

Household Scrapbook

By Roberta Lee

One-Dish Luncheon

Here is a one-dish luncheon that will appeal to the family. Arrange a mold of cooked brown rice in the center of a platter and surround it with cheese sauce. Border with tomato cutlets and crisp bacon.

Stacking Dishes

When it is necessary to stack the dishes for future washing, try to find time to let the cold water run over them while piling them. This will make the job much easier when you come back to finish the task.

Prevent Sticking

Several marbles placed in a kettle containing anything which requires constant stirring will prevent the contents from sticking or scorching.

STRATFORD-ON-AVON, England (CP) - No smoking was the order of the day in a street here. Police warned that 40 gallons had leaked from a tanker carrying high octane fuel.

VACATION MEMO Buy a Handy Tube Lustre-Creme Shampoo WITH LANOLIN Easy to use... Easy to Pack FOR SOFT, GLAMOROUS DREAM GIRL HAIR ALL SUMMER LONG at all dealers... TUBES 25¢ & 55¢

Cook's Corner

By Roberta Lee

CHERRY JAM

Wash, stem and pit cherries, grind coarsely and measure into a large kettle. To each cup of fruit pulp, add 3-4 cup sugar. Stir, allow to stand 2 or 3 hours to extract juice.

Place over low heat, bring to boil and boil rapidly about 30 minutes. Pour at once into hot sterilized jars.

Sweet cherry jam sets more slowly than that made of sour cherries. For stinger cherry flavor a few drops of almond extract may be added before jam is poured into jars.

Modern Etiquette

By Roberta Lee

Q. When a girl lives in an apartment house, and a man takes her home from some evening entertainment, should he leave her at the main entrance or take her all the way to the door of her apartment?

A. It is more courteous to take her to the door of her apartment.

Q. How long before the wedding takes place should the ushers arrive at the church?

A. They should arrive at the church no later than an hour before the ceremony.

Q. Is it correct for one to close a social letter to a friend with "Respectfully yours"?

A. No; this phrase is usually reserved for business correspondence.

How Can I!!!

By Anne Ashley

Q. How can I treat satin-covered heels of shoes that have become too shabby and scuffed to be worn?

A. Remove all the satin from the wood and give the wood several coats of blacking with liquid shoe polish. Allow to dry between coats, then polish with a soft cloth.

Q. How can I give a better flavor to roast chicken?

A. Place a few slices of bacon on top of the chicken while it is roasting, and it will add a delicious flavor.

Q. How can I keep gold teeth clean?

A. One of the best ways is to

True Success Story

By F. H. MacArthur

They say that at least three-fourths of the books read today by adults for pleasure are novels and yet the novel, as we know it, covers a history of not more than a century and a half.

The earliest forms of novels were more of adventure yarns rather than studies of character with dramatic love scenes cleverly woven into the web of the story. The novel of our day had its beginning from 1740, when Sam Richardson published his tale, Pamela, thus starting fiction which other writers have so much improved upon.

The author of Pamela was born of very humble and very poor parents in England in the year 1689. Richardson's long winded yarns hardly would be given a glance today. The modern reader would be bored to death before he got half through the story and yet strange as it may seem Samuel Richardson bears one of the greatest names in the history of English literature. Perhaps one of the reasons why Richardson's novels were popular in his day is because there were fewer books on the market, and our great grandparents simply ate up these slow unfolding and appallingly long-drawn out tales. Even the village folk used to hang around waiting anxiously for the arrival of the 2nd part of his novels to what next move the characters would take, and when the heroine of his dull story, Pamela, was forced to wed the unmanly hero, church bells were rung in some villages as though Pamela had been a living personage!

Richardson took eight years to write a book, what hours of toil went into its making!

This quaint little figure had very little schooling, and at an early age he was apprenticed to a London Printer who nearly worked the lad to death. But being a persistent and industrious soul, Samuel made up for the time his employer robbed him of by studying late into the night when he ought to have been sleeping. The candles he burned, he paid for out of his small pay so that his employer would have no cause to grumble.

