

WOMEN'S REALM—SOCIAL and PERSONAL—FASHIONS—LITERATURE

Housewife The And Her Activities

What we call Luck is simply Pluck. And doing things over and over; Courage and will, perseverance and skill are the first leaves of Luck's clover.

Ten thousand tons of paper are collected from the waste baskets of the government departments of England, annually.

Be ready to repair bare spots and blemishes in the lawn at the first opportunity. Good lawn seed is always cheapest in the long run. You will also need a supply of complete plant food.

Don't brush the rolls with water after they are taken from the oven, as this makes the crust tough. Brush them with water or butter before putting into the oven.

You can please almost everyone with flattery.

An electronic microscope has been invented which, without lenses, magnifies up to 20,000 times and gives 35 times the resolving power of the best conventional lens-type microscope. If this principle were applied to a telescope, it would have a power equivalent to that of one with a 2,000 inch diameter reflecting mirror.

The Salvation Army has approximately 35,000 officers and employees, operates in 90 different countries, and speaks 74 different languages.

In the England of two centuries ago, frequently bare of iron were sold by peddlars, traveling the countryside with their wares in bags.

At least three-fourths of the population here has fever or some other allergic disease to a greater or less degree, says a doctor who surveyed 1,000 families.

Use Paraffin By dipping almost any kind of bright wood in melted paraffin and then putting away in a cool place until needed, they may be preserved for decoration. If they are treated in this manner, they will retain their brightness and shape for months.

Rubber Sponge A rubber sponge is excellent for cleaning the porcelain in the bathroom. It retains the scouring powder and produces a splendid friction. It is easily rinsed out for the next using and does not retain odors, as it washes out nicely.

Care of Teeth Try using salt occasionally on the tooth brush. Instead of the usual toothpaste, it invigorates the gums, and if used with cold water, is an excellent mouth wash or gargle.

How Can I ??? (By ANNE ASHLEY)

Q. How can I prevent moths in my rug? A. If the rugs are swept occasionally with a broom dipped in water to which a little turpentine has been added, they will not only keep bright and clean, but moths will not infest them.

Q. How can I easily remove the odor of fish or onions from the frying pan? A. By pouring a little vinegar into the pan, heating it to the boiling point, then washing it.

Q. How can I quickly relieve the pain of a burn? A. Try applying the white of an egg to the wound.

Snappy Fashions For Home Use



Two smart, essential patterns in one. A practical, well cut princess apron to slip on over your clean frock when you go into the kitchen and a pinafore tennis dress. Tied in the back with a neck bow and decorated with embroidered pockets, a printed cotton apron makes a welcome gift or addition to your own wardrobe. As a sunback frock the simple dignity makes it wearable everywhere. Startling white pique or rayon shawlskin with print halter strap and pockets, will be the certain success of your season. So make your swirling skirted dressy now, then begin the apron for pick up work on lazy afternoons. Style No. 2539 is designed for sizes 12, 14, 16, 20 and 24. Size 16 requires 3 1/2 yds of 36-inch material for the dress and 3-4 yard of contrasting for straps and pockets.

Send fifteen cents in stamps (15c) or coin (coin preferred) wrap coin material, address to Charlottetown, P.E.I., Canada, No. 2539, Style No. 2539

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2539 BZES 12-40 2539 BZES 12-40 2539 BZES 12-40

NUFEET MEDICATED INSOLES

THE COOK'S CORNER

GRAHAM REFRIGERATOR ROLLS

1 cup scalded milk 1/2 cup sugar 2 tablespoons shortening 2 tablespoons salt 1/4 cup compressed yeast 1/4 cup lukewarm water 1 egg 2 1/2 cups sifted bread flour 1 cup graham or whole wheat flour Pour scalded milk over sugar, shortening and salt in a large mixing bowl. Cool until lukewarm. Dissolve compressed yeast in the lukewarm water (1/4 cup). Then add to cooled milk mixture. Add well beaten egg. Add 1/2 cups flour and roll until mixture is smooth. Add remaining flour and mix well. Put in greased bowl. Cover tightly and put in refrigerator over night. When needed roll out and shape into rolls and place in greased individual muffin tins of one large pan and allow to rise double in bulk. Then bake in 350 degree oven for 25 to 35 minutes.

