

That Body Of Yours

By James W. Barton, M.D.

SKIN INFLAMMATION DUE TO DRUGS

During World War I, an epidemic of scarlet fever occurred in an infantry unit and about twenty members were sent to our base hospital. Among the patients was their chaplain whom I happened to know as a university sprinter. He complained bitterly to me, as senior medical officer, that this detention in hospital prevented his going overseas with his unit and, besides, he was not sick. The medical officer of his ward and I examined him for symptoms and found nothing but a light rash across his chest. There were no symptoms of scarlet fever aside from this light rash, while all the other patients from his unit had the usual symptoms and the typical rash. I asked him if he had taken any medicine and he stated that he had taken a couple of headache tablets and the rash appeared a short time afterwards. He was returned to his unit that same evening.

As these rashes or other skin eruptions occur when the individual is allergic to various substances, it is of interest to learn of the different kinds of skin eruptions or irritations and the type of skin reaction to the different drugs.

In Postgraduate Medicine, Drs. M. B. Sulzberger, and V. H. Whitten, Professor and Assistant, respectively, in Dermatology, New York University Postgraduate School state that not only dermatologists but also physicians in general are now recognizing the ever increasing number of dermatoses (skin ailments) due to drugs. All physicians and the public also are aware of all the new drugs and combination of drugs — antibiotics, analgesics, antihistamines, anti-coagulants, vitamins, hormones, sedatives and soporifics, as well as innumerable other kinds of medications.

While it is admitted that these drugs have been of benefit to patients, the number of undesirable effects has multiplied many times. Among the undesirable effects are skin eruptions and irritations, many of which are mild but, unfortunately, some are severe. And as these skin reactions may closely resemble some definite skin disease to which is added the special or specific eruption of a particular drug, especially if the patient is allergic to this drug, diagnosis is difficult.

Drs. Sulzberger and Whitten name the various drugs to which the patient may be allergic and the variety of inflammations, irritations or eruptions that commonly result from the use of certain drugs, either from allergy (oversensitive to the drug) or where the drug acts as a poison. Symptoms may be mild (simple itching), or very severe.

The family physician should be first consulted. He will recognize the symptoms of drug eruption and may then refer patient to the skin specialist for needed special treatment.

PAINT A ROOM WITH Kem-Tone FOR THE PRICE OF TWO PAIRS OF NYLONS

Cook's Corner

STUFFED CABBAGE

At our Homecrafters' test-table, this was declared the best version of this dish we had made and possibly the best we have eaten.

Yield—Five or six servings. 1 rather large firm cabbage 1 pound sausages 1/4 cup chopped onion 2 cups 1/2-inch cubes bread 1/2 teaspoon salt 1/2 cup chili sauce

Trim away very coarse leaves from cabbage. Remove a slice from top of cabbage and scoop out centre, leaving a firm outer wall. Cut the sausages into 1/2-inch lengths and fry until almost cooked; add chopped onion and saute until sausages are cooked and onion tender. Drain from fat.

Chop the scooped-out part of the cabbage, discarding the core and combine with bread cubes, salt, sausages and onion. Mix in the chili sauce.

Fill scooped-out cabbage with stuffing and replace the cabbage top. Tie the whole securely in a square of cheesecloth and place in a deep saucpan, top-side up.

Surround cabbage to about half its depth with boiling water. Cover closely and boil gently for an hour.

Life cabbage from the water, drain carefully, remove cheesecloth and place cooked cabbage on platter.

Serve with tomato sauce, brown gravy to which a little fried onion has been added, or with mushroom sauce made by heating a tin of condensed mushroom soup, mixed with a little milk.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

AN unpredictable and sudden swirl of events may give much excitement and thrill with surprising benefits, unlooked-for change. Dramatic denouements or climax may prove so exciting and disturbing as to incite to strange or peculiar demonstrations. Stimulated emotions, novel situations, might prove too much for calm and discreet judgment or behavior. Extremes, excesses or unconventional acts might bring unlooked-for loss of prestige. Keep firm brakes on impulses, emotions, waste of energy or funds.

For the Birthday

Those whose birthday it is may have little complaint of a hum-drum or colorless existence. New plans, prospects and environs may add verve and zest to living, with events, adventures and undertakings in new physical or emotional experiences. Sudden visitations might prove alluring and gratifying, while unfolding as well peculiar or queer contacts or activities uncertain and hazardous. With calm judgment and discretion such unfamiliar crises might yield unpredictable benefits. Dramatic highlights directed with good sense might write unforgettable or sensational chapters in a vivid life.

A child born on this day may enjoy a spectacular life of vicissitude and change, with colorful highlights crowning a tempestuous career.

The stone-roofed cell of St. Columba who dwelt there in the sixteenth century is still shown at Kells, near Dublin.



