duchess of Kent will make her first visit to Canada this summer with her daughter, Princess Alexandra. Details of the proposed visit have not been made known, but she has been invited to open the 1954 Canadian National Exhibition at Toronto in August and likely will visit other Canadian centres. The Duchess is the widow of the Queen's uncle who was killed during the Second World War in a plane crash in Scotland.

That Body Of Yours

By James W. Barton, M.D.

THE ANTIHISTAMINE DRUGS AND ALLERGY

It is only 10 years since anti-histamines were first reported for use in allergic disease—diseases caused by substances which are individual in oversensitive such as furs, feathers, house dust, etc. Yet today it would seem that a new antihistamine is discovered almost every week. A few years ago antihistamines could be counted on the fingers of one hand, now there are not less than 100.

During the last 10 years, reports of Dr. John M. Sheldon, Professor of Internal Medicine, University of Michigan Medical School, Ann Arbor, antihistamines were used in about 125 different conditions of symptoms. Dr. Sheldon introduced the history of a patient age 57, with typical symptoms of allergy, always being well until undergoing a severe emotional disturbance after which he was never well enough to work, spending almost half his time in hospital.

During his first admission to hospital it was found that every attack of allergic disturbance occurred during an emotionally disturbed period. Some attacks could be relieved by simple psychotherapy—treating the emotional disturbance by reassuring explanations of the cause of his attacks. ACTH, cortisone, and antihistamine drugs were not effective.

The patient was again admitted to the Cleveland Hospital in a severe attack of asthma. It can be readily seen that the patient has a continuous difficulty in breathing. There is considerable congestion of his nose and he gives a history of prolonged stuffiness of the nose, the so-called "nasal stuffyness."

From the practical standpoint there are now some 26 antihistamine remedies on the market. Among this group of remedies, Dr. Sheldon names Benadryl, Decapryn, Dramamine and Hydrilene. He states that he will not name all the conditions in which antihistamines are used but that they will relieve certain symptoms of hay fever. If patient has usual symptoms of itching of the eyes and sneezing, in about 80 per cent of instances these symptoms will be controlled by adequate doses of an antihistamine. On the other hand, if the symptom is a stuffed nose, the antihistamine may give no relief. It is in these cases that

Modern Etiquette

By Roberta Lee

Contract Bridge

By Josephine Culbertson

VARIABLE PLAY

A hand from a large duplicate game offered new proof, if proof were needed, that the line of play chosen by declarer must be custom-fitted to the bidding and the contract.

It also proved (we regret to say) that unrestrained slam-bidding occasionally "plays off."

North dealer. Both sides vulnerable. Match-point duplicate.

♠ K 7
♥ A 7 5
♦ A J 8 3
♣ A K 4

♠ 5 3 2
♥ 4
♦ 8 4
♣ J 10 8 6 3 2

♠ 6 4
♥ Q J 10
♦ K Q 2
♣ Q 9 5

♠ A Q J 10 9 8
♥ K 8 6 3
♦ 10 5
♣ 7

The bidding differed considerably at the various tables. Sometimes South was declarer at a mere game in spades, sometimes at a small slam, and in one case at a grand slam! (Opinion was also divided among the players who held the East cards as to the advisability of bidding one heart when North opened the bidding with one diamond.)

When South played the hand at six spades, against no adverse bidding, his best chance for the contract was to take two diamond finesses. These declarers were set one trick.

When South was declarer at six spades against a heart overcall by East, the best play was to win the opening heart lead, draw trumps, and take one diamond finess. After that lost, dummy won the return, cashed the diamond ace, and South ruffed a diamond. Since that cleared the diamonds, South made the slam. This line of play was better than two finesses because East's bid tended to locate the high cards in his hand; and it gave South the chance to make the contract if East had K-Q-x of diamonds and also if he had K-x-x-x of Q-x-x-x.

The lone South who, by tremendous optimism, landed at seven spades had no choice of plays—he had to bring in the diamond suit without loss. This declarer therefore discarded a diamond on the king of clubs, ruffed a diamond, and entered dummy with a trump to ruff another diamond. Then he drew trumps and got back to dummy with a heart to take his discards on the remaining diamonds.

acetylsalicylic acid (aspirin) gives relief.

The antihistamines are very effective in urticaria (hives). What about the common cold? Dr. Sheldon says that the common cold usually runs its own course of several days or a week, no matter what treatment is given, but antihistamines may make the patient feel better because there is less discharge from the nose and the patient thus gets more rest and sleep.

Anne Adams Patterns

Easy! Just two main pattern parts—see diagram! This front-buttoning beauty will be your best friend for office or luncheons or last-minute invitations. Has a spirit-lifting collar, easy skirt, novel pockets. Sew it in a "Miracle" fabric, rayon or cotton.

Pattern 4836: Misses' Sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32. Size 16 takes 4 1/2 yards 39-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, s/o The Guardian, 60 Front Street West, Toronto, Ontario.

KIDNEY ACIDS Rob your Rest..

Many people never seem to get a good night's rest. They turn and toss—blame it on "nerves"—when it may be their kidneys. Healthier kidneys filter poisons and excess acids from the blood. If they fail and poisons stay in the system—disturbed rest often follows. If you don't rest well get and use Dodd's Kidney Pills. Dodd's help the kidneys so that you can rest better—and feel better.

Dodd's Kidney Pills



4836 12-20-30-42 by Anne Adams

Variety of Designs Shown For Hot Weather Wear

By Christine Sirois Canadian Press Staff Writer

MONTREAL, (CP)—A spring preview of summer fashions indicates that grey and pastel shades will be the predominant colors in a variety of new designs for hot weather wear.

The preview was staged by a dress-manufacturing firm and displayed designs by two young Montrealers, Cecile Robert and Florence Kouri.

