

ELLEN'S DIARY

By An Island Farmer's Wife

"June came into the world this morning... 'What is so rare as a day in June?' Nothing... nothing at all, unless it be a succession of them, balmy, sun-lit and scented with a million fragrances of clean earth, of grass and leaf and blossom, as has been this first day of it. Out in the open with the two small ones for companions we paid our respects to the loveliness of the sunlit, the sunlight dissolved the dampness of morning, returning the old glints of myriads of diamonds to the pond-water, opening wide the colorful cups of the tulips, coaxing the lilacs to open their clovelets of petals and setting its exquisite charm over valley and hill. What enchanting vistas were spread now for Island-folks wherever they dwell! Every bush and tree of roadside beguiling, new-twisted, fresh-leaved, adorned with blossoms. 'Haven't you a tree at those wild apple-trees blossoming along the line! Aren't they beautiful?' we exclaimed, recalling that so often Nature sets her surprise in unexpected places, in regard to landscapes—and humans, when we stopped a moment at a door recently. 'Beautiful?' the housewife laughed. 'Well, to tell you the truth, Ellen, I've been so busy with the house-cleaning and the gardening, I haven't had time to notice any more than one?' It is a busy housewife indeed, and one sadly careless, we think, should she not take time to lift her eyes to the hills these days, to quaff deeply of the beauty, the strength, the tranquility and sweetness spread there.

The mill in the bottom of the valley—and not much more than a stone's throw from our kitchen window—is idle now that Mr. C. is away on his holiday. Like a good grandmother who has put down the small stocking she has been knitting to turn in mind one of memory's pages, so the old mill sat today—thinking perhaps of those lush days of her past when she was the focal point of the farming. Full to the door with the grists of wheat that awaited in turn the milling. Brought in the mill-road in farm-wagon, or cart, in impressive loads which betokened prosperous farming, or in lesser quantity in "the express" or in a buggy, the single sack against the knee of the driver. Doubtless as does their younger palmer days return to humans, so too again she would feel the rhythmic throb of the machinery which assured the housewives near and far of toothsome bread and cakes for the days ahead. Seeing once more as a mother will the baby-face of her child now grown, the glory of Autumn fading from the sides of

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Household Scrapbook

By Roberta Lee

Linoleum If, because of rainy weather, the linoleum seems unusually dirty, pour a little kerosene into a pail of water for cleaning. It will loosen the dirt wonderfully and make the task of washing much easier.

Storing Silverware

When silverware is to be stored away for the summer months, or longer, it can be prevented from tarnishing by sprinkling with, or packing in, dry flour.

Leather Dressing

A good dressing for leather-covered chairs is a solution of equal parts of linseed oil and vinegar.

-Needlecraft-

FOR THE HOME

TOWN - COUNTRY, TOO

The two-piece suit-dress is wonderful for warm weather because it has a suit look yet needs no blouse! This shawl-collared one with fitted pocket could be made as a short sleeve cotton or rayon... in a long sleeve version, too. No. 2047 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48. Size 18, 4 3/4 yards 36-inch, or 4 1/2 yards 39-inch.

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Our Trip To Europe

By Helen M. Jack (Continued)

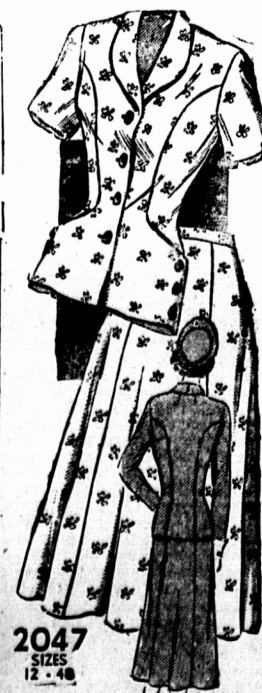
A few miles from Paris, via the 'Bois de Boulogne' (a beautiful wooded park on the outskirts), is the Castle of Malmaison, the home of Napoleon and Josephine, with all the rooms just as they were in Napoleon's time. Particularly impressive here was the 'Salon de Austerlitz'—the top being done in mosaic work of multi-colored stones. After a full week in Paris we proceeded on to Bernese Switzerland, about a seven hours' journey by train. As soon as we crossed the Swiss border our train was connected to an electric engine. All trains in Switzerland are electric, very clean and fast, and although they are quite expensive, they were by far the most modern we rode on—third class was about the equivalent of first in other countries. The countryside of Switzerland is much greater even than England and of course very rugged. The railroad passes through many tunnels and just when there was beautiful scenery to take in we would pass through another tunnel. As I said to someone when questioned on Switzerland—"Yes, the tunnels are beautiful."

