

ELLEN'S DIARY

By An Island Farmer's Wife

Representing the W. I. of our community and in company with another of its ever-widening circle, we today joined a representative gathering from farm and village, from town and city at the Annual Meeting of the Prince Edward Island Tuberculosis League. The health of her family and those in her world about is always a consuming interest of the farmwife, so that for us, this proved to be an interesting and worthwhile outing. Perhaps those of us who are older can best remember the ravages of the disease in the long ago — the misery and hopelessness and sorrow of it when often a premature death was welcomed to carry off the sufferer and end possible contagion to loved ones and friends. And learning something of the high rate of cures as well as "the declining rate of case finding" in the enlightenment of this day and age, it was to say a prayer that all who could be reached by the Mobile X-ray Clinic on its round, would avail themselves of the opportunity, so that any need it might earlier benefit by subsequent treatment, and so be restored to good health again.

As we see it from this farm at Alderlea, it is not so much fear as a carelessness that keeps rural people from presenting themselves at the Unit. "We're perfectly healthy!" we tell ourselves, or, "We're much too busy today to bother with it!" When we stop to consider, it is only good sense to be certain of our condition of health and if treatment is indicated in our X-ray, the earlier we receive it, the sooner our recovery, the longer our lives. Our cattle, we must have T. B. free, our poultry, our hogs. On farms we are most insistent about these, and yet through a careless attitude we may harbor a shadow ourselves. Aware of its unquestioned merits in locating unsuspected cases of T. B. and pointing them to treatment, we would respectfully urge every adult and child of prescribed years to present themselves at the Unit when it comes to their neighborhood as a sensible and precautionary measure in finding out, in curing, and in time eradicating the disease on the Island.

We were the grey-haired bespectacled farmwife, topped by a modish and flat-topped hat of black straw which above some faces would be quite becoming. James laughed outright when he saw it above ours. "That's not new?" he queried. "Well, I'm not in my second childhood! I could swear that old Miss... used to wear one exactly like that over sixty years ago... Exactly like it... bunch of flowers in front and all!" Our companion was a young matron, who handled her car with an expert touch. She is an ex-school matron, attractive and alert — one who can teach a class, bake a cake, or sing a solo with equal ease and grace, as well as take a turn on the tractor, a part in the community play, or assist with the farm-choring. Dark of hair, fair of skin, merry of eye and chic in its interesting and talented woman of the farm. What a fine day was this for a feminine outing! Perhaps not on our account but to bless the wedding party we saw, an intriguing incident in our visit — the city. He so handsome and obviously proud of her and she happy and radiant in the traditional bridal white. Her attendants gowned prettily, were like flowers that blended colors in a spring bouquet... We wished we might re-enter the hotel we were leaving that we might join in the festive celebration, or at least linger long enough to wish the two all the happiness and joy that we know can be bound about by the magic circle of a wedding ring.

Granddaughter spied us returning and met us, with a wide wel-

That Body Of Yours

By James W. Barton, M.D.

ALLERGY AND INFECTED TONSILS AND ADENOIDS

Parents are sometimes greatly disappointed when removal of their child's enlarged tonsils has not brought about the disappearance of the symptoms for which the operation was performed. That allergy (sensitiveness to various substances such as foods, feathers, furs, pollen) may be causing the symptoms and not the enlarged tonsils is stated in California Medicine by Dr. Ben F. Feingold (Children's Hospital, Los Angeles). "Swelling is the chief factor in enlargement of tonsils in allergic children. A large, pale, boggy and juicy-looking tonsil results, which, when coupled with symptoms of allergy (itching of nose, sneezing, running nose, drip from back of nose into throat and cough) give a picture of symptoms often mistaken for infection of nose and throat." Because this syndrome or group of symptoms is really caused by the effects of allergy on lymphoid tissue (tonsils and adenoids), surgical removal of these tonsils and adenoids, with no infection present, will not relieve the symptoms. On the contrary it may aggravate the symptoms.

"The general rule should be that if no infection (or obstruction) is present, the removal of the tonsils and adenoids should not take place. When tonsils or adenoids produce symptoms of obstruction, removal is justified only when the allergic condition is adequately managed before and after the operation."

