

Happenings of The Week

His Honour Lieutenant Governor T. W. L. Frowse and Mrs. Frowse observed their 40th wedding anniversary on Sunday with a family gathering at Government House.

Mrs. Harry Ritchie of Ottawa, who has been visiting her brother, His Honour the Lieutenant Governor and Mrs. Frowse, left to return to her home on Wednesday.

Mrs. W. W. Reid entertained friends at five tables of bridge on Tuesday evening.

Dr. and Mrs. George C. Fisher entertained friends at dinner Sunday evening.

Dr. W. H. Soper left yesterday on return to Portsmouth, N. H. after a brief visit here. He was accompanied by Mrs. Soper, who expects to remain in Portsmouth for a short visit.

Mrs. Harry Ritchie entertained at a delightful luncheon bridge party at the Charlottetown Hotel on Monday.

Mrs. Arthur Roper, Mrs. Hector Mackenzie, Miss Jean MacLean and Mrs. R. H. Barrett will be hostesses at the Charlottetown Curling Club tonight.

Mrs. Frank MacMillan entertained at tea Tuesday afternoon at her home on McGill Ave. Mrs. J. D. MacGuigan presided over the tea table, which was attractively arranged with a lace cloth, roses and dahlias in a crystal bowl, and lighted pink tapers in silver candelabra.

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ELLEN'S DIARY

By An Island Farmer's Wife

"The hours of day are over," and as well those too of this week as no numbered. Gentle is tonight's dark, and gracious was this day. Steadily indeed too, swiftly for farm-folk, the winter is passing. And the current question not decisively settled in mind: Did the Groundhog return to his den on Candlemas Day? brings the reply: "But how could we have a second winter, when thus far we haven't had the first?"

"Hooking?" a farmwife smiled at our query last evening. "No, I can't seem to settle myself to even the thought of it. . . . Its weather we've been having—it's not winterish at all. It seems as though instead of being at the usual seasonal doings I should be out about the garden searching for budding snowdrops!"

"One of these days, it will be more seasonal, I'm thinking," James offered with a chuckle. "But," he added, thoughts doubtless taken up with the diminishing stores of feed in mow and granary, "at that, it can't last too long. By this time of year," he nodded, "Spring can't be far behind."

Peaceful, quiet, lovely, lengthening days we have had this year, blessed with pleasant winter sunlight and set with favoring winds. Or maybe when a wind of north blew coldly along this valley or a bitter one, over a hilltop from the east bringing odd flurries of snow it came only in small quantity, barely enough to powder the stubble and tuck away lightly in the folds of the furrows.

And these mornings, crisped a bit with frost, clean and invigorating, Jamie wishes he might walk to school but must be content to ride thither with the younger lad who might weary on the way. As we made him presentable yesterday for the class-room, putting on the scrubbed school-boy appearance and brushing back dark hair, he commented soberly: "And isn't it too bad that Mother isn't here to see me go? Wouldn't she have liked that! . . . Watching me—like she always watched Jamie, as far as she could see him. If I were walking," he nodded, "just there where you go out of sight . . . well, before that I mean, 'I'd turn and wave back to her so she'd know I was all right. She'd like that, wouldn't she? . . . Poor Mommie!" And we gave him an extra caress, this sturdy likeable lad, who, despite adequate material comforts of home must face life as a motherless bairn.

Major and Mrs. T. H. E. Inman entertained a number of friends at their home in Summerside on Wednesday evening.

Mrs. Creelman MacArthur of Summerside was hostess at bridge on Monday evening.

Mrs. Stuart Veale Charlottetown, is visiting in Summerside, guest of her parents, Mr. and Mrs. Arthur Allen.

Mrs. Heath Strong of Summerside was hostess at bridge on Saturday evening and again on Monday evening.

Mrs. Richard Hurst and Mrs. Stuart Veale were joint hostesses at the apartment of the former in Summerside on Wednesday evening honouring Miss Paula Schurman at an informal dinner.

Mrs. Charles Linkletter was hostess at her home in Summerside on Wednesday evening when four tables of bridge were in play.

Mrs. W. A. Gaudet, Summerside, entertained at bridge on Wednesday evening.

Mr. and Mrs. William Hayward entertained at a five-table dinner bridge at their home in Summerside on Wednesday evening.

Mr. and Mrs. W. B. Shand left recently for their home in Lethbridge, Alberta, having spent the past two months with their son-in-law and daughter, Mr. and Mrs. E. Grant Travers, St. Eleanors, and the previous four months in England.