Berne, the capital, is a small but beautiful city nestled in the Alps. This particular section of Switzerland is German speaking. We were fortunate at getting a clean, modern hotel opposite the station where we made our headquarters for three days. The food was not cheap but was delicious and very plentiful. Most courses were served in very large bowls from which you just helped yourself. I might mention here that we had never been served butter with our meals in France but thought that in Switzerland, noted for its dairying, it would be included with the meal—it was, after we paid extra for it. Particularly enjoyable to us was the Swiss chocolate, after being without candy of any kind since we left Canada. The sidewalks in Berne, as in other Swiss cities, are covered overhead, so that one may walk outside all the time protected from the weather. The shops contain an abundance of everything and the Swiss watches and jewelry of all kinds are very beautiful and eye-catching.

In Switzerland there are three official languages—French, German and Italian, and we were told there is one section where an actual Swiss language is spoken, which is a mixture of the other three. A great number of Swiss also speak English understandably.

Switzerland, on the surface at least, appeared to be the ideal country; a model for the rest of the world. Of course, it isn't a country that has been scarred by the ravages of war, although there is compulsory military training and the country is dotted with shooting ranges. There is no evidence of poverty of any kind, the standard of living is very high and cleanliness is apparent everywhere. The Swiss franc, good anywhere in the world, is about the size of our 25c piece and is broken down on the same basis as our \$1.00, one hundred centimes being one franc. The Parliament Buildings, with their bluish domes, are the only attraction as far as buildings are concerned but it is uplifting merely to stroll through a city of this type and admire it. The Swiss people seemed exceptionally friendly and helpful—they are proud of their country and are very anxious that you don't miss its sections of particu-

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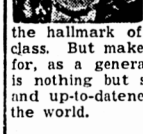


DOROTHY DIX SAYS—

Slovenly Beau

Sloppiness In Dress May Be Sign Of Incompetence

DEAR MISS DIX: What in the world can you do with a man who goes about dressed like a tramp and who is positively indifferent to his personal appearance? I am in love with a man who is clean physically and morally, but when I look at his sloppy old brown pants and his coat and waistcoat that seem to have been assembled from a ragbag, I wonder if I married him, if he wouldn't become intolerable. He is very particular as to my appearance, and seems content just to worship me, never dreaming that I long to worship him in the same way. I have tried in a tactful way to make him aware of his sloppiness, but his only reply is, "That is why I need you." What shall I do? Swallow my pride and marry him because he is so fine in other ways, even if he is a living example of what No Well-Dressed Man Should Wear? DISGUSTED D. M.



HE'S TOO LAZY

A man puts on a soiled shirt in the morning because it is less trouble than to put buttons on a clean one. He doesn't shine his shoes because that would require five minutes' work. He doesn't send his clothes to the cleaner or take out the spots himself and press them because that is a little work. Such a man is a slacker by nature, and ninety-nine times out of a hundred he will spend his life sitting on the do-nothing stool. Judging a man by his clothes isn't as silly as it seems. It is about the best way we have of getting his number. But, of course, there are exceptions to all rules and there are doubtless men who have all the virtues except clothes sense. So, if you are certain the man has plenty of intelligence along other lines and that his sloppiness is not the result of laziness and stupidity, go ahead and marry him and save your sensibilities by making yourself his valet.

