



**A Country Garden**

Continued from page 2

Dahlias have been planted to the front of the new perennial border looking toward the river, and a few Glad. bulbs have also been tucked in for a bright splash of color in August.

For-get-me-not has been transplanted to certain places where it makes such a lovely ground cover for tulips. Throughout May and into June the Tulips lift elegantly and delicately reflexed chalice to the strengthening sun, from a floor that for its blueness might be a reflection of the heaven above. In my years of gardening I have never found any flower that combines so well with Tulips as For-Get-me-not. The tulip garden is very nice as I write with the fragrant purple violets and Iberis the perennial Candy-tuft beginning to show its lovely white on the good green foliage that is one of the best all year. Some pink and white for-get-me-not is blooming with the blue and they make a nice contrast.

A number of years ago several plants of Dicentra of Bleeding Heart were moved to the rock garden in the shade of the evergreen hedge that is a good background for this early perennial; they have grown beautifully and have been very effective in that position.

The native white spruce hedge is beginning to put out its lovely new growth in tender green and it will be one of the best things in the garden for weeks to come. The Peonies have made rapid growth the past week and I am very glad that so many have been planted in the garden over the years. Miss Sampson writes "In Peonies for Remembrance..."

Some blossoms—perhaps because of their own peculiar fragrance, their appealing color or some other unknown reason—endear themselves to us to such an extent that a whiff of their sweetness or a flash of their remembered color takes us back to bygone days. That's what the nostalgic scent of the peony does to me. I have only to take one deep breath and I am a girl again with a bouquet of pink peonies in my arms. However a long day has been travelled since those days and gardeners realize that peonies deserve to go on living in the same spot for decades sometimes, without moving around next year and the next. That is why the place in the border that is going to be your peonies' home for a long time should be made ready in advance. Be sure, when you dig the bed, to dig it deeply, and mix manure with the soil, but it should not come in direct contact with the roots.

Before ordering your peonies, study the lists of both old and new varieties available and make up your mind as to which type suits your needs. If you want a bed of peonies for cutting, then buy the best kind suited for bouquets. Include one or two of the early varieties, one or two of the mid-season bloomers and a few of the late varieties. This way you will be assured of peonies for cutting from June through July. For instance, in early whites, you may have Festiva Maxima; in a soft pink there is Mons. Jules Elie. For mid-summer bloom, try the lovely rose Marie Crousse, and for late blossoms, the pink La France.

If the main purpose you have in mind is a boundary or if you want a peony hedge—and you want eye-appeal above all else—perhaps one long row of the same variety would be best. Should you choose all early bloomers or mid-season or late, you would certainly be assured of one big splash of color at one and the same time, and in the same color. If you want it that way. After the blossoms have faded, peonies give a nice, green appearance to the border the rest of the summer. Peonies are best planted in the fall but will do very well planted in the spring.

When planting your new peonies be sure above all things that you do not plant them too deeply. If you do they will never bloom. Just dig a hole large enough to accommodate the roots comfortably. Holding the clump in place with one hand, the pink eyes just slightly below soil level, water lightly to settle the earth, and then fill in with fine soil. Let your guide be depth be a two-inch covering over the eyes of any peony. Plants should be spaced about four feet each way. When dividing old clumps, you may handle them in the same manner. Separate each clump into divisions having from three to seven eyes. However, peonies resent too much disturbance and have been known to go on for a lifetime in the same place, so do not, make the mistake of moving them too often. They like rich garden soil and prefer sun rather than shade.

The peony gives so much for so little. It has fragrance, beauty of color when in flower, lovely green foliage when not in flower. It has a happy, healthy nature. And, above all, it has permanence.

Pakistan has built a merchant fleet of more than 180,000 tons within five years.

**That Body Of Yours**

Continued from page 2

per cent of adults). Approximately 84 per cent of the population falls between 80 and 120, 96 per cent between 65 and 130. Only 2.2 per cent falls below 65 and 2.2 per cent above 130.

We must remember, of course, that our physical condition at time of examination can interfere with the above findings; infection can make us "slow" and inattentive, and gland conditions, of a temporary nature, can make us overtired or can make us sluggish, the thyroid gland and liver activity being examples.

