

WOMEN

Page 8 The Guardian Tuesday, August 24, 1954

Life-Size Portrait of First Lady



Hanging in the White House living quarters is this new portrait of Mrs. Dwight Eisenhower, painted by Thomas Stevens of New York City. The First Lady posed for the portrait which was completed last spring.

MRS. GORDON MACMILLAN

A COUNTRY GARDEN

"Happiness lies in our tastes, and not in things themselves; a man is happy in possessing what he likes, not what others like."

If you like gardens and flowers be sure to visit the Flower Show Today! You will meet garden friends who are happy working with flowers and caring for them; liking them well enough to go to a great deal of effort in making a Flower Show so lovely for all to enjoy.

It is commonly believed that the ancient art of gardening, like music and painting, is an unending source of inspiration. And what more effective means is there for inspiration than with a flower show? On the other hand, perhaps this concept of Paradise is an integral part of all of us, but remains, to a great extent, latent or undeveloped. Thus, it becomes the challenge of a few to rekindle the vision each year. At any rate, a lovely flower show, planned, designed and created by a small group of unselfish men and women who work for the sheer love of it all, bring renewed inspiration to all who attend and enter into the spirit of the lovely sight of many beautiful flowers.

Flower arrangements is a new art that is sweeping the country and the purpose of the art of flower arrangement is to contribute an additional note of cheerfulness and happiness to our home surroundings.

The first step in the effective use of arrangements is to realize that each vase or bouquet pleasing though it may be in itself, is but one of the many factors that contribute to the general effect. The flower arrangements, when placed in a room, becomes a part of a larger composition.

The first step toward being able to make flower arrangements of your own is to learn what constitutes an "arrangement," as that term is used in connection with flower-show exhibits and with similar compositions made up of flowers and foliage for home decoration.

It is by no means easy to give an exact definition. Many mere bouquets of flowers, which make

no pretense at all of possessing any planned design, are attractive because of their charming colors or for the sheer beauty of the individual blooms of which they are composed.

Where, then, are we to draw a line? Where does a bunch or a bouquet of flowers cease to be merely that, and become an "arrangement"?

To make a start in the direction of answering this question, let us simply it by saying that an arrangement is a composition, whereas a bunch or a bouquet of flowers is not. As a composition, our arrangement of flowers is subject to certain general principles or rules that apply to any composition in any medium — to a painting, an etching, a piece of sculpture, or an etude.

In using flowers for room decoration you will soon learn that, for satisfactory results, there must be a suitable relationship between the character of the arrangement itself and its surroundings — in other words, it becomes a composition within a composition.

The basic four principles are: Design, Scale, Balance, and Harmony. Design is the form or shape of the composition — the thought-out plan upon which it is built.

Take a look at the arrangements in the Flower Show today. The one thing that must strongly impress you is that none of them could have "just happened." There is a planned relationship between all of the component parts: between the various flowers, the flowers and the foliage; between both of these and the particular container which holds them.

In flowers and in plant material there is an indescribably lovable quality which they possess in their own right — the creation of God and not of man. To work with such materials gives to the artist a larger field of exploration, more fascinating than any other art. The brilliancy and perfect blending of colors in harmony, the exquisite delicacy of some blossoms, and the form, light, color, and exactness of structure all play their part in the loveliness of these arrangements, and seem to com-

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Alice Brooks Designs



LUCKY LOVEBIRDS

Make these lovebirds your lucky symbol in crisp white or a pretty pastel, this chair-set will add a new touch of charm to your living-room. Perfect for a bridal gift.

Pattern 7290: crochet directions for chair-back 12 x 16; arm rest 9 1/2 x 10 inches in No. 30 cotton.

Spend twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

BRIMFUL OF IDEAS — the 1954 Alice Brooks Needlecraft Catalog. It has the most popular embroidery, crochet, sewing, color-transfer designs to send for. Plus 4 patterns printed in book. Send 25 cents for your copy. Ideas for gifts, bazaars, fashions.