DEAR MISS DIX: I am a woman of 40, in love with a man nine years younger than I. He knows I am older but not how much. When I first met him I told him we were not suited to each other because of the difference in our ages, but he said he didn't care how much older I was. He claims he would love me no matter how much difference there was in our ages. I don't have anything, so he couldn't be after my money. He has proved his love in many ways. He seems to enjoy every minute of the time we spent together. Is nine years too much difference? SHIRLEY

ANSWER: While a marriage between two people with the woman so much the elder merits careful consideration and a thorough weighing of all circumstances, it is by no means a matter to be dismissed with a firm "Impossible!" Are you sure you are really in love with this man, and not marrying merely because you are lonely? Is it certain that he loves you as a mature man loves his mate, and is not seeking maternal solace and protection? Age as measured in years is not of itself important; the vital concern is the mental age. A man of 30 may be as old in his tastes and feelings as a woman of 40, and it really doesn't matter which has more birthdays. No man marries a woman older than himself unless she has some quality of heart and mind that appeals strongly to him and he is much less liable to grow tired of her than he is of a young girl whose character is unformed and whose appeal to him is her youth.

As the wife of a man so much younger than yourself, you have a greater responsibility to keep yourself abreast of the times, smartly groomed, and eager to follow your husband's interests. Before you marry, be sure your fiancée knows exactly how much older you are. Even though he says it makes no difference, the fact should be established to prevent later repercussions.

DEAR MISS DIX: I am the mother of five children. My husband and I are devoted to each other and have got along together splendidly, but the children are driving me into a nervous breakdown with their constant quarrelling, calling each other names and arguing about everything. The two older girls even have fist fights and I am afraid to leave them together for fear I shall need the undertaker when I come back. What can I do with such children? A DISCOURAGED MOTHER

ANSWER: Separate them, if possible. Send one of them off to school or away from home. In that way you will at least promote the peace of the household and save your nerves.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Colorful Pullover In Fair Isle



Hand-knitted garments are very popular amongst young people and any teenage lad would be pleased to be the proud owner of this handsome, sleeveless pullover. It is knitted of beige wool with the Fair Isle pattern in shades of rust, blue, yellow, brown and green. For a leaflet giving you the directions for knitting this FAIR ISLE SLEEVELESS PULLOVER in sizes 14, 16 and 18 years, just send a stamped, self-addressed envelope to the Needlework Dept. of this paper asking for Leaflet CW-21.

Morning Smile

Be Quiet Tommy had just completed his schooling and was determined to get a job. Calling at the local works he obtained an interview with the foreman. "Is there any chance of a job, sir?" he asked. "What can you do?" said the foreman. "Anything, sir," was the confident reply. "Can you file smoke?" the foreman inquired, testing the lad's sharpness. "Yes, sir," Tommy replied, "if you'll screw it in the vice."

What Body Of Yours

By James W. Barton, M.D.

NEW HOPES FOR HEARTS

When Drs. Banting and Best taught the medical profession that diabetes, the formerly fatal disease, could be controlled by insulin, and Drs. Minot and Murphy taught physicians that the always fatal disease, pernicious anemia, could be controlled by liver and later by liver extracts, it was but natural that research workers would try to find the cause and then the prevention and treatment of heart disease, which kills three times as many as cancer. Heart and blood vessel diseases kill more people than the next five leading causes of death combined. It is only natural, therefore, that an organization to make the big fight against heart and blood vessel diseases should be sponsored by the American Heart Association and its branches throughout the United States and Canada. In a previous article I wrote about the Annual Heart Fund, collected from those interested in saving or prolonging the lives of men, women and children. I wrote of how the funds thus collected were distributed to various hospitals and to laboratories doing special work in the investigation of heart disease. However, the greater portion of the funds raised are retained by the local affiliated heart organization to support their own needed heart disease service. The heart disease community service provided by each branch of the American Heart Association includes improvement of diagnostic equipment and other facilities, rehabilitation of industrial workers suffering with heart and blood vessel diseases and projects for easing the burden of housewives with heart disease.

The slogan of the American Heart Organization, "New Hopes for Hearts" strikes a keynote of optimistic determination based on past gains and anticipated victories in the fight on heart disease. It is pointed out that while heart disease kills off so many, if all the facts already known about it were known to all of us, it would prevent groundless fear and encourage positive action. It no longer need be said that once you have heart disease or have an attack (coronary thrombosis) you are likely to die soon. People are being encouraged to protect their hearts through regular medical examinations, making possible early discovery of heart disease and hence early treatment.