Day in and day out, from morning till night, this ambitious, steady, plodding, honest boy, toiled for his hard-hearted greedy master, and spent a great part of each night educating himself in his own little room. After fifteen years of this unending drudgery, Richardson married the

Continued on page 9

rub the teeth with a mixture of prepared chalk and powdered pumice, sprinkled on the toothbrush.

DOROTHY DIX SAYS -

By An Island Farmer's Wife

College For Daughter?

Waste Of Money If She Has No Taste For Learning

DEAR MISS DIX: I have the best husband in the world and live circumstances and I have been ill for over a year with a nervous breakdown. Here is my problem:

My oldest girl, who is 16, graduates from high school this term. What about a college education? Of course we want to do the best we can for our children, but shall we struggle along, denying ourselves everything we possibly can and sacrificing the comforts of the whole family, in order to send our girls to college?

MRS. B.

ANSWER: I think that whether a girl should be sent to college depends entirely upon her personality. Upon her looks, her disposition, her character, and most of all upon the sort of brain she has and what her ambitions are.

Not all girls are college material. Plenty of them are bright and clever and liberally endowed with good, hard horse sense, but they haven't book sense. They have no intention whatever of following any learned career, and it is a waste of time and money to send them to college.

CAN BE HINDRANCE

Also, it is a waste of time and money to send to college the girl who has more glamor than grey matter, and who was predestined by Nature for marriage. College is a hindrance and not a help to her, because it diminishes her chances of marriage by keeping her out of the running during the years when her good looks are at their peak. Nor are these drawbacks compensated for by what the girl learns in college, for only in rare cases does a college education "take" on her. But, on the other hand, if a girl is markedly intellectual, and particularly if she craves an education, she should be sent to college if possible.

I do not think that there is anything more pathetic than the superstitious reverence the great majority of people have for a college education. They have a blind and misguided belief that if they can only send their girls and boys off to college they will secure to them only fame and fortune.

But, they actually believe that a college degree is some sort of magic that will unlock every door of opportunity to its fortunate possessor and enable them to stroll through to prosperity.

So we have the pitiable spectacle of poor old fathers and mothers making every possible sacrifice to send boys and girls to college who are just having a grand old fling and a four years' loaf, and who will come home with nothing but a college yell and maybe a sweater with a letter on it and a swelled head, and the feeling that they are far superior to their parents and their surroundings.

DEAR DOROTHY DIX: We have been discussing platonic friendship without being able to come to any conclusion on the matter. Do you believe that such a relationship is possible between men and women?

LUCILLE

ANSWER: Among the young who are overly sex-conscious, platonic friendship is rare. Perhaps impossible. It is seldom that a boy and girl can be closely associated together without their falling in love or thinking they are in love.

But among older men and women there are many cases of a beautiful and altruistic friendship that has in it no touch of romanticism or desire. The man and woman find each other congenial and all the more interesting because one brings a man's point of view and the other a woman's point of view to every subject. The woman gives the man what he craves in sympathy and understanding, and the woman leans upon the man's strength and finds solace in his protection. They give zest to each other's lives. They are the best of comrades and companions, but neither one wants to marry the other.

Very likely while they love each other as friends, they would hate each other as husbands and wives. They realize that they find each other's little peculiarities amusing, taken in a small quantity, but if they had to be fed on them every day they would be unendurable.

(Continued on page 8)

ELLEN'S DIARY

By An Island Farmer's Wife

FOR WOMEN (WHO BAKE AT HOME) ONLY

What makes women happy

TURN OUT LOVELY ROLLS AND BUNS IN A JIFFY!

AND MY! SUCH DELICIOUS BREAD!

RISES FAST AND BAKES LIGHT, TOO

PERFECT RESULTS EVERY TIME!

3 out of 4 Canadian Women prefer FLEISCHMANN'S YEAST

or the NEW FAST DRY YEAST

Needs NO Refrigeration!

