

ing elder sisters, all married to former German Princes, who look for his letters. He will also want to report on his trip to his uncle, Earl Mountbatten, who supervised him like a father in his boyhood and directed his education.

The Micmacs In Early Times

Excerpts from a work by Nicholas Denys, first Governor of Acadia, published in France in 1672 and translated by Dr. William F. Ganong for the Champlain Society. — Continued from last Tuesday.

If they were ill and dying of old age, or by some accident happening through trees or other objects falling upon them, or where there was no apparent cause, there were old men who claimed to speak to the "manitou," that is to say, the Devil, who came to whisper to them. These fellows put many superstitions into the mind, of which I have mentioned several in the foregoing. They were men who had some cunning more than the others, and made them believe all they wished, and passed for their physicians.

These fellows came there to see the sick man, and asked of him where his ill was. After being well informed in all, they promised health, by blowing on him. For this purpose they set themselves a dancing, and speaking to their "manitou." They danced with such fury that they emitted foam as big as the fists on both sides of the mouth.

During this performance they approached the patient from time to time, and at the place where he had declared he felt the most pain, they placed the mouth upon it, and blew there with all their might for some time, and then commenced again to dance. Following this, they returned again to the sick man to do just the same as before. They said it was the "manitou" which had possessed him, and that he (the sick man) had passed through several places where he had not rendered the accustomed homage, or some other similar follies, and that in time they hoped to make him get out.

This lasted sometimes seven to eight days, and finally they made a pretence of drawing something from his body by dexterously showing it, saying: "There, there, he has gone out; now he is cured."

And often in fact the man got well through imagination. And if the patients did not grow well, they found some other excuse, such as that there were several "manitous" that they were unwilling to go out, and that they had to go to a good case for themselves. One never omitted to give them something, though not so much as if he had been entirely cured.

Those medicine-men were lazy

Household Scrapbook

By Roberta Lee

Car Sickness

If one is inclined to become sick on a car or train, this can be prevented by beating the white of an egg stiff, adding the juice of one lemon, and one teaspoon sugar, and taking this before starting on the journey. It is usually an effective protection against that nauseating feeling.

More Juice

When extracting juice from oranges or lemons, warm the fruit and roll briskly with the hand until soft. It will be surprising how much more juice will be obtained from the fruit.

Cleaning Hands

Grease and grime may be removed from the hands by adding a little sugar to the soap lather. The suds will disappear like magic, leaving the hands soft and white.

Alice Brooks Designs

EMBROIDERY NEWS

Something new and fun to do! Embroider the pretty girl and her flower-arbor, then add ready-made eyelet ruffling for hair. It will make a lovely trousseau set! New! Easy! And so effective! Pattern 07200; transfer two motifs 5 1/4 x 13; one 8 x 16 inches. Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

How Can I...!

By Anne Ashley

Q. How can I keep grapes fresh for a long time? A. Cut a circular piece out of a pumpkin or gourd, large enough to insert the hand. Clean out the interior thoroughly, place ripe grapes inside and replace the cover securely. Keep in a cool place and the grapes will keep fresh for a long time.

Q. How can I remove weather stains from stone steps and windows? A. Try scouring with coarse steel wool dipped in warm suds, with a spoonful of kerosene added.



A pretty summer wedding was sweethearts roses and baby's breath. The bride's mother was attired in a gown of navy blue sheer with small hat of navy velvet and white accessories. Her corsage was of red roses.

Congratulations and best wishes were extended the young couple during the reception held at the bride's home, "Willowfarm," which was attended by some seventy-five guests. Gladioli and sweet peas adorned the dining room and the lace covered table was centered by a three-tier wedding cake.

The bride was charming in an exquisite "Seventeen Model" floor length gown of ivory satin brocade, fashioned on princess lines. The moulded bodice with tiny covered buttons extending to a point at the front featured a Queen Anne collar and long sleeves ending in points over the hands. Her finger tip veil of tulle illusion was a perfect complement to the gown and fell gracefully from a Grecian-style broad cap of matching ivory satin brocade. She carried a cascade bouquet of gladioli.

The matron of honor was beautifully attired in a mauve gown. The moulded bodice was fashioned with a sweetheart neckline and brief sleeves, while the full skirt of nylon net over pink taffeta fell in graceful folds to the floor. Her shoulder length veil fell from a matching coronet trimmed with tiny pink flowers. She carried a nosegay of Tullis roses and baby's breath.

