

Fall Wedding



Mrs. James Wood, Collins, New York, announces the engagement of her daughter, Gerda Pearl, (above), to Mr. Ralph Waugh, Gowanda, New York, son of Mr. and Mrs. Samuel Waugh, of Wilmet Valley, P.E.I. The wedding is to take place Thursday, September 27th, at the Summerside Baptist Church.

Married In Halifax



Picture above are Mr. and Mrs. Milton FitzPatrick whose marriage was solemnized in Halifax recently. The bride is the former Miss Myrtle Goddard, daughter of Mr. and Mrs. G. B. Goddard, Dartmouth, N.S., and the groom is the son of Mr. and Mrs. John FitzPatrick of Charlottetown. Photo by Benjamin's Studios.

"Brenda York"



Miss Jean Trenholme (above) will play the role of "Brenda York" at the Food Clinic to be held early in October in the auditorium of Prince of Wales College under the auspices of the Lucy Maude Montgomery Chapter of the I.O.D.E. Miss Trenholme hails from Evangeline Land and was born in the Annapolis Valley. She secured her B.Sc. degree in Household Economics at Acadia University, Wolfville.

Alice Brooks Designs

FABRIC SAVERS I  
TWO new aprons! One has lovely scallops of rickrack that trim four big pockets. The other for brides and sweethearts of all ages, has ruffly heart pockets!  
Fine for gifts. Fabric-Saver Pattern C7283 has cutting charts and transfers for scallops, potholders.



Colourful Fall Fruits And Vegetables

With the market and vegetable stalls so colorful these days, it seems too bad that soon this wonderful array of colour will be over for another year. If the production could be extended a few months longer, wouldn't it make meal time simpler? When such vegetables as green peppers and acorn squashes are available, Mrs. Housewife should serve them often.

The home economists of the Consumer Section, Canada Department of Agriculture say that squash is a vegetable of many uses. It might be combined with other foods in tasty casserole dishes or it may be served as a vegetable in a variety of ways. Its colour and shape will add eye appeal to any dinner plate. When selecting squash, keep in mind that different varieties are useful for different purposes. Some are excellent for baking while others are better steamed.

Squash which is heavy in size usually has firm and solid flesh. The rind should be firm and unbroken and no decayed or bruised spots should be evident. Uncooked squash should be kept in a cool dry, dark place in a temperature of about 50 to 60 degrees. Cooked squash should be kept refrigerated.

There are several types of fall squash and three of the most common ones are Acorn Squash, Butternut Squash and Hubbard Squash. Acorn squash, as its name suggests, is shaped very much like an acorn. It is a small and dark green with deep ridges. Often acorn squash is called table queen. Butternut squash has a smooth, tan skin and it is shaped something like a large gourd with a thick neck and bulbous end. Hubbard squash is usually large and heavy and has a wrinkled skin. The colour may be golden, blue or green depending upon the variety.

Squash may be served steamed, boiled or baked, but it is particularly good when stuffed with leftover meat, sausage meat or well-seasoned hamburger and baked in the oven. If a little dab of butter and a sprinkle of brown sugar is added to plain squash, extra flavour will result.

Plump, waxy red and green peppers also add a gay and colourful note to the market stalls. Not so long ago, when sweet red peppers first appeared, many shoppers passed them by thinking they were hot red peppers. Today it is known that there are two kinds; the sweet and the hot sweet variety. To tell the difference between red hot and red sweet peppers, they may always be tasted, but this isn't such a good idea. As a general rule, if red peppers are similar in size and shape to the green ones being sold they are mild. If smaller and more pointed, they are probably red hot peppers.

Green peppers with which we are all familiar turn red when they ripen, but retain the same mild flavour. Green peppers are rich in vitamin C so when they are plentiful and inexpensive, they may make an important contribution to the day's meals. The home economists of the Consumer Section, Canada Department of Agriculture suggest that green peppers are mighty good stuffed and served either hot or cold. Some of the foods which they suggest as stuffings are ground left-over cooked meat, cooked hamburger, sausage meat or a combination of cheese, eggs and corn.

Another novel stuffing they suggest is to fill pepper cases with cheese souffle and bake in a moderate oven until the souffle is cooked and has popped up over the edge of the cases, that is about 40 minutes in a moderate oven. Thinly sliced green peppers and finely sliced onions when fried in a small amount of fat are a wonderful accompaniment to hamburgers or sausages.

