

IT PAYS
TO SHOP

ROYALTY MALL
SHOPPING CENTER

Confederation
PLAZA
OR
VERNON
RIVER
CO-OP
FOOD
STORES

We TAKE CARE to PLEASE YOU!

Good as YOU please... that's the way meat comes to you from CO-OP SUPER MARKET. First, we take care in our own meat buying to guarantee the fine quality you like best. Then we take extra care to give you the exact cuts you want, just the way you want them—table-trimmed to give you more grand good eating in every pound... and PRICED LOW for economy, too. CO-OP SUPER MARKET meats are sure to please... because our job is to please YOU—for sure!

CO-OP SUPER MARKET CONGRATULATES

SCHWARTZ FAMILY of FINE FOODS on Their 125th ANNIVERSARY



WELL TRIMMED, TENDER AND JUICY

STEAK ROUND SIRLOIN or T-BONE LB. **99c**

MILD CURED & SMOKED **REG. HAM** WHOLE OR HALF LB. **65c** FOR FRYING OR BROILING **CHICKEN LEGS** LB. **65c**

ALPINE ALL BEEF **STEAKETTES** LB. **59c** GREEN GABLE'S **SIDE BACON** LB. **95c**

FRESH GRADE "A" EVISCERATED **BOILING FOWL** 2-3 1/2 LB. AVG. LB. **35c**

SWIFT'S PREMIUM **WIENERS** 1 LB. PKG. **55c** IMPORTED SHOULDER **LAMB CHOPS** LB. **59c**

CHRISTIES SALTED OR PLAIN **Soda Biscuits** 3 1 LB. PKGS. **99c** CHRISTIES PIC-NIK PACK ASSORTED **BISCUITS** PKG. **45c**

BIG SAVING—KON-TIKI **SLICED PINEAPPLE** 3 28 OZ. TINS **99c** REAL VALUE

STOCK UP ON HEINZ PRODUCTS AND SAVE

HEINZ TOMATO KETCHUP 4 11 OZ. SIZE 89c	HEINZ BEANS IN TOMATO SAUCE SPAGHETTI IN TOMATO SAUCE or MACARONI in TOMATO or CHEESE SAUCE 6 15 OZ. TINS 99c
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HEINZ 16 OZ. JAR Sandwich SPREAD 49c	HEINZ 66 OZ. JAR WHITE VINEGAR EA. 45c
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HEINZ 16 OZ. JAR SWEET Wafer Pickles 3 FOR 99c	HEINZ 16 OZ. JAR SWEET Mixed Pickles 3 FOR 99c
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HEINZ BABY FOODS CHOPPED OR STRAINED 6 5 OZ. TINS 69c	HEINZ SOUP CHICKEN NOODLE OR VEG. BEEF 6 10 OZ. TINS 99c
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 **SCHWARTZ PREPARED MUSTARD**
2 6 OZ. JARS **25c**

 **SCHWARTZ BLACK PEPPER**
4 OZ. PKG. **33c**

 **Jaffa RAISINS**
2 LB. BAG **59c**

SCHWARTZ PEANUT BUTTER
2 LB. JAR **79c**

ROBIN HOOD MILK CHOCOLATE PACKET PAK **CAKE MIXES** 9 9 OZ. PKGS **99c**

 NEW IMPROVED **LESTOIL INSTANT SPRAY STARCH**
49c

SCOTT FAMILY CUT-RITE WAX PAPER
100' ROLL **33c**

 ECONOMY PACK FACIAL TISSUES BY **SCOTT**
2 400s PACK **59c**

 **SCOTT PAPER TOWELS**
2 ROLL PACK **45c**

 **SCOTT FAMILY BATHROOM TISSUE**
2 4 ROLL PACK **99c**

VACHON'S NEW PACK OF **GREEN OR WAX BEANS** 6 20 OZ. TINS **99c**

Fruit & Vegetables

SNOW WHITE LOCAL GROWN **Cauliflower** 2 FOR **45c**

LARGE HEAD GREEN **CABBAGE** EA. **19c**

ISLAND GROWN **CELERY** 2 BUN. **45c**

COOKING **ONIONS** 2 5 LB. BAG **45c**

RED GRAVENSTIEN **APPLES** 5 LB. BAG **53c**

SAVE PERFECTION SAVE **ICE CREAM**
ASSORTED FLAVORS 1/2 GAL. **85c**

VALLEYFARM **GREEN PEAS** 2 LB. BAGS **49c**

EASTPAK ALL MEAT **LOBSTER** 14 OZ. TIN **2.59**

SARA LEE **BROWNIES** 13 OZ. PKG. **69c**

KOLD PAK 15 OZ. TUB **STRAWBERRIES** **43c**

HOME GROWN FROZEN **RHUBARB** 2 LB. BAG **39c**

SHIRRIFF'S
GOOD MORNING
OR
SEVILLE ORANGE
MARMALADE
24 OZ. JAR **55c**

Listen to News and Views on Groceries—CFCY Thursday at 11 a.m.

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READ ALL THE DETAILS ON BOTTLES OF **LESTOIL**

15 OZ. SIZE **45c** | 28 OZ. SIZE **85c**

for all Household Cleaning and Laundering