



### BIRTHDAY MILESTONE

Older than confederation but still hale and hearty, Mrs. Catherine Moreside of North Milton will observe her 106th birthday tomorrow. Mrs. Moreside resides with her son and daughter-in-law, Mr. and Mrs. Reagh Moreside. (See "Across The Island" by Nell Matheson in this issue for story)

### MARY HAWORTH

#### Need Constructive Action To Handle Senile Mother

DEAR MARY HAWORTH: On the basis of dozens of diagnostic tests, doctors say mother could live to be one hundred or more. I feel that eventually she will have to be committed again. What disturbs me most is that most of the family speak of mother, or argue with her, as if she were completely rational and responsible. And so it goes, and on. My husband says mother has been a magnolia blossom all her life, humored and catered to, and we are paying for it now. Would you, once again, clarify things for us, particularly for my sisters, who read you daily? So defeated do I feel personally that I can't find words in conversation with them any more, about mother. A.E. DEAR A.E.: Objective logic can point the way out of befuddlement much as a light-house shows storm-tossed sailors the shore line. But individual courage and common sense (in other words, inherent sane strength of character) will be indispensable in moving you and your sisters forward along paths of constructive action, in coping with your mother's senility. And this brand of adult competence can't be grafted onto you, or lent to you. It is a survival quality that each individual must produce for himself, from his own inner resources, as necessary. So much for preface, in this second round of trying to help you think straight. Now, to grapple with the family's current uproar: As I see the picture, you are the genuinely responsible member of the sister-trio, a fact self-evident in your humble readiness to leave no stone unturned (including writing twice to a columnist in your anguished plea. "Because I insist it is beyond our scope to pacify her agitation, and because I am near a breakdown emotionally, my sisters recently have called me "goldilocks." "But as I see it, I have grieved and suffered over the situation more than they. First the terrible sense of loss, then the hopeless rage of trying to keep mother contented, and now the feeling that my sisters' love is lost to me too..."



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# Women

The Guardian, Charlottetown, Thurs., Jan. 21, 1965. 9

## HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-8506

Dr. and Mrs. George Inman have returned to their home in Montague after attending a fraternity reunion at Dalhousie University, Halifax. Enroute they visited Mrs. Inman's parents, Mr. and Mrs. Albert Halverson, at Malagash, N.S.

Kathleen Williams, R.N., has resumed her duties at a Boston hospital after spending a few days visiting with her parents, Mr. and Mrs. D. A. Williams of Elmsdale.

A hot midday meal is served school children living in 86 mountain villages in Central Greece with the help of the Unitarian Service Committee of Canada. The average income of the children's parents is 16 cents a day. USC Headquarters is at 63 Sparks Street, Ottawa 4.

Mr. and Mrs. Morris Caseley, Kelvin Grove, have left for Montreal from where Mrs. Caseley will fly to Athens, Greece to join her daughter, Sheila. They plan to tour Greece, Italy, France, (including the French Riviera) and Spain.

Mrs. Malcolm Beaton, Peters Road has taken up residence in the Beaton Nursing Home, Murray Harbour.

Marjorie MacArthur, RN, Halifax, is spending a few days at her home at Kensington.

The January meeting of Argyle Shore WI met at the home of

### House Warming Planned By WI

The January meeting of the St. Charles WI was held at the home of Mrs. Henry Gallant. Roll call was answered by each member donating a small gift to St. Charles Hospital. The treasurer's report was given.

It was decided to hold a house warming party for a young couple now residing in the community.

New visitation and refreshment committees were formed, and the latter decided that instead of the regular sandwiches, they would serve hot beef soup.

At the close of the meeting, refreshments were served by the hostess and committee in charge.

### ELLEN'S DIARY

#### The Sharp Snap Of Frost At Odd Times Is Heard

"This is a cool night, Ellen" James, husband of ours, observes, come in now from an outing which, in company with the younger farmer from the house across the lane, closed doors and adjusted windows in the silence, and shut off the water here and there about, lest the frost of tonight should occasion them some later regret. "Yes, it's one of the coldest this winter, I'd say. The wind drives the frost in" he says. A night from an odd-time winter, this is bright and frosty, though more wind-blown than those we best recall. "It's on a night like this" he continues, "I wish we were back to the old ways of the farming - to winters when the horses and cattle went down to drink at the stream, and the pump in the yard supplied the piggery and house. Not bad days, those" he smiles.

### WI Hold Meeting At York Point

The singing of the institute ode and the repeating of the Mary Stewart Collect opened the January meeting of the York Point WI at the home of Mrs. Gordon MacEwen.

The president, Mrs. Reginald MacEwen, read a poem with a thought for the New Year. Minutes were read and roll call was answered with an article for a layette.

Mrs. Ralph Bain was in charge of the program which consisted of a letter from the Health and Welfare convener and a contest, which was won by Mrs. Golden MacKinley.

Donations are to be made to the TB League and the Sherwood Hospital. Refreshments were served by the hostess and committee in charge.

### Pin Presented At Kensington

The immediate past president, Mrs. Earle MacKay, was presented with a past president's pin in recognition of two years service as president of the Kensington Branch Royal Canadian Legion Ladies Auxiliary.

The pin was presented by the president, Mrs. D. L. McInnis, at the January meeting held in her home.

Eighteen members answered to roll call. A card party was planned to be held in the Legion Home and plans were made to cater to a Lion's Club dinner on January 26. It was decided to buy a suit for a baby instead of the usual baby's diary.