TUNIS, Tunisia, Sept. 14 (Reuters)—A freight train yesterday chugged lazily through the station at nearby Hammamif village, in hot pursuit came the engine, in an automobile. The engine, caught up with the runaway train after it travelled about three miles. He boarded it on the run and stopped it.

That Body Of Yours

By James W. Barton, M.D.

LONG TERM RESULTS FROM OPERATION FOR LOSS OF HEARING

A few years ago I wrote what is called the fenestration or window operation for otosclerosis (formation of spongy bone in inner ear). When sound strikes the outer side of the drum of the ear, the drum vibrates three small bones in middle ear which, in turn, strike a window of the inner ear. This window, oval in shape, strikes against the fluid of inner ear, then moves the membrane to which the "hearing" nerve is attached. The sound is carried by the nerve to the brain. In some individuals a small deposit of bone forms which prevents the oval window from moving or vibrating. Therefore it cannot move sound inward through the fluid to the hearing nerve.

The fenestration operation is performed to provide another window in place of the window with the bony deposit. The operation is performed by enlarging the ear canal and boring a hole in the bone enclosing the inner ear in which is the fluid and nerve ending. It is in the catarrhal form of deafness and deafness due to bony deposit against the window that this operation is particularly successful. It helps about one in six cases of deafness.

As there has been considerable controversy over the results of the fenestration operation, a report by two outstanding ear specialists, Drs. L. E. Adin and G. E. Shambaugh, Jr., on the long term results of fenestration is of real interest. In the American Medical Association Archives of Otolaryngology (ear and throat) we learn that these ear specialists followed 300 patients for five to 10 years after the operation. The hearing of 70 percent of the patients showed significant and sustained improvement; some of their early gain in hearing had been lost but they had kept a usable level of hearing; five per cent had no improvement in hearing and five per cent had further bony closures although some of these cases with closures were helped by a further operation. In other words, the hearing of 90 per cent of cases undergoing operation showed some improvement in hearing.

Our ear specialists point out that the fenestration operation is used only in selected cases for deafness due to catarrhal inflammation. It is not recommended for other forms of deafness; this is important to remember because anyone with loss of hearing is usually eager to undergo any form of treatment, surgical or otherwise, if there is a chance to have their hearing restored.

ELLEN'S DIARY

By an Island Farmers Wife

Back came the farmers to their harvesting today, picking up the threads of it laid down at weekend to add a new length of weaving to the fabric of their days.

A pretty tapestry it is we are confident though not "until the loom is silent and the shuttles cease to fly" shall we know much about the pattern our life of days has made. But we fancy that in this one which commenced before sun-up and closed for them in the star-light, woven into the warp of the farmers' web of living will be the homes that sheltered them throughout the night, for are not these ever in mind? Hills will be there and tiered woodlands, and among these greens will be yards of gayer colors, the scarlets and golds of the season. And a winding valley, cradling a mill-stream in its depths, and above on the slopes, pastures and stubbles and stooks.

The mares idle now... the cattle red and white. There would be we are certain plump sows in a paddock, and detail not the ewes remembered in the creek? And hollyhocks by a garden fence and close by in a corner of meadow, a growth of leafy corn.

"And supposing your grand-father wasn't going back to your place this afternoon with the truck and you had to make the trip alone?" we queried of Gage, a visitor with granddaughter at dinner "how would you know when you came to it?" He smiled confidently, though he displayed some scorn at the absurd question. "That's easy!" he returned, "dark eyes meeting ours levelly, 'I'd walk along... and along...'" On the other side of the road, Gage's granddaughter reminded him. "Yes," he nodded, "and along to a bridge—that's Sam's Bridge—and pretty soon I would come to a place where there is a piece of corn... and that," he chuckled "would be Home!"

"Yes" granddaughter agreed, a bit breathless at the thought of another possibility, "you wouldn't get lost, would you Gage? And if you weren't exactly sure, you could just stop and listen and the Spotly-dog would be coming down the lane to meet you... barking to tell you that here was your Home!"

And in today's tapestry, the farmers would weave snatches of the small ones' conversation, and the happy laughter and care-free that is theirs. For these two were among the harvesters in the field all day, she returning hungry in spite of the lunches they enjoyed "by a stook," and weary at the close of her day.

And what of us who might not come to the grain-field—and commissioned to "Keep an eye on the place?" There would be deep blue in our weaving for the sky and white for the great galleons with flurried sails set, that above a hilltop sailed off to some fair heavenly haven as our hands prepared tomatoes for chow... a vague lovely land where every dream is made true—small ones and innumerable wishings, and oldsters hopes and longings. Where time would be everlasting, even provided to be frittered away uselessly, without clocks to warn one of meals approaching and only the sun and moon to suggest its passing!

