

SPECIALS  
AVAILABLE AT  
**VERNON  
RIVER  
CO-OP**

**MORSE'S**  
ORANGE PEKOE  
TEA BAGS  
60  
2 CUP SIZE **87c**

QUICK COOKING  
OGILVIE  
**OATS** 5 LB. BAG **65c**

SAY SCHWARTZ AND BE SURE

 **PEANUT BUTTER**  
16 OZ. JAR **47c**

 **Duncan Hines** *Deluxe*  
**CAKE MIXES**

COCONUT SURPRISE  
• CHOCOLATE MINT • SPICE  
• BURNT SUGAR • YELLOW  
• CHERRY SUPREME • WHITE  
• DEVIL'S FOOD • FUDGE MARBLE  
**2 FOR 85c**

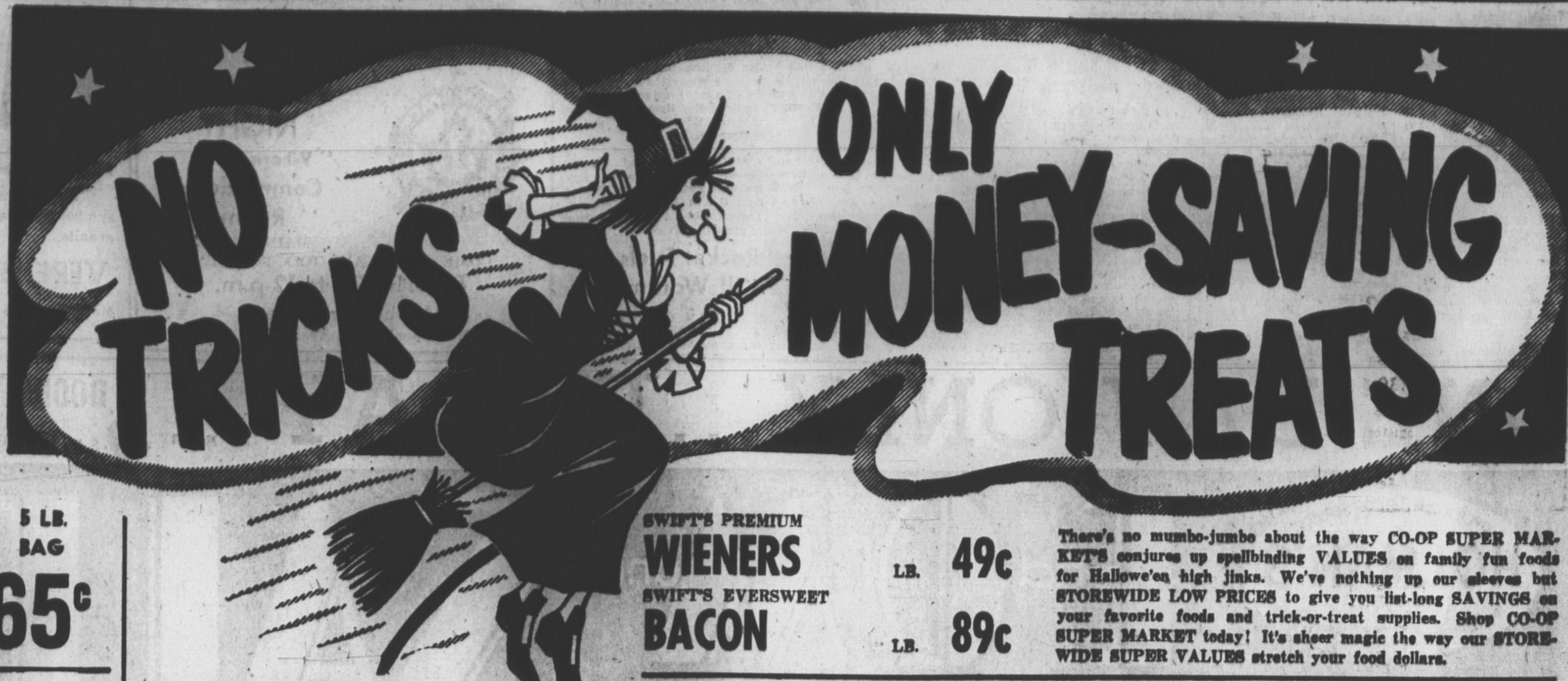
NEW LOTION  
HEAD &  
SHOULDERS  
Reg. Price 1.19  
MED. SIZE **99c**

