

WOMEN

Page 8, The Guardian Mon., March 19, 1956

Happenings

Miss Maureen Forbes, daughter of Mr. and Mrs. William Forbes, Summerside, and a grade XI student at Summerside High School, was chosen by Mr. Mercer, the supervisor, to attend at Sackville the past weekend a Mount Allison University presentation of the Gilbert and Sullivan light opera, "Patience."

S.L. Stewart Martin of Ottawa spent the weekend with his father and mother-in-law, Mayor and Mrs. A. Currie, Summerside.

CORNWALL W.I.

The Cornwall W.I. met on March 5 at the home of Mrs. Earl Lowther. The meeting opened with a prayer for March. "The Shamrock," which was followed by singing "When Irish Eyes are Smiling" and repeating the collect. Roll call was answered by an Irish joke. A few of the members paid fines. Minutes were read and approved after which the treasurer gave her report. It was decided to pack woollens in the school on Tuesday evening March 27.

Roland Hyde, the Master Feeds dealer in Cornwall, will present a program of music and movies in Cornwall Hall on March 20. There will be a sale of lunches by the Institute. Each member requested to bring six lunches.

Next meeting which will be the anniversary of the Institute, will be held at the home of Mrs. Gordon MacMillan. Roll call will be answered with exchange of flower slips or seeds. A smelling contest will be conducted by Mrs. Elmer Frizzell. A talk on Home Economics will be given by Miss Doris Anderson.

Lunch committee will be Mrs. Hazen Howard, Mrs. Harold Donahue and Mrs. George Hyde. The collection for the evening was \$1.55. The Pat contest was won by Mrs. Jack MacLean. A delicious lunch was served by committee assisted by hostess. The meeting closed with "The Queen."

ROSE VALLEY W. I.

The monthly meeting of Rose Valley W. I. met at the home of Mrs. William Newson on Friday night, March 9th. The president presided. Meeting opened by repeating Mary Stewart Collect in unison. Roll call was answered by each member naming her first teacher. There were seven members and four visitors present.

Minutes of last meeting were read approved and signed. A letter of thanks was received from Mrs. Fenton Fall. Also The Infirmary for quilt received. Red Cross work was passed in to Mrs. William MacDonald Red Cross convener.

It was noted by Mrs. George Matheson that a new map be purchased for school also a snow shovel and a bottle of cod liver oil capsules for school children. Motion carried.

A bill of 64 cents was paid for school supplies. Collection amounted to 55 cents. It was decided to have a crokinole party in the hall on Friday night, March 23rd.

Next place of meeting will be at the school with Mrs. Wm. MacDonald and Mrs. Jas Cousins on program. Mrs. George Matheson and Mrs. Wm. Newson led two contests. Mrs. Henry Chown won both prizes. Meeting adjourned. Lunch was served by hostess and a social hour was enjoyed by all.

BREADLABANE W. M. S.

The Auxiliary of the W. M. S. of Breadlabane United Church met at the home of Mrs. Hedley Woodside on Thursday afternoon March 1st. The president presided and opened the meeting. The devotionary service was led by Mrs. H. F. MacKay. Theme for the service was "The call of missions of the Church Evangelism and Missions." Scripture lessons were read by Mrs. H. F. MacKay, Mrs. Hedley

Woodside, Mrs. John J. MacLeod, and Mrs. Harold Toombs. Mrs. Angus Gillis led in prayer followed by a reading on St. Luke by Miss Mamie Stewart. Silent prayers were offered for our home, our county and fellowmen, and for all overseas missions. A questionaire was led by Mrs. MacKay. Mrs. H. S. Raynor led in prayer for our adopted missionary.

The study books were read and discussed by Mrs. Alexander J. MacDonald, Mrs. James Snowie, and Mrs. Alex C. MacDonald. The presentation of a life membership certificate was made by the president to Mrs. Harold S. Raynor in memory of her mother, the late Mrs. Claude Marshall.

Two quilts were reported finished and the material ready for another one. Mrs. Harold and Mrs. Oliver MacLeod were appointed to assist Mrs. Hedley Woodside to finish this quilt. Mrs. Angus Gillis and Mrs. Hedley Woodside were appointed to pack and ship the three quilts.