If old carrots are soaked in cold water for an hour they may be scraped instead of peeling and more food value is thus retained.

FRUIT SALAD ASPIC

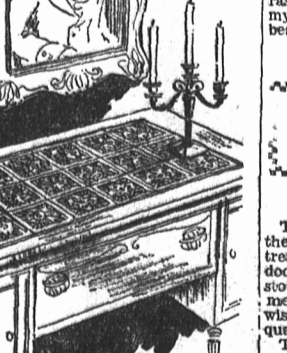
(Base for fruit or fruit and vegetable salads.) 1 package lemon jelly powder 1 cup warm water 1 cup fruit juice and cold water 1 tablespoon vinegar 1/2 teaspoon salt (if vegetables are used) Dissolve jelly powder in warm water. Add fruit juice, vinegar and salt. Chill. When slightly thickened, fold in desired fruit, or fruit and vegetables. Turn into mold. Chill until firm. Unmold on crisp lettuce. Garnish with mayonnaise. Serves six. Use 1 to 2 cups combination of fruits such as: Apples, oranges, dates and nuts, Bananas, white grapes and oranges, Grapefruit, oranges and pineapple. Use 1 to 2 cups combination of fruits and vegetables such as: Pineapple and cucumber, Pear and cucumber, Pineapple, raw carrot and pecan nuts, Apple, celery and walnut meats.

When a cupboard is on an outside wall, it is very often damp. This can be remedied quite effectively in this way. Give the outside bricks one or two sunny days to dry, then apply three coats of water and cement. This will effectively seal them and so keep out the damp.

BABY GOT DIARRHOEA? REMOVE THE CAUSE

It saps your baby's strength. Lowers his resistance to disease. Leaves him a prey to sickness. Regulate the bowels and banish it immediately. Read the experience of Mrs. Edith Steward, of Brown's Line P.O., Ont.: "I have nine children, have had one serious illness among them, and one this to Baby's Own Tablets for diarrhoea they are invaluable. They cleared up the cause. Promptly effective, also in cases of simple fever, cold, colic, upset stomach, constipation, simple cough, indigestion and teething troubles. Free of stupefying drugs and opiates. Easy to take as candy. Safe and harmless. Analyst's report in every box. Get a package today. Sickness no longer strikes in the night. 15 cents. Money back if you are not satisfied."

CROCHETED BUFFET CLOTH



At this season of the year buffet meals are popular, and numerous cloths to match the various services are necessary. This one is made from smart medallions and joined in a neat over and over stitch. It is a simple design of the spider web pattern. Pattern No. 283 contains large illustration of the cloth, complete instructions, materials needed and illustration of stitches. To order this design write your name, address and No. 283 plainly on any piece of paper and send with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, P.E.I., Canada. To Charlottetown Guardian Design No. 283 Name \_\_\_\_\_ Address \_\_\_\_\_

For The Little Folks

Raspberries And Sunsets (Edith Fisher)

I never look at a sunset today without smiling the delicious perfume of new plucked raspberries and I can even taste their delicate flavor. This delightful feast goes back to nearly thirty years ago. I must have been four or five years of age. My appetite was very poor and my mother was always thinking of new food that would tempt me. Needless to say that Wood Liver Oil played its part but my appetite seemed to last forever. One day Papa brought home a jar of Raspberry Jam. I can see the cream pot now and I watched with curiosity as the new paper was pulled off and the thin red compote sent forth an aroma that to this day fills my nostrils with delight. I sat at the table and the broad window-sill Buddha like fashion. I may as well tell the truth. I was a bow-legged little youngster and for those years, my mother was always with my feet huddled under me. I attribute my present short stature to this careless posture. I might say, however, my day fifty per cent of the Scotch children were bow-legged. Mothers were very anxious to compete with their neighbors as to who had the tallest and we were placed on our feet a too tender age. However I am glad to say that I have quite outgrown this posture.

