

## ELLEN'S DIARY

By an Island Farmer's Wife

And now our farmers are hurrying our hay to its close out of respect to Fair Week. One over-rears such conversation among them as "If we should get the hay done... we might show that mare—not that she would get any prize, but it gives a fellow more interest to have something in there. "Or a veiled hope that "If I wasn't so busy with this and that, I guess I could enter... maybe a pig or two." And from James, looking out along the hill as though there he could see again as on a morning of the long ago, farmers from this road off with the pick of their stables to The Exhibition, a long sigh over those younger days that were... We recall the interest and prideful thrill we enjoyed when a farmer from the neighborhood or community captured one of the coveted ribbons, and we liked to be present at the judging of their animals even though it entailed early rising and a well-planned schedule to have us there in good time.

And sometimes as beyond the hilltop we settled to enjoy the ride in the freshness of morning, it was to experience moments of alarm over some real or only fancied omission in our duties. Had we poured the cooled cream to the can in the cellar? Or was it still on the shelf in the milk-house to sour in the warmth of the day? Had we closed a south window as James had reminded us? And the hens... dear, dear, we had completely forgotten to scatter last-minute grain for their evening feed! However, in the joy of the outing, presently all care was forgotten until hours later, at the end of a day that had been perfect if somewhat tiring, we picked them up again with a slight grin coily against its hillside in the dusk, quiet and serene... a veritable haven after the noise and bustle and distraction of The Fair.

And as we turned to its peak at James' enjoin we were sure to agree, even though there was indecision in our tones: "We won't bother to go again!" And yet no matter how resolutely we laid our plans for the day to come or how briskly when it dawned we attended to the choring and James went to his field-work and we to our chores of house or garden, it was with an air of expectancy, and we were always secretly grateful when in no time he returned to the door to suggest with a smile: "I guess, Ellen, we'd better get off. Most everyone's already gone. We may as well go as wish we were there!" And so as he would remark "with much more enthusiasm than I" we had been called to some work we were at length ready and away.

We smiled over comments on the subject today. Gage reminded us with obvious anticipation, "Don't you go on the merry-go-round! It will make you dizzy. Yes, it will because" in a lapse of forgiveness in the circumstances "it goes like the d---!" Jamie looks forward to "seeing the judging"—as last year, Granddaughter to "riding the live ponies, and going to the races with daddy." Karolyn reared within sight and sound of the grounds, guessed Rob would be much disappointed "should the haying detain him at home." To go or not was to Jamie "the least of her worries." She is one to accept in good part what the days bring. The younger farmer "sort of looks forward to it" and James expressed the opinion that "It would be good-doing farmers who could attend the Fair with a contented mind—and their with their hay not all gathered!"

And yet? Even now as alone and into the dark we await James' re-

## That Body Of Yours

By James W. Barton, M.D.

### RHEUMATIC FEVER AND HEART DISEASE IN SCHOOLCHILDREN

Rheumatic fever, so often followed by heart disease, is childhood's greatest enemy, and since a considerable part of the child's daily life is spent in the school classroom, the teacher can be of great service to the child who has suffered from it.

So important is this matter of the schoolteacher and the child with heart disease that the American Heart Association has published a booklet telling what the classroom teacher should know and do about children with heart disease. The fact that rheumatic fever tends to run in families should put teachers and parents on guard.

There is no simple test for diagnosing rheumatic fever in its earliest stages. As a teacher cannot recognize rheumatic fever and heart disease what can she do about it?

The teacher can observe the danger signals and refer the youngster to the school physician and nurse, or, if there is no general health program in the school, notify the parents about these danger signals.

While the booklet states that the following is not a list of specific symptoms for rheumatic fever, the teacher can be pretty sure that there is something wrong with any child who shows these symptoms. And it may be rheumatic fever.

"Watch for: failure to gain weight; pallor; poor appetite; fatigue; frequent colds and sore throats; unexplained nosebleeds; pain in arms, legs and joints; unusual restlessness; irritability; twitching or jerky motions; behavior and personality changes; decreasing accomplishments in school by a child who has previously done well."

The observant and informed teacher, knowing that there is a silent phase or period in the development of rheumatic fever, will be particularly observant of a child about one week to a month after he has recovered from a cold or sore throat (strep throat) which occurs with scarlet fever.