Mrs. R. J. MacNeill and daughter Miss Doryse MacNeill left Summerside on Thursday by automobile for Florida.

The hostesses at the Montague Curling Club this evening will be Mrs. Russell MacDonald and Mrs. Wellington Nicholson.

Members of the office staff of Maritime Central Airways held a dinner at the Charlottetown Hotel on Wednesday in honour of Miss Lois Burke, who has been transferred to the traffic office in Moncton. Miss Burke was presented with a parting gift by her friends.

Mrs. P. J. Ready, McGill Ave., entertained friends at bridge on Wednesday evening.

Miss Carol Ann Hogan entertained friends at a square dancing party last evening.

Among the guests at the Charlottetown Hotel this week has been Mr. I. M. Gordy of Jacksonville, Florida.

Miss Adelle MacLellan, Mrs. Ella Connolly and Miss Florrie Green left yesterday morning on a trip to New York and Montreal. They expect to be away about two weeks.

Members of the Knights of Columbus Club held an enjoyable formal dance at the Clover Club on Thursday evening.

Mrs. W. W. Crosby, who has been a patient in the Prince Edward Island Hospital, is convalescing at the home of her son-in-law and daughter, Mr. and Mrs. J. G. MacLean, Prince St.

Mrs. Leonard Vatcher left yesterday morning for Napan, N.S., to visit Mr. Vatcher, who is with the M.V. Eskimo.

Miss Ethel Brown entertained at bridge last evening and will again entertain this afternoon.

Mrs. J. L. B. Anderson entertained at her home Tuesday evening at three tables of bridge.

Mr. and Mrs. T. Milton Brehaut entertained at bridge Wednesday and Thursday evenings.

Mrs. George MacDonald leaves this morning for Toronto where she will visit her daughter and son-in-law, Mr. and Mrs. Angus MacDonald, and her sister, Mrs. Myrtle MacKinnon.

Mrs. Douglas Jardine of Charlottetown is visiting in Summerside, the guest of Mr. and Mrs. James Cairns.

Robe For Coronation



This is the traditional robe of a roque of London, it is worn over a baroness which will be worn at the Coronation of Queen Elizabeth in London in June. Made by Barbara . . .

This white brocade gown from the spring collection of Arthur Banks of London illustrates the effect of Coronation ceremonies on fashion. Destined to be worn in Westminster Abbey by peeresses attending the Coronation, the off-shoulder effect is necessary for the proper display of the crimson robes which will be worn over the gown. The tulle petticoat effect is held by brocade leaves and roses sprinkled with silver and diamonds. (CP from U. K. Information)

DOROTHY DIX'S COLUMN

A Queer Bird Jealous Husband Even Bans Wife Attending Women's Parties

DEAR MISS DIX: My problem is making me a nervous wreck. I married quite young, and life with Phil was wonderful until we returned here, to the city where I was raised. Since then his jealousy has made my life horrible. I'm not allowed to go to any clubs, showers, or anything attended by women only. If he can't go along, I can't either. I've lost all my friends. Phil says I can't see any unmarried girl friends because all they're out for is a pick-up, which isn't true. When my mother died, I was sent for but couldn't go because Phil had to work and couldn't go with me. He claims no woman can be true, and the only way to insure fidelity is to give no freedom.

His attitude has killed all my love for him. Do you think I would be right in suing for divorce? Or should I stay on? DONNA W.

A SUBJECT FOR A PSYCHIATRIST

ANSWER: Phil is the victim of a neurotic jealousy which will probably never be cured, but will, in fact, become worse as he grows older. His contemptuous attitude towards women belies any hope of change, and his despicable refusal to let you attend your mother's funeral brands him as a chattel to him. Life with him certainly holds no happiness for you, and may even lead to tragedy. Have a talk with your clergyman and get his opinion on a separation. I recommend, also, a conference with your doctor. If either one suggests psychiatric care for your husband, follow through and see if the situation improves.

DEAR MISS DIX: I am one of a large family, whose parents did the best they could to give us an education and spiritual training. However, one of my sisters has chosen to live with a married man. I contend that her conduct should estrange her from the rest of the family, but some of my sisters have been accepting both of them into their homes as though they were married. I refuse to do so, and my husband agrees with my stand. PUZZLED

ANSWER: Flagrant adultery certainly is not a thing to be condoned or accepted. Those of your sisters who do treat the couple as honored guests are undermining the standards of their own families. How can the children of these sisters be taught right from wrong when their own parents sanction, almost encourage, so serious a sin? You quote some of your friends as saying what the erring sister does is her own business. That's true as long as her wrongdoing doesn't touch other people. When she flaunts her misdeeds to the point where the morals of younger people might be endangered, her actions become the business of everyone in the family. Stealing another woman's husband is not a pretty deed, and one indulging in it should at least have the grace to keep her mode of living private.

