

That Body Of Yours

By James W. Barton, M.D.

A SYSTEM FOR DEVELOPING SPEECH WITH CEREBRAL PALSIED CHILDREN

If a child is unable to speak so that others can understand him, he is sadly handicapped in life socially, industrially, mentally, physically and emotionally.

If, added to his inability to talk properly, he is also crippled as in the case with children suffering with cerebral palsy, the family and the family physician may not be aware of the help available to this unfortunate child.

I have at hand a copy of "A system for Developing Speech with Cerebral Palsied Children." The system has been evolved by Harold Westlake, Ph.D., director of the speech and hearing clinic, Northwestern University. In addition to his position at Northwestern, Dr. Westlake is counselor in speech and audiology (defective speech and hearing) to the National Society for Crippled Children and Adults, and is president of the American Speech and Hearing Association.

"Normal development of speech is a gradual but orderly process lasting through the first seven and one-half years of a child's life," Dr. Westlake points out that the teaching of the cerebral palsied child will take at least as long.

The proposed system for speech training is thought of as having three phases:

(1) Psychological (mental) and social readiness for speech.

(2) Physiological readiness for speech.

(3) Direct training for speech.

The psychological phase is the child's gaining an awareness of self interest in persons and things. It includes an awareness of speech, an interest in speech and a need for some speech. Language is communication and helps to mature the child.

The second or physiological phase emphasizes the ability to use muscles and control their use in order to complete the act of speaking.

The third phase, the direct training of speech, emphasizes two points: first, because a cerebral palsied child does not use a word or sound, does not always mean that he could not do so without formal muscle training. He can do so if he tries following a parent or teacher but special teaching will bring quicker results.

In the system evolved by Dr. Westlake, he acknowledges the financial help of the Alpha Chi Omega national women's fraternity and the methodology described in the booklet, represents an adaptation of the therapy of treatment as taught by Dr. Winthrop Phelps and Dr. Meyer Perlinstein and the occupational and physical therapy by Ruth Brungate and Robertine St. James.

This booklet, "A System of Developing Speech in Cerebral Palsied Children," so valuable to parents and teachers, is available at 25 cents from the National Society for Crippled Children and Adults, 11 South La Salle Street, Chicago 3, Illinois.

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ELLEN'S DIARY

By An Island Farmer's Wife

"If you were as smart as Mrs. S," James grumbled, mentioning the name of a brisk and courageous farm-wife of our acquaintance, "there would have been no need for me to leave my bed. I should have called down to you and you would have run to the stable." He had retired early tonight, wearied with the affairs of his day and to our surprise had reappeared presently in the kitchen, clothed, and now was easing feet, clad in socks of sheep's grey, into his boots.

He yawned sleepily. "It's that black ox, Ellen, he explained. "I was almost asleep when I remembered he wasn't tied securely and so..." He reached for cap and jacket, donned them not quite as supple as once. "Yes," he nodded. "A farmer has a fortune when he gets a woman like that. But," he sighed, then managed a grin, "a fellow doesn't think of these qualifications when he courts!"

Wholly pleasant is this night through which he passes to come to the stables—mild and without a breath of wind; moon and starlight; November with a think a spot of early autumn mixed in to make it one to remember. To take up and press away between the pages of memory as one might in a book, cherished blossom, a frond of fern or other esteemed memento. Fair and lovely with December already casting its hallowed shadow before.

"Open weather still for the plowing and Christmas but a scant month away!" one of the Family offered with obvious surprise after a glance at the calendar this morning. "And so, Gage commented, eyes bright with anticipation, 'the first thing we'll have to do is...' "write a letter to Santa?" we supplied. He shook his dark head. "No! Bake a Christmas cake! With," he stopped a moment to search his memory, "raisins in it—lots of them and cherries... Mother always put cherries in it, eggs and spices and flour!"

At Alderlea, that place that is "Out Home" to the Family, where it would appear there is always a "time and times" neither hastened nor yet delayed for such improvements, interests today were centred on the modern water system in the course of installation there. Commenced some weeks ago, this work was later suspended in favor of completing first the field-work. Resumed it was brought to that satisfying point which gave a stream of water to the House across the Lane and also to this and that building about: to the horse-stable which despite its newness and conven-

Continued on page 3

Modern Etiquette

By Roberta Lee

Q. What is the correct procedure when a man picks up a glove or handkerchief dropped by a woman who is walking ahead of him on the street?

A. He should pick it up, hurry ahead of her—on no account should he nudge her—offer the article to her and say, "I think you dropped this," she replies, "Thank you," he lifts his hat and turns away.

