

ELLEN'S DIARY

By An Island Farmer's Wife

And entering the family—"ker-ridge" then we set forth into "the big bad world." We recall of that ride through the still fresh July morning, how pleasantly the familiar and strange country-road wound through the quiet farm-lands. Up hill, driven lightly, by father-to-us the chestnut mare bore us to summits, to look out briefly upon pretty vistas of fields and woods and other island homes... slopes lovely with unbroken ranges of dark woodlands. We remember looking back once to find that the Strait lay behind in the distance, blue, and somewhat lonelyly we decided... Summer-birds flitted along groves of hardwood now and presently a last valley to which the road dipped quietly held a tinkling brook in its depths... one that rippled away lonesomely into a shadowy glade beside. And then even before we were quite ready to meet it, up a bit of a rise and around a corner where a Church sat was the school "sun-ning."

It had a quiet, even, serene appearance... though with locked foor and scholars gathered. We do not recall how many steps lay between carriage and stone-door-step—only that to us they were mountains. "Here" one offered "sweetest" is the key. We smiled our sweetest smile, stood a moment looking about at these strange inland hills and rambling valleys, cool and picturesque this summer morning it was true but, ay, lonely! We watched the mare retrace her steps along the road and disappear from us for the moment around the bend, severing our tie with home until week-end.

Then turning the key in the padlock, we opened the door and stepped into a rather dim room that was to house us and our cares for the year ahead. We passed the wood-stove that from its fed ticks of maple and birch was to give us much warmth and cheer in the bleak months of cold, deposited our "worldly and educational" belongings in a convenient spot, removed and hung our coat on "the teacher's hook." We took then the lengthy pins from our hat, placed it on top, smoothed the ribbon on our coronet of dark braids, and smiled a friendly smile at the quiet pleasant-mannered little family of children now taking their seats. Then drawing the smooth chair from our desk and sitting down primly on the bench "Let us now repeat the Lord's Prayer," we said. And there with bended heads—and inter-lacing ours with other and more personal supplications at which we respect Providence smiled tenderly and with Fatherly forbearance... we launched our teaching career... But how deviously our pen wanders!

With James and Jamie we came the other evening to enjoy a Church-supper in the community of our childhood and at the Church we as a family attended. It is not now the familiar sanctuary it was in those days. The highway marching in a width through that village moved it away from the old site on the cliff-like

That Body Of Yours

By James W. Barton, M.D.

TRY TO SAVE FIRST TEETH AS LONG AS POSSIBLE

As youngsters, the loss of a tooth (a first tooth) is not seem a serious matter. If one of the front teeth was lost it was an asset in the schoolyard, as we could then spit between our teeth. It was not unusual, if one of these baby teeth got loose, to tie a string or piece of thread around it, tie end of string to door knob and close the door.

When we think of the importance to proper chewing of food and the appearance of the face of these first teeth, we wonder that we came through as well as we did.

Dentists today tell us that first teeth should not be removed until they fall out, as they keep a place in the jaw. If removed too soon, the space will shrink to some extent and not leave enough room for the permanent teeth.

In Postgraduate Medicine, Dr. John A. Bigler, Professor of Pediatrics, Northwestern University Medical School, after outlining the cause of decay of the teeth, stated that the only sure way of treating a cavity that has already formed is by restoring the damaged structure or decayed part. Restoration is the first step in controlling caries (decay).

"Parents, physicians and dentists should be made to realize that deciduous (baby) teeth require the same attention as the permanent teeth," writes Dr. Bigler. "When decayed, they may produce pain, abnormal chewing of food, poor eating habits, gum boils and, when lost too early, malocclusion, in which upper and lower teeth do not meet properly—thus interfering with proper chewing."

We may never think about it, but every tooth has its own place and a special job to do in the mouth, baby teeth as well as permanent teeth. Each baby tooth holds a place in the jawbone until the permanent tooth comes through to take that place.

Further, Dr. Bigler points out that Nature has provided a ratchet pattern for the permanent tooth to erupt or come through the gum. Each erupting tooth is dependent on its neighbor for its position. This proper position is also influenced by the muscular pressure of the lips, cheek and tongue. If a baby tooth is lost too soon, it may interfere with the proper functioning of the mouth.

Another thing we learn about first or baby teeth is that the brushing of the teeth should start before the eighteenth month. At this early age the toothbrush should be soft and the dentifrice have a pleasant taste.

side of the cross-roads to set it down nearby and yet a bit strange-ly to us... never again, should we be in attendance, shall we be able to let our mind slip away from the theme "of Heavenly things to feast eyes upon the bliss-some crab-tree beyond the open window wherein bees held high carnival in June... "And where, if I may ask" James calls in a carrying tone of voice "did you stow that milk you saved for my lunch? El-len, do you hear me? Or do I have to go hungry to bed?"

Until tomorrow — Diary — Good-night....

Bandanna Square Dance Skirt.



