

## How Can I?

By Anne Ashley

Q. How can I clean the burners on a gas stove?  
A. A new pipe cleaner is excellent for cleaning out burner holes, or pick them open with a large pin and use the vacuum cleaner to take out the particles of dirt. Wash with boiling hot soapuds to remove grease.  
Q. How can I remove stain from a chair?  
A. If it is not possible to get a commercial remover for stain the only thing to do is to go over the chair with a ground coat and re-finish with another stain.  
Q. How can I make a good bait for the mouse trap?  
A. A very good bait for the mouse trap is the seeds of the sunflower.

## Modern Etiquette

By Roberta Lee

Q. If a girl's wedding day and her parents' 25th Wedding Anniversary fall on the same day, would it be all right to combine the two events?  
A. This would be all right, although it would be better not to mention the anniversary ahead of time, since this would detract from the wedding. At the wedding reception, someone can propose a toast to the anniversary couple and a small wedding cake decorated in silver could be placed in front of the older couple.  
Q. Is it all right for a woman to introduce her husband's mother to her friends as, "This is my mother-in-law"?  
A. It would be better to say, "This is Bob's mother."  
Q. Is it correct to eat shortcake with the fork, or should a spoon be used?  
A. The fork should be used.  
Q. When a girl asks a boy in after a date, who should indicate when it is time for him to leave?  
A. Young people need to develop an inner sense of judgment and should be expected to judge for themselves the time when a visit is to be ended. However, if the boy stays beyond a reasonable hour, then it is quite sensible for a girl to suggest that the hour is late and that the visit end.

## Household Scrapbook

By Roberta Lee

**Peas**  
Wash the peas but do not shell them. Place in a kettle of boiling water. When the pods open, the peas will sink to the bottom and the pods rise to the surface. An indication that they are cooked. It is easy then to skim off the pods.  
**Clothespin Bag**  
Try making a bag of heavy ticking and fastening it to a wooden coat hanger. Hook the bag over the clothesline and push it along the line as the pins are needed.

## Wins Degree With Thesis On The C F A



Miss Helen Jones, (above) of Charlottetown, daughter of the late Senator Jones, former Premier of P. E. I., has won her Master of Arts degree at Queen's University, Kingston, Ontario, this spring, completing her course with a written thesis on the Canadian Federation of Agriculture. Miss Jones, who for the purpose of her thesis, was given access to the files and records of C.F.A., and who had the co-operation of the staffs of the national and various provincial federation offices, has written in excellent style of the history and the organizational set-up of the Federation, and gives sympathetic treatment to her analysis of the problems confronting the farmers of Canada in their efforts to organize in such a manner as to have an effective voice in national affairs, and in the formation of agricultural policy at national and provincial levels. The above photo of Miss Jones was taken during her visit to the annual convention of the Canadian Federation of Agriculture at London, Ontario, last February. In her course at Queen's, Miss Jones majored in political science.

## DOROTHY DIX

### Heart Vs. Conscience

DEAR MISS DIX: My story is a long one, but perhaps you can condense it for publication. I was married fourteen years ago, at the age of 16. We had two children, and were reasonably happy for three years. Then my husband began drinking, gambling and dating other women. We separated, later years divorced. My mother took care of my babies while I worked. Then I remarried—to a man of far less character than my first husband. We had two children before he left me for another woman. At that point, there just didn't seem to be any future for me. My mother, of course, was a tremendous help. I worked hard, but was almost a nervous wreck. I became so thin that I looked like a walking skeleton. Then my first husband, who had meanwhile enlisted in the Army, got in touch with me. He was a completely changed man—no more drinking, no more gambling—just sincere devotion to me and the children. Incidentally he loves the two that aren't his as much as his own. So we remarried and have been completely happy. Now to the problem. He is being stationed about 2,000 miles from here and wants me to go with him, taking the children of course. My mother objects, and since she has been so good to me I feel I do owe her consideration. She wants me to continue staying with her, as I did before my marriage. My heart tells me to go with my husband; my conscience tells me to stay with my mother. Which is right?

Adelle M

ANSWER: Your mother has indeed been good to you, but your place is with your husband. You place has four years of troubling existence most of which I had to omit, since your letter was very long—and now you have achieved what appears to be complete happiness for yourself and your family. If you fail your man this time, you may not have another chance. Your mother should be thankful to see you settled at last. She should encourage you to do everything possible to maintain your life as it is. Show through the years of separation, that you yield finer easily to whatever temptations come your way. Learning to resist the distractions that ruined your marriage once—and almost ruined your entire life—should be a joint effort. Together you can strengthen each other, and with God's help will continue your life in love, loyalty and faith. Separation, resistance may be too difficult for either of you. Try to make out your mother's real reason of these arguments, and get her blessing on your venture.

