

WOMEN

Page 8 The Guardian Thursday, Aug. 12, 1954

Exchange Vows at Seven Mile Bay



Mr. and Mrs. Emmett Adam are seen following their recent wedding at Seven Mile Bay. The bride is the former Ruth Murray, daughter of Mr. and Mrs. James Murray of Augustine Cove, P. E. I. The groom is a native of Lunenburg, N.S. (Photo by D. W. Sears.)

Household Scrapbook

Baby's Muscles
Baby's muscles can be strengthened by massaging the back and legs thoroughly every night with alcohol. Rub from the feet upwards to the hips. Roll the muscles gently to bring the circulation through the muscles. Rub from the neck down the back to the hips.

Ironing Board
When placing a new cover on the ironing board, wet the cloth and then tack it to the board. The cloth will then stick as it dries and will be nice and smooth.

Crocheted Basket
A crocheted basket can be stiffened by using diluted gum arabic.

INDEPENDENT STATE
The republic of Chile declared its independence of Spain in 1810.

Better English

By D. C. Williams

1. What is wrong with this sentence? "Mix together one cup of milk and two eggs."
2. What is the correct pronunciation of "swathe" (to envelop)?
3. Which one of these words is misspelled? Excellence, excell, felon, exorbitant.
4. What does the word "chicanery" mean?
5. What is a word beginning with "p" that means "relating to rural life and scenes"?

ANSWERS

1. Omit "together," which is redundant. 2. Pronounce the "a" as in way, not as in ah. 3. Excel. 4. Trickery; sharp practice. "The lawyer's chicanery was detected." 5. Pastoral.

ALASKAN CAPE
Cape Barrow is the most northerly point of Alaska.

Call Criticism Of Princess' Styles Unfair

TORONTO, (CP)—Grumbles of "unfair" were heard in Toronto Tuesday over the London Sunday Pictorial's criticism of Princess Alexandra's wardrobe which it branded as "old maidish."

Hiram McCallum, Canadian National Exhibition general manager who will be host to the princess and her mother, the Duchess of Kent, when they visit the CNE late this month, said the report was "most unfair."

"We'll be happy to see the princess in anything she wears," he said. "I think she looks swell and there have been some lovely pictures printed of her lately."

The Sunday Pictorial advised Princess Alexandra to get rid of her "old maidish" wardrobe before leaving for America. Under the headline "no way to dress a princess," it complained that the princess is appearing in outfits "that make her look twice her age."

The paper said her skirts are too long for a tall teen-ager and her beltless styles emphasize "the coltish figure faults of a 17-year-old stiletto to hide."

Cay Moore, hostess at the Royal York hotel where a whole floor has been reserved for the royal party, said: "It's just plain bad taste criticizing the princess in such a fashion."

A member of a department store fashion bureau who saw Princess Alexandra at Buckingham Palace recently reported she "looked very nice, rather nonsensical dressed, but in good taste and certainly appropriately for the occasion."

The Stars Say

By Estrellita

For Tomorrow

DO not let any circumstance force you into hasty action tomorrow. Take time to make decisions and rely on your own judgment primarily. Where untried ventures are concerned, it would be best to postpone action for the time being. Avoid participating in quarrels which concern others—especially arguments between married couples.

The influences during the evening hours could cause some emotional tension but, paradoxically, they are favorable for development along spiritual or altruistic lines.

For the Birthday

If tomorrow is your birthday, your horoscope indicates that for the balance of the year it would be advisable to stick to established routines since the aspects do not particularly favor new enterprises. If occupational chores seem monotonous, try to exercise your skills and talents a little better than you have in the past and you may find your work more rewarding from a remunerative standpoint.

The fall months will be excellent for creative endeavors and, if you get an opportunity to help a friend or business associate out of a difficult situation during this period, do so, since the favor will be returned a thousandfold. Try, also, to cultivate some new acquaintances.

A child born on this day will be enthusiastic, luxury-loving and endowed with the qualities of leadership.

FORMER CITY
Brooklyn, a borough of New York since 1898, was formerly a city by itself.

Gibson-Murray Wedding Solemnized



Photographed with their attendants following their wedding July 9 at Bedeque United Church are Mr. and Mrs. Douglas Gibson. Left to right are Mr. David Murray, best man, brother of the bride; the bridal couple; and Miss Dorothy Kelly, bridesmaid. The bride is the former Una Murray, daughter of Mr. and Mrs. Hugh Murray, Bedeque, while the groom is the son of Mr. and Mrs. Stewart Gibson, Winchester, Ont. (Photo by Edwin Heckbert Studio)

Carries Off Ten Prizes At Exhibition

"I've done hand work all my life and I love it!" said Mrs. Norman Nicholson, Charlottetown, largest exhibitor in the women's section of the Exhibition. Mrs. Nicholson won 10 out of 12 prizes, in sewing, knitting and smocking classes this week, carrying off five first prizes, two seconds and three thirds.