But to go back to the bread soaked with raspberry jam. A big slice was placed on the window sill near me and then Papa and Mother quietly sat down to eat. I was so hungry that I let me to my feet and went to get for them to go behind closed doors at certain intervals and discuss important problems pertaining to business and language. However, the children were never allowed to participate in this discussion. In fact it was indiscreet to listen. Children in those years, was customarily if Papa had something to say to Mother at dinner that we must not hear, the discussion was carried on in the kitchen. However, we were quick to grasp the meaning of many words that were repeated, used as Kander, etc., and by putting ourselves in the place of the speaker we could sometimes solve a sentence.

And now for the bread and jam. Indifferently I held the slice in my hand, my eyes seemed to look out of the window, far away and into the past. As if by magic (everything seemed magical years ago) a big coup appeared at the brilliant. My eyes dazzled at the brilliant. I took another slice and then into red, just like Cooke's leathers and sure enough there was Cooke poised up there in all his glory. I took another bite—or was it another slice of bread that had been put into a big monster with long white sharp teeth and big brawny arms. That too faded with my next bite and I was back to my normal self. I took another bite and then into red, just like Cooke's leathers and sure enough there was Cooke poised up there in all his glory. I took another bite—and now look how it is. I took another bite—and now look how it is. I took another bite—and now look how it is.

Next morning another compliment came to my anonymous benefactor. She said I had devoured the whole loaf of bread and a half a jar of jam. No wonder I was intoxicated. My sugar had sweetened my sleep. However, I was not another slice and another and another. I don't remember after that.

Dear Dorothy Dix—When I was a baby my mother, knowing that she would live but a short time, gave me to a nurse. This nurse also died when I was about 3 years old and she gave me to her sister and I have been living with her ever since. I am 16 years old and have just finished high school. My foster mother has asked me what I plan to do and she talks as if she is not going to send me to college. I sincerely appreciate everything she and her husband have done for me and I am willing to work my way through school because I want to be somebody and live up to the name that she gave me. I would like to teach if I could get my degree. But my fosterparents say I am not smart enough to go to college because I am weak in one subject. I am worried about my future. Will you give me some advice? A DEPENDENT GIRL.

Answer: You have at least one quality that goes a long way toward making one a success in life, and that is gratitude and loyalty. I want to tell you how much I admire your appreciation of the kindness of the people who have taken you a home and protection and love ever since you were left a forlorn little orphan baby.

I get many letters from adopted children and I am continually shocked at the lack of gratitude that they show their benefactors. An adopted child owes far more to its foster parents than it would to its own parents, because it is the duty of fathers and mothers to support the children they bring into the world, but foster parents have no such obligation to the children whom they take into their hearts and homes. Yet these youngsters take all that is given them as a matter of course and are deeply resentful when those who have been more than fathers and mothers to them try to exercise any control over them.

I presume from your letter that your foster parents are people of small means, and as they have put you through high school, I think that you should not expect them to make the further sacrifice of sending you to college. However, if you are not going to college, you are not remarkably brilliant, and you may wish to go to some vocational school and fit yourself for some occupation for which you have an aptitude.

Morning Smile HIS PLEASURE

The hunched plumber rang the bell. The master and the mistress of the house came to the door together. As they all three stood in the hall, the husband—a mathematician—said to the plumber, "I wish, before you go upstairs, to acquaint you with my trouble." The plumber shyly dropped his eyes and said, "Pleased to meet yer, ma'am," he mumbled as he held out his hand to the wife.