I. Riven, head of the company, who has been in the dress business for more than 35 years, says he has found that more sophisticated clothes are the fashion in eastern Canadian cities. In the West, women tend to be more practical.

The preview, one of the first of all-Canadian styles given in the Montreal area, included models to satisfy both the sophisticated and the practical woman.

For the city girl were two-piece costumes—short-sleeved sheath dresses with low necklines and jackets of matching or contrasting colors. A fitted linen blazer sheath was topped by a flying white jacket trimmed with black.

Smart Ensemble

Another ensemble featured a duster with elbow length sleeves in a pastel mauve polished cotton print. It was worn over a slim dress of solid lilac linen. A double row of buttons closed the diagonally cut bodice and was spaced down the skirt side.

A standout was a white linen dress, scoop-necked, worn under a topcoat of coral satin cotton. The coat of military cut was belted.

The preview indicated that skirts have a tendency to be narrower this year. The few swing skirts displayed had their own crinoline.

Materials were polished cottons, silk and orlon and silk and cotton combinations. Prints were highly popular and dots were many.

Prices of the dresses shown ranged from \$30 to \$60.

Although Canadian-designed and Canadian-made, the dresses were made of imported fabrics.

ELLEN'S DIARY

By An Island Farmer's Wife

This was a day when we chose to picture in mind, an extent of wild roses blossoming profusely along a mossy stone-fence of old. Bees drowsily humming, filched sweets from their hearts. And there a little songbird owned a sanctuary of nest above which with respectful fingers children came to gather pretty noddies, widely pink-petalled subtly perfumed, gift of the wild.

On the far side of that pioneer fence, one could drop to a meadow starred with the white and gold of blown daisies. Wild strawberries, too, nestled redly there where summer birds nested lowly, or aill-poured forth liquid notes of song.

Above in a far-flung arc the lazy sky rested... a foot on the land, the other set beyond the shingly bars and the far sparkling reaches of tide. Look as intently as one would it was difficult to determine where the line of horizon was—

which blue was of sky or sea. Between us was a region of phantasy, unknown, where in some strange fashion deep called to deep. We lent our dreams to the far white sails of a passing schooner or the sturdy steamers that trailing black smoke from belching funnels sailed away to some near or farther port.

Backward in the sweep of countryside ranging the gentle rise was our world of reality. The trees were the farm-houses, the pastures, the crop-lands and groves. We know those well and every gesture of the work.

So, summery scenes come to mind today, fragments of an old year, gilded with the alchemy of youth, full of sunlight, and moonrise and starshine, made up of lengthy days and enchanting beckoning nights.

Because today was nowise akin to one of those. It was a dour spring day—one of dark moods; of fleeting cold sunshine, of snow flurries and high gusty breeze.

Not one to be recorded for its particular brand of weather though as the farmers said, attending without interruption to their cares "It could be much worse."

It brought good fortune in its train. Jamie's gold had bettered though the household agreed with James in the light of the coolness prevailing, that "another day away from his classes will do the lad no harm. A bit lonely but with shining face returned expectantly toward the affairs of the week. Gage went alone.

"Do you think that ewe has enough nurse for her lambs?" It is a familiar and seasonal question James now asks Rob and one of moment to the farmers who do well to attend to such details of the farming.

"The answer to that is 'Yes!' 'Jamie smiles.' I know because this afternoon I offered them a supplementary feeding of cows' milk and they refused it."

"Good boy!" James nods, approval even in his glance.

So all in all this has been a good day to the folks on these farms if on occasion because of the inclement weather we were minded to look back with some tenderness and longing to the roses of old remembered years.

Until tomorrow — — — Diary
— — — Good-night. . . .

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Morning Smile

Lady of the house to maid: "Now when the company arrives, Hilda, be careful not to spill anything."

Maid: "You can trust me, m'am. I won't say a word."

Better English

By E. G. Williams

1. What is wrong with this sentence? "This is the same weather we had last week."
2. What is the correct pronunciation of "compilation"?
3. Which one of these words is misspelled? Tallman, tangerine, tallent, tantamount.

4. What does the word "transient" mean?
5. What is a word beginning with do that means "inactive"?

ANSWERS

1. Say, "This is the same kind of weather," or, "This weather is similar to that of last week."
2. Pronounce first as in it unstressed, not as in pile, accent after the a. 3. Tallent, 4. Fleeting; brief; momentary. "Mirth is sometimes short and transient." 5. Dormant.



BALL DRESS—A galaxy of gorgeous garments from the Mayfair salons of London's "Big 12" await the debutantes stepping into England's new social season. This pearl-colored nylon satin has been chosen by Michael Sherard for his classical ball dress, cut with one broad shoulder panel crossing the tucked bodice. Nylon satin has a particularly rich, gleaming texture, flattering under ballroom lights. (CP Photo)

Alice Brooks Designs

IRON-ON DESIGNS IN BRIGHT COLORS

No embroidery! Quick as a wink, transfer these colorful designs to children's sunsuits, blouses or curtains, spreads, scarves! The colors are gay as a circus—carnival red and blue! Make shower gifts galore—make a hit with all the youngsters.

Jiffy! Washable! Pattern 7008 has six iron-on color designs: two, 5 1/2 x 4 1/2; two, 6 x 1 1/2; two, 4 1/2 x 3 1/4 inches. In carnival red and blue.

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keep them from discoloring. Hang in the open air to dry, bristles downward.
Q. How can I prevent cream from turning into butter?
A. Cream will not turn to butter if a teaspoonful of sugar is wet the back of the brush. Rinse added to it. To sour a half pint well in warm water, then in cold of water to harden the bristles and vinegar to it.

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