Would there be a suggestion of the rooms we must set in order after the week-end? The stitches of mending in socks and overalls? For varied and many are the subjects which go to make up a farm-wife's weaving. And would there be a sombre spot of gray for those things left undone? Until tomorrow—Diary—Good-night...

"Miss America of 1951"



Wearing her coveted crown, Colleen Kay Hutchins, "Miss Utah" of Salt Lake City, is seen in all her regal splendor after being selected "Miss America of 1951" at the Atlantic City beauty pageant. In winning the coveted crown, Miss Hutchins set a few records since 1938.

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How Can I!!!

By Anne Ashley

Q. How can I make a sachet powder?

A. Mix 1/2-lb. Florentine orris root, 1/2-lb. ground rose leaves, 2 oz. powdered tonquin bean, 1/2-grain of musk, and 2 drops of essence of almonds. Mix thoroughly by passing through a coarse sieve several times.

Q. How can I remove medicine stains from white goods?

A. Paint the stains with tincture of iodine. Then soak in a strong solution of ammonia for 30 minutes, and wash thoroughly.

Q. How can I identify mushrooms that are safe to eat from those that are poisonous?

A. Sprinkle a little salt on the gills. If this turns them yellow, they are poisonous; if it turns them black, they are safe to eat.

Better English

By V. C. Williams

1. What is wrong with this sentence? "Dinner at six is an institution in my home."

2. What is the correct pronunciation of "trousseau"?

3. Which one of these words is misspelled? Caliber, caliope, calisthenics, catastrophe

4. What does the word "arboreal" mean?

5. What is a word beginning with int that means "innate or instinctive knowledge"?

ANSWERS  
1. Say, "is a custom in my home." 2. Pronounce troo-soo, oo as in food, o as in so, accent second syllable. 3. Caliope, 4. Pertaining to trees; living on or among trees. "The student was interested in arboreal subjects." 5. Intuition.

Cook's Corner

ORANGE LEMONADE PIE

Pastry for one-crust pie, 1 cup sugar, 1/4 cup cornstarch, 1/2 teaspoon salt, 1/4 cup cold water, 1 cup hot water, 1/4 cup lemon juice, 1/4 cup orange juice, 1 tablespoon grated lemon rind, 3 egg yolks, 2 tablespoons butter, meringue.

Fit into pie pan and prick in several places with a fork. Bake in hot oven, 450 degrees F 10 to 12 minutes. Cool. Combine the sugar, cornstarch and salt. Blend in the cold water. Add the hot water. Cook until thickened, stirring constantly. Continue cooking over low heat until clear (5 to 8 minutes). Stir occasionally. Add the lemon juice, orange juice, and grated lemon rind. Cook 2 minutes. Blend hot mixture slowly into the meringue by beaten egg yolks. Return to pan and cook 2 minutes, stirring constantly. Add the butter. Cool. Turn into baked pie shell. Top with meringue, return to oven until meringue is browned, about 15 minutes in moderate oven.

DOROTHY DIX SAYS—

Initiative Needed

Teen-Agers Should Create Activities During Temporary Dateless Period

DEAR DOROTHY DIX: We are two girls 16 years of age. When our mothers first let us date we were only 15. We had plenty of dates with nice boys. Not long ago we met two boys we liked very much. We went out with them and got along very well until they began petting too much. We didn't like it, and we made them stop. A few weeks later they made another date with us and broke it. When we called again, we refused to make a date. Now they sit at home nights. We meet new boys every day and sometimes they seem interested in us but never ask us out. Can you tell us what is wrong? LINDA AND RUTH



ANSWER: Your temporarily dateless state is nothing to worry about. These slumps come into the life of all but the very few favored glamour girls and they soon pass into another era of boy friends and dating.

Every girl wants to be popular. A few weeks or even months without a date, however, do not presage a lonely spinsterhood, though that is the attitude many young girls take. Be friendly with the new boys you meet, but not over-anxious. Discuss with them the things in which they are interested—sports, cars, hobbies. If they act sufficiently interested, invite them around to meet the gang.

NO EXCUSE FOR LONELINESS

Loneliness has so many cures that there's no excuse at all for its existence. Don't, for heaven sake, sit around every night waiting for a date to come along. Go out and do the things that will attract boys. Join a bowling group, get into church or school activities, 4-H work, any teen-age group conducted under proper auspices. Boys are not going to beat a path to your door unless they think you are an interesting person. To be interesting to them, you must be interested in them!

