



Mr. and Mrs. Sheldon Crawford Jay (centre) following their wedding in St. Peter's Cathedral on June 15, with their attendants. From left to right, Mr. Brendon Hennessey, usher; Mr. Earl Hennessey, best man; Mr. and Mrs. Jay; Miss Viola Kays, maid of honour; Miss Joan Szanille, bridesmaid. The bride is the former Eleanor Mary, daughter of Mr. and Mrs. Frank N. Kays, Charlottetown, and the groom is the son of Mrs. H. Lloyd Jay and the late Mr. Jay of Mt. Stewart.—(Crawell Photo).

## ELLEN'S DIARY

by an Island Farmer's Wife

"Yes, it's sad" a visitor to the place last evening nodded. I always think it's harder to see loved ones taken this time of the year. There is so much of Heaven around us. We were sitting in the little sun-porch at the time, a room where it is pleasant to be when dusk is wrapping the valley. There were still small pools of pale gold in the shadowed fields a reflection of the afterglow not then faded and all the farmlands were overlaid with the peace and reverence of that hour when day slips away in the west.

Only we two were there. Our guest's husband and the masculine side of the family were at the barns, ours not yet done of their choring. Gage had earlier brought or the tidings of an event in the offing. "You know that 'last' cow . . . the white heifer? Well, pretty soon, if all goes well, we'll have all of our calves. I guess" he smiled "we'll have to call her 'Sunday' it would be a nice name, wouldn't it?"

So there would be no bedtime for the youngsters until the event was over and the place once more settled into its accustomed night-calm. "Oh," our visitor continued, eyes on a coral-tinted cloudlet a-

sail above a hill, "that's just a notion of mine. But the grave seems so . . . grim, with the fields and trees and all of the earth so beautiful about. Still, she smiled, "eye hath not seen nor ear heard" any wonders like those of Heaven. Yet it is hard to imagine that it could surpass the glory of the Island at this time of year."

"With its cares and its sorrows?" we suggested.

"Oh, I know," she said soberly. "There, those will have passed away."

Of the past week we had been chatting, the little items of our life and living—of deaths and births and marriages and interesting bits of the drama about, of which we too form a part.

"Farm-folks' lives are so circumscribed by the narrow boundaries of the places in which they live, they can't see beyond it" a farm-wife, not altogether in earnest commented the other evening. "They can talk of nothing but their crops and their fields and their livestock." And James laughed boyishly and asked: "Well, what would you have us discuss?"

"Oh the 'miser' things of life—art and music and drama and those subjects which tend to broaden and uplift and inspire one."

"I reckon" James offered "no artist, dead or living ever could put down on canvas the beauty of the countryside about these mornings—a bit of filmy haze on the hillsides and the dew grass sparkling where it's touched by the sun. And the cattle on pasture, and the sheep over there on that rise above the millstream. No, I guess they couldn't—not one of them! . . . And as for music!" he chuckled. "Ellen listens to that—to the winds and breezes, the frogs and the crickets and the birds. Drama? we make our own—it's alive. We add to it day by day. . . . When you hear even the farm-youngsters talk intelligently about the H-bomb and space-ships and speed and heights and depths and a hundred and one topics of the day, don't try to tell me that rural people can't discuss anything but 'shop'."

"Oh," she laughed "mine were idle words, weren't they? I do know better."

Today brought washing and ironing. And what besides? A long lovely day, its "Finis" being traced now in moonlight."

Until tomorrow . . . . . Diary  
Good-night . . . . .

### Morning Smile

The golfer teed up, swung, missed, swung, missed again. "It's a good job," he said grimly, "that I found out at the first hole. This course is at least two inches lower than the one I'm used to."

### Household Scrapbook

By Roberta Lee

#### Packing Eggs

Boil several gallons of water in a clean vessel. Allow it to cool. Buy about 2 quarts of waterglass from the drugist. Pack the eggs in a stone jar, as large as possible. Use 1 cupful of waterglass to 10 cupfuls of water and pour over the eggs. Always obtain strictly fresh eggs.

