

Brookfield WI Holds Meeting

The regular meeting of the Brookfield Women's Institute was held at the home of Mrs. Gordon MacLeod recently.

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HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-5555

Mr. and Mrs. Leonard Wales, New Jersey, are spending a holiday with relatives in Kingsboro, Red Point and East Baltic.

Mrs. Cyril MacDonald has returned to Toronto, Ont., after being called home due to the sudden death of her mother, Mrs. John J. MacDonald, Priest Pond.

Joseph MacDonald, U.S.A. army, was also home for his mother's funeral, and has returned to Germany, where he is now stationed.

Mrs. Clarence MacDonald, Mrs. Warren Cheverie, and Mrs. Leonard Walsh of Souris Parish CWL recently attended the national scholarship association meeting at St. Joseph's Convent, Charlottetown.

Mrs. Alex MacDonald and Mrs. Angus Gillis have returned to Breadalbane after vacationing in Ottawa, where they were

guests of their brother-in-law and sister, Mr. and Mrs. Guy Ramsden.

Mrs. Arthur Andrews, West Acton, Mass. and Mrs. William Jones, Cambridge, Mass. were recent guests of Mr. and Mrs. Kenneth Graham, Breadalbane.

Mr. and Mrs. Wyman Moore, Winnipeg enjoyed a vacation on the Island recently. While here, they were guests of Mr. and Mrs. Lorne Seaman.

Rev. William Hare, pastor of the United Church, Breadalbane, has returned from a vacation spent with relatives in Ottawa, Ont.

Mr. and Mrs. Robert MacLeod and daughters Karen and Lynn of Dartmouth, N.S. were recent guests of Peter MacLeod, Breadalbane.

A miscellaneous shower for Betty Hunter in honor of her approaching marriage was held at the home of Mr. and Mrs. W. H. Brown, Kensington. Pink and white streamers, wedding bells and confetti-filled balloons added festivity to the occasion.

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Women

IDA BAILEY ALLEN

Pack That School Lunch With A Vitamin Punch

CHILDREN who are well fed, that is, provided three balanced meals a day at the right times, usually "make the grade." A school lunch is a necessary part of a child's education. If a regular school lunch is provided, the luncheon food plates are balanced. If there is no school lunch available (except milk) a balanced lunch should be prepared at home for each child to carry. This is a must.

For instance, for an adolescent girl, it could be six oz. or more of a cream soup in a vacuum bottle, a full-size bread-fruit sandwich, 2 oatmeal raisin cookies, a banana and 1/2 pt. carton of milk purchased at the school.

For an adolescent boy, more food will be needed than for a girl. For example, hot soup in the vacuum bottle, chicken or cold cuts and celery, a split bun,

generously spread with peanut butter, an apple, 2 cookies or a cupcake and milk purchased at a school. Here is an interesting soup recipe. Measurements level TOMATO - CELERY SOUP 1 can (10 1/2 oz.) condensed tomato soup 1 can (10 1/2 oz.) condensed celery soup 1/2 can - measure water or milk Turn contents both cans of soup into 1 1/2 - qt. saucepan. Stir in water or milk and heat - stir until boiling. Makes 5 servings.

TOMORROW'S OVEN DINNER Tuna - Celery - Tomato Saladettes Ham and Fruit Platter Plenty of Hot Biscuits Baked Chocolate Meringue Custards Coffee or Tea & Milk HAM AND FRUIT PLATTER 1 1/2 lb. tenderized smoked ham steak, cut 3/4" thick 1 tsp. dry mustard 1 tsp. brown sugar 2 tsp. cooking oil 12 whole cloves 2 tsp. butter or margarine 3 slices canned pineapple (split to make 6) 6 pitted tenderized prunes 3 whole peeled bananas halved and quartered Parsley for garnish Rub ham steak all over with dry mustard and sugar. Heat oil in large heavy frypan. Put in ham and cloves. Brown quickly until sugar melts; turn. Reduce heat; half - cover with boiling water; simmer 30 min., or until very tender.