Eight bodonnans equal one gay red skirt for born dancers. The skirt is made in three tiers, each section fuller than the one above. Belt- fringe covers the seams and adds a bouncing trim to the skirt. For a direction leaflet on how to make this square dance skirt called BANDANNA BELLE, just write to the Needlework Dept. of this paper asking for Leaflet ST-5. Please enclose a stamped, self-addressed envelope.

DOROTHY DIX SAYS—

Cruel Stepfather

Woman Tolerates Inhuman Treatment Of Her Son

DEAR DOROTHY DIX: My first marriage ended in divorce because of another woman. My husband was given custody of one son, and I of the other. After a few years, I, to my sorrow, remarried. From the beginning my husband was hateful to my son, beating him, denying him friends, and even refusing to sit at the table if the boy was eating. We have now been married five years, and my son is working out of town but comes home week-ends. As soon as he comes into the house, hubby packs his clothes and goes home to mamma. Would I be justified in divorcing him? Isn't my duty to my teen-age son?



ANSWER: After exposing your son to the execrable home atmosphere he's had for the past five years it's about time you woke up and decided you had a "duty" towards him. Where was your sense of duty when you stood by and watched his stepfather beat him unmercifully, for, as you say, trifles? What's the matter with the boy's own father that he doesn't take even so casual an interest in his child as to see that he's well-treated?

A RAW DEAL
Your son certainly has had a raw deal from his parents. I hope God gives him grace to live down the bad environment he has and make a decent life for himself. If he grows up to adulthood with any love or respect for you, you'll be most fortunate; it hasn't been earned.

There is no advice anyone can give you concerning your second husband. You must enjoy the treatment you get at his hands or you wouldn't have taken it for five years.

DEAR MISS DIX: Can you say a word in your column for the

Continued on page 11.

Modern Etiquette

By Roberta Lee

Q. If a man is entertaining a group of friends in a restaurant or a hotel dining room, in what order do they go to the table?

A. If the headwater leads the way to the table, the host goes first to seat his guests, the women follow next, and the men of the party last.

Q. When you are talking with someone whose name you cannot remember readily, and another friend joins you, should you attempt an introduction?

A. Yes, say, "I am very sorry but for the moment I cannot remember your name."

Q. Who should select and engage the clergyman for a church wedding?

A. Usually the wedding ceremony takes place in the church which the bride and her family attend.

Cook's Corner

PICKLED BABY BEETS

4 quarts small beets
3 cups vinegar
3 cups water
2½ sups sugar
2 teaspoons whole allspice
1 stick cinnamon
½ teaspoon whole cloves
1 teaspoon salt

Wash beets thoroughly, cut off leaves, leave 1 inch stem and tap roots, to prevent loss of color when beets are cooked. Add cold water to cover, bring to boil, simmer, covered, until just tender, about 30 to 45 minutes, depending upon age and size of vegetables.

Drain and plunge into cold water; slip off skins. Slice or quarter, or leave small beets whole.

Heat sugar, vinegar, water and spices just to scalding point, add beets and heat until steaming hot. Pack beets into hot sterilized jars. Add pickling solution to cover. Seal immediately. Makes 8 pints.

Leftovers can be Wonderful

Try this with Chicken

2 tablespoons butter
2 tablespoons flour
½ cup Carnation Milk
diluted with ½ cup water

Melt butter in saucepan. Stir in flour and salt; cook 1 minute; remove from heat and add ½ cup of the diluted Carnation Milk. Blend carefully, add remaining milk and return to heat; stir constantly until sauce thickens and boils. Add diced chicken. Serve on toast. Makes 4 portions.



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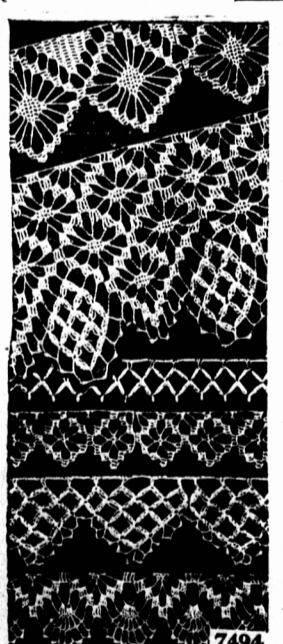
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The Stars Say - -

By Genevieve Kemble

For Tomorrow

IT is probable that a too-eager grasp of current opportunities may prove that "vaulting ambitions may over themselves and fall on the other side." Important plans and objectives may come clattering down with a crash, the situation warrants a calculated plan of action with strategem and new or radical techniques winning out.

For the Birthday

Those whose birthday it is are at the threshold of important new ventures, with excellent hopes of putting over desired undertakings. But an urge to hasty action to force the issues, could be disastrous. This power urge might better be suppressed in favor of studied strategies, with the courage to try new tactics, novel, and possibly bold and radical. Sub-conscious moves could be relied upon.

A child born on this day, while eager and energetic, also has urges and drives to gain its ends by clever or novel work behind the scenes.

Morning Smile

Relevant Point

A distinguished visitor, to an insane asylum went to the telephone and found difficulty in getting his connection. Exasperated he shouted to the operator.

"Look here, girl, do you know who I am?"

