

Cook's Corner

CHERRY BANANA ICE CREAM

Yield—8 to 10 servings.
1 rennet tablet
1 tablespoon cold water
1 cup milk
1/2 cup granulated sugar
1/2 cup corn syrup
1/2 teaspoon vanilla
1 pint (1 1/2 cups) whipping cream
1/2 cup mashed ripe bananas
1/2 cup cut-up red maraschino cherries, well drained.
Crush and dissolve the rennet tablet in the cold water. Measure milk into saucepan and add sugar, corn syrup and vanilla; heat slowly to lukewarm, stirring constantly—a little dropped on the inside of the wrist should feel just warm, not hot.
Remove from heat at once; quickly stir in dissolved rennet tablet and pour immediately into freezing tray of mechanical refrigerator; let stand at room temperature, undisturbed, until set—about 10 minutes. Freeze until just firm—the cold control of the refrigerator should be set at its coldest point.
Turn whipping cream into a bowl and whip until beginning to thicken. Break up frozen mixture with a fork and turn into chilled bowl; beat with electric beater or hand rotary beater until smooth, but not melted. Quickly fold in the bananas, cherries and cream. Return to freezing tray and freeze until firm, stirring once or twice during freezing.
When mixture is firm, turn cold control to a temperature which will keep the ice cream at desired consistency.

Martin-Lee Wedding

At the church of the Most Holy Redeemer on May 27, Mary Bernice Lee, daughter of Mr. and Mrs. John E. Lee, Charlottetown, was united in the holy bonds of matrimony to Maurice Alphonsus, son of Mr. and Mrs. Maurice V. Martin, Charlottetown.

The ceremony was performed by Rev. Joseph MacGillivray, C. S. R., who also celebrated the nuptial mass. The altar and communion rail were adorned with mixed bouquets.

Organist was Mr. Alex MacLean, and solos were rendered by Mrs. Yvonne Murray.

The bride, given in marriage by her father, wore a ballerina-length dress of pink tulle lace and net over taffeta. On her head she wore a pink tulle illusion bridal-wreath, which matched her sheer net gloves. She carried a cascade bouquet of American Beauty roses and white carnations.

Attending her sister was Mrs. Henry Murnaghan, as matron of honor. She wore a ballerina-length dress of blue net over taffeta with white accessories and carried a bouquet of pink carnations and yellow roses.

Mr. Melvin Martin was his brother's best man.

The bride's mother wore a black dress with pink accessories and matching corsage, while the groom's mother chose a grey suit, with maroon-colored accessories and pink carnations.

Following the ceremony a reception was held at the Queen Hotel with many friends and relatives attending. Mr. Charles Toombs proposed a toast to the bride and the groom responded. Mr. William Connolly toasted the groom.

For travelling the bride wore a turquoise suit with white accessories and a corsage of American Beauty roses.

Mr. and Mrs. Martin left on their honeymoon tour of the New England States by motor. They have returned and taken up residence in Charlottetown.

McKenna-Pollard Wedding



Pictured centre above are Mr. and Mrs. Raymond McKenna whose marriage was a recent event at St. Dunstan's Basilica. Shown with them are their attendants, left to right: Mr. Clarence Doyle, Mr. James Farmer, Mr. Willie Naddy, Mr. and Mrs. McKenna, Miss Nora Pollard, Miss Zeta McKenna and Mr. Bob MacRae. Their residence is in Hamilton.

That Body Of Yours

By James W. Barton, M.D.

HEARTBURN, CARDIOSPASM, MAY CAUSE PNEUMONIA

Heartburn, cardiospasm, is such a common ailment that little attention is given it, yet it can cause much pain and distress and in some cases actual lung complications occur. Without a meal, and a dose of baking soda usually give relief, there are some cases in which it is necessary to stretch or widen the oesophagus (tube carrying food from mouth to stomach) which gives relief for a long time.

The commonest cause of heartburn is nervousness and emotional disturbances.

Now that it has been found that lung complications can occur in heartburn, physicians give these patients close attention.

In the "Journal of the American Medical Association," Drs. Howard A. Anderson, Colin B. Holman, and Arthur M. Olsen of the Mayo Clinic, report that from 1935 to 1946 inclusive, 601 patients who had cardiospasm were observed and treated at the Mayo Clinic. Because more than 10 per cent of these patients had significant respiratory disease, it was considered that lung complications of cardiospasm merit special attention.

That patients with cardiospasm are likely to develop respiratory symptoms was first emphasized by Drs. H. S. Plummer and F. P. Vinson, in "Medical Clinics of North America," in 1921, over thirty years ago; they also reported their observation that nightly vomiting occurred in almost one-third of their patients who had cardiospasm.

The patient would be awakened by food or mucus running out of the mouth into the nose, producing cough. Staining of the pillow by particles of food or mucus was noted. Dr. Vinson then noted that 49 of 415 patients who had cardiospasm also had respiratory or lung symptoms consisting of nightly cough and difficult breathing after meals caused by the spasm at low end of oesophagus where it emptied the food into the stomach. In first case noted, this resulted in lung abscess.

