

ELLEN'S DIARY

Winter In The Country Has A Peaceful Charm

"This" James offered, first come to a window today, "is more like the Fall mornings we used to get."

A delicate tracing of frosted edged the lower panes, reminding us of the Valenciennes lace that trimmed the ruffles and frillings on dainty old-time dresses.

"The ground is caught" he nodded. "Oh, I wouldn't say that it would stop the plow but... the weather's different. There is a change. No fog. It's cooler. There'll be sunshine today."

Sunshine - how good! And today in a letter received from friends, former Islanders who return to summer nest enjoyable "on the old homestead" of his forebears, but at the touch of Autumn home to the South, there was no mention of either frosts or cold. Only of a summer loveliness, of grapefruit and orange trees, of flowerings, and 80 degree temperatures with "a very refreshing breeze."

Tantalizing news, this. However we suspect that if we were to come there, a stranger to a strange land, much as we would enjoy the kindness of the climate and the abundant flowerings, we should yearn for this island valley of the millstream. We would miss the resting fields the evergreen woodlands and groves, the snowfalls that come gently down, the sparkle of the frost fairy's touch, the wishing star close to our hilltop, and all the delights of the farm and the farming that are ours.

"Mae's Meat Loaf", this was our supper dish. It is an original recipe from the South, proven and favored. We used it only in part, because it allows for serving "about eight", though it may be baked in separate pans, the extra loaf wrapped and frozen for a handy, meaty meal ahead. Quite simple the recipe is, wholesome and tasteful. It calls for one and a half pounds of ground beef, three-quarters of a cup of uncooked oatmeal (or rolled oats), two eggs (beaten), one-quarter cup (or more) of chopped onion, one quarter teaspoon pepper, two teaspoons salt, and a cup of tomato juice to complete the binding. Combine the ingredients, mixing thoroughly, pack firmly in a loaf tin. Bake in 350 oven for an hour. Cool five minutes before serving.

Delicious, we found it, with bread and rolls, a salad and a relish, as a supper dish, as it would also prove to be, if served with accompanying vegetables and a dessert for dinner. Cooler, our day was. Outdoors, we breathed deeply of the clean invigorating air, and enjoyed much the crisp blue of sky, with once more after a lengthy absence, the sunshine over all. And suddenly we realized that November had slipped away and December had come.

"Don't you think we should take down the box of Christmas lights from that closet upstairs and look them over to see what we have?" Peter suggested, come by after school. However Mack called him, and with Alex, he was off to the stables to assist at the chores.

"It will be no time until Christmas" James says, eyeing the new leaf on the calendar. "No time at all" we agree. And our day? How nice it was with the sunshine again over all.

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HAPPENINGS

Andrey Jenkins, Women's Editor. Phone 4-5386

Mr. and Mrs. Clifford Williams and daughter, Bea, Ellerslie were weekend visitors at the home of their son and daughter-in-law, Mr. and Mrs. Jack Williams, Halifax.

Roland Vessey and Barrie Metcalf, York, have returned from a vacation trip to New York City.

An entertainment was held recently in the South Winsloe Hall, when relatives and friends gathered to honour Mrs. Mrs. Brian Turner, Winsloe. Following a congratulatory address, and a presentation, a evening of dancing was enjoyed.

Mr. and Mrs. John Donald, whose marriage took place recently, were honored by their friends at the home of the brides parents, Mr. and Mrs. Harry Barbour, Alma. The gifts were brought in by Diahann Matthews and Gwendolyn Barbour. Mrs. Lorne Luxton and Lynda Bowman assisted in opening them and the verses were read by Linda Barbour.

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or by Mrs. Gordon Crabbe, while the bridal chorus was played by Mrs. Edwin Johnson. Others assisting in the presentation of gifts were Grace Picketts, Janice Picketts, Michael and Shelly Picketts and Barry Woodside who carried in the baskets, Helen Picketts, Brenda Walte, Lorraine Coulson, Mary Pendergast, Irene Evans and Mrs. Denzil Hogg.

Francis Vessey, York, is visiting her brother and sister-in-law Mr. and Mrs. Harold Vessey and their daughter, Donna and Anne, Ottawa, Ont.

Millview WI Holds Annual

Mrs. George MacEachern was hostess to the members of Millview Women's Institute for their 37th annual meeting, which was chaired by the president, Mrs. Edision Storey. Nine members answered roll

call by paying membership dues and also subscriptions for the Institute News. Two visitors were welcomed. Minutes of the last annual and monthly meetings were read by the secretary Mrs. Ted Crane.

A summary of the year's work was given by the treasurer, Mrs. Ralph Sanderson, showing a very successful year with many worthwhile projects accomplished. Some of these were: the presentation of prizes for the local school and also for Montague High School; treats for school children at Christmas and at the annual school picnic; shut-ins were remembered at Christmas; gifts were sent to the Mental Health Association; used clothing and layettes were sent to UNICEF sewing and knitting was done for the Red Cross.

Gifts were presented to the president, secretary and treasurer. A gift had also been sent to the secretary while she was a patient in the hospital in Halifax.

Money was voted for school prizes and it was decided to buy needed supplies for a science kit for the school. A discussion

on holding card parties took place and it was decided to hold the first one on November 21st. The following officers were elected for the coming year: president, Mrs. Edision Storey (re-elected); vice-president, Mrs. J. A. Smith (re-elected); treasurer, Mrs. Ralph Sanderson (re-elected); auditors, Mrs. Wendall Drake, Mrs. Edision Drake; directors, Mrs. Walter Crane, Mrs. Alex Stewart, visiting committee, Mrs. George MacEachern (re-elected); school committee, Mrs. Wendall Drake Mrs. Edision Storey.