Next meeting to be held at the home of Mrs. H. F. MacKay with Mrs. John J. MacLeod as devotional leader. Mrs. Adam MacKenzie will have prayer for our adopted missionary and Mrs. Earl Todd will have charge of the study books. Meeting closed by repeating the Mixpah benediction. Lunch was served by the hostess, assisted by Mrs. James Snowie and Mrs. Millage MacLeod.

HAMPshire W. M. S. Mrs. Larter was hostess for the March meeting. W. M. S. Mrs. White was leader of the worship service, the theme "the call to the Mission of the Church through Evangelism and Missions." Mrs. G. Kitson had charge of the study.

Business period opened with roll call answered by members and three visitors with a verse of scripture. Minutes were read and approved. Mrs. Tremere kindly offered to finish afghan. Collection was received by Mrs. Clow. Mrs. Proud invited members to her home for April meeting. Mrs. Tremere will have charge of the study. Mrs. MacDonald will be worship leader.

Refreshments were served by hostess, assisted by Mr. E. Larter and a social hour enjoyed.

NEW ANNOU W.I. Mrs. John Moase was hostess for the March meeting which opened with singing "Clementine" followed by the Creed.

Roll call was responded to by a joke and something for an auction sale. Twelve members and two visitors were present. Sick committee reported six visits and treats taken to the sick. School committee purchased paper towels and holder for the classroom. Secretary reported sending a supply of C.L.O. capsules to the school. It was moved and seconded to get a new rope for the flag-pole.

Secretary passed around an air-mail letter form and each one present wrote a few lines to Helen Moase in Japan.

Red Cross articles were handed in to Mrs. Delbert Rayner, Red Cross convener, and more work was handed out. Correspondence was read and discussed. Receipt books were given out to three members who volunteered to canvass the district for the Red Cross.

It was moved and seconded that all bills be paid. Next meeting to be at the home of Mrs. Delbert Raynor with Mrs. Robert Williams and Mrs. Stewart Moase on program. Mrs. Elmer Moase; sick committee, Mrs. Delbert Raynor and Mrs. Albert Moase; Program Committee, Mrs. Robert Moase and Mrs. Don Schurman. An auction sale was held with Mrs. William Waite, auctioneer. Lunch was served by the hostess.

Mary Haworth

Puts A Blight On Family's Social Life

Dear Mary Haworth: At what age does a woman become adult to her mother? I am 46, married 25 years and have two children. My problem revolves around my mother, who came to live with us two years ago, when newly widowed.

My home was the only one offered her; my two sisters claimed they had "no room." We were happy to have her—so much so that I turned over the entire reign to her. Now she has taken complete control, and we no longer have any say in our own home.

Our main complaint is that she doesn't like any of our friends—neither my woman friends, nor my children's friends nor my husband's friends. One by one they have dropped us because of mother's sharp tongue and insults. She says this one eats too much and we can't afford it (of course we can); that one is too noisy; a third is too bold, etc.

WHAT IS FAIR? All in all, our friends interfere with mother's snoozes in her favorite chair and we can't invite anyone in. What can we do about this situation? I hate to think (though I sometimes do) that she ought to be "grateful" to us for having her here. But shouldn't she show us some consideration? After all, it is our home; where else can we entertain?

I have tried talking it over with mother, but she gets so excited, and next day she is at the doctor's with high blood pressure. We provide her with spending money and clothing, and never ask for an accounting of the "table money" which my husband (God love him) hands directly to her.

We are desperate. Can you help us? Is it fair? My husband and children are grand about all this; but I know it is affecting their lives, and rather than upset me more, they just keep quiet. C.B. INNER MEANING

Dear C.B.: Actually the situation is absurd. And obviously it takes two to produce this kind of problem: namely, you and your mother. It doesn't make sense from the rational view for your mother to rule out your friends, as described. But by your own admission, you gladly turned over "the entire reign" to her, right from the start—so happy were you to have her a member of your household.

What did this hasty abdication of authority on your part signify? Well, your mood of joyful expectancy, in reverting to a child-role in proximity to mama, suggests that you are still pretty infantile in your unconscious feelings about her, and in a hangover anxious desire to be fully mothered.