Mrs. Clair Mayhew invited the members to her home for the next meeting on Monday, February 22, when refreshment committee will be Mrs. L. E. Crane, Mrs. Judson MacLean and Mrs. Mayhew, Mrs. Alvin Sudbury was appointed phoning committee for the regular dances.

The treasurer presented the financial statement. Social action convener reported of the sick and shut-ins were visited and boxes were packed for six needy families. Membership convener reported one paid up member.

Mrs. Clem O'Connor will be hostess for the February meeting. The meeting closed with prayer, after which refreshments were served by the members from Glenagarty, and a social hour followed.



### MR. AND MRS. LOWELL FINNAMORE Recent Vows Unite Couple At Holy Redeemer Church

Wedding vows were pledged recently at the Church of The Most Holy Redeemer, Charlottetown, when Gall, daughter of Mrs. Fred Duncan and the late Fred Duncan, became the bride of Lowell Finnamore, son of Mr. and Mrs. Louisa Finnamore, Andover, N.B. The double ring ceremony was performed by Rev. W. M. Comerford.

Given in marriage by her brother, Joseph, the bride wore a full length gown of white peau-de-soie, with rounded neckline and lily point sleeves. Her waist length, four tiered veil of tulle illusion was held in place by a crown of pearls and multi-colored gems, and she carried a cascade of red roses.

The matron-of-honor, Ethel MacDonald, and the bridesmaid, Dianne Solomon, wore identical full length gowns of blue and white peau-de-soie, with wedding ring headpieces contrasting shoulder length veils. They both carried nosegays of white carnations, tinted with blue.

The best man was Alfred Duncan, brother of the bride, and ushers were Gordon and Jack Duncan.

For her daughter's wedding, Mrs. Duncan wore a teal blue wool dress with black accessories. Her corsage was of white carnations.

Following the wedding, a reception was held at the home of the bride. A three-tiered wedding cake, topped with a miniature bride and groom was centered on the table. The toast to the bride was proposed by Rev. W. M. Comerford. For a honeymoon trip to Halifax, the bride wore a yellow suit with black accessories.

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### IDA BAILEY ALLEN

#### Gingerale In Real Flip With Milk, Ice Cream

We asked our food-conscious teenaged guest to write this introduction for today's column. This is what came out: "When the winter sun's over the yardarm in Teesville, thoughts turn naturally from books to pick-me-ups, and there are a number of ingenious and delicious refreshers for the hip set as near as the family refrigerator.

**GINGER FLIP** If you're alone and have a heap of homework to do, try this fortifier: Pour equal parts gingerale or root beer and milk into a tall glass. Top with scoop of vanilla ice cream.

**TOMORROW'S DINNER** Consomme in Cups Roast Half Ham with Cider-Raisin Sauce (previously columned) Baked Halved Sweet Potatoes, Green Beans with Corn Kernels Chocolate Cake Coffee or Tea Milk

The Chef has a Word Mes jeunes amis: As a chef, I am hep-I mean hip-to all your shakes. But don't forget to clean up - tout de suite!

**VIOLINIST'S SCHOOL** World famous violinist Yehudi Menuhin has opened a music school in London for gifted children, with 15 being the opening enrolment attendance.

**HERE IDA TAKES OVER** The use of plastic-lined drinking cups will save washing glassware. One of the easiest-to-fix refreshers is a delicately flavored fruit-milk drink. Here's the recipe along with two other teenaged treats. Measurements level.

**BANANA STRAWBERRY SHAKE** 1 package frozen strawberries, thawed 2 or 3 medium-ripe peeled bananas, mashed or enough to fill a cup 1/4 cup sugar 1/4 qt. cold milk 1/2 tsp. almond extract (optional)

In large bowl, mix together thawed strawberries and mashed bananas. Stir in sugar, milk and add almond extract, if desired. Ladle into tall glasses or serve as punch in large bowl. Makes six glasses or 12 half-cup servings.

**MAMBO SHAKE** 4 cups milk 4 mashed peeled bananas 2 tbsp. lemon juice

### Mrs. J. Wallace, RT NOW ON STAFF

Mrs. John Wallace, RT, who successfully passed qualifying examinations in November, is now on staff in the X-Ray Department of the Western Hospital, Alberton.

She is a registered member of the Canadian Society of Radiological Technicians.

Mrs. Wallace received her training at the P.E.I. Hospital, Charlottetown, and is the daughter of Mr. and Mrs. George Carruthers, O'Leary.

### St. Mark's CWL Meeting Held

The January meeting of St. Mark's, Lot 7 CWL was held at the home of Mrs. Charles Rogers, when 14 members answered roll call. Mrs. Gerald Murphy presided and opened the meeting with the League prayer.

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### Confidentially yours BARBARA BRENT

MONTREAL, January 21st - A word to weight watchers - If you're like me, you like your tea and coffee sweet. But oh, those calories! Now, with SUCARYL (Abbott's) calorie sweetener, you can enjoy your tea and coffee just as sweet as you like without a single calorie.

Sucaryl is available in tablets for tea and coffee, liquid for baking and granulated for fruits and cereals. With these three weight-watchers from Sucaryl, you can keep your whole family slim and trim. Write Sucaryl, Dept. 88, P.O. Box 6150, Montreal, Quebec, for the free Thin-Pak dispenser for tablets as well as the free recipe booklet showing how to use liquid Sucaryl in baking.

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