Q. How does a married woman sign her name to a telegram asking for reservations at a hotel?

A. She must include the "Mrs." with her name, so that the room clerk will know how to address her when she arrives at her destination.

Q. Should the tissue paper be left in the engraved wedding invitations to be mailed?

A. No.

Controversy Rages In U.K. Around Head Of Queen



An argument is raging furiously in England around the head of Queen Elizabeth. The head, a profile seen at left, chosen for the new issue of coins in Britain and the Commonwealth nations shows the Queen looking straight ahead in a sober mood, with an unusually long, but graceful neck. Two little ends of ribbon holding a laurel wreath in her hair fly out behind as if in a breeze. It is clearly a pretty face—but is it the Queen's face? Opponents of the design say it makes Elizabeth, seen at right, look too young—more like sister Margaret Rose. Still others reported the neck was unnaturally long. The artist herself, 71-year-old Mrs. Mary Gillick, said: "I did not wish to make the Queen look more youthful than she is. But I had to guard, too, against making her look too old—an effect often emphasized when a design is reproduced in metal." Mrs. Gillick's design was picked by a committee (headed by the Queen's husband, the Duke of Edinburgh), from 17 entries. It was her first coinage design, though she has made several medals.

DOROTHY DIX'S COLUMN

Traveling Man's Wife

Lonely, She Resents Her Husband's Job

DEAR MISS DIX: I am one of those wives of traveling men. My husband is home about one week out of every month. I am left alone with two small children and I do not think it is fair to me or my children to be without a father and husband. I love my husband dearly and know he loves me; I have tried to make him see how much we need him. He tells me he is looking to the future, but I am young and lonely. I am confident he could get another job that wouldn't involve travel, but he won't listen to me. Before he began traveling, three years ago, he was a dance instructor. He received a good salary on that job and we were getting along very well.



Mariel Nissau

S. H. ANSWER: Naturally you are lonely without your husband, but you simply must realize that earning bread and butter for his family is his job, and he must do it in the way he considers best for all of you. Just stop to think, for a moment, how many hundreds of wives are in the same position—or worse. I know traveling men who are away from home a month or two at a time; you at least have the assurance that your traveler will be with you one week out of every four.

SECURITY MOST IMPORTANT

Also pause to reflect that, although his last job meant constant companionship for you, it did not indicate security for your family. Just how long do you think a man can last as a dance instructor? Only while he's young, good-looking and strong. When middle age approaches and feet lose their spring, where would you all be in the employment situation? By that time it's difficult enough for a man to obtain lucrative employment, much less to become established in work that promises advancement. If his present job promises an advantageous future, he's right to stick to it.

You are a young woman, with no financial worries, and a happy family! Can't you learn to weather the one tempest that looms on your horizon?

Suppose you try making friends with other women in your predicament. Surely there are other wives whose husbands are traveling for the same company that employs your man! Make an effort to meet them and discover what they do to alleviate loneliness. I often advise, as the best means I know to combat monotony, the acquisition of a skill or hobby. Learn something—be it a domestic art like sewing, gardening, or cooking, or a fine art such as painting, sculpture or music. Ceramics is another hobby becoming increasingly popular with amateurs who never made a thing in their lives. Any of these crafts will be the means of bringing you closer to people who will be a distinct help in overcoming your present misery. Above all, learn to enjoy your children. Don't regard them as small handicaps that keep you tied down day and night. Make scrapbooks of their accomplishments, bright remarks, day-by-day development. You'll probably be astonished when you see on paper the remarkable achievements of infancy.

DEAR MISS DIX: My wife and I have been happily married for two years. My problem concerns my in-laws, who come to visit us twice a year. They stay at our home, eat three meals a day and give no money toward the food bill. My wife insists this is proper but I'm ready to leave her because of it.

ANSWER: Aren't you being small minded and ungenerous in your attitude? Surely it means a great deal to your wife to see her folks on these rare occasions and begrudging them hospitality for a few days a year is ungracious, to say the least.

If a triviality like this is something to make you consider leaving your wife, I don't think you can be particularly devoted to her.

DEAR MISS DIX: I have been married for five happy years to a man 20 years my senior. People who have known him for years say he has never been happier or looked better than he does now. The rift in the lute is my mother, who insists on devotion now

Continued on page 12

How Can I!!!

By Anne Ashley

Q. How can I soften rough hands?

A. Rub plenty of almond cream well into the hands just before retiring, and slip on a pair of old loose gloves. If this is not effective, using camphor ice in place of the cream will improve the roughest of hands.