The bridesmaid was attractive in a pale green gown with strapless bodice and bolero. The bouffant skirt of taffeta was fashioned with an over-skirt of matching net. Her shoulder length veil fell from a coronet trimmed with yellow flowers and she carried a nosegay of

DOROTHY DIX SAYS—

Browbeaten Wife

Only Self-Assertion Will Gain Husband's Respect

DEAR MISS DIX: I have been married eight years and have three children. My husband has a wonderful job, doesn't drink, and is a sure would never give another woman a second look.

He is, however, very moody, won't give me a dime unless I beg for it and doesn't respect or appreciate me at all. He tells me every day he can do without me because he never knows I'm around. Even the children are afraid of him because he's so grouchy. He seems to hate me, and I don't understand why. How can I please him? M.R.R.

ANSWER: Your husband is a dominant, and domineering person, and nothing so irks people of this type as the moody individual — of which you seem to be the absolute prototype! Nothing is so difficult as to straighten a backbone that has been allowed to sag for years, but believe me, the results will be amazing.

STAND UP TO HIM

Stop making a virtue out of the fact that you won't argue about anything. Sitting back and taking abuse is nothing to be proud of. Just imagine the surprised look on hubby's face the first time you actually stand up to him and talk back!

If you want respect you have to earn it. In your case this entails more than meekly accepting whatever treatment hubby metes out. Begin with the premise that your marriage is a failure anyway, so nothing you can do will make it much worse. Then do a little fault-finding.

By an Island Farmer's Wife

And did we earn a watch of our own that first year of our teaching? Certainly — but it was not among our immediate buyings. It cost us the equivalent of our supplement, we recall, with a few added dollars that allowed for the job which accompanied the purchase.

Instead of the long neck-chains, these appendages were coming into favor at that time and to own one was proof of ones discernment and chic in the realm of fashion. We can still feel that peculiar joy and wonder of possession which was ours when we opened the red velvet-covered container and revealing the case, looked upon that face, chaste and beautiful, reclining within!

A neat gold-filled hunting case it was and if at the moment we do not remember the number of jewels contained in its works, it proved to be a faithful and respected friend to us through many a year.

We remember how we experimented with its wearing to obtain the best effect, now snapping the fob in place securely on a convenient pocket, or securing it in the belt of our gown, a band so wide as to merit the name and hold our watch in safety.

Even now as we go about our household, clearing or spreading a table, sweeping up the crumbs or mixing a cake, in fancy we can feel the beat of it warm beside our heart, or lumped against that part of our anatomy now described as the natural waist-line, and once upon a time well layered and neatly bound.

Indeed in our recollections we can still feel the modest blush that mounted unbidden to our cheeks when one day in the after years we had occasion to present our time-piece to the jeweller when it required an adjustment to be made. Gravelly he opened the back, in those days a holy of holies, and a small picture fell to the counter.

We immediately retrieved it, while the pink of sunrise suffused our maiden's face. Where is it now, that likeness once treasured there? We do not know — faded likely, and gone. But what matter? We have it clothed and in the flesh, a man with silvery hair.

Hints of the once-pictured dimples remain, and at times the same light comes to the eyes. If these have lost some of the boyish lustre, this is not to be wondered at considering the multifarious duties and concerns thrust upon him in the intervening years.

He reads in a favorite chair of ours in this study of sorts. Noticing the beads of dampness against the window, he commented as he adjusted his glasses. "I declare, Ellen, this state of weather is getting to be alarming! If it does not clear soon, what will become of the harvest? And when it does 'fine-up' it will take a spell of drying before blenders can move on the fields."

And the potatoes, Ellen, what proper blight days these have been... close and humid! I was

Cook's Corner

CHICKEN HASH

2 tablespoons butter or margarine, 2 tablespoons flour, 1/2 teaspoon salt, 1 cup chicken stock, 1/2 cup milk, 2 cups minced cooked chicken, sage, thyme. Melt butter or margarine and stir in flour and salt. When well blended add stock and cream and continue stirring until sauce thickens. Add chicken and seasonings to taste. Serve on toast or over hot biscuits, or as a base for poached eggs. Four servings. Add some cold slaw to this and you will have an attractive plate meal.