"I do hand work all winter, but never touch any of it during the summer months," she said. "I do much of it for my wee granddaughter, as well as make all my Christmas gifts."

She is especially fond of sewing and spends most of her time at this. The only other fair which she has ever competed at, is the Dundas Fair.

How Can I?

By Anne Ashley

Q. How can I easily paint screens?
A. Instead of using a paint brush to paint the screens, try covering a small block of wood with an old piece of carpet, tacking it securely to the edges of the block, jipping this into the paint and rubbing over the mesh.

Q. How can I keep milk sweet without placing it in the refrigerator?
A. If the bottle of milk is wrapped in a thick wet towel and then placed in a current of air, the milk will keep sweet and cool.

Q. How can I get rid of ants?
A. Sprinkle oil of pennyroyal in the places infested by them.

Contract Bridge

By Josephine Culbertson

THE MISER

Helped by a lucky lead, South could have had easy success in the deal below, but he was a little too miserly with the ace of trumps.

South dealer.
East-West vulnere

♠ A 6 4	♥ Q 10 5 3	♦ K J 7 6 4	♣ 3
♠ 8 7 6 4 2	♥ N	♦ A K	♣ 7 6 4
♠ Q 9 8	♥ W	♦ A 10	♣ 5 3
♠ 5 3	♥ E	♦ 7 6 4	♣ 2
♠ K 10	♥ S	♦ A J 9 8 5 2	♣ 2

1. bidding:
South West North East
3♣ Pass 4♣ East
Pass Pass Pass Dbles.

Few experts in West's position, with that freakish distribution, would take kindly to the idea of accepting East's four-spade double. They would reason, correctly of course, that East could not have great strength in spades, and so they would be very apt to "take a shot" at five hearts or five diamonds. West, however, as he said later, couldn't decide which red suit to bid, so he bid neither.

A heart lead by West would have given South trouble, but West actually decided to open the king of clubs—for which he could scarcely be blamed. South took the trick and promptly ruffed a club in dummy, then ruffed a heart and led another club. When West's club queen appeared, it was evident that East was going to follow suit, so, not the sort of person to "waste an honor when a low card would do just as well," South ruffed with dummy's second low trump. He won the trick, all right, but when he next cashed the trump ace, the news that East had all the missing trumps was quite a blow. South had to squander another trump to enter his hand from dummy, and this put him on the same trump-level with East. The upshot was that South lost four tricks and the doubled contract.

The result would have been very different if declarer had logically ruffed the third round of clubs (when he saw West's queen fall) with the spade ace. Now, with five trumps left in the closed hand, he could lead the spade six and in that way knock out East's king without being fatally shortened in trumps. Instead of going down one, South would have made an over-trick, losing only one spade and one diamond.

Modern Etiquette

By Roberta Lee

Q. Is it proper, when a bride has a great many gifts to display, to leave the cards of the donors attached to the gifts?
A. This is quite all right, and practical, too—since it saves members of the family from constantly repeating the name of this or that donor to the guests who are viewing the gifts.

Q. When a woman drops some article and a stranger picks it up for her, what should she say?
A. A pleasant "thank you," accompanied by a smile, is sufficient.

Q. What color stationery do you suggest for a man?
A. Only white.

That Body of Yours

By James W. Barton, M. D.

EARLY RISING AFTER OPERATION

Until recently when a patient had undergone a major surgical operation, he remained quietly in bed for a certain period of time to allow the wound to heal. It was felt that if the patient were allowed up and about too soon the wound would break open and a further operation to close it would be necessary. This skepticism of the advisability of early rising was especially prevalent about operations on the brain or on the spinal column such as the removal of protruded intervertebral discs and tumors.

However, it was gradually found that patients who were allowed up early after general operations had their wounds heal in about half the time. In fact, it was so successful that it has been universally adopted in general surgery (but this was not so in neurosurgery operations on brain and spinal column) and it took a war to stir the neurosurgeon from his old practice of confining his patients to long periods in bed after an operation.