Any of us can do to be at our best mentally is to be at our best physically, by watching the three points in health—food, rest, exercise.

**Ellen's Diary**

Continued from page 2  
a letter or card anyway? Nothing, to a nestful of birds!

But nevertheless good, bringing us, as they do tidings and scenes of that wide world that lies back of our hills. Today's card was from a genius of a fellow with a mind for unravelling the mysteries of Radio. For some years he was pleased to consider himself a confirmed bachelor — by his own admission, "a lone voyageur," more taken up with electrons and their kind than with that light of affection which can catch and glow for one alone in a fair maid's eye.

"Pooh! There ain't no such thing as a confirmed bachelor," Aunt Kitty Mahoney used to say. "Back of every scorn of the opposite sex, every shyness, every



**WINS ART MEDAL**—Anne Jefferson of Halifax, 25-year-old student at the Ontario College of Art, Toronto, has been awarded the Governor-General's medal for painting. It is the top award at the college for work done during four student years. After a summer of work in Toronto she will go to Europe for further study before returning to Halifax to continue portrait painting.—(CP Photo).

bluster of the male species, is the same little boy who used to say his prayers at his mother's knee. Yes, she would nod, "and just as much in need of mothering and loving as thou."

"It's loneliness that makes them act so — or sometimes, poor dears a fear of being hurt," she would say, "and so they retreat into a shell..." But  
Until tomorrow - - - Diary - - -  
Good-night ...

**CAPE TRAVERSE W. M. S.**

The Cape Traverse auxiliary of the United Church Women's Missionary Society met at the home of Mrs. James Bell on Thursday afternoon, May 7, 1953, with the President, Mrs. Hedley Lowther, in the chair. The theme of the meeting — a great door and effectual is opened. Meeting opened with Hymn 255, "Zion's King Shall Reign Victorious." Scripture was read by Mrs. Hedley Muttart and was First Corinthians, chapter 12, verses 4-13 inclusive. Prayer was by Mrs. Ralph McCaull.

The business period then opened. The minutes were read by the secretary, Mrs. Nathan Bell, in the absence of Mrs. Boyd Lowther and roll was called. Next meeting roll call to be answered with the word "Kingdom," used in scripture verse. Next meeting to be held in the church.

Community Friendship calls were taken by Mrs. Hedley Muttart and the Mission Band treat sponsored by the ladies of the W. M. S. to be attended to by Mrs. Hedley Muttart.

A letter was read by the secretary from Mrs. John Scott, regarding W. M. S. Allocation and the future allocation will be \$150.00, rather than \$125.00, as previous. A letter was read from Rev. Ross C. Eaton about temperance collection and it was agreed to send \$2.00 from the Auxiliary Penny Fund to this cause. A letter was read from Mrs. Webster about overseas relief and it was agreed to send a box of clothing, etc.

The Mission Band will sponsor a play in Cape Traverse Hall, put on by the Baptist Church members from Bedecue and W. M. S. auxiliary will sell candy and serve lunch.

The program — The United Na-

**Hey Kids! ROY ROGERS Metal Pin-on BUTTONS**

**FREE**  
One in every package of Post's GRAPE-NUTS FLAKES

marked on the front "Roy Rogers Button"

YES! SIXTEEN colorful Roy Rogers Buttons! You'll want them all! One is extra large with Roy's own picture on it. The other 15 show Dale Evans, Trigger, Bullet and other exciting Western Subjects. COLLECT 'EM, TRADE 'EM, GET ALL 16!

MOTHERS—Kiddies love Grape-Nuts Flakes for their SUGARROASTED FLAVOR. They're nourishing too! Try them today.

Wear your Roy Rogers Buttons on this **SUPER BEANIE**

Yours for 15¢ and the Top Panel of a Grape-Nuts Flakes Wrapper.

SEND 15¢ (coin, no stamps) with one Top Panel from a Grape-Nuts Flakes Wrapper and your name and address PRINTED on a piece of paper to: Grape-Nuts Flakes, Box 1806, Toronto.