Better English

By B. C. Williams

1. What is wrong with this sentence? "I am glad that this experience is over with."

2. What is the correct pronunciation of "impotent"?

3. Which one of these words is misspelled? Sanctimonious, sanguine, sandwich, sapphire.

4. What does the word "carnivorous" mean?

5. What is a word beginning with os that means "to exile, banish, or exclude"?

ANSWERS

1. Omit with. 2. Pronounce with accent on first syllable, not the second. 3. Sapphire. 4. Eating flesh. "The lion is a carnivorous animal." 5. Ostracize.

It's wonderful—indeed nothing short of amazing to consider the progress we made... but then we have had ideal weather to help us!

"Listen, Ellen! he advises, rising now to an elbow on the couch where he rests, 'which one is that? Sounds like her complaining—no it's the young lad. It's the old cot that's moving. Better run, Ellen!' he whispers, 'because if they once waken — well, if they once waken, Ellen and find their mother missing, we're done — I'm telling you!'

Until tomorrow — Diary — Good-night. . . .

For The Birthday

Those whose birthday it is have a keenly astute and clever men, gallily, moving along exceptional grooves of originality, experiment and exploration which, carefully directed, might produce splendid results in finances and prestige. However, its smart and versatile drives are likely to carry it into dangerous complications, in which loss of funds, opportunity and backing are possible. A tricky turn in affairs may twist and distort, and good grounds be sacrificed.

A child born on this day, while adaptable, brilliant and ingenious may jump at conclusions and divert promising matters into hazardous shoals.

That Body Of Yours

By James W. Barton, M.D.

APPETITE AND SMELLING SENSE

The more we study our body and its reactions, the more reverent we must become. I have in mind a very simple everyday occurrence but it shows how wonderfully we are made and that it is only too true that there is a friendly force behind mankind. It is the relation between our appetite and our olfactory (smelling).

An editorial in "The Journal of the American Medical Association" recites a simple method of measuring our smelling ability. Measurable volumes of odoriferous air which produced a sensation of odor was taken as a unit of measure of smelling ability. Using bottles containing constant amounts of ground coffee Drs. F. R. Goetzl and F. Stone measured the variations in smelling ability throughout the day of the male and female employees of the Permanent Institute of Medical Research, Oakland, California. They found that on days when lunch was not served the smelling ability increased gradually from the early morning until the end of the work day. This increase in smelling sense or ability was accompanied by a parallel or proportionate increase in the hunger sense.

However, the pattern was changed when lunch was eaten at the midday rest period. After eating lunch the sensation of hunger disappeared, and the smelling sense decreased almost entirely. This decrease or dulling of smelling sense persisted for three hours when a rapid increase in smelling sense set in accompanied by a return of the hunger sense.

The above information shows us how Nature, because food is needed to maintain health and strength, increases our smelling sense so that digestive juices pour out to convert food into energy. These juices cause the hunger feeling and so the circle — smelling, outpouring of digestive juices, and hunger — is completed.

EATING YOUR WAY TO HEALTH

Be sure you are getting the all-round daily diet for your type of build and occupation. Write today for Dr. Barton's handy booklet on this subject, entitled "Eating Your Way To Health." Send ten cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, Inc., in care of this newspaper, Post Office Box 90, Station G, New York 10, N. Y., and ask for your copy.

Morning Smile

New He Knows

A man was being shown over a large factory. "That machine," said his guide, "does the work of thirty men."

"Ah," sighed the visitor, "at last I've seen what my wife should have married."

FOR WOMEN (WHO BAKE AT HOME) ONLY

What makes women happy

TURN OUT LOVELY ROLLS AND BUNS IN A JIFFY!

AND MY! SUCH DELICIOUS BREAD!

RISES FAST AND BAKES LIGHT, TOO

PERFECT RESULTS EVERY TIME!

3 out of 4 Canadian Women prefer FLEISCHMANN'S YEAST

or the NEW FAST DRY YEAST

Needs NO Refrigeration!