DEAR MISS DIX: Although I'm 26 and have a good job, my parents still raise a rumpus if I have a date. They treat me like a 12-year-old. How can I make them realize I'm entitled to some freedom?  
P. A.

ANSWER: Continued submission will only get you further in the rut of social inactivity. Make a personal declaration of independence and tell your parents they must either change their tactics or you'll change your abode. A job in another town is probably the best solution for your problem. Parents are certainly entitled to the respect of their children, but they are insisting on too much authority when they refuse dating privileges to a young lady of 26.

### That Body of Yours

By James W. Barton, M. D.

#### USE AND ABUSE OF INJECTIONS

Many physicians have had the experience of having a patient call and say he wants to come to the office to receive a "penicillin" shot for a cold. In spite of the advice that penicillin is not the treatment for common cold, he informs the physician that he will go where he can obtain such a "shot." This attitude really steps from the fact that when products such as penicillin and certain hormones were first available, they were more effective when taken by injection than when taken by mouth.

Dr. W. W. Taylor, in Tennessee Medical Journal, states that if patients could observe some of the very severe reactions to penicillin, they would not be so insistent on getting "shots." A single penicillin injection may result in hospital treatment for days or weeks because of the resultant fever, eruptions and painful joints. Even death has been known to occur.

The injections of hormones are also frequently abused by patients demanding them when they are not necessary. For example, the use of estrogen hormones at the time of the change of life is not essential in all cases and should be reserved for the severe cases. Similarly with the injection of vitamins which is frequently demanded by patients. With a normal stomach and intestine, vitamins given by mouth are just as effective as those given by injection. Still further, some vitamins such as impure preparations of vitamin B when given into the veins have caused distressing symptoms such as difficult breathing, pain in the region of the heart, nausea, and sudden fall in blood pressure.

"Many medications are just as effective and less dangerous given by mouth rather than by injections and this fact should be impressed on the patients."  
One middle-aged patient sucked a throat lozenge containing penicillin to ward off a cold and was seized with nausea and vomiting that lasted for over an hour without realizing that even this small dosage of penicillin could cause such a reaction.  
There are certain drugs which are best administered by injections either under the skin or into the muscles although they are available in a form which can be taken by mouth and these your doctor will

# WOMEN

Page 8 The Guardian Thursday, June 10, 1954

## To be Married at Port Borden



Pictured above are Inez Georgina MacInnis, daughter of Mrs. Patrick J. MacInnis and the late Mr. MacInnis, Port Borden, P. E. I., and Robert Benedict McIntyre of Toronto, son of Mr. and Mrs. Bernard G. McIntyre of Ottawa, Ont., whose engagement has been announced. Their wedding will take place at the Sacred Heart Church, Port Borden, at 9:30 o'clock, July 1.

## ELLEN'S DIARY

by an Island Farmer's Wife

The wild cherry trees tucked here and there along the hedgerows and wood-lands are in bloom. Up the creek to the west at Alderlea, where the beavers have chosen to locate, we can picture their seasonal loveliness, as white-crowned they brighten that valley.  
"Here's something you like," Jamie came in from school this afternoon bringing a bouquet of the blossoms.  
"And one time there was a wild cherry tree at the bottom of the orchard at your home?" Gage commented. "Almost beside the little brook, was it?" He enjoys tales of our young years as does Jamie, and a favorite evening is one which allows them to linger awhile past their bedtime to hear James spin his yarns of the past.

And we saw again the old tree from which as a little girl we gathered sweet-scented treasure; saw the petals fall to lie in a white which had no last to it, on the ground beneath. And remembered that though June is a beautiful month she is also unstable being given to partings. Out from their girlhood homes go the little June brides; away from classrooms of which for months or indeed years they have been integral parts and dependable figures, go the favorite teachers.

It was a Flicker, a bird of the woodpecker clan, who must rest the breakfast preparations to come to admire this morning.

Continued on page 9

## Alice Brooks Designs

### NEW TOASTER COVER

Her full skirt protects your toaster! That's how this pretty old-fashioned girl earns her keep in your kitchen. She's fun to make—charming to see! Use scraps.  
Pattern 7013; embroidery transfer of face, pattern pieces for novelty toaster cover.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

BRAND-NEW, beautiful—the 1954 Alice Brooks Needlecraft Catalog. It has the most popular embroidery, crochet, sewing, color-transfer designs to send for. Plus 4 patterns printed in book. Send 25 cents for your copy. Ideas for gifts, bazaars, fashions.

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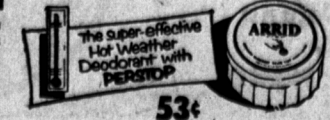
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### BOILED SALAD DRESSING

1/2 cup sugar  
1 cup vinegar  
1 1/2 cups water  
2 tablespoons flour  
1 tablespoon mustard  
1 teaspoon salt  
3 eggs, beaten  
Combine ingredients. Cook until thick. Makes one quart. Will keep a month in a cool place. Add milk, cream or evaporated milk when serving.