PROBE DEATHS

SEOUL (AP) — National police said Friday two South Koreans were killed by explosions while collecting driftwood this week and "booby traps set by the Communists in North Korea" might have been responsible. Police said their investigation centres on whether explosives were deliberately attached to driftwood.

DOROTHY DIX

Change of Companions

DEAR MISS DIX: What does one do to get out of a rut? I'm 21 and have been going steady with a group of girls who always seem to do the same things. Night after night they go to the corner spa and sit there drinking cokes all evening. I'd like to go dancing, skating, bowling, but naturally don't want to go alone and just can't get any of my pals interested. None of us has a boy friend, and I'm sure we never will have if we just continue to sit around drinking sodas.

J. B. C.

SEEK INTELLIGENT FRIENDS

ANSWER: You certainly should bestir yourself and get into some healthy activities. Is there a church in your neighborhood with a wide-awake young people's group? Most churches welcome members to their clubs even if the newcomers aren't members of that particular church. Investigate also, the possibilities of the Y. M. C. A. Membership in this organization gives participation in just about every sport you could wish, and will soon have you associated with girls anxious for stimulating diversions. Don't spend another night at that corner spa, but get busy making some new connections. Your girl friends, your wagger, will soon follow your example.

DEAR MISS DIX: Can anything be done to help my romance? I met Greg at a dance a few months

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The Stars Say

By Estrellita

For Tomorrow

THERE is a likelihood that some particular talent, artistic idea or the use of personal initiative may bring special recognition or honors tomorrow — especially during the early hours.

Romantic affairs are generally favored, except for a brief period during the late afternoon and family matters, travel and social interests are also under beneficent aspects. Your financial status should be improved, and you continue with your present program for the time being.

For the Birthday

If tomorrow is your birthday, you are now in the midst of a cycle in which it would be advisable to press major objectives vigorously. You have reason for much optimism now since your horoscope indicates great occupational and financial gain not only during the balance of 1954, but also well into the new year.

During September and November, you should find excellent opportunities for expansion and your chart also presages exciting surprises and highly romantic experiences during October. Along with all the material advantages forecast for this year, you should also benefit by the achievement of greater emotional maturity and spiritual growth. So, truly, this is *Virgo's* year. Do make the most of it.

A child born on this day will be reserved, efficient, peace-loving and extremely ambitious.

Contract Bridge

By Josephine Cubbertson

THE WRONG TIME FOR A FINESSE

It is a very bad "percentage play" to finesse for the vital trick in such a hand as the following.

North dealer.

North-South vulnerable.

♠ A J ♣ 7 3

♥ A Q 7 ♠ J 9 6 4

♦ K Q 7 5 ♠ J 10 8

♠ K Q 10 ♠ 7 3

♥ 8 2 ♠ J 9 6 4

♦ 4 3 ♠ 6

♠ K 10 ♠ J 9 8

♥ 8 5 2 ♠ K 10 3

♦ A 9 2 ♠ 6

♠ A Q 2 ♠ J 9 8

The bidding:

North East South West

1 ♦ Pass 2 NT Pass

3 NT Pass Pass Pass

North said later that he had been tempted to open with one notrump but had "restrained himself" because of the blank A-J of spades. Actually, this spade holding was a reason for choosing the notrump bid rather than avoiding it—the unguarded A-J of a suit is a far more favorable combination when led up to rather than through. However, there was nothing wrong with the final contract and South should have had as clear sailing as North would have enjoyed.

West made his normal opening, the spade king, and South let him hold the trick. A low spade then knocked out dummy's ace, and declarer next tested the diamond break. When West showed out on the third round, discarding the low club, South announced for everyone's benefit: "Well, I guess that puts it all up to the club finesse," and forthwith led a club to his queen. West gratefully took the trick and ran off the rest of his spades to set the contract.