Mr. and Mrs. Renford MacDonald are pictured above with their attendants after their marriage at St. Paul's Church, Charlottetown, on Saturday, September 20th. The ceremony was performed by the Rev. J. T. Ibbott, assisted by the

bride's uncle, the Rev. Cutbush; MacLean of Niagara Falls, N. Y. From left to right are: Mr. Irving Cotton, best man; Sgt. Harold Wood, usher; Mr. and Mrs. MacDonald; Mrs. Irving Cotton, matron of honour; Mr. Don MacNeill, usher; Mrs. Harold Wood and Mrs.

Don MacNeill, bridesmaids. The flower girl is Miss Christine Ramsay. The bride is the former Oliveine MacLean, daughter of Mr. and Mrs. Roy F. MacLean, Malpeque Road, and the groom is the son of Mr. and Mrs. D. A. MacDonald, Summerside.

Household Scrapbook

By Roberta Lee

Dustless Duster

A dust cloth that will readily hold the dust can be made by soaking a large square of cheesecloth in kerosene oil until thoroughly saturated. Hang in the open air all day until well dried. It holds the dust splendidly. When soiled, repeat the process after the cloth has been laundered.

Aluminum

Mix ammonia, borax and water, and apply to the aluminum with a soft cloth. Another method is to wash in warm soapy water, then dry and polish with whiting.

Boiling Eggs

The shells of the eggs will not crack while boiling if the eggs are dipped into cold water immediately before putting them in the boiling water.

How Can I ...

By Anna Ashley

Q. How can I remove white spots from furniture?

A. Rub the wood with a cloth moistened with kerosene, or with equal parts of linseed oil and alcohol. If the stains are obstinate, cover with baking soda and hold a hot iron close to the spot, taking care not to scorch the wood.

Q. How can I remove tarnish from my silver?

A. Put some sour milk in a pan and lay the table silver in it. Let remain all night; then wash the silver in hot water suds. All tarnish will have disappeared.

Q. How can I make easier the task of peeling new potatoes?

A. Try using a metal pot cleaner for peeling new potatoes. It rubs off the outer skin and eliminates waste.

DOROTHY DIX'S COLUMN

Useless Efforts

In-Laws Who Won't Be Wor Must Be Ignored

DEAR MISS DIX: My parents died a number of years ago and I have no brothers or sisters. Hence, when I married five years ago, I looked forward to having a family of my own, and being accepted by my husband's large family. Instead of taking me to their hearts, his people treated me like an interloper. No efforts of mine to please them or win their affections succeeded. I have honestly and sincerely tried to be nice to them, but they refuse to regard me as anything but a stranger.



Muriel Nissen

The tension created by the situation has made me physically ill. All week I look forward, with dread, to the coming week-end visits. When I visit with my husband, they ignore me. I am not brought into their conversations and, if I do say something, I am immediately interrupted. Also, there are many quarrels among the family, which go on whether I'm there or not. As you can see, visiting their home is not a pleasant experience. They have managed to talk my husband out of every worthwhile plan we have made. I want him to leave me at home when he goes to visit, but he refuses to do this.

ANSWER: My general contention on the subject of in-laws is that a little forbearance, tolerance, patience and consideration on both sides would eliminate almost all trouble in this connection. It is regrettable true, however, that sometimes even an abundance of these qualities on one side fails to win the opposition. The only course to follow then is one of equally stubborn resistance.

ASSERT YOURSELF

There is no reason why a daughter-in-law should be subjected to the rude and inhospitable treatment you describe. Straighten the backbone, girl; tell your husband flatly that you will not continue week-end visiting unless you are at least accorded the consideration to which even a casual visitor is entitled. He'll object strenuously, of course, and the in-laws will criticize a-plenty, but both will give you grudging respect for ceasing to act as a doormat.

Since the family is a quarrelsome one, even among its closest members, you have no cause to feel that you particularly are singled out for ill treatment. They are not a harmonious group; even if you were accepted as one of the family, you would still not find happiness or contentment among them. Such people should be the objects of your pity — but stay as far away from them as possible. They can also be very dangerous.

DEAR MISS DIX: For the past few months I have been very much interested in a man with whom I have come in contact through business. He is always pleasant to me, often pays me compliments, etc. However, he has never asked me for a date. I am in my early 20's and I think he is, too.

ANSWER: Without knowing more of the young man's personal life, you are setting yourself up for trouble by becoming so seriously interested in him. Perhaps he is married, engaged, or going steady. If he is free, and likes you, he'll get around to asking for a date, never fear.

DEAR MISS DIX: My husband's mother has never liked me, and she has promised him a car and a new home if he will divorce me. He can't make up his mind what to do. I am 24. MARY F.

ANSWER: You certainly have a poor specimen of manhood if he actually considers his mother's offer. Fortunately for you, you live in a state where divorce is not so easily obtained. He'll need better ground than a desire for a car before the law will grant his freedom. If he goes ahead with his mother's plan, make sure your own legal rights are well guarded. Have a lawyer or, if you can't afford one, see the Legal Aid Society for proper counsel.