It suggests that in childhood you hungured (indeed were starved) for more of her time and attention—and for more warmth and devotion from her—than you ever got. And I dare say this emotional frustration largely accounts for your failure (so far) to become adequately mature in relation to her, just as her recent prompt and self-centered "taking over"—and bossy indifference to your inner needs—indicates that she is still as closed-off from you as ever.

THREE POINTS In giving your mother an all-out welcome to be queen of your household, no doubt you were feeling, unconsciously, "At last I shall have her all to myself." And this time, in ideal sympathetic cooperation, on a mother-child basis, you hoped But alas, it was only a dream.

Your mother hasn't changed a bit. You are walked over, figuratively speaking, while she runs the show for your husband and children—who aren't nearly so "displaced" as you. Understanding is half of cure, a proverb says; and perhaps this

assisted by the committee. Collection was taken and the meeting closed with the "Queen." AV

Engagement Is Announced



PHILIP J. ROSSITER

CLAIRE M. BOYD

Mr. and Mrs. Russell Joseph Boyd of Halifax have announced the engagement of their daughter, Calire Marie to Philip Joseph Rossiter, son of Mrs. Alycia Rossiter and the late Philip J. Rossiter of Charlottetown, P. E. I. The wedding will take place at St. Theresa's Church, Halifax, Monday, April 2nd.

Words Of The Wise

It is one of the severest tests of friendship to tell your friend his faults.

—(Henry Ward Beecher)

MORNING SMILE

Teacher: "What is your name, son?"

Small boy: "Jule, sir."

Teacher: "You shouldn't use a nickname. Your name is properly Julius. Next what's your name?"

Second small boy: "Billious, sir."



World War Heroine Honored

Mrs. Truus Janssen, who helped Holland during the Second World War, is presented in Montreal with a life membership in the No. 306 (Maple Leaf) Wing RCAF Association. The presentation is made by Air Vice-Marshal A. L. James.

ELLEN'S DIARY

Called From Her Work

For a time this afternoon a Sabbath-hush lay over the district, and that rural quiet which tells of suspended work, while kin and friends from near and far gathered to a home down the River Road to pay their last respects to a farmwife, of late and quite suddenly summoned home.

Though no longer young as the word is regarded, yet ever active and busy she was one taken away according to those words we have heard so often as to give them small heed in our living from "the midst of life" she went where even to Death lurks.

Taken from ever delight and loved duty of home; needle threaded, it may be, and left in the spool as we leave one so often so to continue presently some sewing or mending at hand; thimble laid by. Her knitting too stopped at the end of a round she dreamed not it soon unexpectedly, and by little complete.

She is up and away now, her earthly work over and done, if tentative human plans are incomplete. So folks go. Called from "the work in the field" "the grinding" the affairs of the round we know, as we too all shall go in our turn and that of our days.

She was a kind, quiet woman who never went very far from her loved threshold of home. There she dwelt content, her life filled with its joys and its cares; to many interests of home and husband and family she had to occupy heart and hand but time over to give to Church and community work, as well.

As are fortunate farmwives she had a way with plants and flowers, an enviable touch which made them thrive and grow. Her windows gave gay colors of blossoms to passers-by, as did those on the lawn she tended. Perhaps they grew the better because she was always so willing to share them.

In springdays more than one farmwife came away from her door, heart high with the hopes she centered in the green handful of slips, she carried.

In the coming spring when the earth is warm with promise, and new greens thrust themselves up from her flower garden to catch the sun and showers she will be

no longer there to welcome them and bless their showings after the wintertime sleep. She will be in the courts of Heavenly places. Will there be flowers to keep there? A seam to sew, a round of knitting to do, for those mothers whose touch and spirit always turned their earthly doings into sacramental rites?

There is the new of another grave in the shadow of the "Old Kirk" tonight, dark we can picture it in the white of the winter-snow. And another of that thinking company of district-folks whom with James we have known for long years has gone "far ben."

Bright the March sun of today though somewhat bitter the wind. And the sky is seeded with stars in promise of another fair day to come.

Until tomorrow — — — Diary — Good-night.

LET'S EAT

Built-In Maid Service Saves Time And Labor

By Ida Bailey Allen

"People often complain of the woeful lack of maid service," I said to the Chef. "But what they don't realize is that, today, American homes are being supplied with built-in maid service to the extent of 6 billion dollars a year!"