Immediately on noticing a cold or sore throat infection, the child should be sent home and the family physician called in. Other members of the family with nose and throat infections should be kept from close contact with the rheumatic child.

## Better English

By D. C. Williams

1. What is wrong with this sentence: "From hence we shall go to Mexico where the climate is healthier."

2. What is the correct pronunciation of "hautboy?"

3. Which one of these words is misspelled? Auxilliary, automaton, autumnal, auricle.

4. What does the word "morsyllabic" mean?

5. What is a word beginning with inv that means "incapable of being seen?"

### ANSWERS

1. Omit from, and say, "where the climate is more healthful." 2. Pronounce ho-boi, first o as in home, of as in toll, accent first syllable. 3. Auxilliary. 4. Pertaining to words of one syllable. "He was very reticent; even with intimates he was monosyllabic." 5. Invisible.

In haying at Rob's, merry tunes from turn from today's busy stint of Fair calliopes of past years set up their sweet music in our ears!

Until tomorrow — Diary — Good-night —

## Anne Adams Patterns

### WEEKLY SEW THRIFTY

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### Modern Etiquette

By Roberta Lee

Q. When a woman is travelling alone on a train and wishes to have a stubborn window shade raised or lowered, or a piece of heavy luggage moved, is it all right for her to ask a nearby male passenger to help her?

A. No; she should ask the porter to do this.

Q. What should the father of the bride do after he has given her away?

A. He takes his place next to his wife, at the end of the first pew on the left of the church.

Q. How should an unmarried woman introduce herself in a social way?

A. Merely say, "I am Betty Morgan."

## Royal Tour of Canada to Last Five Weeks



Princess Elizabeth, who will tour Canada with her husband, the Duke of Edinburgh in October, is seen here graciously receiving a bouquet from a young girl after inspection of air force station in England. Tour, now scheduled to last about five weeks, will begin on Sept. 30, upon royal couples' arrival in Quebec City. Prime Minister St. Laurent will be with them in Quebec City and for their stay in Ottawa, and the remainder of the time they will be accompanied by cabinet ministers from the provinces being visited.

## Household Scrapbook

By Roberta Lee

**Wall Paper**  
Try using a starch for cleaning soiled wall paper. Sprinkle it liberally on a damp cloth, and apply to the paper, using a circular motion. If there are some particularly bad spots, go over them several times.

**Leather Bindings**  
Leather book bindings may be preserved by periodic treatments with an equal mixture of castor oil and paraffin.

**Brightens Zinc**  
Lime and hot water mixed to a smooth cream will do wonders for brightening zinc.

## Cook's Corner

### JELLIED VEAL LOAF

Yield: 10 to 12 Servings  
1 veal knuckle-bone, 1 pound veal shoulder, 1 onion, sliced, 1 bay leaf, 1 teaspoon thyme, 1 teaspoon celery seed, 2 eggs, hard cooked, 8 pimiento olives, sliced, 1 tablespoon salt, 1 tablespoon Worcestershire Sauce.

Have the veal knuckle sawed in 3 or 5 pieces. Simmer the knuckle, veal, onion, bay leaf, thyme and celery seed in water to cover until veal is tender, about 2 hours. Remove bone and chop meat fine. Strain the veal broth. Cook to reduce to 1 cupful. Arrange sliced hard cooked eggs and pimiento olives in bottom of 2 quart mold. Put broth over chopped meat, add salt and Worcestershire Sauce. Mix thoroughly. Press meat firmly into mold. Chill. Unmold when ready to serve.

Freshly baked cheese biscuits are a wonderful accompaniment for this dish.

### FRICASSEE OF VEAL

Yield: 6 servings  
Two pound veal shoulder or neck, flour, salt and pepper, 1/4 cup fat, 2 cups water, 6 carrots, 6 onions, 6 medium potatoes.

Cut meat into serving pieces. Roll in flour to which salt and pepper have been added. Brown in hot fat. Add about 2 cups of water. Cover and cook slowly 1 hour. Pare vegetables. Add to veal. Add more water to prevent burning and to keep 2 cups of stock. Cover. Cook slowly another hour. Thicken sauce and serve, preferably poured over hot biscuits for a really satisfying meal.