Better English

By B. C. Williams

1. What is wrong with this sentence? "I am glad that this experience is over with."

2. What is the correct pronunciation of "impotent"?

3. Which one of these words is misspelled? Sanctimonious, sanguine, sandwich, sapphire.

4. What does the word "carnivorous" mean?

5. What is a word beginning with os that means "to exile, banish, or exclude"?

ANSWERS

1. Omit with. 2. Pronounce with accent on first syllable, not the second. 3. Sapphire. 4. Eating flesh. "The lion is a carnivorous animal." 5. Ostracize.

It's wonderful—indeed nothing short of amazing to consider the progress we made... but then we have had ideal weather to help us!

"Listen, Ellen! he advises, rising now to an elbow on the couch where he rests, 'which one is that? Sounds like her complaining—no it's the young lad. It's the old cot that's moving. Better run, Ellen!' he whispers, 'because if they once waken — well, if they once waken, Ellen and find their mother missing, we're done — I'm telling you!'

Until tomorrow — Diary — Good-night. . . .

For The Birthday

Those whose birthday it is have a keenly astute and clever men, gallily, moving along exceptional grooves of originality, experiment and exploration which, carefully directed, might produce splendid results in finances and prestige. However, its smart and versatile drives are likely to carry it into dangerous complications, in which loss of funds, opportunity and backing are possible. A tricky turn in affairs may twist and distort, and good grounds be sacrificed.

A child born on this day, while adaptable, brilliant and ingenious may jump at conclusions and divert promising matters into hazardous shoals.

Even when dried indoors... EVEN WITHOUT RINSING

Surf gives you Sweeter Washes

...whiter, brighter to look at! ...fresh-air-sweet to smell!

Surf contains a wonderful detergent which not only removes every last trace of dirt and grease, but of "dirty clothes" odour, too! Your wash is really sweet and clean—and it smells that way!

Surf gets clothes so deep-down SWEET and clean you can actually SMELL their freshness—even when you have to hang the wash indoors!

But Surf does even more than that. It saves you hours of labour because, with Surf, you don't have to rinse your clothes unless you want to!

Surf—the Surf that's new at your grocer's—has the magic power of grabbing and holding the dirt in the wash-water, so when you wring out the water you actually wring the dirt out with it.

And when you don't rinse, Surf's purifying ingredient continues working in your clothes, to keep them sweeter... in the linen closet or bureau drawer! So, if you prefer to rinse, add a little Surf to the rinse water.

Those rich, long-lasting Surf suds do 3 times the work



"ORDINARY" CLEAN! Though you may think your wash is perfectly clean, a faint "musty" odour often betrays the fact that some remnants of dirt, grease or suds are still clinging to the fibres. Rinsing won't get rid of this... but Surf does!

SURF CLEAN! Even without rinsing Surf removes every last trace of dirt, grease (and suds)... every trace of odour, too! That's why it gets your clothes so white, so bright... so soft... so wonderfully sweet to smell!



If it's Surf-clean, it's really clean... EVEN WITHOUT RINSING

Life was never such FUN before!

Now she's sought after, invited everywhere, enriched with the glow of health that excites admiration. What a difference from that pale, listless, anemic, lonely girl. You too can be happy, peppy, popular. If you always feel tired run-down—do what happy thousands now do, take Dr. Williams Pink Pills. See if within 30 days, a richer, redder blood doesn't make you a new person, with more bounding energy, better color, new radiance. Start today! Get back "the pink" with

DR. WILLIAMS PINK PILLS

-Needlecraft-

FOR THE HOME - SUN BACK SPECIAL

Back interest comes to this versatile bare top dress — via a rustling bustle bow! Cover-up bolero also included in pattern. No. 2937 is cut in sizes 10, 12, 14, 16, 18 and 20. Size 16, dress and bolero, 5 1/8 yd. 35-in.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address. Address: Pattern Department The Charlotte-Town Guardian.

Pattern No. 2937

BLOCKWICH, Staffordshire, England (CP) — Rev. R. S. Huntley believes prayer will help the housing shortage. He urges engaged couples to pray regularly for housing authorities.

BURNING FEET QUICKLY RELIEVED BY ICE MOUNT