DEAR MISS DIX: Before I was married, my best girl friend tried to separate my fiancé and me. Now that we're married, my husband doesn't want her to come to our house. She and I always went around together and I would like to have her visit me.

ANSWER: Your husband sure has lots more sense than you have. Some women really do go out of their way to look for trouble, and you, apparently, are one of them. The girl friend lied, almost successfully, to woo your fiancé away from you, and I'd like to know what guarantee you have that she won't do the same with the man now that he's your husband? You're nursing a viper in your bosom, girl, and if you want to keep a happy home, let the girl friend go her own way.

DEAR MISS DIX: I am 15 and I like a boy who lives quite a distance away. He wants to write to me, but I'm worried about what my parents would say. They don't know about him yet. Should I tell them he wants to write, or correspond secretly? Also if he comes down to see me, should I introduce him to my parents? SUZANNE

ANSWER: One of the most foolish things a girl can do is to correspond with, or see, a boy she's not worth bothering with. By all means take them into your confidence, and if the boy comes to visit, introduce him to your family.

DEAR MISS DIX: My boy friend is in the Army and I just feel lost without him. We have been going steady for two years. He wants us to get married but I think I should finish school. I still have a year to go. I have lost track of all my girl friends since I have spent so much time with the boy. I'm so lonesome; what can I do? ROSEANNA

ANSWER: It shouldn't be too difficult for you to pick up the threads of old friendships, or weave new ones. So many girls are sharing your problem that I'm sure you'd like to band together for mutual comfort. Scout around among your schoolmates and see how many girls are lonesome because their boys are in service. Set up some sort of a project, such as sending a package to one of the boys each week, or month, as your finances permit. Periodically then, each boy will receive a box from home into which is packed all the good wishes of his old pals—as well as more substantial items.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

London Fashion



This white brocade gown from the spring collection of Arthur Banks of London illustrates the effect of Coronation ceremonies on fashion. Destined to be worn in Westminster Abbey by peeresses attending the Coronation, the off-shoulder effect is necessary for the proper display of the crimson robes which will be worn over the gown. The tulle petticoat effect is held by brocade leaves and roses sprinkled with silver and diamonds. (CP from U. K. Information)

That Body Of Yours

By James W. Barton, M.D.

LIVING A COMFORTABLE LIFE WITH HEART DISEASE

I have written before of the patient who consulted a physician relative regarding his heart. After careful examination, the patient was told that his heart was in good condition, in fact, he might obtain insurance because his heart responded so well to exercise. He was given some light daily home exercise and told to walk at least half a mile daily.

On his return a few weeks later, the physician was alarmed at the condition of the patient's heart and advised him that his heart did not behave as well after light exercise as on his previous visit. The patient then confessed that on his previous visit he was taking digitalis regularly on advice of another physician. The physician told him to return to the first physician who was controlling his heart action safely with digitalis.

From the above we learn that in this particular patient, digitalis enabled him to live a normal life despite his heart disease.

Some months ago I stated that digitalis can make living safe for many patients with heart disease, as was shown by tests reported by the American Heart Association. Thus, Dr. Joseph G. Benton, New York, N. Y., showed that oxygen consumption as a measure of energy cost was determined by means of closed system of breathing in a group of 25 normal individuals and compared with data similarly derived from a group of 20 patients with heart disease in whom the disease was controlled by digitalis. These heart patients included all varieties of heart disease and all were on adequate heart disease medicine.

Tests were made by walking on level ground and stair walking. These exercises were graded in intensity and were performed under standardized conditions with regard to duration and speed. Oxygen consumption was measured in milliliters per kilogram of body weight.

What was found in those without heart disease and in those whose heart disease was compensated or controlled by digitalis? While those were small groups (28 without heart disease and 20 with heart disease), these tests made under accurate and scientific methods of measuring the amount of oxygen each individual uses in performing the exercises, according to weight, duration of exercise and speed with which exercise was performed, showed that heart patients expend no more energy as measured by oxygen consumption than do individuals without heart disease.