"Most of the ladies I scrubbed, sometimes even peeled, spinach in cellophane bags ready to use; instant coffee and tea; bread and cake mixes of all kinds; salad dressings; frostings; pureed baby foods; canned foods; frozen foods of all kinds ready to heat and eat."

"These are conveniences of time and labor, Madame," he agreed. "But what about the extra cost?"

"FAMILY MEALS" "When used to a large extent, it is estimated that these packaged ready-to-eat foods increase the cost for family meals about \$1.50 per week, that is \$6.00 a week for a family of four."

"I see, Madame, it is really up to the ladies to choose if they want to save time and labor or money and flavor."

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BUILT-IN MAID SERVICE DINNER

Green Pea Soup
Minute Steaks Whipt Potato
Mixed Vegetables
Brown N Serve Rolls
Apple Meringue
Coffee Tea Milk

Use dehydrated or canned pea soup, frozen buttered minute steaks, dehydrated powdered potato, frozen mixed vegetables ready-to-bake rolls.

The dessert will give the homemade touch that counteracts the standardized taste of an entire meal of foods with built-in maid service.

While we homemakers accept the help that built-in maid service can give, we should use it with intelligence. Never forget that our truly fabulous, fast-vanishing American cuisine was created by generations of imaginative homemakers with no maid service at all.

Apple Meringue: Combine the content (No. 2) can sliced pie and melted butter. 1/2 tsp. cinnamon and 3/4 c. granulated sugar. Transfer to a buttered 9 inch pie plate.

Bake 25 min. in a moderate oven 375 degrees F.

Separate 1 egg; save the yolk for another dish.

Beat the white stiff with 1/2 tsp. cream of tartar and 1 tsp. sugar. Make a border of this around the edge of the apple dish, using a spoon.

Bake 12 min. longer in a slow oven, 325 degrees F. or until lightly browned, serve cold.

TRICK OF THE CHEF

Rub the skillet with cut garlic before panning steaks.

measuring spoons, should be kept near the range as well as in the storage cabinet. Paper towels should be kept near the range and sink, to save steps when liquids are spilled.

COOK'S CORNER

EGGNOG
1 egg
1tbsp. sugar
1 glass milk
1/2 tsp. vanilla

Nutmeg
Beat egg yolk light, add sugar and vanilla, add beaten egg white (stiff). Fill glass with hot or cold milk, sprinkle with nutmeg. Serve

On Thursday, March 1, a pretty wedding was solemnized at the home of the bride's parents, Mr. and Mrs. D.A. MacPhee, 69 Edward Street, Charlottetown, when their daughter, Miss Ruby Eileen MacPhee became the bride of Mr. Miller West of Eldon, Belfast, Rev. F. MacKinnon of Valleyfield United Church officiated.

Given in marriage by her father, the bride wore a street-length dress of white bridal satin trimmed with Chantilly lace. A tiara trimmed with seeds pearls held her chapel veil of imported tulle

KEEP IN TRIM

Triumphant Reducer Now Counting Her Calories

By Ida Jean Kala

What keeps overweights overweight? Often it is the defeatist attitude that they just haven't the will power to carry through on a reducing program. Today's letter from a newly-streamlined housewife from New York proves that determined effort generates will power.

"Last year, inspired by your column, I made a New Year's resolution to get started on reducing. My husband laughed—but my daughter said, 'Mama, I would be so proud of you if only you would lose 25 pounds.'"

"I had already saved many of your columns, and I had a determined will that I was going to lose some of this fat. When I started I weighed in at 199 pounds.

So, by darn, to make a long story short, to date I have lost 47 pounds. People ask me what kind of a diet I am using—what do I go without. I am proud to tell them I eat everything in moderate amounts and count my calories.

"For my height and bone structure, I would like to lose 12 more pounds, but without overdoing it. However, I seem to be at a standstill point. I will admit I may have been a little careless because of recent entertaining. Could that be the reason? I'll get right down to calorie counting again. Do you have any suggestions?"

EVERYONE HAPPY

"I feel wonderful! I can do more work than I have done in years without getting all tired out. I get many compliments—and does that ever sharpen my ego! My husband is sure pleased, and my daughter is delighted. As for me—I've lost in weight but gained in health, appearance and self-respect."