Mell butter in second frypan. Add split pineapple slices; saute until slightly glazed. Place prunes atop each slice. Add banana quarters; saute lightly until golden brown. Arrange ham steak servings in center of heated large platter; edge with fruits. Parsley garnish. Serves 6.

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CWL SCHOLARSHIP WINNERS

The Tignish Council of the Catholic Women's League presented scholarships to Helen Callaghan, daughter of Mr. and Mrs. Patrick Callaghan, Ebbesfleet, for having achieved the highest marks in the year's work in grade 11, and Lorraine Harper, daughter of Mr. and Mrs. Walter Harper, Chris-

topher Cross, for leading grade 10 in the provincial examinations. The education convener of the CWL, Mrs. Harold Cormier and vice-president, Mrs. Emile Gallant presented the cheques of \$25 each. Mrs. Cormier announced that scholarships will be presented to two more stud-

ents during the coming year, increasing their scholarships to four, for those who plan to continue their education. The principal, students and teachers attended the presentation. From left to right in the picture, Helen Callaghan, Lorraine Harper, Mrs. Harold Cormier.

O'Leary Hospital Aid Sets Tentative Date For Fair

Mrs. Kenneth Matheson, vice-president presided over the September meeting of the Community Hospital Ladies' Aid, O'Leary. Plans were made for the Annual Hospital Fall Fair. A tentative date was set for Friday, October 29th with the usual booths - handicraft, jewellery, home cooking, used clothing, vegetables, hot dogs, etc. There will also be a white and chocolate cake baking contest. This contest would be for two age groups: (1) those sixteen and under, (2) those over sixteen. A final decision concerning the purchase of a new hospital oxy-

gen unit will be made at the next Aid meeting. Supplies and donations of money were turned in to the hospital from Brae, Alaska, Milot, W. Unionville, Cascumpee, Legion Women's Auxiliary, Fortune Cove, O'Leary, Coleman and Mrs. Oliv. Gorrill, also a gift from Mrs. Jarvis Dymont in appreciation of hospital care. Many districts had donated money, food and help in regard to the Plowing Match banquet. This was gratefully acknowledged. Grab bags are to be turned in at the next meeting for the Fall Fair.



MR. AND MRS. RONALD STULL Island Girl Attends Aunt At Truro, N.S. Wedding

The immaculate conception Church, Truro, N.S. was the scene of a recent wedding when Mary Eileen (Sally) daughter of Mr. and Mrs. Raymond Stull, Truro, became the bride of Ronald William, son of Mr. and Mrs. Jacob C. Linkert, Cooksville, Ont. The nuptial mass was offered by the Rev. A. A. Francis, who also performed the double ring ceremony. Mrs. Arthur J. Hanway, the church organist, played the wedding music. The bride entered the church on the arm of her father, by whom she was given in marriage. She was in a floor length gown of white-peau de sole, with lace bodice, scalloped lace-neckline and tapered sleeves, which came to a point over the hands. Her headpiece of matching lace was attached to a shoulder length veil of illusion tulle with lace inserts. She carried a cascade bouquet of white gladioli, and her jewellery was a single strand of cultured pearls, a gift of the groom. Sharon Wight of Halifax was

maid of honor, Freda Jones, also of Halifax was senior bridesmaid and the junior bridesmaid was Rayona Stull, Summerside, P.E.I., niece of the bride. The three attendants wore identical floor length gowns of apricot frosted satin with short sleeves and floral hats to match. They carried bouquets of Orange Delight roses and feathered carnations. David Stull, Truro, brother of the bride, was the best man. Carson Ferdinana, Truro, and Larry Mock, Dartmouth, ushered the guests. The bride's mother chose for her daughter's wedding a jacket dress of powder blue peau de sole, lightly brocaded, with matching floral hat. Her corsage was of yellow roses. The groom's mother wore a two piece dress of royal blue with brocaded top, white hat and accessories. She also wore a corsage of yellow roses. The reception which followed was held at the White Spot Restaurant. David Stull proposed the toast to the bride, which was