Q. How can I give an added flavor to pumpkin pie filling?

A. A fourth of a teaspoonful of orange juice, or grated orange rind, added to the pumpkin pie filling will impart an extra delicious flavor to the pie.

Q. How can I smooth irons that have become rusty?

A. Irons that have become rusty, sticky or rough can be smoothed to a glass-like finish by rubbing with salt and a piece of crinkled-up paper.



Tasty Bran Muffins

3 kinds from 1 easy recipe

2 tsp. shortening 1/2 cup milk 1/2 cup sugar or golden syrup 1 cup sifted flour 1 egg Kallaggs' All-Bran 2 1/2 tsp. baking powder 1/2 teaspoon salt

Blend well shortening, sugar; add egg, beat well. Stir in ALL-BRAN, milk; soak until most moisture is taken up. Sift flour with baking powder, salt; add to first mixture, stir only until combined. Fill greased muffin pans 3/4 full. Bake in preheated mod. hot oven (400°) 30 min. Yield: 9 medium or 12 small muffins.

Spley Bran Muffins: Mix 1 tsp. butter, 1/2 cup sugar, 1 tsp. cinnamon. Sprinkle over unbaked muffin batter. Honey-Nut Muffins: Put 1 tsp. honey, chopped nuts in each greased muffin cup; add batter.

For plentiful regularity both before and after with 1/2 cup All-Bran daily.



KING COLE TEA... L.U.V.S. at flavour peak!

A Country Garden

By Mrs. Gordon MacMillan

If I had a singing bird And a hound that knew I was God

And a rose bush and a berry bush And shamrock in the green sod, And a little, little, small house, And a red apple tree, I would thank the Almighty God Who was good to me.

—From The Gaelic.

Heather in Scotland has become so closely associated in literature, both of fact and of fiction, with this particular country as to have acquired many synonymous attributes. The flowers are of a lilac rose color, but very much in depth of tint, thus adding materially to the beauty of the wilds which they delight to inhabit.

The heather is in its glory in late August and early September, and one who sees it then would be apt to forget that it had any other mission than to delight the eye; yet it is not without its utilitarian aspect as well. The domestic bees find their richest feast of the year in its blossoms; the plants contribute much to the formation of peat; the shrubby growth makes admirable cover for the game birds, and is often used for thatching cottages or is used to handle for brooms and in bunches for scrubbing brushes; and still other uses might be mentioned.

Gardening has been done this week, dividing and transplanting of perennials and the renovating of the old border and tidying for winter. I find that leaving a few inches of the stalks will help to gather snow (the very best winter covering) and in this way there will be no need of more clearing up in the spring. Some dahlias were found in the digging that were neglected in the fall. A mulch of manure was hauled to the border in a small wheelbarrow. Several hybrid tea roses were potted up for winter blooming and bouquets of lovely pansies and violas were picked from the new bed and in colors of yellow and blue, fragrant and beautiful!

Snowberry shrub is lovely with its white waxen berries in clusters and this shrub seems not to deserve its formidable name Symplocos carpos. Yet the word is quite appropriate for it comes from the

Continued on page 3

Better English

By C. C. Williams

1. What is wrong with this sentence? "Are we going to go this evening, or have we got to stay home?"

2. What is the correct pronunciation of "audition"?

3. Which one of these words is misspelled? Jubilee, Juliene, judiciary, justiciary.

4. What does the word "litigation" mean?

5. What is a word beginning with ob that means "easily seen"?

ANSWERS

1. Say, "Are we going (omit to go) this evening, or must we stay at home?" 2. Pronounce a-dish-un, as in an unstressed, accent second syllable. 3. Julienne. 4. A suit at law. "The effect of this ruling will be to provoke endless litigation." 5. Obvious.

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Cook's Corner

PINEAPPLE SPONGE

Soak 2 teaspoons plain gelatin in 1/2 cup cold water 5 minutes, then dissolve it by adding 1/4 cup boiling water and stirring. Add 1/2 cup sugar, 1/4 teaspoon salt, 2 tablespoons lemon juice, 1 cup canned crushed pineapple. (Do not use fresh pineapple—it will not jelly.) When nearly set beat until smooth and frothy. Beat until stiff 2 egg whites and 1/8 teaspoon salt. Fold into pineapple mixture. Chill until set. This is good served with boiled custard made from the yolks. Serv. 5.

4802 SIZES 10"-20"

by Anne Adams

Alice Brooks Designs

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7081

by Alice Brooks



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