Better English

By O. C. Williams

1. What is "wrong with this sentence?" "Several years back, he was better than any of his family." 2. What is the correct pronunciation of "inflammable"? 3. Which one of these words is misspelled? Graphical, grateful, gregarious, gregarious. 4. What does the word "discursive" mean? 5. What is a word with rep that means "a... things are stored?"

ANSWERS

1. Say, "Several years ago, he was better than any one of his family." 2. Pronounce first as in am, not as in flame. 3. Gregarious. 4. Passing from one thing to another. "He became quite discursive in his mode of living." 5. Repository.

Modern Etiquette

By Roberta Lee

Q. Are the bride and bridegroom supposed to receive congratulations of their guests in the church? A. No; they should not receive any congratulations in the church, but should go at once to the place where the breakfast or reception is to be held.

Q. What is the correct position in which a person should hold his head while eating at the table? A. The head should be held in an erect position, without appearing stiffly. The body can lean forward slightly, but the head should never be bent at a right angle.

Q. Is it proper to issue engraved invitations to a cocktail party? A. Invitations to such informal occasions, generally these invitations are extended over the telephone or by personal contact.

BY MARGARET SAVILLE

Princess Elizabeth's Transatlantic trip is arousing the greatest interest in the Royal Family. The King and Queen have been recalling their own visit to Canada in 1939 and glancing through their scrapbooks of the tour.

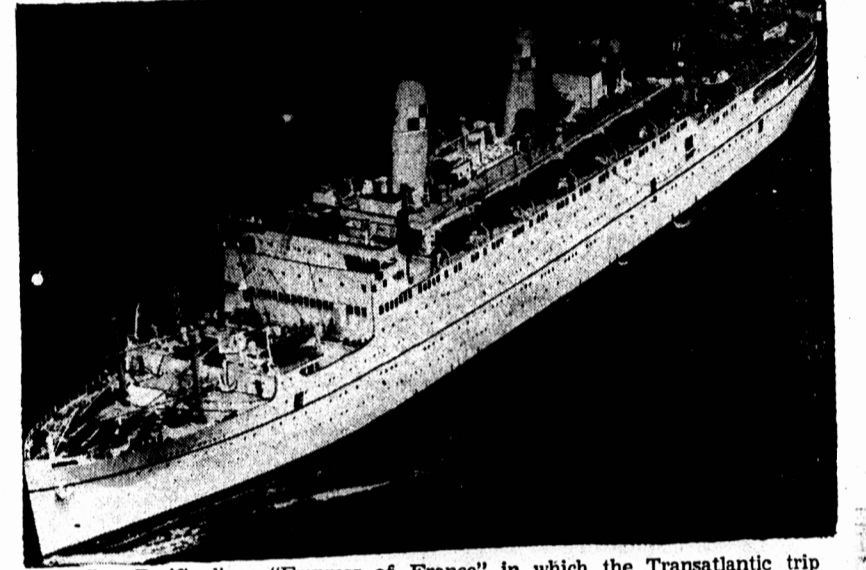
All the photographs which the King took have been carefully preserved and there was a good deal of laughter as Princess Elizabeth studied the Queen's outfits, once so elegant and fashionable. Princess Elizabeth also recalled the picture postcards which she and Princess Margaret received from Banff where the King and Queen spent a few days holiday crossing the Dominion and how they later went to see the musical film "Springtime in the Rockies" because it was set against this magnificent mountain and lake background.

Princess Alice, Countess of Ath-

time she went to sea even on the English Channel. She studied the photograph of the liner, the Canadian Pacific "Empress of France," and instructed the Princess to write and let her know what modern life afloat is like.

Princess Elizabeth will indeed send regular letters to Queen Mary while she is overseas. There is great mutual affection between them, the Queen-Mother happy acceptance of the duties of her exalted rank and her warm devotion to her husband and children. Queen Mary believes in the simple feminine virtues and in the primary importance of married life.

Princess Margaret is frankly envious of her elder sister's trip. The King's younger daughter has wanted to cross the Atlantic herself for a long time and although



Canadian Pacific liner "Empress of France" in which the Transatlantic trip will be made.

she is due to accompany the King and Queen on their proposed State Visit to Australia next year, she would have been only delighted to travel with the Edinburghs too.

As it is she must content herself by accompanying them to Liverpool to wave them off as they sail and begging her sister to write regularly and mail back all the newspapers and magazines.