MARY HAWORTH Young Wife Is Stymied By Marriage Problem

Dear Mary Haworth: I had to leave school at age 15 and go to work. At age 18, I married Jack. That was almost eight years ago. We have three sons, aged 7, 3 and 1 1/2 years. Jack, too, was a school dropout; but he joined the Air Force and got a high school education while in the service. Late in August he came out of the service and took a job at a seaside amusement park, near our home in our native state. He works long hours, mid-morning to midnight, during the season. After a week on the job he changed towards me and said he was in love with another woman, 39, who has a daughter, 13, and a husband in a mental hospital. She visits the resort every summer. He asked for a divorce, for which he has no grounds. I talked to a lawyer, who referred me to a clergyman, who came to the house and talked to Jack and me. Jack told him that I am a good wife and mother but that we (he and I) "don't talk any more." But we never did talk much; he isn't a talker. However, he says that he and Ruth (the other woman) "talk about everything." Earlier, in asking me for a divorce, he told me that all I ever talk about is the boys...

We are still together. I am trying to talk more, and not so much about the kids as other things... Jack decided against divorce about two weeks ago, saying his affair with Ruth was "no good." She didn't want to let him go, but he told her he loves his wife and kids; and now she's gone back to her home. But the problem is, I have cause to believe he is still having an affair with somebody. What can I do? The clergyman says we should consult a marriage counsellor, but Jack says he won't; and as I have no money and don't drive a car, I can't get to a counsellor. Please advise me. A.B.

Dear A.B.: As you see, I've done much condensing, reorganizing and rewriting to put your story in focus. Your handwriting, spelling, sentence construction, etc., show plainly your great need to get more schooling as soon as can be arranged. You reiterate that you love Jack a lot, as he loves you, and that you are (or were) ready to forgive his fling with Ruth. You also mention paring down household expenses since he took a salary cut in leaving the Air Force for civilian employment. You say you never have cash to spend, as Jack pays

for everything; and the last time you and he were out together socially was in January, 1964, to celebrate your wedding anniversary. So much for background. Now, about saving the marriage: As I get the picture, Jack's lonely, insecure, mind - sharing interest in Ruth, which she transferred into a passing sex intrigue, is a challenge to you to wake up and continue to grow as a person, widening your horizons beyond child-care and house-keeping. Jack does little or nothing to make such growth easy for you, I gather. Indeed, his late-night hours and penny - pinch policies are a major hindrance to constructive married teamwork of any sort. Still, you can't afford to just drift, in these youthful years, when by making a special effort you could be shaping your personality to a better pattern. To get started, ask the clergyman's help (once again) in negotiating an appointment with a family relations counsellor in an expert. Tell the pastor of your need of transportation and baby-sitter provisions, and possibly some of his parishioners might lend a hand in emergency, if your husband won't cooperate. With the family relations consultations under way, ask your counsellor to help you plan, with the proper authorities, a suitable schedule of continued schooling (home study or night classes), to improve your reading, writing, spelling and speaking facility. Later, take a job - aptitude test - to further guide your adult-education program, looking ahead to years when the children are in school and you may find part-time salaried work to keep you alert. This positive pitch, overall, is the answer in depth to your present dismay. (P.S.: You have a wonderful friend in your mother-in-law.) M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

A-SUB WITHDRAWN LONDON (AP)-Britain has withdrawn its first atomic submarine from service because of dangerous metal failures. Royal Navy authorities said Wednesday. The program for four Polaris submarines, planned to carry atomic missiles, is likely to be delayed, the sources said. The submarine withdrawn from service is the 3,000-ton Dreadnought, a hunter-killer carrying conventional torpedoes.



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