

### How Can I...!

By Anne Ashley

**Q.** How can I make a cement for pipe joints?

**A.** A cement for steam and water pipe joints can be made by mixing 10 lbs. of yellow ochre, 4 lbs. ground litharge, 4 lbs. whiting, 1/2 lb. of hemp, cut up fine. Mix together with lincsed oil to about the consistency of putty.

**Q.** How can I prevent a rug from slipping?

**A.** A remedy suggested for a slipping rug is to take three preserving jar rubbers, sew them together, and attach to the underside corner of the rug. Of course, this must be done to each corner.

**Q.** How can I pull apart postage stamps that have become stuck together?

**A.** Lay a thin paper over the stamps and run a hot iron over the paper. This will free them readily and the mullage on the stamps will not be hurt.

### Better English

By G. C. Williams

1. What is wrong with this sentence? "It looks like it will snow before too very long."

2. What is the correct pronunciation of "nonpareil"?

3. Which one of these words is misspelled? Contestable, divisable, inscrutable, conceivable.

4. What does the word "impediment" mean?

5. What is a word beginning with vo that means "exercise of the will"?

**ANSWERS**

1. Say, "It looks as if (or, as though) it will snow before long."

2. Pronounce non-pa-rel, o as in on, a as in ah unstressed, e as in bell, principal accent on last syllable. 3. Divisible. 4. Obstruction; hindrance. "Let us not be discouraged by such impediments." 5. Volition.

pushing their way through a boisterous crowd. He also precedes her when alighting from a vehicle so that he can better assist her in alighting.

**Q.** I am always uncertain about the lettuce on which a salad is served. Is it really proper to eat this?

**A.** It is quite all right to eat this. The lettuce is as much a part of the salad as any other of the ingredients.

### Modern Etiquette

By Roberta Lee

**Q.** Are there any special occasions when a man precedes the woman whom he is accompanying?

**A.** Yes—when the way is uncertain or dangerous, such as when

### That Body Of Yours

By James W. Barton, M.D.

#### HEMORRHOIDS (PILES); INJECTION OR SURGICAL OPERATION

When it was found that by injecting a hardening solution into varicose veins, these veins would become hardened, allow no blood to flow through them and gradually waste away, it was only natural that as hemorrhoids (piles) are simply varicose veins, surgeons would try injecting for hemorrhoids instead of removing them by surgery.

At first brilliant results were reported by the use of the injection treatment, but, unfortunately, many cases returned in a short time and had to have the hemorrhoids removed by operation.

It was then found that certain cases could be injected and satisfactory results obtained if the hemorrhoids were high up in the rectum and did not come out of the bowel and have to be placed back up into the bowel with more or less difficulty. If they were low down and came out, surgical removal was the only method of removing them successfully.

In Southern Medical Journal, Birmingham, Alabama. Drs. J. H. and M. H. Dodson report the results they obtained by injection treatment in 697 cases of hemorrhoids. Of the 697 patients 443 (63.3 per cent) had a return of the hemorrhoids within five years. Of the 254 patients classified as having mild, or first degree, internal hemorrhoids (bleeding only), 76 (38 per cent) required retreatment, 62 had hemorrhoids removed by surgery, and 14 were re-injected.

Of the 175 patients with second degree hemorrhoids, bleeding and protrusion (hemorrhoids coming out of the bowel needing to be pushed back in again), exactly half required re-treatment. Of the 229 patients with third degree hemorrhoids, 149 (65 per cent) required retreatment, 63 had re-treatment by injection, and 35, whose symptoms returned, refused further treatment, but patients were told that surgical removal was necessary for a cure.

The ability of the injection method of treatment to cure hemorrhoids depends on the degree of prolapse of the hemorrhoids. Best results of injection treatment are obtained in uncomplicated first degree internal hemorrhoids. Second degree hemorrhoids are "sometimes" satisfactorily treated by injections, but in third and fourth degree cases only temporary, and usually incomplete, results can be expected.

The thought then is that when hemorrhoids are present, the earlier they are classified and treated the better are the results obtained.

Thousands of suitable cases have been successfully injected which means no hospital costs, no loss of time from work.

the new brush is placed in cold water and allowed to stand for twenty-four hours before using.

#### Return Postage

The best way to send a stamp for return postage is to attach it by a small spot in the center, leaving the glue around the edges untouched.

#### Broke

He: "Remember, darling? Last night you said there was something about me you could love?"  
She: "Yes, but you spent it all!"

### ELLEN'S DIARY

By an Island Farmer's Wife

We had—and much enjoyed, a touch of winter at week end. Only flurries of snow but in a sufficient quantity to lend a subtle white artistry to the fall-like surroundings and we fancy to encourage that perennial and inexplicable longing for snow-spread Christmases ahead.