It is known that with infection the allergic disease is aggravated. As the infection gradually subsides, the allergic disease improves. Thus where either infected tonsils or adenoids, or both, are present in allergic individuals, attacks of these infections occur more frequently. In conditions like this it is important that infected tonsils and adenoids should be removed surgically.

"An allergic child who, after complete management of allergic disease for a reasonable time, still has the infections of nose and throat, which infections involve tonsils and adenoids, should have tonsils or adenoids or both removed," Dr. Feingold writes.

The thought then, from the above information from an authoritative source, is that when allergy and infected tonsils and adenoids are present, the advice of a nose and throat specialist or allergy specialist, or both, should be obtained. Tonsils are needed by the body till the age of puberty unless infection or obstruction is present.

coming smile, on the short-cut, the black dog at her heels. James came then from his work at the bridge — and it was supper-time. ... and we were "Home again!" Until tomorrow — — Diary — Good-night...



THE ROYAL MAUNDY SERVICE AT WESTMINSTER ABBEY. His Majesty the King, accompanied by Her Majesty the Queen and Her Royal Highness the Princess Margaret recently attended Westminster Abbey for the Royal Maundy Service. His Majesty the King distributed the Royal Maundy Money, (Royal Maundy Alms) to old people, a royal charity which dates back over 600 years. This picture shows Their Majesties holding their traditional poses passing through the lines of King's Scholars of Westminster School after the service. In the foreground is Canon Don, the Dean of Westminster.

DOROTHY DIX SAYS—

College vs. Romance

Undecided Girl Advised To Continue Her Education

DEAR MISS DIX: I am a Senior in high school and have been accepted for college entrance this coming fall. My trouble is that I don't know what to take up; sometimes I don't even have the ambition to go on with school, but I know I won't get very far without more education. I work one day a week at my aunt's restaurant and have grown very fond of the work. I like the people, too, especially a boy who has been coming in to see me. I like him very much and his friends say he likes me. I will miss him if I go on to college. Then again, if I don't go on with my school, I can't see working in a restaurant with no possibility of rising to a better position. But if I can't see this boy, I won't be very happy either. What shall I do?



ANSWER: Even though you say you sometimes lack the ambition to continue schooling, the general tone of your letter indicates you are ambitious and realize the importance of higher education in these competitive times. Be thankful for the opportunity to go on to college, and don't pass it up.

HE'S JUST AN ACQUAINTANCE

Of course, your stumbling block is the young man you have re-

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Household Scrapbook

By Roberta Lee

Food Values

Lettuce is good for the nerves. Beets and turnips contain iron. Tomatoes are good for the liver and stimulate it. Celery is good for rheumatism. Spinach is good for the bowels. Carrots are good for clearing the complexion. Asparagus is good for the kidneys.

Mending Stockings

Don't forget to remove all rings from the fingers when running the hands into the stockings. The rings are almost sure to catch threads.

The Trash Can

To give the trash can a good disinfecting, place it out on the lawn and burn some papers in it. All the unpleasant odors will be removed.

Better English

By D. C. Williams

1. What is wrong with this sentence? "He sustained an injury which prevented him working."
2. What is the correct pronunciation of "barriage"?
3. Which one of these words is misspelled? Bouillon, bullion, boulevard, bourgeois.
4. What does the word "egregious" mean?
5. What is a word beginning with ob that means "evident"?

ANSWERS

1. Sustain means to bear up from; uphold. Say, "He received an injury which prevents him from working."
2. Pronounce bar-rah, both a's as in ah, accent syllable.
3. Bouillon. 4. Conspicuous for bad quality. (Pronounce e-gre-jus, both e's as in me, accent second syllable.) "Only an egregious fool would have made such a remark."
5. Obvious.

Murder Is Forgetful

By WILLIAM BOGART

CHAPTER I

The tall, young-faced man stepped out of the elevator on the thirteenth floor of the building on lower Fifth Avenue and moved along the hallway with an array of paper-wrapped packages stacked up to his chin.

Balancing the stack of bundles, he bent his knees until his hand was on a level with the doorknob and his chin was opposite the gold lettering on the frosted glass of the door. In neat, fine print were the words: Moe Martin, Literary Agent. Beneath this, in bold and elegant style, there appeared: Johnny Saxon, Private Investigator. I Never Sleep.