—Mrs. Robert Matheson, Clyde River W. I.

### Better English

By D. C. Williams

1. What is wrong with this sentence? "There were upwards of a hundred persons in the room."
2. What is the correct pronunciation of "patronize"?
3. Which one of these words is misspelled? Appendectomy, appellation, apparition, aptitude.
4. What does the word "scrupulously" mean?
5. What is a word beginning with the letter "M" that means "thought"?

### ANSWERS

1. Say, "There were more than a hundred people in the room." 2. Pronounce first syllable as "pay," not as "pat." 3. Appellation. 4. Conscientiously; carefully; precisely. "We should always keep ourselves scrupulously clean." 5. Meditation.

## Baril-MacFarlane Wedding



Mr. and Mrs. Marcel G. Baril are pictured above following their marriage at Charlottetown on April 17. The bride is the daughter of Mr. and Mrs. Stewart M. MacFarlane, Winsloe, P. E. I., and the groom is the son of Mr. and Mrs. Romeo H. Baril, Trois Rivieres, Que.



there's a heap big pow pow over our

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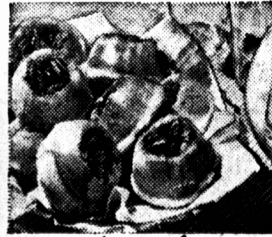
# HOLMAN'S

Ladies' Shop Charlottetown

Ladies' Wear Summerside

## Make All Four of these Thrilling oven treats with One Basic Dough!

### 1. Chelsea Twirls



### 2. Orange Wheels



### 3. Date Bights



### 4. Jam Ring



Versatility begins at home—with Active Dry Yeast!

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1. INDIVIDUAL CHELSEA TWIRLS  
Cream 1/4 cup butter or margarine and 1/4 cup brown sugar; divide into 12 round muffin pans, add pecans. Cream 2 tbsps. butter or margarine, 2 tbsps. cinnamon and 1/4 cup brown sugar. Roll out one portion of dough 12 by 10 inches. Sprinkle with cinnamon mixture and 1/4 cup raisins; beginning at long side, roll up loosely; cut into 12 slices. Place in pans. Grease tops. Cover and let rise until doubled. Bake at 350°, 15 to 18 mins.

2. ORANGE WHEELS  
Roll together for 3 mins., stirring, 1/4 cup butter or margarine, 1 tbsps. grated orange rind, 1/4 cup orange juice and 1/4 cup granulated sugar; spread half in greased 8-inch square pan. Roll out one portion of dough 16 by 10 inches, spread with rest of orange mixture, beginning at long side, roll up loosely; cut into 16 slices. Arrange in pan. Grease tops. Cover and let rise until doubled. Bake at 350°, about 30 mins.

3. DATE BIGHTS  
Combine 1/2 lb. cut-up dates, 1 cup water, 1/4 cup gran. sugar and 1 tbsps. butter or margarine; boil gently, stirring often, until thick; cool. Roll out one portion of dough into 12-inch square; spread half with half of filling and roll up to centre. Turn dough over; spread remainder with filling and roll up to centre. Cut into 12 slices. Place, well apart, on greased pan. Grease tops. Cover and let rise until doubled. Bake at 350°, 14 to 16 mins. Spread hot buns with icing.

4. JAM RINGS  
Roll out one portion of dough 16 by 8 inches. Spread with 1/4 cup thick jam and 1/4 cup chopped nuts; beginning at long side, roll up loosely. Twist dough from end to end; form into ring on greased pan. Grease top. Cover and let rise until doubled. Bake at 350°, 15 to 30 mins. Spread hot ring with white icing; decorate top.

### BASIC PINWHEEL DOUGH

Scald  
1 1/2 cups milk  
1/4 cup granulated sugar  
2 1/2 teaspoons salt  
1/4 cup shortening  
Remove from heat and cool to lukewarm. In the meantime, measure into a large bowl 1/2 cup lukewarm water  
1 tablespoon dissolved sugar  
and stir until sugar is dissolved. Sprinkle with contents of  
3 envelopes Fleischmann's Active Dry Yeast  
Let stand 10 minutes, then stir well.  
Stir in lukewarm milk mixture and 2 well-beaten eggs  
Stir in  
4 1/2 cups unsifted bread flour  
and beat until smooth and elastic; wash & knead dough lightly with oil and salt. Place in a greased bowl and grease top of dough. Cover and set dough in warm place, free from drafts, and let rise until doubled in bulk. Turn out dough on lightly-floured board and knead dough lightly with oil and salt. Roll out dough on lightly-floured board and knead lightly with oil and salt. Divide into 4 equal portions and finish as follows