We read in an editorial in the magazine Postgraduate Medicine that, "It was the necessity of handling patients during the blitz of London that awakened us to the fact that patients sustaining head injuries had a much less stormy convalescence if they were up and about as soon as they were physically able. Observations made on patients with war injuries have revolutionized our thinking."

"The City of London used its hospitals as clearing stations. Patients brought to the hospital at night were sent to outlying hospitals the following day. The number of patients who were brought in because of fractured skulls, penetrating wounds of the head and concussion was so great that there were insufficient ambulances to transport them outside the city limits. Any patient who could stand and walk was called on to get himself to the ambulance or motor vehicle under his own power. Many of these had sustained a head injury, either penetrating or closed."

As time went on, the "walking wounded" helped assist the more seriously injured patients and carried stretchers. After the outlying patients had been reached, they again assisted in moving the stretcher patients into the wards and, much to the surprise of everyone, felt so well that they refused to go to bed, remained up helping with trays and bedpans, and felt no after effects. In fact, they did much better than the patients with head injuries who had been treated in the old manner by being kept flat in bed for three weeks.

ELLEN'S DIARY

by an Island Farmer's Wife

"This is..." James began soberly, washing up at the pantry-sink this morning. "Not the best of hay-weather!" we offered.

"I never in all my born days saw the like of it," he nodded, "so much rain and dampness. It's commencing to get serious for the farmers."

"And it's all an account of your wishing so much for showers back there when things were drying up," Gage said with a little laugh over the make-believe of it and speaking more to the wee gray kit-cat he fondly cradled in his arms there in the kitchen armchair, than to us.

He was "respectably" seated at the time. Active and supple, when we are alone he often lapses into more fancied boyish poses among which feet up and head down is a favorite of his. "Did you ever turn a somersault backwards?" he questioned us this evening. "You do it this way," he said, sulking action to words on the green of the lawn, and coming up smiling. "You just should try it. It looks hard, but there's really nothing to it... nothing at all!"

"No, I never saw a hay-making so catchy," James said, combing his hair, the brown of once, generously sprinkled with silver. At the time the family was gathering in to breakfast, he and the little lad being first-comes of the four. It was a morning of little promise. The light mists and damp of the night still lingered in our valley giving no sign then of the pleasant sunshine which was to highlight the afternoon shadows. He smiled "My patience, Ellen," he offered "is growing pretty thin, in spots!"

But while they cultivated better this virtue as regarded the haying, the weather gave these farmers an opportunity to attend to other interests of the farm—to visit the pasturing young-stock and from them, make selections to add in

time to the dairy herd of this place; to be surprised and in odd cases disappointed at the various gains made in those destined for the winter fattening. There were excursions to the grain—and root-lands and always within sight to add to their concern were those "fair-good" pieces of clover and timothy commencing now to beg for the knives of the mowers.

There was grist to a mill and logs to a far one. And Rob and the boys, much interested in the endeavour, marked the exact line for the proposed extension to the old (moved) barn which is to be piggy in part; and went on to dig away earth and later install the forms to make the foundations of concrete.

And in spells of sunshine, waves of August shadow rippled lightly over the fields, pointing out the emerald green of after-mathed meadows, and the silken brown come now to old pastures... pointing too, the orange shaded rows of strawberries and those autumn-come of the wayside flowers.

"No stars tonight, Ellen," James says, from the room across the hall. "What will we do with this weather!"

What can we do, but leave it and every care to Heaven, and come now to our rest?

Until tomorrow — — — — — Diary
— — — — — Good-night

Morning Smile

Husband and wife were having words. At last the husband snapped: "You've never done anything without boasting about it."

"Oh, yes, I have," replied the wife.

"And what?" sneered the husband.

"I married you," came the acid reply.



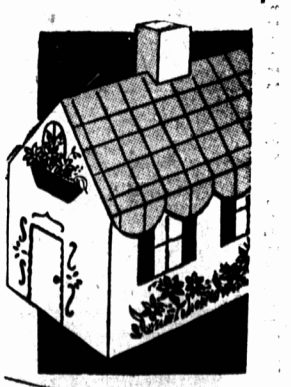
Sausage Patties
1 lb. pork sausage, skinless, or bulk sausage meat
1 large onion
1 tin tomato soup
Form sausage meat into flat patties. Place two together, shortcake fashion, with slice of onion between them. Place in casserole, cover with undiluted tomato soup. Bake in moderate oven for 45 minutes.
Homemakers will find this dish, combining tomato soup with sausage, has a very different and delightful flavor.

—Mrs. Frank L. Ross, Parkdale W. I.