The Stars Say --

By Genevieve Kenble

For Tomorrow

SOME shrewd and clever thinking with formulation of plans supported by earnest attack, application and determination could prove highly constructive and rewarding. Attack stagnant or menial situations not only with keen study but with concentrated efforts. A fresh slant, or clever change, could solidify objectives, bringing about pleasant relations and a happy denouement, perhaps with romantic connotations.

For the Birthday

Those whose birthday it is, may have some keen and fresh slant on existing conditions, of sound basic possibilities. Perhaps a flash of ingenuity, new ways and means for tackling lagging situations, thereby swerving baffling prospects into high levels of accomplishment. New ideas, supported by rare skill, sound techniques and persistent efforts, could lift menaced objectives into worthwhile achievement. A side issue by way of reward could create happy personal relations, domestic, social. A child born on this day, has splendid abilities to cope with frustrations and obstacles. Versatility, originality in thought and action, difficulties could vanish and happy personal contacts be enjoyed.

only mean? 5. What is a word beginning with at that means "outrageous"?

ANSWERS

- 1. Omit "as a vocal solo." 2. Pronounce si-es-ta, i as in sit, e as in less, accent second syllable. 3. Acquittal. 4. Lazy and slipshod in any way. (Pronounce sliv-en-lu as in up). "His slovenly habits made him unpopular." 5. Atrocious.

FLIN FLON, Man. — (CP) — Four members of the Chamber of Commerce which is urging construction of natural stone fire-traction along highways as a tourist attraction decided to set an example. They constructed a fireplace made of native rock cemented together, 1 1/2 miles east of here.

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Cook's Corner

RHUBARB PIE WITH DATES

1 1/2 cups cut rhubarb, 3/4 cup sugar; 1 egg, beaten; 1 tablespoon flour; 1 cup chopped dates, 2 teaspoons grated lemon rind, 2 tablespoons lemon juice. Line a medium-sized pie plate with pastry and brush it with egg white. Wash the rhubarb and cut in half-inch pieces. Peel if necessary but the young pink plant is the best and need not be scraped. Mix the sugar, flour, beaten egg and seasonings, and add to the rhubarb. Stir in the chopped dates. Place in the lined pie tin, cover with strips of pastry making a lattice top, and bake 45 minutes in a moderate oven. Serve hot or cold.

SPICED RHUBARB MERINGUE

2 eggs, 2 1/2 cups rhubarb, 1 cup sugar, 2 level tablespoons flour, few grains salt, 1/3 teaspoon cinnamon, 1/4 teaspoon nutmeg, 2 to 3 tablespoons butter, 1 unbaked pie shell. Beat the yolks until fairly thick, add the sugar, salt, cinnamon, nutmeg and flour, all of which have been sifted together. Mix these thoroughly with the rhubarb, which should be of a tender red variety, cut in 1/2-inch pieces. Turn into a pan lined with unbaked pastry. Dot with butter. Bake the pie in a hot oven 450 degrees F. for the first 10 minutes, then reduce heat to moderate 375 degrees F. and continue baking until rhubarb is tender. Remove pie from oven and cool. Cover with meringue made of the 2 egg whites, 1/4 cup sugar, sifted; few grains of salt and 1/3 teaspoon vanilla. Pipe on top of the pie, then brown the meringue in a slow oven 300 degrees F. about 15 minutes.

Modern Fricquette

By Roberta Lee

Q. Is it permissible to examine the various dishes on a cafeteria counter before selecting a certain one? A. Yes, if this can be done with a glance. But one should not finger the dishes, or be conspicuous in selecting one that seems to be the largest. Q. Will you please suggest a toast one can offer to a guest of honor? A. "Here's to our guest of honor. He deserves what he gets, and may he always get what he deserves."

CROSS FRETTE

Upset Constipated Teething BABY'S OWN TABLETS



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Advertisement for Chatelaine nylotwists stockings, featuring a woman in a stocking and the text 'Chatelaine nylotwists last longer look prettier'.

Advertisement for Ladies' Suits by Jack Cameron, featuring a woman in a suit and the text 'LADIES' SUITS \$29.95 CALIFORNIA CASUALS Exceptionally Stylish and Colorful'.