South was wrong in his guess—the club finesse was not his last or best hope. A throw-in play against West was substantially more attractive. After seeing the diamond break, South should have cashed the hearts, ending up in his own hand so that he could throw West in with a spade. It was possible, of course, that West had started with five spades, four hearts and consequently only two cards in each of the minors, but this precise holding was certainly less probable than the 80-50 chance that West had the club king. Observe that the suggested throw-in play would also work if West had started with only four high spades; then, even if he had the thirteenth heart to cash, he would still have to lead up to South's club tenace.

Donahue-Gorman Nuptials



Photographed with their attendants following their wedding on Aug. 4 at Kelly's Cross, P. E. I. are Mr. and Mrs. Jack Donahue. The bride is the former Therese Gorman, daughter of Mr. and Mrs. Emmett Gorman, South Melville. The groom is the son of the late Mr. and Mrs. John Donahue, Cornwall. From left to right are Mr. and Mrs. Jack Donahue (seated), Mr. James Donahue, groomsmen, and Miss Frances Gorman, bridesmaid for her sister.—(Crawell Photo)

LET'S EAT

Makes Milk Seem Creamier

By IDA BAILEY ALLEN

"THE ladies at our last personal appearance asked two questions about homogenized milk, observed the Chef. "The first was, what actually is homogenized milk?" "It is fresh whole milk, passed through a homogenizer," I answered. This is a mechanism that breaks up the fat globules and casein shreds; in general, it emulsifies, that is, thoroughly blends the ingredients. This makes the milk easier to digest."

Cream Content

"The second question asked was this: Is homogenized milk more creamy than whole unhomogenized milk?"

"The homogenized milk looks and tastes creamier, but nutritionally appears as two main causes of chest pain. However, neither should be blamed as the cause until the other has been eliminated."

Herman N. Bundesen, M. D.

Causes of Chest Pain

NERVOUSNESS and heart disease are two main causes of chest pain. However, neither should be blamed as the cause until the other has been eliminated.

Two out of every three persons who consult their physicians about their hearts because of chest pain symptoms are needlessly concerned.

Careful Examination

Many people who used to worry about acidity of the stomach, or a bilious feeling, are now alarmed about pain in the chest. They visit their physician for reassurance as well as relief, and this is a good thing to do. The patient should have a meticulous examination in order to determine whether his heart is affected.

However, there are many other causes for chest pains besides pure nervousness or heart disease.

A Common Cause

One common disease that brings this pain is known as paracarditis. This is an inflammation or infection of the sac that covers the heart. Fever accompanies this type of heart pain, and it is more severe on breathing and movement. Electrocardiograms usually give typical findings.

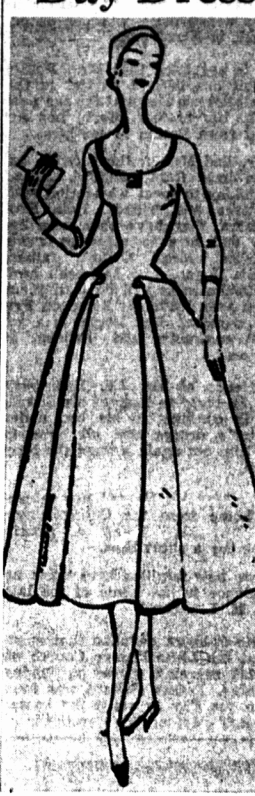
Pneumonia is also a common cause of chest pain. High blood pressure and diseases of the blood vessels of the chest may also be of the heart pain, and it is more severe on breathing and movement. Electrocardiograms usually give typical findings.

QUESTION AND ANSWER
M. E. S.: I am sixty-five years old, and have had bleeding from my rectum for about a week. What could be the cause of this bleeding?

ANSWER: Bleeding from the rectum may be due to many causes. It may be due to hemorrhoids, a fissure or a polyp in the rectum, polyps, infection or some type of tumor. It would be best for you to consult your physician immediately. After a thorough examination, he will be able to determine the cause.

BERLIN (AP) — A 63-year-old West Berlin lawyer, shot by Communist police when he inadvertently drove his car across the border last Tuesday, died Saturday at a Soviet zone hospital.