Alice Brooks Designs

TOASTER COVER!
Cover your toaster with this easy-to-make "house." Keep it free from soil! Sew scraps over a cardboard foundation. Applique shutters, embroidery flowers!
Pattern 7165: "House" toaster cover. Contains pattern pieces, transfers, instructions.
Send twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.
BRIMFUL OF IDEAS — the 1954 Alice Brooks Needlecraft Catalog. It has the most popular embroidery, crochet, sewing, color-transfer designs to send for. Plus 4 patterns printed in book. Send 25 cents for your copy. Ideas for gifts, bazaars, fashions.



Harvard Carrots

Eight medium carrots, 1/2 tsp. salt, 1/2 cup boiling water, 1 tsp. cornstarch, 2 lbs. vinegar, 2 tsp. sugar, 2 tsp. grated orange rind, 1 lb. butter.
Slice or dice carrots. Add to salted boiling water, cover closely and cook, 15 minutes. Blend cornstarch with vinegar, sugar and orange rind. Add slowly to carrots. Stir constantly until liquid is thickened, add butter and stir well. Yields six servings.



ONION TEST PROVES ARRID BEST!

New Vanishing Cream Deodorant With Chlorophyll! RUB IT IN — RUB ODOR AND PERSPIRATION OUT!
If you want dramatic proof that Arrid gives you more complete protection against under-perspiration and odor than any other leading deodorant, try this simple test: Rub a slice of onion on your hand. Then rub in Arrid with Chlorophyll. When the green color vanishes the onion odor's gone. And that's exactly what will happen to perspiration odor and perspiration, too! Get soft, creamy Arrid with Chlorophyll today.



FAIR WEEK SPECIALS

FRESH ROASTING PORK 43c
LOIN CHOPS 57c
MACHINE SLICED BACON 65c
VISKING BUTTS BONELESS HAM 55c

ICING SUGAR, 2 for	25c	100 Ft. Roll WAX PAPER	29c
WHITE SUGAR, 10 lbs.	83c	JELLO, 3 for	29c
New Pack LOBSTER, tin	75c	INSTANT PUDDINGS, 2 for	29c
Fraser's CHICKEN	53c	CHEEZ WHIZ, 1-2's	37c
Miracle Whip SALAD DRESSING, 8 oz.	29c	VELVEETA CHEESE, 1-2's	35c
Marshmallow COOKIES, 2 lbs.	69c	CHRISTIE'S SODAS	32c
		Purex Toilet Tissue	
		1 Doz. Rolls and 1 FREE	\$1.50

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AJ. ZAKEM'S

THE BEST SHOP TO SHOP BEST

DOROTHY DIX

Surprise Him With A "No"

DEAR MISS DIX: For the past two years I have been dating a man whom I love very much. I'm 21, he's 35. He disturbs me by getting angry over the silliest things and I'm beginning to wonder if I ever could be happy with him.

He objects if I go out with girls from my office—even when it's to a shower for one of them. I seldom go anywhere unless he takes me, although we aren't even officially engaged. He speaks of marriage, but only, it seems, when he's afraid of losing me. I am doing everything possible so we can be married; I left my church for him, and I have just about given up my sister, because he doesn't like me to visit her. Would breaking off be the solution?

Sue G.

BICKERING DURING COURTSHIP

ANSWER: The days of courting and betrothal should be very happy ones. When they are filled with bickering, serious and small quarrels, the signs are certainly against a happy marriage. The difference in age is a strong factor against your happiness. Up to this point of your friendship, you have given in on every single question—even on the very serious ones of religion and family ties.

The pattern has been set, and will continue with intensity through marriage. Can you face a long future of constant concession? Of getting no consideration whatever on any point? I doubt if the picture has any appeal to an intelligent, attractive girl of 21. Doubts have already crept into your mind over the advisability of continuing your relationship with the man—who hasn't even given you the security of a marriage proposal. You would be much, much happier to make a definite break with him, to return to your church and to get back on good terms with your family.

DEAR MISS DIX: I have known Stanley for quite a while and like him very much. A few weeks ago he gave me a friendship ring. It's not an expensive one, but very pretty and I had much pleasure in wearing it. That is, I did until my friends began making sarcastic remarks about it. Now I wear it on a chain around my neck.

ANSWER: Disregard the unkind remarks of your friends—or so-called friends—and wear the ring as you wish. This kind of pettiness smacks too much of jealousy to be worth consideration.

SPECIAL Perfection ICE CREAM
ORANGE PINEAPPLE