... We recall that when we came to the outdoors last evening after attending service in the Old Kirk at the corner it was to look upon a Christmasy scene.

Similar in subject content to those artists seek to transfer to the cards of season, which even now bear loving greetings hither and yon along the length and breadth of the land. Leaving the peace, the light and warmth of the sanctuary behind, we glimpsed the powdered white of the car-tops where tiny drifts from a recent but passing flurry still rested.

It was fine now and lit engagingly by a growing moon which smiled benignly, with solemn inclination from the velvet of the night's deep blue. Stars too, kept stately vigil above the world about; the church still sending out her glow of light from the low and doomy, the spire above reminding of "things to come" and "everlasting" ways. Kept watch too, above that spot of Kirk-yard where flakes had outlined gently an earth-moulded grave.

Beyond and all about was spread the enchantment of a Sabbath night. One felt the exquisite hush and serenity of the moment—the benediction of the heavens which gave yet hallowed hours to folks, before they should enter again the somewhat mad race for earthly sustenance and gain. "Isn't it a pretty night?" Jeanie offered as we made our way to Rob's small truck of farm. "It's like a Christmas card," she continued, "lights glowing from the Church, the air crisp, and sparkling touches of snow. And the stars—how they glisten! Makes one fancy there are shepherds and flocks away over against that far hill."

Continuing crisp was today's weather, and cool, to concentrate efforts on clearing decks, in response to the recent reminder of season... for the farmers to replace a broken pane in a stable window; to strengthen worn fasteners on doors and be extremely busy all day about. We saw James work industriously nailing a few shingles on a rent of building-wall, as he said "to keep winter out."

The children—Jamie almost well again but still indoors as a precaution against a possible relapse of the misery, and Gage, his active and mostly happy companion—heard of it with obvious disfavor. "That" the latter explained, "was a cat-door. How do you expect cats to get in or out now?" He put the question fearlessly. "Cats be —!" "Whist, James!" we admonished. "Hanged!" he finished rather loudly, adding, "Do you want your stock to freeze?"

This was our day, busy as ever was Monday, with bread to mix and a wash to spread; with meals to get and floors to sweep... and smiles... and odd tears... and many a kindness.

Until tomorrow... Diary... Good-night.....

### CUTICURA HELPS BAD COMPLEXION

Pimples, rash, blackheads promptly relieved with fragrant, mild Cuticura. Get Cuticura today at drugist or 10¢ store. Watch for results!

### Morning Smile

Ego  
"All extremely bright men are conceited."  
He shrugged gracefully. "Oh, I don't know; I'm not."

Earned It  
"Johnny, who on earth gave you that black eye?"  
"Nobody gave it to me, Mom; I really had to fight for it."

Please  
Making her first flight, the old lady stopped the steward as he passed her seat. "Will you give a message to the pilot, please?" she asked.  
"Certainly, madam."  
"Well, then, please ask him not to go faster than sound, because we want to talk on the journey."

Explained  
The meaning of the word "collision" was being explained by the teacher of the class of small boys and girls.  
"A collision," she said, "is when two things come together unexpectedly."  
Immediately a small boy jumped up and said: "Please, teacher we've had a collision at our house."  
"Whatever do you mean?"  
"Well, mother's just had twins."

Inconsistent  
"Women certainly haven't any consistency."  
"What's the matter now?"  
"My wife chased me out of the house with a broom this morning, then cried because I left home without kissing her good-bye."

### The Stars Say

By Genevieve Kemble

#### For Tomorrow

"MIXED" influences prevail on this day, according to astrological terminology. Under a challenging and intriguing set of circumstances it would be easy to blunder into error, with strange involvements. And while the energies and initiative are quickened early in the day, as time goes on it may be profitable to use tact and diplomacy rather than to force situations. Let time and deep consideration shape the course. Private influence or social contacts may assist.

#### For the Birthday

Those whose birthday it is may prepare for a particularly lively and eventful year, with much of a surprising and peculiar nature calling for astute, shrewd and keen insight into peculiar or unusual situations. Unique or sinister developments may challenge and perhaps baffle. While the mentality is clear in judgment, the emotions may come up to involve and perplex. Extraordinary factors may complicate or mystify, and in this the tendency may be to make decisions by strange inner leads or

### Cook's Corner

BEEF STEW

Yield—5 servings.  
1 1/2 pounds lean stewing beef  
5 medium-sized potatoes  
5 medium-sized onions  
Salt and pepper  
1 can (28 ounces) tomatoes  
1 teaspoon brown sugar  
1 cup boiling water  
3 tablespoons flour  
Cold water  
Wipe the beef with a damp cloth and cut into about 1-inch pieces.  
Peel the potatoes and cut into 1/2-inch cubes.  
Peel and slice the onions.  
Combine the beef, potatoes and onions in a large saucepan; sprinkle with salt and pepper.  
Add the tomatoes, brown sugar and boiling water; combine well.  
Cover closely and bring to the boil; lower heat and simmer until meat is tender—about 2 1/2 hours.  
Measure the flour into a small bowl and smoothly blend in sufficient cold water to make a thin paste; stir into gravy and cook, stirring constantly, until smoothly thickened.