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A. Merely say, "I am Betty Morgan."

## The Stars Say - -

By Genevieve Kemble

**For Tomorrow**  
THE indications are that a difficult and challenging state of affairs may be eventually maneuvered into a fortunate and progressive situation, lasting and of far-reaching consequence. This might be brought about by a sound analysis of basic fundamentals, with sustained marshalling of all the forces and faculties. Resolution and persistent efforts, with studied attack could win support of elders, parents, employers.

**For the Birthday**  
Those whose birthday it is are assured that a difficult and menacing situation may be manipulated by patience and profound insight into basic conditions. A sustained and determined attack has power to challenge the opposition and hearty cooperation of those in influential places, employers, perhaps parents. Cultivate these with tact and suasion, and real dangers and frustration may be definitely shattered. Concentrate on future, long-range benefits.

A child born on this day will be

## How Can I!!!

By Anne Ashley

Q. How can I clean straw matting effectively?  
A. Wash the matting with a cloth dampened in hot salt water (a handful of salt to a pailful of water); wash only a small space at a time and wipe dry at once. This also prevents the matting from turning yellow.

Q. How can I soften saves that have become stiff from being wet?  
A. A little kerosene rubbed into the shoes will soften them and make them pliable. Castor oil is also effective.

Q. How can I lighten yellow and dingy-looking clothes?  
A. Wash them in water to which a cup of cold water of lime water and turpentine is added until creamy, has been added.

## Alice Brooks Designs

### NEWS ABOUT SHOES!

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### Morning Smile

#### Comparison

"My girl often compares me with Van Johnson," said the dark-haired Soph.  
"But there's no comparison," objected his pal.  
"Yeah, that's what my girl says."

#### Without Fall

The Physics teacher was talking about displacement. "Miss Jones," he said, "would you be good enough to tell the class what happens when a body is placed in water?"  
"Certainly," said Miss Jones, the most popular girl in the school. "The telephone rings."

C7166

by Alice Brooks

## DOROTHY DIX SAYS—

### Strong Home Ties

#### Woman Complains Her Married Children Visit Too Often

DEAR DOROTHY DIX: Why is it that when children are grown and married they consider themselves guests to come unannounced at least once a week to sit at Father's table and enjoy Mother's cooking? Though they complain of the high cost of living they never bring any food with them. Mother would enjoy them much more if they wouldn't come quite so often, but how can it be put to them without hurting someone's feelings? I am very happy that they enjoy coming home but I also believe it can be overdone especially when Mother still has several at home to feed.

CARRIE

ANSWER: Your children are paying you the highest compliment in their power. The usual complaint about married children is that they don't come home often enough! Yours still have the same feeling for home that they had before marriage. They like to come back to Mother and Dad; they still think Mom's cooking the best. Old home ties are so strong the youngsters even forget to call and announce an impending visit!

#### ASK FOR WARNING

You should ask for at least a little warning, especially if you children are coming for a meal. With all the shortages confronting us today, it is easy to explain that mealtime is not a haphazard affair but the result of careful planning, and unexpected guests may not always be adequately fed. Better still, establish a regular visiting day for your young married folk, then all your planning can be aimed at one meal. Such solutions may ease the tension on your pocket book and nerves, but you must consider carefully whether they will offset the loss of family spirit that will come from curbing your children's impulsive calls.

DEAR MISS DIX: I am a college freshman of 18 and find I am in love with a joker. I believe he feels the same way I do but we can never get into a serious conversation. I never can tell whether he is joking or not. There are many things I would like to discuss with him, but I don't know how to approach him.

ANSWER: One of the common traits of youth is to avoid a discussion of serious things by covering the situation with a joke. This apparently is your friend's attitude, and an annoying one it can be. Perhaps he is deliberately turning from serious talks with you for fear they will lead to commitments on his part. If he feels you are matrimonially inclined, for instance, a joke provides the quickest way to end any attempts on your part to carry a conversation along such lines.

Don't rush things with him. Return joke for joke, and let him make the first attempt at serious discussion.

DEAR DOROTHY DIX: I am an 18-year-old mother of a 4-month-

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by Anne Adams