Alice Brooks Designs

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Children's Own TABLETS by Alice Brooks

ELLEN'S DIARY

By an Island Farmer's Wife

At Alderlea... but we recall the children chatting of those pastured in a far meadow there, on an afternoon of summer when we had caught the glint and glow of their colors across the width of Mr. B's farm which lies between here and there. It was not that day and the youngsters had taken their supper-eats to the shade of the lawn-trees where they sat about on the grass... "I think," Granddaughter said with a funny smile, nodding in the direction of the herd, "we have every color in the world, haven't we? Although there is a lot of red!" "That's the color I like," Gage offered, "with white mixed in it—or all white. Is very good too."

"I like..." Jamie began, then shook his head, "there are so many breeds to choose from I couldn't make a choice, I'm afraid." "When I get to be a man," Mack commented, "I'm going to keep Jersey." The company laughed and one said in a low tone, "He can't tell one breed from another." "I can too!" he declared with a pout. "Well, I'm going to keep a brindle—a little 'poor man's cow'!" we laughed turning an issue aside. "And she has to be a mulley, because, Granddaddy will have to look after her and he will be getting old and older, and he just can't let her lift him up on her horns, now can we?"

They laughed with us at the picture. And Granddaughter catching the spirit said, "Don't you think you'd rather have one with a crumpled horn than one that would curl back toward her face? She would be very kind, I'm sure." "But Grandmothers don't have cows like that," Jamie reminded her, remembering the Nursery Rhyme in connection. "Well, I don't know what color mine will be," Gage chuckled, looking off to the summer blue above a hill-top, "but she's going to be quite a trial to fence for, I know." He looked at Granddaughter and dimpled merrily. "I'm going to buy the one that jumped over the moon!"

James, in an armchair, last night, after a day of threshing at Alderlea, read The Shorthorn News. It was quiet in the kitchen and the fire crackled on the hearth with a lonesome sound. Presently he looked up with a smile, which turned into a chuckle. "Let me read you this," he said. "Times have changed" is the heading, and it's by "Papyrus." Listen, Ellen! And he read:

"Forty years ago folks boiled coffee and settled it with an egg; the only reds known were red flannels; and a bee didn't think he had to have a vehicle in which to run to pursue happiness. "People were more interested in the contentment of each other than they were in cows; ladies wore side-saddles, and when the preacher said a truth the people said 'amen!'"

"A candidate had to be economy-minded to get elected to office; neighbors asked about your family and meant it; and when a man dressed for the evening he put on his nightshirt."

"Folks used toothpicks and were still polite; and the neighbors got their liver at hog-killing time. "Two or three people could meet without passing the hat; Good-night..."

Anne Adams Patterns

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4691 SIZES 2-10 by Anne Adams

Modern Etiquette

By Roberta Lee

Q. Are guests at a home christening obligated to bring gifts for the baby?

A. No. The godparent is the only one with a measure of obligation, sometimes choosing to start a bank account or to give the godchild a bond. Other gifts may be anything from the first pearl for a girl's necklace, a perambulator, a playpen or baby pins to a baby spoon engraved with both the baby's and the godparent's name.

Q. Should the escort of a woman acknowledge the courtesy if, when entering a crowded bus or streetcar, another man offers his seat to the woman?

A. Yes, by all means. He should lift his hat in acknowledgement.

Q. How may one serve fruit at an informal dinner?

A. Just place a large bowl of fruit on the table, and allow the guests to help themselves.

Morning Smile

Diplomacy

"Does your wife know I'm coming home for dinner?" "Of course—we had a terrible row about it this morning."

His Trumpeter

The conceited colonel was complaining about his subordinate officers. "I'm obliged to do everything myself," he grumbled. "I'm my own captain, my own lieutenant, even my own sergeant-major."

Good Test

"That man is so honest he wouldn't steal a pin." "I never thought much of the pin test. Try him with an umbrella!"

parents were the only baby-sitters; and men worked for an honest living instead of wishing for one." James put down the paper. "Now isn't that about the size of it. Elphinstone" he offered with a smile. "Until tomorrow - - -Diary - - - Good-night..."

How Many Wear FALSE TEETH

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Better English

By V. C. Williams

- 1. What is wrong with this sentence? "I have hardly enough cups and saucers." 2. What is the correct pronunciation of "cherish"? 3. Which one of these words is misspelled? Describable, changeable, impassable, reprehensible. 4. What does the word "retrospective" mean? 5. What is a word beginning with sta that means "to make or hold firm"?

ANSWERS

- 1. Use "scarcely" to express quantity, "hardly" to express degree. "I hardly see how it can be done." 2. Pronounce the e as in bet, not as in her. 3. Changeable. 4. Directed to the past; contemplative of things past. "His story was retrospective." 5. Stabilize.

Economical HOT MEALS CLOVER LEAF Salmon SALMON LOAF GIVE Cold-Sick Child this Pleasant LAXATIVE relief Children's Own TABLETS

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