Intuitions rather than sound logic be alert to the queer, quixotic. A child born on this day, while having fine mentality, is likely to make its decisions on intuition or strange inner promptings.

### DOROTHY DIX'S COLUMN

#### Serviceman's Wife

#### Hastily Married, Now Wants Quick Way Out

DEAR MISS DIX: I am 22 years old. Fifteen months ago, I met and married a soldier whom I had known but two months. Immediately following our marriage he was shipped overseas, and has been gone since. At the time, we were quite sure of our love but, with the passing months, I find the state of my affections very uncertain.



Muriel Nisene

For Jim's sake I was willing to await his return and talk over the situation, but yesterday I received a letter saying his service overseas has been extended nine months.

During his absence, I have been working as a stenographer. One of the men in the office has become interested in me—and I in him. Each day I find it more difficult to turn down his requests for dates. I feel that were I still single, I would prefer Bob to my husband, but I do not wish to hurt Jim. Would it be wise, in your estimation, to date Bob as a friend, and not tell my husband about it?

H. P.  
ANSWER: You have managed to crowd into fifteen months just about all possible mistakes of marriage to servicemen, and I earnestly hope your plight may be a warning to other girls contemplating similar marriages.

Your premarital acquaintance with Jim certainly was not long

Continued on page 11

### Anne Adams Patterns

#### WEEK'S SEW-THRIFTY!

One yard basic! Fashion-new hip draped style! BOTH in one pattern! Open your closet, see all the mix-match possibilities that double your wardrobe! For the basic skirt, you need one yard 54-inch fabric in Misses' Waist Sizes 24, 25, 26, 28, 30 inches! Little more for hip-draped version! Both are easy to make, take fashion's say-sew, send for Pattern 4814!

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.



Only One Yard 54"

4814 WAIST 24"-30"

#### Household Scrapbook

By Roberta Lee

#### Tough Meats

It is always a great disappointment when one finds she has purchased a tough piece of meat. In this case, rub some baking soda into it and allow to stand for a few hours. Then wash it and cook. A mixture of vinegar and olive oil into both sides of a tough steak will make it tender. The steak should stand for two hours.

#### The Tooth Brush

The bristles of the tooth brush can be prevented from loosening if



by Anne Adams

## You Can Bake the "Best" Lemon Pie!

The flavor is entirely pure fruit from real lemons



With Jell-O Lemon Pie Filling, you get such velvet-smooth, luxurious "real-lemon-pie" results. So easy and quick to make wonderful, old-fashioned lemon pies that are never runny, never too thick, always exactly right!

Jell-O Lemon Pie Filling has glorious honest-to-goodness lemon tang. Made in minutes using only a spoon, a cup, a saucepan. Not a lemon jelly.

Discover the quicker, easier, better way to lemon pie. Get Jell-O Lemon Pie Filling today from your grocer.

Jell-O is a registered trademark, owned in Canada by General Foods, Limited.



MAKES TEMPTING FILLING FOR TARTS, CAKES, JELLY ROLLS DELICIOUS, TOO, AS PLAIN PUDDING

Lavish... lovely lighthearted nylon!

Sleep, pretty lady, in the most beautiful gown of them all, fashion-styled by Harvey-Woods. The deep-throated bodice is lavished with fluting and lace; the full, tucked skirt falls from a smoothly elasticised waist. Every stitch is purest nylon. The fairy tale splendour of this gown will last and last for it is cut to fit you perfectly, and sewn so well, you'll wear it and love it for years. About \$15.00.



Ask to see Harvey-Woods so very sheer nylons in the new "Keynote" shades for Fall. They're high gauge, low denier.

equidite all-nylon lace!

YORK KNITTING

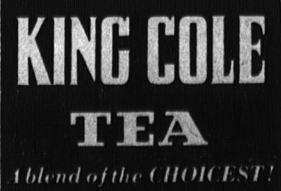


MILLS LIMITED

Harvey-Woods Hosiery and Lingerie sold by  
**S. A. McDONALD**

SUNTER'S LADIES' WEAR

162 GREAT GEORGE ST. PHONE 2746



blend of the CHOICEST!

We Carry A Complete Line of Harvey-Woods Clothing  
**MOORE & McLEOD** *limited*