"No," was the calm reply, "but I know where you are."

Happy Daze

"Major, I see two cocktails carried to your room every morning, as if you had someone to drink with."

"Yes sir; one cocktail makes me feel like another man; and of course, I'm bound to treat the other man."

Household Scrapbook

By Roberta Lee

Brass Cleaner

An excellent cleaner for brass is a paste made of vinegar and salt. Rub the article well with this mixture and let it stand for five minutes. Then wash each piece with hot water and soap suds. Polish with a soft, dry cloth. It may be necessary to make several applications.

New Enamel

Before using the new enamel pan, put it into cold water and place on the stove until the water boils. Allow the pan to cool in the water. This treatment will lengthen its life.

Meat Loaf

When cutting meat loaf, use a sharp knife and dip it frequently into warm water, and this will insure even-edged pieces.

Stoles Fashionable And So Easy To Make



Stoles continue to be a leading fashion accessory. In New York, smartly dressed women are wearing them with sheath dresses to cover bare arms. At Canadian resorts they are being worn over everything from dance dresses to swim-suits.

If you still have your holidays to look forward to, you will find that a stole will do wonders for "next year's sun-dress, and will add zest to your new clothes. Or if you find yourself thinking about fall fashions while you idle in the hammock or doze on the beach, you might consider making a few bright stoles in woolen plaid or jersey to wear over your first autumn suit. Because here is an attractive and most useful accessory which anyone can make quickly and inexpensively on her sewing machine.

Most of the stoles being shown have fringe or other trimming and if you use your imagination you can make your own trimmings. Sewing center experts tell how to make a fringed edge: Cut out your stole the desired length, then machine-stitch the fringed edge. Mark desired depth of fringe along edges. Stitch with matching thread along marked line, pivoting on needle at corners. Zigzag attachments can be used for this purpose with decorative effect. Stitching with thread of contrasting colour adds interest. Ravel out fabric threads parallel to edges from close to stitching all the way to edge.

If the material you choose makes this type of fringe impractical, here are some other easy and inexpensive ideas: Gay rick-rack braid could be applied in criss-cross patterns all over the stole, or you might sew on a row of little pearl or rhinestone buttons along the two edges. Ball fringe, ribbon, lace edging and metallic thread could all be used to give a highly personal touch to your work.

NO CANADIAN PRISONERS

OTTAWA, Aug. 8.—(CP)—A year ago yesterday the government announced a special force would be recruited to back Canada's international obligations but mainly to go to Korea. The army issued an anniversary press release today, noting among other things that no member of the formation has yet surrendered to the enemy and that as of Aug. 3 it had suffered 227 men killed, wounded or injured in the Korean fighting.

Anne Adams Patterns

WEEKLY SEW-THRIFTY

A Wrapron for your darling! Just sew two or three, Mother, and RELAX. As you see by the diagram, it has FEW parts, whips up in a jiffy, opens out to trim. And a child can dress herself! Child's Wrapron Pattern 4634 comes in sizes 2, 4, 6, 8, 10. Size 6 takes 2½ yards 35-inch. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number.

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How Can I!!!

By Anne Ashley

Q. How can I clean a mirror properly, to make the glass beautifully bright?

A. Rub the mirror with a ball of soft paper, slightly dampened with methylated spirits; then with a duster, on which a little white wax has been sprinkled, and finally polish with a clean paper or a wash leather.

Q. How can I treat soup or gravy that is too salty?

A. Put a few pieces of toasted bread into the soup or gravy for a few minutes; then remove, and the bread will have absorbed much of the salt.

Q. How can I rid a room of flies?

A. Set around the room several dishes containing a mixture of cream, ground black pepper, and sugar.

Better English

By D. C. Williams

1. What is wrong with this sentence? "You didn't used to do there, until your stocks depreciated in value."

2. What is the correct pronunciation of "chiroprapist"?

3. Which one of these words is misspelled? Au revoir, audacity, auditorium, audacious.

4. What does the word "auroral" mean?

5. What is a word beginning with pro that means "reproducing freely"?

ANSWERS

1. Say, "You didn't go there formerly, until your stocks depreciated (omit in value)?"

2. Pronounce ki-ro-p-o-d-ist, first i as in kite, first o as in on, accent second syllable. 3. Auditorium. 4. Pertaining to or like the dawn; roseate. "His painting depicted an auroral scene." 5. Proliferate.

Ankle Etiquette Needs Brushing Up

ATLANTIC CITY, N. J.—(CP)—Been neglecting your "ankle etiquette" girls?

One man thinks you have, and that you are in danger of losing your "inborn traditional coquetry" in moving and posturing your



4634 2-10

by Anne Adams

ankles and legs. Roy E. Tilles, hosiery company executive said, "a generation of sloppy shoes and bobby socks" is to blame for the loss of a sense of ankle etiquette.

"Wonderful as nylon stockings are, they can't do everything," said Mr. Tilles.

Here's his advice to the ladies: Re-learn how to walk alluringly, how to cross your knees gracefully, sit attractively, and make seam-straightening as much a reflex as using a lipstick.

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