#### Whiter Teeth

To whiten the teeth apply peroxide of hydrogen diluted with one half water. Or clean with prepared chalk and orris root every morning and night.

#### Windows

Moisten a rag slightly with paraffin oil and rub over the window, then after a few minutes polish with a clean dry cloth. The result will be most satisfactory.

### DOROTHY DIX

She's No Sweet 17

DEAR MISS DIX: I have a friend who is worried about her daughter. The girl, now 17, is the most defiant, impudent child I have ever seen. She wasn't taken in hand in early childhood, and now her parents can do nothing with her. She has a good position, spends all her money on herself, goes where and when she likes giving no information as to destination, companions, or time of return. She claims her home life is unbearable and she's leaving as soon as she's 18. Do you think her parents should try to stop her, or let her go? Her folks are very good people, but made the mistake of spoiling the girl when she was young. If they tried to scold her, she always burst into tears and said no one loved her, etc.; so being soothed, her father and mother did everything to keep her from crying. The mother will be heart-broken if she leaves, but what can be done to stop her?

Marge

ANSWER: When a situation has been permitted to go along unchecked, gathering momentum every year, it's rather futile to hope that a radical change can be made at this late date. Continued and increased concessions might keep the girl home, but eventually the limit will be reached. It would be better to face the issue now. As your friend has so firmly established the pattern of letting her daughter have her own way, you certainly have no reason to assume that she'll begin a disciplining program now, even if one might be effective. Anyway, the girl probably has no intention of leaving home. Why should she? She has unlimited freedom, complete control over the money she earns; her clothes are cleaned and pressed, her meals cooked, her room kept clean. She's enough of an opportunist to realize that such service will not be available if she goes out on her own.

### SHE NEEDS RESPONSIBILITY

A bit of responsibility is what Miss Defiance needs; mother should open the door and send her off instead of deciding to have a nervous breakdown. Mom is now shedding the tears that daughter should have shed many years ago. If Mom would dry her eyes and set up a bit of authority, something might be salvaged yet. The shock alone, of being told to launder her own clothes, contribute financially to the household, and explain her late hours, might bring the young lady to her senses. Try to strengthen Mom's backbone if you really have friendly impulses.

DEAR MISS DIX: I'm 16, and though I have lots of boy friends, there are two in particular. I like Peter and Rob. Peter can't come over to see me very often, as he has no means of transportation, but Rob has a car. They both want me to go steady, but I can't decide which one to choose.

ANSWER: There's really no point in trying yourself down to one boy when you like them all equally well. Tell both boys you aren't ready for steady dating and the best they can do is wait until you are.

### Modern Etiquette

By Roberta Lee

Q. Is it proper for a girl to powder nose, rouge her lips, file her nails, or comb her hair in a public place?

A. Filing the nails and combing the hair are strictly out of place in public. Rougeing the lips or powdering the nose are excusable, if done quickly and unobtrusively.

Q. Isn't it considered all right now for a man merely to touch the brim of his hat when greeting a woman rather than to lift it from his head?

A. No; to show good-breeding, a man still should lift his hat slightly from his head. Merely touching the brim seems to indicate laziness and a half-hearted greeting.

Q. Does one use the napkin to remove a meat bone or fish bone from the mouth?

A. No; use the thumb and forefinger, and place the bone on the edge of the plate.

# WOMEN

Page 8 The Guardian Monday, June 21, 1954

## CHILD TRAINING

(This article is another in a series on child training designed to offer guidance to parents. All publications are prepared by the Department of National Health and Welfare.)

### Feeding Habits

PART I

Finding the right answer to this can save mothers endless trouble and annoyance. Proper feeding habits should be established at an early age and guided carefully and patiently as the child passes through various stages of his growth.

During the first few weeks of life, your baby will rapidly adapt himself to a regular routine of feeding. Breast-fed babies associate feeding with all the love and warmth of their mother's arms but they must learn to accept the bottle so that when weaning is started there will be no problem. So, no matter at what age the first bottle feeding is offered, this same intimate mother-baby relationship should be fostered by cuddling the baby close in the cradle of the mother's arms.