THE REMINDER

A Negro parson held forth as follows: "Bruders and sistahs, I want to warn yo' against de heinous crime ob stealin chickens, an' fuddermore I want to warn yo' against de heinous crime ob stealin watermelons." At this point an old Negro rose up, snapped his fingers, and sat down again. "Whattif, brudder does yo' rise up and snap yo' fingers when I speaks ob watermelon stealin'?" "Yo' see, brudder, de parson, when I let ma knife," was the reply.

Modern Etiquette (By ROBERTA LEE)

Q. Is it proper for the bride to wear her engagement ring and have the bridegroom put the wedding ring on her? A. No. On her wedding day a bride either leaves her engagement ring at home or wears it on her right hand. Q. Where does a hostess receive her guests at a garden party? A. Outdoors always, provided the weather permits. Q. What is the correct pronunciation of adieu? A. Pronounce a-dee, as in ask untraced, as we in few, not do.

Dorothy Dix

Love Flies Out the Window Most Times Because Those Who Had it Over-Exert Themselves in Seeking to Hold it Prisoner

It is one of the little ironies of life that the women who most crave love are the ones who least know how to win it, or how to keep it. We see this illustrated every day: The girls who are the most anxious for the attention of boys seldom have a date.

The women whose daily and hourly prayer is for a husband fill the Spinsters' Retreat. The husbands of the most devoted wives philander with other women. The mothers who enslave themselves to their children are repaid with ingratitude instead of affection. And the foolish girls who, as the phrase goes, have loved not wisely but too well are forsaken for the wise ones who have kept their lamps trimmed and burning for men with marriageable intentions.

Why this is thus, no one knows, unless it be that men's sweet flesh are easily satisfied and that they are cantankerous creatures who always want what they haven't got and to whom the peach that hangs highest on the tree is more desirable than the overripe one that is ready to drop in their mouths.

Or it may be only too pitifully true that the reason that women lose out so often in the love game is because they are so befuddled with sentiment that they cast their technique to the winds. They disdain to use any finesse. They show their hand too openly and let the men see what they thought was an innocent little flirtation means a marriage certificate to them. That gives the lads a chance to drop out before the stakes get too high. If the women win they grow too loudly. If they lose they beat upon their breasts and cry out that they have been taken in and cheated.

Be this as it may, it is certain that when women lose love it is nearly always because they loved so much that they made it intolerable to the beloved one, if you get what I mean. It is love, for instance, that is at the root of jealousy. It is because a woman believes so fascinating that no woman could resist him, that makes her suspicious of every woman with whom he comes in contact. That makes her think that the only way she can keep him is by constant spying on him and protecting him from anything in skirts.

A man with a jealous wife cannot take his Grandmother out to lunch without her putting the worst construction on it. And we betide a pretty girl at a party. If men's tears and reproaches and a certain lecture that will last until dawn when they get home. Yet the wife doesn't even suspect that she is taking the quickest, surest and deadliest way to kill the love she would die to keep.

Same way about nagging. The thing that drives more men to drink and starts them philandering quicker than anything else in the world is their wives' nagging. They get fed up with being treated like moral children who haven't sense enough to come in out of the rain or to know what they want to eat. They get tired of being told, day after day, to watch out for automobiles and not to get their feet wet.

They get so exasperated over being put through the third degree every time they come home about everything they have done, everybody they have seen, that they feel that if they don't get out of the house and away from Maria's tongue that they will commit murder upon her.

It is tragic to know that Maria's nagging that drives her husband from her is just the unfortunate expression of her devotion. She loves him so much that she lives in terror of his ending something that will make her heart break. Her every thought is so centered on him that the smallest thing he does is more important to her than the fall of empires and the crash of nations.

Millions of women shed oceans of tears over the coldness of their children. They will tell you how they have never had a single thought or interest for anything but Susan and Johnny since the day they were born. They will tell you how they have sacrificed for them and how they have stayed at home to care for them. They will tell you how they and Susan want to go off with other young people and get a reprieve! Johnny sits at home with Mother. They want to get married. They want to go to far cities to get away from Mother. It breaks Mother's heart.