Money will be refunded if stocks are exhausted. Offer good in Canada only.

A Product of General Foods

tions and Christian Missions, was then carried on and parts were taken by Mrs. Hedley Lowther, Mrs. Ralph McCaull, Mrs. Blanche Harper, Mrs. Nathan Bell and Mrs. Earle Sawler. Collection amounted to \$292. Penny Fund, 46 cents. The meeting closed with Benediction by Mrs. Lowther.

**RAPID GROWTH**  
RED DEER, Alta. (CP)—A new civic census here indicated a large population increase since the Dominion census of 1951. The federal census figure was 7,535 but postal authorities estimate more than 10,000 persons now live in the immediate area.

*so sheer*

Three "measured" lengths

Nylons with the flavour of pure fashion... high, slender heels, exquisitely fine dark seams, reinforced tops, and well-nigh invisible cradle soles. But the real news is in their fabulous sheerness. They're the highest gauge, the lowest denier! With 66 gauge, the stitches are tinier, closer together, smoother looking than ever before. You get better wear for the close texture is less likely to snag... more resilience, too, when you bend and stretch. Harvey-Woods high gauge nylons, exclusively 54 and 66 gauge, your good fortune.

because they're

YORK KNITTING MILLS LIMITED.

**MOORE & McLEOD Limited**  
QUEEN ST. CHARLOTTETOWN

**SUNTER'S LADIES' WEAR**  
162 GREAT GEORGE ST. PHONE 2746

Harvey-Woods Hosiery and Lingerie sold by  
**S. A. McDONALD**

**COLGATE TOOTHBRUSH**

Finest for Your Family

Firmly-set Nylon bristles resist moisture and wear never get soggy.

Ladies' 35¢ Child's 25¢  
\*Just right for children's first tooth

★ **BIG** in capacity  
★ **BEAUTIFUL** in appearance  
★ **BETTER** value than ever

**1953 FRIGIDAIRE APPLIANCES**

at New Low Prices  
— as much as 20% lower than last year

NEW IDEAS have come to modern living. And ready now at your Frigidaire Dealer's are Frigidaire's wonderful 1953 contributions to the exciting new trends.

Your Frigidaire Dealer has a thrilling new Frigidaire Appliance that will add greatly to the convenience, the attractiveness and the comfort of almost every room in your home.

But the biggest news of all is the price tag! Frigidaire prices for 1953 have been reduced as much as 20%! Better than ever famous Frigidaire quality at these new low prices indeed make this the bargain year for you — the year of years to buy!

SO VISIT YOUR FRIGIDAIRE DEALER'S SPRINGTIME-DECKED SHOWROOM! See the special demonstrations now going on. Learn how easily you can bring the New Ideas of Living into your home!

**Frigidaire Appliances are built and backed by General Motors**

Master model refrigerators offer automatic defrosting and other desirable advantages at medium price.

A food freezer and refrigerator are combined in the Cyclo-matic Frigidaire. Completely automatic defrosting. Roll-to-you shelves.

Standard model refrigerators bring you big capacity and essential Frigidaire features in the lowest price range.

Frigidaire's new two-oven electric range priced below many single oven ranges.

Frigidaire Automatic Washer brings completely safe automatic washing to finest fabrics. 60 cycle only.

Thoroughly capable Frigidaire Electric Range for smallest spaces — only 21" wide.

Only 30 inches wide, the Thrifty-sistic over-side luxe features in small space.

Frigidaire Room Air Conditioners bring cool comfort — freedom from outside dust and pollen. 60 cycle only.

Frigidaire Electric Water Heaters are completely automatic — available in three sizes.

Frigidaire Electric Dehumidifier prevents rust, mildew and other moisture damage.

Frigidaire Filtra-matic Dryers end all the familiar clothes drying problems — yet keep excess moisture and lint out of room air.

**LOW DOWN PAYMENTS EASY TERMS**

**Simpsons - Sears**  
F. A. S. Jones Special Representative  
129 KENT STREET CHARLOTTETOWN

**R. T. Holman Ltd.**  
SUMMERSIDE and CHARLOTTETOWN