You were both very right to discourage the lads whose only interest in a date was petting. Mutual interests are the keynote of boy and girl relationships among teen-agers. Keep this in mind, widen your circle of acquaintances, increase your activities and you'll forget the word "loneliness" exists.

DEAR MISS DIX: About three years ago I met and married a naval officer. I was then only a little over 14, though I could have passed for 17. I left home, not telling my parents where we were going, and a year ago became the mother of twins. My parents have now discovered where I am and want me to return home. I didn't tell them of my children because I am afraid they will demand custody of the babies, since I am not yet 18. The twins are with my husband's parents now. T. J.

ANSWER: Here is a state of utter confusion. Your husband is of age and is legally responsible for you, therefore I can't see that your parents would have any right to claim your children. Provided, of course, they are well cared for. Neither can I see why your husband's people have to care for them now. Since you are old enough to produce children, you should be old enough to care for them, or at least assist those who are caring for them. If you are irresponsible, your eighteenth birthday is not going to work a magical charm and give you any sense. Better tell your parents about the twins and avoid further complications.

DEAR MISS DIX: I am a girl of 15 and have been raised by my aunt since my father died, thirteen years ago. She was very good to me and gave me everything I wished for. Now I am with my mother and am very unhappy. I take care of five children, never get out, have no friends and no new clothes. Should I go back to my aunt? ELLIE

ANSWER: It's difficult, I know, for a girl your age to have divided loyalties. Since your mother has re-married and raised a new family, naturally you feel like an outsider in her home. Fifteen is a hard age for re-adjustment, too, and for the next few years I think you would be better off back with your aunt and uncle, especially if your mother is willing for you to go. You owe your relatives a great deal in respect and affection for the care they have taken of you; don't forget it when the time comes for you to step out into the world on your own.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

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Household Scrapbook

By Roberta Lee

Hat Cleaner

Try cleaning the felt hat with wall paper cleaner. A piece of the cleaner is broken off, kneaded until soft, and then rubbed over the hat until all the dirt has been rubbed off. A good brushing follows; and in many cases the hat is as clean as when new.

Painting and Varnishing

Brushes that have been used for painting should never be used for varnishing, but brushes that have been used for varnishing may be used for painting without any serious results.

Loose Cork

If the cork is soaked for five minutes in olive oil, it will be rendered airtight and water-tight.

Morning Smile

Not the Pipes

His bagpipe playing was the chief thing that mattered to him in life. One night, while he was frantically about the room, skirling for all he was worth, his wife attempted a mild protest. "Jock," she said, "that's an awful noise you're making."  
So Jock sat down and took off his boots.

Once Is Enough

The proud father of triplets called up the local weekly to report the event. The man at the other end, not quite hearing what he said, asked, "Will you repeat that?"  
"Snapped back the proud father, "Not if I can help it."

Modern Etiquette

By Roberta Lee

Q. When a man and woman are entering a public dining room, and the headwaiter is in another part of the room, what should they do?

A. They should stand in the doorway until the headwaiter comes and escorts them to a table. In any dining room where there is a headwaiter, one should never make an attempt to seek one's own table.

Q. It is necessary that a telegram of congratulation received at a wedding be acknowledged?

A. This does not necessitate the note of thanks required by a gift, but the first time one meets the sender of the telegram, a few words of appreciation should be expressed.

Q. May candles be used on the dinner table even when they are not to be lighted?

A. Yes; candles are always correct on the dinner or supper table.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

A VERY active day, but one full of uncertainties and mental unrest, is foreseen from the dominating malefic influences. All mental change is under a doubtful sway, as decisions may terminate in disappointment and loss. Affairs in general may be manifested in restless and unsettled conditions. Those in position should be very careful in their dealings with others, and take time to formulate judicious judgments for there is danger of being carried away by rash decisions. Be discreet in forming opinions in domestic or love affairs, avoiding rash impulses.

For the Birthday

Those whose birthday it is face the prospect of a complicated day. Changes should not be made hastily lest loss of friend or fiancé be forthcoming. The ladder of success for them must be climbed by prudence and discrimination. A child born on this day may have a keen and versatile mind, capable of constructive planning on a variety of subjects, yet follow the tangent path of a checkered career unless properly trained to hold to a straight course in all things.

Anne Adams Patterns

TWO-PIECER

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