She doesn't understand that she has brought it all on herself and that it is love that is its own undoing. She has loved her children to death. She has bored them to extinction with her affection. She has made her devotion a jail out of which they are bound to break to save themselves.

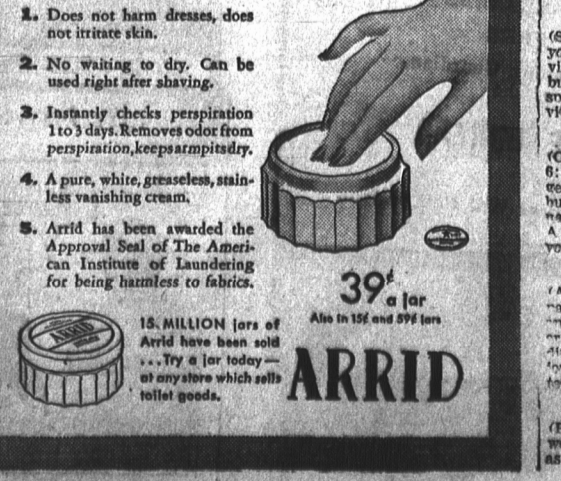
And there we are. It all sums up into saying that women who are wise in love flavor life with it, but they don't feed their families on it in such large doses that it sickens them.

Dear Dorothy Dix—When I was a baby my mother, knowing that she would live but a short time, gave me to a nurse. This nurse also died when I was about 3 years old and she gave me to her sister and I have been living with her ever since. I am 16 years old and have just finished high school. My foster mother has asked me what I plan to do and she talks as if she is not going to send me to college. I sincerely appreciate everything she and her husband have done for me and I am willing to work my way through school because I want to be somebody and live up to the name that she gave me. I would like to teach if I could get my degree. But my fosterparents say I am not smart enough to go to college because I am weak in one subject. I am worried about my future. Will you give me some advice? A DEPENDENT GIRL.

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NEW...a CREAM DEODORANT which safely STOPS under-arm PERSPIRATION

1. Does not harm dresses, does not irritate skin. 2. No waiting to dry. Can be used right after shaving. 3. Instantly checks perspiration 1 to 3 days. Removes odor from perspiration, keeps armpits dry. 4. A pure, white, greaseless, stainless vanishing cream. 5. Arrid has been awarded the Approval Seal of The American Institute of Laundering for being harmless to fabrics.



Keep Baby's Skin Soft and Smooth with soothing Palmolive... made with gentle Olive Oil



Trust your baby's skin, and your own delicate complexion to this fine, gentle soap. You know Palmolive's safe, because it was selected exclusively for the famous Dionne Quints. Get Palmolive today. See how gently, how thoroughly it cleanses the skin, leaves it delightfully smooth and soft. And see how refreshed you and baby feel after a restful Palmolive bath.

Try the New Improved Palmolive Milder... New Perfume... Lasts Longer!

for doing. Maybe you are clever with your hands. Maybe you are good at figures. Maybe you could sell things. Maybe you have a good voice. Maybe you are interested in the things that you think that you would be interested in doing and then fit yourself for being a crackpot stenographer or bookkeeper or saleswoman or whatnot.

Here's wishing you luck. If you will be as loyal to your employer as you have been to your foster parents you will rise to the top of the ladder. For loyalty and appreciation are two of the rarest qualities in the world. DOROTHY DIX

YOUR INDIVIDUAL HOROSCOPE

By FRANCES DRAKE Look in the section your birthday comes in, and find what your outlook is, according to the stars. (Copyright, 1939, King Features Syndicate Inc.)

For Wednesday, Aug. 2, 1939

MARCH 21 to APRIL 20 (Aries)—Again, like yesterday, indications point to gain and favors through good favoring work and personal affairs. Attend to duties promptly, consider the feelings of others and enjoy a good day.