Forty-six of these 601 patients who had cardiospasm also had pneumonia (pneumonia, inflammation of lungs) presumably from drawing into the lungs the vomited matter from the oesophagus. In 26 patients, X-ray examination revealed that the pneumonia was on one side only: 21 on right side and 5 on left. It showed also that the middle third of the lung was involved about four times as often as the upper or lower thirds.

What about treatment in these cases of pneumonia caused by vomited matter in the lung? These physicians state that the treatment mentioned above for removal of obstruction at lower end of oesophagus be kept in mind, that is, the dilatation or widening of this lower end of oesophagus by use of sounds which dilate the oesophagus and prevent the obstruction caused by spasm.

DOROTHY DIX'S COLUMN—

Apron-String Wife

Daughter Still Attached To Mother, Irks Husband By Tittle-Tattle

DEAR MISS DIX: A year ago I married a girl who was an only child, and since then our only quarrels have concerned her folks. We live next door to her family, so naturally we see the folks often. We're frequently there for meals, and though I try to get over to dad's (my mother is dead) for dinner occasionally, it's like pulling teeth to get my wife away from her mother. I am supposed to spend a few evenings a week with my in-laws watching TV, when I'd rather be home doing something constructive. I finally managed, after much argument, to cut these visits down to one a week. The biggest bone of contention, however, is that everything I tell my wife is repeated to her mother. I feel that some matters, such as those pertaining to business or strictly personal things between us, should remain on our side of the fence. My wife maintains that since she has always told her mother everything, she must continue the habit. I love my wife, and respect her folks, but do feel we should live our own marriage, and settle our own problems.

A LESSON THEY OUGHT TO LEARN

ANSWER: Everyone concerned in your problem is at fault to some extent, and though it's difficult to tell just where reform should begin, let's commence with you. Though most of your contentions seem justified, there are definite overtones in your long letter—which I have shortened somewhat—of resentment towards a situation you haven't even tried to understand or to correct properly. In one year, you cannot expect a girl to become entirely free of apron strings to which she has been tied all her life. Your wife and her mother have been unusually close—a fact you should have realized before marriage, and you'll be lucky if the ties are ever relaxed. Of course they should be. Both mother and daughter ought to appreciate that as a wife the girl cannot and should not be primarily concerned with her part in the mother-daughter relationship. She can still be a devoted daughter, but her filial obligations take second place to her marital ones. However, the drastic change cannot be effected overnight, and you need patience to cope with the transition period, while continuing your efforts to bring your wife to emotional maturity.

DEAR MISS DIX: I've dated a boy four times, and like him very much. At first he liked me, but now he seems to avoid me. How can I make him interested again?

HILDA J.

ANSWER: Since there is no explanation as to why one person likes another, it's impossible to figure why the boy lost interest, or how you can arouse it again. After all, he's probably dating different girls to find out what type he likes, and you just don't happen to fit into his scheme. Rather than longing for the impossible, concentrate on other young men until you find just one you like. You'll be surprised to find out that it will be someone quite different from your last love.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

Household Scrapbook

By Roberta Lee

Leftover Tea

Do not throw away the leftover cold tea. Use it for watering the potted plants and it will enrich them wonderfully.

Scorched Food

If you think that food that is cooking is slightly scorched, take it quickly from the fire and stand it in a pan of water for a few minutes.

Linen

If linen has become yellowed from being stored away, it can be bleached by letting it soak in buttermilk for two or three days.

How Can I!!!

By Anne Ashley

Q. How can I clean rusty steel?

A. Try cleaning rusty steel with a cut onion. Allow it to stand for a day and then polish with emery powder and paraffin.

Q. How can I make a garnish for green salad?

A. Grated egg may be used as a garnish for mixed green salad. Grate the whites first, then dust the yolks over the top.

Q. How can I keep pot holders clean?

A. They will keep clean much longer if they are round instead of square. There will be no corners that are liable to get into any of the food.

ELLEN'S DIARY

By An Island Farmer's Wife

"Well an' did ye take her out to dine an' dance last night?" Pat greeted James with a twinkle this morning, catching up on the news of this place. James smiled. "How could I? I wasn't as brisk in the evening as she was!"

"An' did ye mind to fetch her the roses?"

"No," James declared with a laugh, "but I nearly played myself out hoeing mangels for her. I couldn't do better than that to show my affection for her now could I?"

"It's a quare business," Pat observed. "I'm thinkin' in my heart, though I might be astray, she'd rather have the roses!"

And now the children holiday, Granddaughter and Gage a care-free duo; Jamie finding many a demand on his time; and Mack, our visitor of today, coming to the door to inquire: "Would you like a nice little boy to bring some sticks for your fire?"

"Like it! Love it, indeed! And how much would it cost—a cookie, maybe?"

"Two—and a handful of raisins—you got any?"