Teach your child to accept a spoon at one month so there'll be no bugbear facing you when solid foods are introduced into the diet at three to four months. This can be done by offering fish liver oil and a citrus fruit juice by spoon.

When you start solid foods, usually in the form of cooked cereal or pureed fruits (like apple sauce) maintain interest by offering foods differing in taste, smell, color, etc. When his teeth come, give foods requiring biting and chewing, gradually replacing the sievier and pureed foods with chopped foods.

Since his first year of life represents a period of rapid growth, his food demands are great and his appetite is usually keen. During the second year, the food requirement is not so great. Further, the year-old infant is becoming choosy and

developing definite likes and dislikes in food. Trouble may be looming for the unwary mother!

#### Never Force a Child To Eat

To insist upon a child eating something he obviously dislikes is a sure way of provoking an obstinate feeding problem. To feed such a child forcibly is inviting trouble. Children, like adults, don't always want the same amount of food, every day. Nor do they like being served the same food, prepared the same way, day in and day out. If your child spurns beans and carrots, substitute peas, greens, squash or beets, offering every now and then small portions of the beans or carrots along with them. And there are many ways of serving those carrots: shredded, cut in ribbons, diced or offered whole; they may be boiled, steamed, in a thick milk sauce. A sprinkling of salt could mean the difference between smiles and pouts. Milk refused from the cup may be acceptable in the form of cream soups or milk puddings.

As your child's interest in things about him increase, so does his interest in food become more critical. Attractive dishes and cups always help a meal. Variety in foods, and in their preparation, stimulates appetite.

So if your child doesn't finish his milk or refuses some portion of the solid foods on his plate, avoid playing the role of the overzealous, ardent parent who runs the gamut from pleas and bribes to threats and force. Such a child quickly learns that to refuse food makes him the star actor in a melodrama of frayed nerves. He'll seek many, many repeat performances!

(To Be Continued This Week)

### That Body of Yours

By James W. Barton, M. D.

#### THE HEART ATTACK

How often do we hear of friends or acquaintances having had a "heart attack"? The very words fill us with anxiety although these symptoms may be caused by many conditions other than heart disease itself. In fact, the term "heart attack" has no precise or exact meaning in medical language but is used on the part of the general public to apply to any sudden or unexpected symptoms taking place in the chest in the region of the heart. The words "heart attack" may thus be used to describe sudden pain, sudden palpitation, sudden weakness or faintness, sudden distress in breathing, sudden blackout, or sudden death. It is the unexpectedness and the suddenness which really frightens the patient.

Let us first consider the above symptoms in terms of actual heart disease. For instance, sudden pain in the chest may be due to angina pectoris, heart failure, or coronary thrombosis (formation of a clot in the blood vessels supplying the heart). Sudden palpitations may occur in any disturbance of the rhythm of the heart beat; this disturbance of heart beat also occurs in anxiety states. Sudden palpitations may occur in any disturbance of the rhythm of the heart beat, this disturbance of heart beat also occurs in anxiety states. Sudden unconsciousness or blackouts may appear in heart failure, stoppage or clot in an artery supplying blood to the brain (cerebral embolism) sudden fall in blood pressure, or shock. Sudden death may occur in coronary thrombosis, cerebral hemorrhage, shock, and other conditions, of course.

On the other hand what is sometimes called a heart attack may turn out to be due to shingles, pleurisy, asthma, a gall bladder, a spasm of the stomach, or esophagus. Arthritis or bursitis of the shoulder, intercostal neuralgia (pain in the

(Continued on page 11)

### Cook's Corner

Combine rhubarb and pineapple and then you will have a tasty pie filling! Method and ingredients below are provided by Alberton South W. I.

**RHUBARB AND PINEAPPLE PIE**

2 cups rhubarb (cut in small pieces)  
1 cup crushed pineapple  
1 small cup sugar  
2 tablespoons flour  
Pinch of salt

Place pastry with lattice upper crust is used with this filling.