Day Dress



This day dress in fine navy wool will be worn by Princess Alexandra while in Canada. The round neckline and three-quarter sleeves are trimmed with white linen. The gently flared skirt has a double-skirted effect in front by means of pleats slotting through a hip-band.

Minted Fruit Ambrosia

1-3 cup boiling water
4 sprigs mint
2 tbsps. sugar
2 cups fresh fruit*
1 to 1 1/2 cups shredded coconut

Pour boiling water over mint and steep for 5 minutes. Strain. Add sugar and stir until dissolved.

Alternate layers of fruit and coconut in serving dish. Pour mint sauce over fruit. Chill. Makes 6 servings.

*Use fresh fruits, such as apricots, pitted Bing cherries, grapefruit, honeydew melon, and cantaloupe. In the ambrosia shown here, half and half, watermelon and blueberries, is a tasty proportion.



NUT SNACKS

1/2 cup butter
1/2 cup sugar
3 eggs
1 teaspoon baking powder
1 1/2 cups flour
1 teaspoon vanilla

Crumble together and put in pan size 7 x 13 inches.
Roll 1/2 cup walnuts fine, sprinkle over mixture in pan.
Beat 2 egg whites. Add 1/4 cups brown sugar. Beat until stiff, flavoured with vanilla. Spread over nuts.
Bake 25 minutes in slow oven. When slightly cooled, cut in small squares.

—Mrs. Cecil MacKinnon, Conway W. I.

Anne Adams Patterns

JACKETED SUNDRESS

Perfect transition dress that will wait you into Fall as prettily and properly as it takes you to your favorite garden party! Enjoy the easy-to-make sundress, its charming blouse-jacket! Choose cotton, pique, linen, or rayon!

Pattern 4602: Misses' Sizes 12, 14, 16, 18, 20, 30, 32, 34, 36, 38, 40, 42. Size 16 dress 4 yards 35-inch; jacket 1 1/2 yard contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-Five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, address, Style Number.

Send order to ANNE ADAMS care The Guardian, 60 Front Street, West, Toronto.

Morning Smile

Sculptor's visitor — But how did you come to do the general in such an odd pose?
Sculptor — He was supposed to be mounted; but the committee decided they couldn't afford the horse.

Household Hint

For easier ironing of starched garments, add a blue wax ironing aid to the starch. This will prevent the iron from sticking.

Here's How a Duchess and Princess Dress When Travelling

By MURIEL NARRAWAY
Canadian Press Staff Writer
LONDON (CP)—The Duchess of Kent and Princess Alexandra have chosen a streamlined wardrobe to meet the demands of their three-week Canadian tour.

Fashions which combine space-saving qualities, hot weather protection and quick-changing convenience predominate in the royal luggage. Light summer wear far outnumber the bulkier glamor gowns, dresses, devoid of embroidery, depend for beauty on uncrushable skirts and pack into small space.

Even a ball gown from John Cavanaugh was chosen with an eye to saving space. It is of white lace, heavily embroidered in white coral and rhinestones with simple princess lines. The embroidery is thick on the bodice but thins to a scattered motif on the skirt. A sweetheart neckline is softly swathed in a fichu of white organza.

DREAM DRESS

A dream dress for 17-year-old Princess Alexandra is on white organdie with white thread-work ivy leaves. The long skirt, with four gathered panels spouting from high on the hipline, will tuck into a small space. A ball dress made from 100 yards of white tulle is also built for streamlined packing. The outfit most Canadian women

probably will envy is a white wool lace dress for late-afternoon wear designed by Norman Hartnell for the duchess. With hug-me skirt, nagrowing towards the knees and calf, cap sleeves and a low round neckline, it has a simplicity emphasized by a straight, loose topcoat with wide, wrist-length sleeves and big cap collar of white mink.

Severe simplicity and elegance of line are the keynote of all the tour styles. Most of the duchess' cotton gowns are big-skirted and neat-waisted. Typical is a white and navy spot poplin with four unpressed pleats in front and a half-tie belt. The neck is a shallow round with cap sleeves and navy piping.