Johnny Saxon managed to get the doorknob turned and then he kicked the door open with his toe. He staggered into the office and hurried toward a table and let the bundles fall in a heap. His bright, warm gaze touched the man seated behind the desk nearby.

"Hi, uncle," Johnny Saxon grinned.

Moe Martin looked up from the manuscript he'd been reading. He removed heavy rimmed glasses and placed them carefully to one side, and his tired, bloodshot eyes stared first at all the bundles, then at tall Johnny Saxon.

"Something tells me," Moe Martin said worriedly, "that we are going to be broke again." He frowned. "What have you been buying now?"

"Clothes," said Johnny Saxon. "I also got you some shirts and neckties and socks. You are badly in need of them, sweetheart. All you need now is a new suit."

"I've got a suit."

"Yes," agreed Johnny. "You have a suit."

Moe watched as Johnny Saxon started unwrapping all the packages. He stood up and came around the big flat-topped desk. He was of medium height, wide-set, with a large chest and a fringe of dark, wavy hair that circled his partially bald head like a halo. Moe Martin had round, sad features that continually looked worried about something.

"I didn't know you had any money," said Moe.

"I haven't," said Johnny Saxon. "Then how the devil were you able to buy—"

"I charged them, pappy. I've also made arrangements about your new suit. That is, you have an appointment in half an hour."

"What am I going to use for money?"

"We'll charge that, too," said Johnny. "I've picked you out a fine tweed that is a splendid buy."

Moe groaned and went back and sat down beside the desk. He pushed the thick manuscript aside.

"Just why," he asked sadly, "must you do things like this, Johnny? We haven't had a case in a month."

After that Benson case you bought a new car instead of putting something aside. Now we're back to eating hamburgers again. And yet you should spend money—"

Johnny was grinning. He indicated the bundles and also the fine gabardine suit that he was wearing. He asked casually, "Pappy, have you ever heard of the Martin Smiths?"

"I've heard of a whole lot of Smiths. I've got some friends named Smith. But—"

"I mean the Hardware Smiths," said Johnny Saxon. "They're the ones who have hardware stores all over the country. There's another one they call Hamburger Smith."

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The Stars Say --

By Genevieve Remble

For Tomorrow

An exciting state of affairs, with much stirring and stimulating, but

Old fashioned charm... old fashioned goodness

Old fashioned Caramel CREAM

Dust off granny's heirloom bowl, and treat the family to this fancy dessert full of old time caramel goodness. Just make up a package of Shirriff's golden Caramel Bud Dessert. (If company's coming, make two.) With Shirriff's Bud Desserts, you get all the flavour you pay for, because the rich, fragrant caramel flavour is sealed in the Bud until you are ready to make your dessert. Garnish with a ruffle of sweetened whipped cream, top with a cherry.



SHIRRIFF'S



Bud' desserts

Robin Hood

FRESH EGG

WHITE CAKE MIX

STAYS FRESH AND MOIST



YOU ADD A... FRESH EGG

AND GET A... BETTER CAKE

c2a-50

not toward pleasant or happy relations. Personal plans and desired objectives may tend to friction, disappointment and complications. It is advisable to put restraints on impulses and emotional outbursts or other excesses of indulgences.

If It Is Your Birthday Those whose birthday it is may have a lively and stimulating year, with some progressive accomplishments. It is advisable to put restraints on impulses and emotional outbursts or other excesses of indulgences.

realm of feelings and emotions. Possibly social or romantic standing may suffer. A child born on this day will be progressive, level and enthusiastic, but may suffer from overindulgence, impulses, indiscretions and social errors.

-Needlecraft-

FOR THE HOME

QUICKLY-MADE TOPPER The little shortened coat makes big fashion news—over suits, dresses and skirt and blouse ensembles! This one has smart dog-eared pockets, a slight flare from a back pleat — better yet, it's especially easy to make.

No. 3515 is cut in sizes 12, 14, 16, 18 and 20. Size 16, 2 3/4 yards 54-inch.

Send 35c for each PATTERN which includes complete sewing guide. Print Your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

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12 - 20



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