—Mrs. Mary Smith,  
Alberton South W. I.

### Better English

By D. C. Williams

1. What is wrong with this sentence? "John was very pleased to be invited for dinner."  
2. What is the correct pronunciation of "locaive"?  
3. Which one of these words is misspelled? Jerkin, jepardy, Judasim, jocondly.  
4. What does the word "immutability" mean?  
5. What is a word beginning with "l" that means "angular distance"?

**ANSWERS**

1. Say, "John was very much pleased to be invited to dinner."  
2. Pronounce the o as in lock, and accent first syllable, not the second.  
3. Jeopardy. 4. State of quality of being unchangeable. "We must recognize the immutability of these laws." 5. Longitude.

### Alice Brooks Designs

**HEXAGON-INTO-RUG!**

Crochet each hexagon in a jiffy—practically! You'll have a rug in no time flat. Use one or both of the hexagons in this pattern—make your rug round or oblong!

Crochet a rug for any room, in any size! Pattern 7162: directions for hexagons, 4 inches across.

Send Twenty-Five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

**BRAND-NEW, beautiful!**—the 1954 Alice Brooks Needlecraft Catalog, it has the most popular embroidery, crochet, sewing, color-transfer designs to send for. Plus 4 patterns printed in book. Send 25 cents for your copy. Ideas for gifts, bazaars, fashions.

**TOWERING TREE**

The sitka spruce of British Columbia, largest of several spruce species, sometimes reaches 250 feet high.

**Perfection** CREAM  
FRUIT ROLL  
NUT ROLL

7162  
by Alice Brooks

## New Sports Wear For Milady



Here's something new in feminine sports wear, shown in a fashion display at Mont Gabriel, Que. There is an ensemble of black cotton shorts worn with a turquoise printed shirt. Another interpretation features black cotton gabardine pedal pushers, with a tricky shaggy hat, and still another featured black cotton gabardine slacks with a Mexican printed pure silk blouse.—(CP Photo).

### Contract Bridge

By Josephine Culbertson

#### AN ILL-FATED GRAND SLAM

Considering the fact that North-South in the following deal had the four aces, the four kings, three queens and three jacks, they could scarcely be blamed for reaching seven notrump. However, even with this enormous preponderance of strength, the contract was far from cold, and the declarer went wrong on a difficult problem of "percentage."

#### South dealer.

North-South vulnerable.

- ♠ A Q 4
- ♥ K 10 8 6
- ♦ J 3 2
- ♣ Q 10 7

- ♠ 9 8 7 5
- ♥ 5 4 2
- ♦ 8 4
- ♣ 9 6 5 3

The bidding:  
South West North East  
3 NT Pass 7 NT Pass  
Pass Pass

North-South were using the point-count method of evaluation, and since their hands counted up to 37 high-card points—the academic basis for a grand slam at notrump—their bidding was correct. (The precise duplication of hand-patterns could not be anticipated.)

However—as can happen!—when West opened the spade nine, South found that he did not have a sound play for 13 tricks. In sight were only three spades, four hearts and three clubs, and so South would require three diamond tricks. Since he lacked the queen and ten of diamonds, this was scarcely a comfortable position.

Eventually, South laid down the ace and king of diamonds in hope of dropping the queen—and of course lost the contract.

The crucial question is: did South play the diamond suit correctly? The answer is No. His chance to drop the diamond queen was substantially less than his chance to fulfill a double finesse against the queen and ten of diamonds. This may seem strange but it is quite true. South should have taken successive finesses through East—not because East happened to hold the queen and ten, but because there was a better chance that the cards lay that way.

### The Stars Say

By Estrellita

#### For Tomorrow

A GREAT deal of emotional control may be needed if you are to avoid trouble now. The lunar vibrations indicate a tendency toward nagging, bickering and irritability—especially during the morning and early afternoon.

You can do your part in keeping this day free from dissension by avoiding controversial subjects with both friends and business associates.

The evening hours are somewhat less restrictive and favor literary pursuits, correspondence and study. Plans made now for improvements in your home or for a short journey to be taken in the near future should turn out well.