The next meeting will be held at the home of Mrs. Milton Smith, when roll call will be answered with an exchange of Christmas gifts.

IODE Award For Ballet Is Announced

Mrs. J. Neil Gordon, National President IODE announced today that the IODE Centennial Award to the National Ballet School, in the amount of \$300.00

will be given to Gloria Luoma, North Surrey, B. C. Gloria, a Grade 8, is in her second year at the National Ballet School. Betty Olliphant, director and principal of the school, feels that Gloria possesses considerable talent and, if given the opportunity to continue her ballet training, there is no doubt that she will be able to become a professional ballet dancer.

Prior to coming to Toronto, Gloria studied in Vancouver with Helmo Helden, Madame Karpova, Grace MacDonald and Josephine Steier.

SEE SPECTRE CHIEF

Donald Pleasence, veteran British actor in Harold Pinter's plays, becomes James Bond's foe in the new movie You Only Live Twice.

H. BENNETT CARR

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MR. AND MRS. PAUL ROLAND MACKINNON DOUBLE-RING CEREMONY

The marriage took place recently at the Church of the Most Holy Redeemer of Marjorie Ann Dunn, youngest daughter of Mr. and Mrs. Raymond Dunn, and Paul Roland MacKinnon, son of Mrs. Pauline Simms and the late Roland MacKinnon of Charlottetown. Very Rev. F. J. Maloney C.S.R. officiated at the double ring ceremony. Monsignor P. F. MacDonald

MARY HAWORTH Worried Man Advised To Seek Expert Advice

DEAR MARY HAWORTH: My wife and I are each 35 years old. We have been married for 21 years and have two married children and five grandchildren. We have been very happy and I love each one of them dearly.

I have always enjoyed life when I can see others happy and we have the means to keep it that way. However, one very sad problem has developed in the past three years, between my wife and me. Suddenly she doesn't enjoy vacations, children or grandchildren, new house or new furnishings, or old or new friends. Not even my company. This breaks my heart.

Doctors tell her she is in excellent health. What troubles me most is that she appears to like me, but refuses any show of affection. She has even said, "If you so much as touch my hand or try to kiss me, I will have you arrested; don't think I won't!"

I love her but I can scarcely live like this. To me, affection even from a dog, is as necessary as breathing; without it, I am sick and miserable. Otherwise I am as vigorous and healthy, in body and spirit, as when I was 30.

However, I feel at times if my wife hasn't the slightest affection for me, perhaps I'd better get another wife. If God is love, then love must be godly and wanting love can't be wrong. I have prayed and talked to the best of doctors (70 percent of whom think the problem is laughable).

I'm afraid that if any pretty woman were to take an affectionate interest in me, I would cast aside pride, home, everything I hold dear, to follow her. Please advise me. Sincerely, E. J. DEAR E. J.: I am inclined to think you are faking part of your report. It is conceivable that your wife has lost her taste for living. But it isn't conceivable that competent doctors confronted with her set of symptoms, namely, an abrupt personality change for the worse, and lasting three years, would proclaim that she is "an excellent health."

wife's moody unreason and your fear of being unfaithful or breaking up your marriage, in revolt against sex frustration would recognize the gravity of the problem and would respect your intelligence and decency, in searching boldly for right remedies before too late.

I think you probably do have the problem described, but are secretly ashamed of the situation, and fear that you might be a figure of ridicule in a doctor's office, asking help. So you are pretending you've already been there, prior to penning this appeal.

My advice is, talk to your pastor or a family service agency counsellor, about your handicapping confusion and shame with respect to the whole problem - which is the first hurdle to take, in bringing your anxieties under steady control. M. H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

Expo Visitors To See Nurses Of The Future

OTTAWA - One of the major exhibits to illustrate the story of man and his health at Expo 67 will be sponsored by the Canadian Nurses' Association.

Women

The Guardian, Charlottetown, Thurs., Dec. 8, 1966.



FASHIONS FOR '67

A "Winter Wonderland" of fashions was sponsored last evening at Confederation Centre by the student nurses of the Charlottetown Hospital. More than two dozen firms from this city and Summerside supplied the garments

that made this project such a success. ABOVE LEFT is Doris Dalton with Bernadette Mossey, two of the 14 models in the show. Proceeds will go toward the printing of their year book.

North Rustico UCW Elects New Executive

The December meeting of the North Rustico United Church Women, met at the home of Mrs. Ray Laird, on Thursday, evening, December 1st.

The president, presided, and Mrs. Earle Simpson led the devotional period, using the "Christmas Theme". Scripture readings presented by Irma Toombs, Mrs. Thomas Biscott, Mrs. W. L. Toombs, and Myra Laird were followed by the hymn, "Who Is He in Yonder Stall", and prayer by Mrs. Simpson.

Roll call was answered with a verse of scripture by each member and a visitor from the "North Winsloe" UCW group. Reports were given in the home calls made during the month, hospital calls, and cards sent to the sick, and bereaved. The treasurer reported \$33.57 on hand at present, and Mrs. Thomas Biscott displayed the Christmas cards, and a good number of them were sold.

TRAVELED AROUND

Peter Weiss, celebrated new playwright, was born in Berlin of Czech and Swiss parents, lived in London, Prague and Switzerland and now makes his home in Stockholm. He writes in German.

Confederation Centre

THE CONFEDERATION CENTRE CHOIR PRESENTS

HANDEL'S MESSIAH

AND SUNDAY, DEC. 11 - 8:45

TICKETS \$1.50 - STUDENTS \$1.00

THE CHRISTMAS STORY IN SONG

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THE CHRISTMAS STORY IN SONG



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