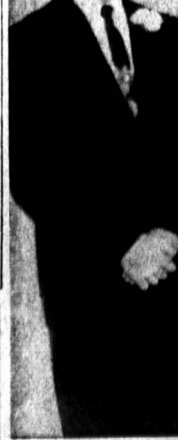
Wonderful! You're on the home stretch. To put out of the standstill period, change the character of your diet slightly, increasing the protein at each meal, but stay within the same calorie limits. Have two eggs (not fried) at breakfast; at lunch have a small serving of lean meat plus a half cup of cottage cheese and a green salad; and include a liberal serving of lean meat (5 oz.) with dinner. Also have a pint of skim milk or buttermilk daily. Extra protein will stimulate your metabolism and start the pounds moving again.

At this point in your program, exercise is your best bet for streamlines. Take a few minutes of daily "slimastics"—stretching, side-bending, leg swinging. Direct the action through the figure controlling muscles.

And with spring coming on, why not walk a mile or two daily... walking is a beauty tonic.

BREAKFAST FOOD

Canadian flour mills shipped 46,000 tons of rolled oats in 1954, about 4,000 more tons than the previous year.



Early Spring Bridal At Charlottetown

illusion and she carried a cascade bouquet of red roses.

Mr. John Pearson, Heatherdale, sister of the bride, was matron of honor. She chose a street-length dress of pale blue taffeta with a white hat and carried a bouquet of pink roses.

Mr. John Pearson, Heatherdale, was groomsmen and Messrs. Donald and John MacPherson were ushers.

Mrs. Stewart Nelson, Montague, aunt of the bride, played the wedding music and Mr. Herbert Worth, Eldon, sang "O Promise Me," and Mr. John Peers sang "The Lord's Prayer" and "O Perfect Love."

A reception followed at the home of the bride's parents where a buffet luncheon was served to fifty guests. Mrs. Frank MacDonald, Eldon, aunt of the groom, and Mrs. A.J. MacPherson, Bellevue, aunt of the bride, presided at the tea table.

ENTERTAINED Prior to her marriage, the bride was honored at a shower by her friends in Toronto, Ontario. The couple were entertained by the people of Heatherdale and vicinity at a shower when many lovely gifts were received. (Photo by Garshman).

ANNE ADAMS PATTERNS



WEEK'S SEW-THRIFTY

Brighten your summer, sew these gay fashions now — so wonderful with cool convertible neck-line, slim-trim shorts, pedal pushers too! Perfect styles for hardy depatterns, soft pastels!

Pattern 4532: Misses' Sizes 10, 12, 14, 16, 18. Size 16 shirt, 2 1/2 yard 35 inch; shorts, 1 1/2 yards. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send **THIRTY - FIVE CENTS** (35 cents in coins (stamps cannot be accepted) for this pattern. Print plainly **SIZE, NAME, ADDRESS, STYLE NUMBER.**

Send order to ANNE ADAMS, care of Charlottetown Guardian, Pattern Dept., 60 Front St. W., Toronto, Ont.

HOUSEHOLD HINT

A duplication of kitchen tools saves both time and steps. Small amounts of spices, seasonings, flour and sugar, with an extra paring knife and set of

AEROWAX SAVES RE-WAXING!

The SHINE COMES BACK AGAIN WITH EASY SURFACING! FLOOR WAX 43¢

Beat egg yolk light, add sugar and vanilla, add beaten egg white (stiff). Fill glass with hot or cold milk, sprinkle with nutmeg. Serve

When you see the Harvey-Woods name on any item of clothing—buy it with the certainty that you'll like its comfort, fit, style and quality long after you've worn it many times.

YOU CAN TELL BEFORE YOU GET IT HOME

HOSIERY, LINGERIE, OUTERWEAR, SLEEPSUITS AND UNDERWEAR—WELL-KNOWN QUALITY FOR ALL THE FAMILY.

Disinfects as it Cleans and Sweetens!

Whitens linens, cottons!
Removes Stubborn Stains!
Makes porcelain glow!
Keeps toilet bowls pure!

Soaks diapers stain free!
Kills germs! Deodorizes!
Protects Family's Health!
Four handy sizes!