The lesson, then, is that heart disease may not mean a death sentence, that being under the care of the physician and consulting him regularly may mean years of useful life, not an "invalid" life.

Better English

By G. G. Williams

1. What is wrong with this sentence? "The condition of things are chaotic, and we must talk about them previous to our departure." 2. What is the correct pronunciation of "coup"? 3. Which one of these words is misspelled? Aperture, apathetic, apparatus, aptitude. 4. What does the word "regress" mean? 5. What is a word beginning with all that means "to lighten or lessen physical or mental troubles"?

ANSWERS 1. Say, "The condition of things is chaotic, and we must talk about them previous to our departure." 2. Pronounce as though spelled koo. 3. Apparatus. 4. To go or come back. "Such minds have regressed in varying degrees to the childhood of the human race." 5. Alleviate.

Anne Adams Patterns

SPRING SUCCESS! Spring weekends are so much more fun when you wear this dress with the dashing dramatic collar—the molded midriff that tapers to a tiny waist—the hemline that swirls out so smartly as you walk. Note the zigzag yoke detail—this would be smart in a striped fabric. Pattern 4631: Misses' Sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42. Size 18 takes 4 1/2 yards 35-inch fabric. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, Name, Address, Style Number. Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.



4631 12-20, 30-42 by Anne Adams

The Stars Say

By Genevieve Kemble

For Tomorrow A DAY of rather discouraging and static beginnings with little to count on for active or lucrative attack on pending matters of the moment. However, as the day advances there could be a very definite and convincing incentive to tackle some fresh venture or alluring projects with much energy, verve and intelligence. This show of versatility, new ideas, with fresh tactics, ways and means of putting them over, could so impress superiors or employers as to secure impressive support and finances for development. Give serious thought to such prospects.

For the Birthday Those whose birthday it is may be assured of a notable year of exceptional progress, with success perhaps along new, novel or experimental lines. Serious and enterprising attention should be directed to the attention of employers, superiors or those in authority. They may be impressed by the novelty and unusual angles, by their ingenuity or exceptional timeliness. A child born on this day will be richly endowed with intellect, versatility and sound judgment to secure it a noteworthy place in life.

Day After Tomorrow The horoscope holds augury of a rather disturbing and exciting state of affairs with exciting developments. Under a menacing plane of adverse position it might be desired to transmute excess energy into some sort of mental, manual and constructive outlets rather than in flares of emotional or physical disturbance. Keep a firm grasp on all sorts of stimulating indulgences.

For the Birthday Those whose birthday it is may have a year of such exciting and stimulating contacts and incentives as to cause the tongue, temper, and temperament to run wild into stressful and unhappy situations. Under spur of highly excitable feelings, emotions and ideas, it might be well to "let off steam" in planning some practical constructive programs, demanding initiative, manual skills.

A child born on this day may be full of vim and vigor as to call for early discipline in giving constructive outlet for excess energy and vitality.

That's Different Rich uncle: "I'm sorry you didn't like your Christmas present, but didn't I ask you first if you liked large or small checks?" Nephew: "Yes, but I didn't know you were talking about neckties."

Morning Smile

Positively Rollicking Algernon (reading joke): "Well fancy this, Percy. A chap here thinks that a football coach has four wheels." Percy: "Ha, ha! Say, that's a good one! Er, how many wheels does it have?"

Alice Brooks Designs

Look! NEW QUILT The stunning Turnabout Quilt! Reversing the materials like this made the most fascinating patterns. And it's interesting to piece. All straight seams; easy to make. Turnabout Quilt Pattern 7071 pattern pieces in directions. Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario Please print plainly Name, Address and Pattern Number.

How Can I . . . By Anne Ashley

Q. How can I eliminate the sagging of a knitted suit or sweater at the shoulders? A. Try attaching a bit of ribbon to the length of the shoulder from neck to armpit, securing the ribbon, at each end to the sweater. This will hold the shoulders firmly in place.

Q. How can I keep dresses from slipping off dress hangers? A. Rubber bands wound around the ends of slippery dress hangers eliminate this trouble.

Q. How can I make it easier to launder blankets? A. Soak the soiled blankets over night in a solution of cold water and borax. This loosens the dirt and makes the job of washing much easier.

Does your diet recommend Whole Wheat?



You will enjoy whole wheat in this delicious form. Vita-Wheat is whole wheat in crisp, thin wafers . . . nourishing and so satisfying.

MADE BY PECK FREAN'S BISCUITS Famous