SWANETTE TISSUE  
 2 2 ROLL PACKS **59c**

VACHON  
**CUT BEANS**  
WAX OR GREEN  
6 20 Oz. Tins **93c**

LIBBY'S MIX or MATCH  
**GREEN PEAS** 6 15 OZ. TINS  
**CREAM CORN** **93c**

 **Libby's PUMPKIN**  
2 28 OZ. TINS **49c**



ROUND, T-BONE OR RIB  
**STEAK** Lb. **85c**  
**PICNICS**  
**ROAST BEEF**

**BOLOGNA SAUSAGES** CANADA PACKERS BY THE PIECE Lb. **35c**  
CANADA PACKERS COUNTRY STYLE Lb. **45c**  
CANADA PACKERS SMOKED SHANKLESS EATS LIKE HAM **47c** Lb.  
ROUND STEAK **85c** Lb.  
LEAN & BONELESS

There's no mumbo-jumbo about the way CO-OP SUPER MARKET'S conjures up spellbinding VALUES on family fun foods for Hallowe'en high jinks. We've nothing up our sleeves but STOREWIDE LOW PRICES to give you list-long SAVINGS on your favorite foods and trick-or-treat supplies. Shop CO-OP SUPER MARKET today! It's sheer magic the way our STOREWIDE SUPER VALUES stretch your food dollars.

HEINZ  
**KETCHUP** 15 OZ. BTL. **33c**  
HEINZ FANCY QUALITY  
**TOMATO JUICE** 3 48 OZ. TINS **\$1**  
**SPAGHETTI** 3 15 OZ. TINS **53c**  
HEINZ PICKLES  
**Bread & Butter** 3 16 OZ. JAR  
**Sweet Mixed** **1.00**

LIMITED QUANTITIES ON SOME ITEMS  
**HALLOWE'EN TREATS**  
**CANDY KISSES** Lb. **33c**  
101 ROLLS IN CELLO BAG  
**SWEET & SOURS** **89c**  
20 ASSORTED 5c BARS  
**CHOCOLATE BARS** **89c**  
MOIR'S HAPPINESS  
**CHOCOLATES** FULL POUND **89c**

JELLO  
**JELLY POWDER**  
FAMILY SIZE  
REG. 2 FOR 48  
**2 For 37c**  
TANG  
**ORANGE DRINK**  
**5 Pkgs. \$1**

GARDEN CITY—CANADA FIRST GRADE  
**BUTTER** 2 Lbs. **1.13**

GARDEN CITY  
MILD ISLAND  
**CHEESE**  
Lb. **49c**

KRAFT CHEESE SPECIALS  
AT ONE LOW PRICE  
2 LBS.  
**CHEESE WHIZ**  
**CHEESE SLICES**  
or VELVETTA **1.05**

POST'S  
**ALPHABITS**  
Reg. Price 41c  
10 Oz. Pkg. **35c**

**FLOUR** ROBIN HOOD 25 LB. BAG **2.19**

Clerk's  
TOMATO SAUCE **5** 20 OZ. TINS  
**BEANS** WITH PORK **1.00**

Clerk's  
**BEEF** OR **IRISH STEW** 2 25 OZ. TINS **83c**

CLARK'S  
VEGETABLE OR TOMATO  
**SOUP** 5 10 OZ. TINS **59c**

Christie's  
GOLD MEDAL  
**SALTINES** 2 1 LB. PKG. **69c**

Listen to News and Views on Groceries—CFCY Thursday at 11 a.m.

**CO-OP**  
SUPER MARKET  
BIG ENOUGH TO SERVE YOU - NOT TOO BIG TO APPRECIATE YOU  
FREE DELIVERY • PHONE BEST • FREE CUSTOMER PARKING

**CHINESE FOODS**  
CHUNG KING CHOW MEIN NOODLES 5 OZ. TIN **33c**  
CHUNG KING BEAN SPROUTS 15 OZ. TINS **17c**  
CHUNG KING SOYA SAUCE 5 OZ. BTL. **19c**  
CHUNG KING CHOW MEIN MIX 16 OZ. PKG. **67c**  
CHUNG KING CHICKEN DIVIDER PACK CHOW MEIN **69c**

  
CHOCOLATE—15c COUPON ENCLOSED  
**Sara Lee Cakes** EACH **77c**  
PERFECTION—FREE PARTY PAK CONES  
**ICE CREAM** 1/2 GAL. **98c**  
McCAINS  
**FRENCH FRIES** 2 1/2 OZ. PKG. **39c**  
HIGHLINER HADDOCK  
**FISH STICKS** 2 1/2 OZ. PKG. **69c**  
SNOWBIRD  
**COD FILLETS** Lb. **39c**

  
**HARVEST TIME PRODUCE SAVINGS**  
SUNKIST  
**ORANGES** 2 DOZ. **69c**  
REEVE'S FANCY MACS  
**APPLES** 5 LBS. **49c**  
ISLAND RIPE  
**TOMATOES** 2 LBS. **39c**  
**CARROTS** 4 LBS. **35c**  
COOKING  
**ONIONS** 2 LBS. **19c**

McCAINS 48 - 5c BAGS  
**POTATO CHIPS** PER CASE **1.59**