DANCING GOWN

A black cotton, trellis-checked in white hemstitching, was chosen by the duchess for "square dancing." The wide gathered skirt has matching cummerbund topped by a white bodice with wide v-neck picked out in black. Princess Alexandra chose a multi-colored cotton with green and red harlequin check, unpressed pleats, cummerbund and geranium top with similar neckline.

PILOT ESCAPED

LIVERPOOL, England (CP)—An RCAF Sabre jet fighter crashed-landed at Speke airport Friday, but the unidentified pilot clambered out unhurt. The Sabre's undercarriage wheel supports collapsed as it landed and the plane swung off the runway.

ELLEN'S DIARY

by an Island Farmer's Wife

A day this has been, of fitful sunshine, of boisterous winds, and intermittent rain falling coldly against the August hillsides. And we said "Why this is like the Fall!" and with due respect to the often destructive element that it is, we in our household tasks added only sticks of hardwood to the fire.

And gathering with the Family about its genial warmth this evening when all work of the day was completed, we heard the angry gusts bluster about the rooftop and blow rain against the windows and thought of other stern nights to be... when the summer is gone from the farmlands, last meadow-flowers wilted, grasses grown aere; when stubbles are ambered and the glory of Autumn days flown, then such nights will still have to remind us of the fair ones of summer, calm and peaceful, full of heaven's stars, or with the mellow glow of moonlight, brightening the farmlands.

And foregathered there, we spoke of the acres of our hay yet to be gathered, of the wind-tost grain-fields... of the ripening harvest-applies this night falling prey to the gusts. And "Apple pies we'll have now!" one chuckled.

Blueberry shortcake was one of our dishes of today, decked with a topping of ice cream, the fruit brought in, in the busy little truck. The afternoon dampness, putting an end to the field-work had carried off marketable hogs to the city... On these farms hog-raising still continues to be an

Integral part of our farming. Bright windows at night in a pig-gery or out-building indicate the arrival of small ones, to nestle ninkly against a young or older bosom; into the bowl of our balings, along with this and that required ingredient of the mixture we often tuck also a sight of Roy and the boys, carrying, with some amusement, weanlings to their adult quarters. That one borne by Gage may struggle noisily, since he has not entirely mastered that fine art of the husbandry which bears them thither in content. Succeeding days there fill and shape them until in time "the eye of the master" measures them with approval and those partings come which assure us of some contribution to the fuel which goes to keep farm-pots a-boil. The cycle is interesting; the work, one which serves to put "bigger and better" crops on the hillsides.

They are dark tonight, these hillsides, and still wind-blown. But maybe even tomorrow "dat ole sun" will re-appear, smiling his best upon the farmlands; gilding the grain-fields with a touch of his warm hand; pointing up the gold of the goldenrod, the blue of brook-mirrored asters, the winsome orange of the rowan tree; fruit... and to send once more the tractors and wagons up the farm-lane to the haying!

Until tomorrow — — — Diary

— — — Good-night. . . .



Spiced Peaches

8 lbs. peaches
1 quart elder vinegar
7 sticks cinnamon
2 tablespoons whole allspice
8 1/2 cups sugar
2 cups water
2 tablespoons whole cloves
Peel peaches, leave whole. Stick 3 cloves in each. Combine sugar, vinegar and water. Tie cinnamon and allspice in cheesecloth bag. Cook this mixture, covered, for 5 minutes. Add peaches, cover, and cook 10 minutes or until tender. Let peaches stand in syrup overnight.

Drain, and pack in hot jars. Remove spice bag and bring syrup to a boil. Pour immediately over peaches. Adjust covers for boiling water bath method, and process for 30 minutes. Remove, complete seal. Makes about 3 quarts.

SUMMER SPECIAL



For MEALTIME MAGIC



DON'T SKIMP ON COFFEE

DRINK MORSE'S New Instant COFFEE