APRIL 21 to MAY 20 (Taurus)—Here is a suggestion that can save a lot of unnecessary work and worry today if you'll follow it. Undertake thoroughly what you undertake and do whatever you must cheerfully.

MAY 21 to JUNE 21 (Gemini)—Jupiter and Mars are in beneficent aspect favoring work and occupations requiring confidence, self-possession and broad-mindedness. Dignity should not be forgotten. Don't be restless.

JUNE 22 to JULY 23 (Cancer)—No planets offer any particular assistance. Try to create openings and avoid advantages through which you will be able to better yourself both socially and in business. Keep in touch with changing conditions.

JULY 24 to AUGUST 23 (Leo)—Conserve your energy, enjoy some health-building exercise during free time and avoid too rich foods and stimulating beverages. In general take the easy road, if slower, less interesting road today.

AUGUST 23 to SEPTEMBER 23 (Virgo)—Friendliness, ease of manner and resourcefulness are needed—and you have all three if you will use them! Familiar work and matters more favored than endeavors new to you.

SEPTEMBER 24 to OCTOBER 23 (Libra)—Landscaping, gardening, planning the execution of duties, friendships (try looking for new ones), public relations and political activities and chemistry rate above money interests. Be tactful.

OCTOBER 24 to NOVEMBER 23 (Scorpio)—Excellent indications for money matters, and for heart interests for you born before Nov. 10. If you get a good start yesterday, keep up the steady tempo today. If you failed, try to simplify your program to catch up. Eliminate non-essentials.

NOVEMBER 24 to DECEMBER 23 (Sagittarius)—Much depends upon your attitude. Generally favorable vibrations, especially for everyday business, domestic affairs, visiting friends and plans for weekend activities.

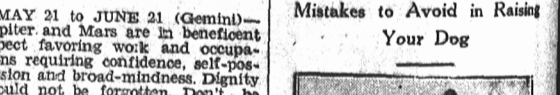
DECEMBER 23 to JANUARY 21 (Capricorn)—You born before Jan. 6: Have a watchful eye on the budget and income. Some profitable business available. You other Capricorn natives: Give yourself a pep talk! A wasted day is a lost one. Offer your best efforts without strain.

JANUARY 22 to FEBRUARY 20 (Aquarius)—Here's a period to be particularly watchful with loved ones—and the opposite sex. Don't worry—become upset if others have difficulties. Be discriminating. Enjoy some of your free time at an interesting, intelligent hobby.

FEBRUARY 21 to MARCH 20 (Pisces)—Anything worth while is worth considering, for in at most as you can during the day without

Mistakes to Avoid in Raising Your Dog

A CHILD BORN ON THIS DAY will be intuitive, energetic and very magnetic. His personality will attract a variety of associates, and for this reason it is important that this child be taught to know only the right type of companions. It will have ability for an artistic or an executive occupation should avoid impulsiveness.



Wistful Bounce! Perhaps he wishes his mistress hadn't such funny ideas about dog care. A shame, too, if you follow a few good rules, avoid common mistakes.

Housebreaking your pup? One frequent error is to whip him for his slip or rub his nose in the dirt. He'll catch on naturally, without such cruel punishment. If you feed him at the same time every day, take him outdoors after each meal to the same spot.

A mistake also to think a vegetarian diet will make your dog healthy. A dog's chief food should be meat. It provides the minerals, proteins, energy, he needs. Are doggie doctors to be per- spiration - will frequent baths do away with them? No. Doggie perspire through the skin. Doggie odors are due to improper food, lack of exercise and grooming, and clean sleeping quarters.

Are mongrels smarter than purebreds? This and many other questions are answered in our new page booklet. Gives correct dog grooming. Tells how to house-break, train your pup, what to do in case of illness. Instructions for teaching tricks.

Send 15c in coins for your copy of HOW TO CHOOSE AND CARE FOR YOUR DOG to the Guardian Home Service, Address. Be sure to write plainly your name, address and the name of booklet.

Name \_\_\_\_\_ Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_