#### For the Birthday

If tomorrow is your birthday, the months ahead should find you keyed to high purpose and mentally alert, especially where constructive ideas are concerned.

Do make the most of this bene-

### How Can I?

By Anne Ashley

#### Q. How can I remove rust stains from a porcelain sink?

A. Heat with hot water and then apply muriatic acid. (Caution: POISON!) to the stain with a medicine dropper, and destroy the dropper after using. Then pour boiling water over the stain, following

with strong ammonia water.

#### Q. How can I keep the furnace from rusting?

A. Before putting away the pipes of the furnace and range for the summer, rub them thoroughly with kerosene, and it will prevent rust.

#### Q. How can I prevent discoloration of sliced bananas?

A. Bananas can be prevented from discoloring after slicing, if they are dipped into fresh orange juice.

### Anne Adams Patterns

**HALF-SIZE FASHION**

Fashion news for smart half-sizers! That crisp, capelet collar is the nicest way to compliment your complexion. Yes, collar is detachable—dress looks equally smart with or without it. Proportioned for short, fuller figures.

Pattern 4716: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ takes 3½ yards 35-inch fabric; 1½ yards contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, 1/0 The Guardian, 60 Front Street West, Toronto, Ontario.

Recent period by putting the ideas to work, since your horoscope indicates that the inspirations of this period will materially affect your future.

As of this month, financial matters should prosper with the upward trend continuing throughout the summer and, for the balance of the year, you should also find social life unusually stimulating. For the single, romance and courtship are under most beneficent aspects.

A child born on this day will be sympathetic, loyal, extremely practical and inclined toward domestic matters.

4716  
14½-24½  
by Anne Adams

## HOLMAN STORE NEWS

G. H. M.

DEFINITELY the surf won't get in your hair when you wear one of the specially designed SWIM CAPS from the Ladies' Wear Department of the Summerside Store. . . . They are made of the finest quality, pure rubber and they're comfortable, charming and durable. A product of "Oliver's of London, England", these Swim Caps are priced at a wee 59 cents each. They are in smart shades that will flatter and enhance your Summer complexion—that will go-with or contrast-with your Swim Suit, so that you will be a perfect picture on the beach or in the sea. Sizes of Oliver Swim Caps are medium, large and extra large. . . . You'll find them in the Ladies' Shop, Charlottetown and the Ladies' Wear, Holman's, Summerside.

YOUNG "Tom, Dick and Harry" take to our SWIM TRUNKS like ducks take to water. . . . And that's of a truth! They fit right, they're comfortable, they are good looking and they really give loads of long, tough wear. The Boys' Shop has a wonderful array of SWIM TRUNKS, priced from 1.98 to 4.95. They are in Boxer or Jockey styles and are made of nylon, satin or poplin "Lastex" and plain poplin in serviceable shades that are bound to lead an active life. Sizes are from 24 to 32. . . . By the way, if your young lad is a non-swimmer, you should get him a "MARKSWAY SAFETY SUIT"—really and truly unsinkable, and the "Marksway" Suit will help him learn to swim. Come in today, the Swimming time is today and now. Boys' Swim Trunks are in the Boys' Shop of the Summerside Holman Store.

YOU need BEACH SHOES. . . . Of course, you do, and then you'll walk with ease and comfort on the stoniest of sea shores—sharp shells, stones and rocks won't bother you one iota! The Shoe Department at Holman's in Summerside has stacks of BEACH SHOES to fit each and every member of the family—they're made of fine quality, sturdy rubber with reinforced soles that won't cut through. Made in slip-on, instep-strap style, the Men's Sizes are from 6 to 9-1.39 a pair. Women's Sizes are from 3 to 8-1.29 a pair. Misses' Sizes are from 11 to 2. Children's Sizes are from 5 to 10-1.19 a pair. Outfit the entire family with Beach Shoes for complete foot protection—you can get the Shoes from the Shoe Departments in Holman's Summerside Store.

**JUNE CASH SALE**

**ALL SUITS COATS and SHORTIES**

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