The Duke of Edinburgh will also have a number of family letters to write during his trip. He always keeps in touch with his mother, the white-haired Princess Andrew of Greece who now devotes all her time to charitable work.

Though she did come to London at the time of her son's wedding and again at the births of his two children, she lives chiefly on the Aegean island of Limos where she has founded an Order of Deaconesses, habitually wearing their prescribed grey cloak and purple veil. She no longer takes any part in social affairs but she likes to hear current news from her son and daughter-in-law.

The Duke has three good-looking

life-long friend of Princess Elizabeth who is godmother to her son John.

When Prince Charles gives a tea-party at Clarence House, John is often among the little guests who gather round the low table to drink a cup of milk and eat spongy fingers and play with toy horses and trains on the carpet afterwards.

It will probably be Princess Elizabeth who writes the family letters home. As the Duke once remarked: "I don't pretend to be a good correspondent as a rule." All the Royal mail will be flown directly back to London and taken straight to the private Royal Post Office in the courtyard of Buckingham Palace where mail for the King and Queen and the members of the Royal Family, wherever they may be at the moment, is always handled under conditions of strictest secrecy.

So many people actually live in the Palace itself that a postman walks round delivering letters and parcels to the various suites and offices inside the grey walls every morning. And the Palace is the only place in Britain to which mail is delivered on Sundays.

That Body Of Yours

By James W. Barton, M.D.

MORE ABOUT BACKWARD CHILDREN

It is naturally a great disappointment to parents to learn that their youngster is backward or slow to learn. Unfortunately, many parents do not know of this until the child starts school. Where there is poor eyesight or slight hardness of hearing, the correction of these conditions soon brings about normal ability to learn. When no defect of vision or hearing is present, parents, teachers and physicians try find if another deficiency is present.

I have written about the success some physicians have had using glutamic acid to bring a "backward" child up to normal standard. These same physicians, however, admit that glutamic acid has failed in many of their cases. A full report, giving lists of successful and unsuccessful results from use of glutamic acid in backward children, will soon be published.

There are also a number of backward children whose intelligence quotient has been raised by the use of thyroid extract. While most of us know about the effects of too much thyroid extract in the body—goiter—we are not so well informed about the effects of lack of thyroid extract, particularly when the lack is not severe.

Dr. William A. Reilly, Little Rock, Arkansas, in the Journal of the American Medical Association, states that there are many children with a slight or moderate lack of thyroid extract who are backward mentally and physically, and who can be helped by the timely use of thyroid extract. Usually signs of lack of thyroid extract (hypothyroidism) come on slowly and go unnoticed, the youngster being considered just a little slow in his development.

Even when there is an underactive thyroid gland present, Dr. Reilly points out that while being nursed the child obtains enough thyroid substance from mother's milk. Thus a child born with an insufficient thyroid gland gets helped over the early stages of life.

Fortunately, by the aid of the metabolism test, which shows the activity, underactivity or overactivity of the thyroid gland, physicians today are able to help backward children and adults mentally and physically by the use of thyroid extract given daily by mouth.

If It Is Your Birthday

Those whose birthday it is are at the threshold of a period of excellent accomplishment, in a practical, forceful and progressive manner, with cherished hopes, wishes, ideals and aspirations as well. Even the latter may assume objective form through practical, forceful and progressive tactics. In these desirable objectives there will be practical aid, encouragement and resources at their disposal, with high hopes and sound performance attaining perhaps glory, renown and joy.

A child born on this day is destined to reach the goal of its hopes and aspirations, wrought through its own ingenuity, skill, confidence and faith.

Anne Adams Patterns

EVERYBODY WANTS AT LEAST ONE, here's yours! Go-everywhere casual that you can sew so easily has smart sharp collar, slantaway pockets. In a lovely rayon check or plaid, it's the mainstay of your wardrobe now and all season! Three other sleeve versions!

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Send order to ANNE ADAMS c/o The Guardian, 60 Front St. West, Toronto, Ontario.

Morning Smile

Surprise

An elderly woman entered the knitwear department of a busy store and asked for instructions about making a sweater for a dog. "How big is he?" inquired the assistant, politely. The woman started to make vague gestures. "Maybe you'd better bring him in," suggested the girl at length. "Oh, I can't possibly do that," came the answer. "I want it to be a surprise for him."



4653 12-20, 30-42 by Anne Adams