We nodded. "It's a bargain then—let's seal it with a kiss."

A funny little lad he is, fair of hair and coloring, blue-eyed. "He's the only farmer of the lot," James has been heard to declare, a question we must wait for the years to decide.

At present the truck belonging to the Home farm at Alderlea, having developed, according to the farmers, "a something not quite right about her—a bit of a grind it's like," is in the garage for adjustments and, if need be, repairs, a circumstance of no little moment to the children who enjoy catching rides therein. Mack trying to reason the matter, took the problem to his mother today.

"When I was born, how did you bring me home from the hospital?" he asked.

"Oh, in the truck, of course," Jeanie, who respects her children's queries as though they come from grown-ups, replied.

"And say to me, (tell me)," he questioned, "did she have 'a grind' in her then?"

At home, and in various places, these summer days afford us the privilege of greeting old friends vacationing in their homeland after varied spells of absence, periods in some instances which have brought many a change in the interval. And chatting we bridge the years between, linking again each span that had been temporarily broken, glad—happy—and sometimes sad on account of Time's tolls. However, wishing them happy holidaying and then a safe return to the place of their adoption and loved ones who wait there, "I must leave shortly," one laughed over her anticipated going recently, "because, you see, I have to prepare for my coming next year!"

Lilacs? Ah no, not now, but in their stead pink peonies and white; at Alderlea the creamy-white of snowballs, the orange and red of poppies; and at this place "in the road" crimson roses in gay spots of color on a hedge of Karolyn's planting. And this evening, dew-fall and birds' quiet evening-song; and bright with happiness the voices of children at last minutes of play.

But now a silence over all... our day fully spent.

Until tomorrow --- Diary --- Good-night

The Husband Was Curious

Hubby: "Why do you weep and sniffle at a movie over the imaginary woes of people you never met?"

Wife: "Same reason why you scream and yell when a man you don't know slides into second base."

Engagement Announced



Mr. and Mrs. James R. Compton, Parkdale, Charlottetown R.R. 3 announce the engagement of their youngest daughter Elizabeth Marguerite to William Frederick Johnstone, son of Mr. and Mrs. G. T. Johnstone, Guelph, Ont. The wedding will take place July 15 at St. Paul's Anglican Church, Charlottetown.

Modern Etiquette

By Roberta Lee

Q. Is it permissible to have an all-white wedding, allowing the bride's attendants also to wear white?

A. While this is not customary, it is quite all right if the bride wishes.

Q. When a player makes a mistake in a bridge game, is it permissible for another player to call his attention to it?

A. No. Criticism by one player of another, in any game, is not good sportsmanship and reveals a lack of good-breeding.

Q. When a girl is with her escort at a table in a nightclub, and wishes to leave to go to the powder room, what should she say?

A. "Will you excuse me? I'll be right back."

Better English

By D. C. Williams

1. What is wrong with this sentence? "They persuaded me that their candidate was the most deserving of the two men." 2. What is the correct pronunciation of "coherent"? 3. Which one of these words is misspelled? Formidable, corruptible, exhaustible, suitable. 4. What does the word "eccentric" mean? 5. What is a word beginning with "at" that means "sociable"?

ANSWERS

1. Say, "They convinced me that their candidate was the more deserving of the two men." 2. Pronounce ko-her-ent, o as in no, e as in he (not as in her), accent second syllable. 3. Exhaustible. 4. Deviating from usual practice, or established forms; odd. "She is an eccentric person." 5. Affable.

Alice Brooks Designs

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Morning Smile

Easily Satisfied

An old fellow, out of work, took to tramping the roads. At noon he got up enough courage to knock on Mr. Brickley's back door to ask for a bite to eat.

Mrs. Brickley, hot and tired from doing the washing threw open the door and snapped, "Did you wish to see me?"

The old fellow backed away quickly.

"Well, if I did, ma'am, I got my wish, thank you."

Ounce Of Prevention



Fearful Ernest Boothe struggles against medical hands as he begins the procession of 30,000 children under 10 years of age who will be inoculated in Montgomery, Ala., against polio. The huge "Operation Needle" is the nation's first community-wide attempt to halt a polio epidemic through use of gamma globulin serum. Left to right around the boy are: an unidentified nurse; Dr. Stephen Randolph from Gunter Air Force Base; an unidentified soldier; and Dr. Lewis W. Corriell, field director for a previous gamma globulin test in Houston, Tex.



COLE SLAW DRESSING
1 teaspoon Colman's Mustard
1/2 cup coleslaw
1 tablespoon flour
1/2 cup sugar
Few grains pepper
1 tablespoon melted butter or salad oil
1 egg yolk
1/2 cup hot vinegar
1/2 cup whipped cream

Mix all ingredients—except the cream—in the above order. Cook in double boiler; strain and cool. Then fold in whipped cream.
For revised recipe book send 10¢ to Reckitt & Colman (Canada) Ltd., Station T, Montreal, C.S.A.



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