



Cutting their wedding cake are Mr. and Mrs. Freeman L. Mahar of Charlottetown, following their marriage in Halifax, N. S.

St. Mary's Cathedral, Halifax, N. S., was the scene of a pretty wedding at 10 o'clock July 13 when Rev. Father Granville united in marriage Vaunda Marie Westergard, daughter of Mr. and Mrs. Andrew P. Westergard, Mount Edward Road, Charlottetown, and Freeman Louis Mahar, son of Mr. and Mrs. Herbert P. Mahar, 216 Dorchester St., Charlottetown.

The bride, given in marriage by her father, chose a white tulle and nylon marquisette tulle gown with a matching tulle bolero, full skirt and matching nylon lace mitts. Her fingertip veil was attached to a halo of nylon net studded with pearls. She carried a bouquet of American Beauty roses and lily of the valley.

Miss Donald Westergard, sister of the bride, was bridesmaid and wore a gown of yellow nylon net over tulle with matching halo. Mrs. Robert H. Mahar, sister-in-law of the groom, was matron of honor and wore a gown of pink nylon net over tulle with matching halo. Both the attendants carried nosegays of carnations.

Women's realm

ELLEN'S DIARY

By An Island Farmer's Wife

Now on fair days — those that are pleased to smile brightly upon the endeavour, we, looking out from this House "in the road" which clings to a hillside may catch sight of first harvestings. On the opposite side of the valley a binder moved along a field today; in its wake in deft moves, farmers retrieved the fallen sheaves and in an orderly pattern fashioned their stacks. And pausing a moment to watch the engaging scene, blue of sky seemingly not too far above them, gold of field above and below, words of old writings came to mind of the seedtime and harvest.

(Continued on page 12)

That Body Of Yours

By James W. Barton, M.D.

SURGERY IS SAFE FOR OLDER PEOPLE

Many of us as we grow older may have the feeling that surgery is for the young or the middle-aged; that with the decline of general health and vitality common to the elderly, surgery is dangerous and should be used only in an emergency.

It is true that most people as they grow older gradually become weaker even if there is no real or organic disease present. However, in the "American Practitioner," Dr. Benjamin F. Byrd states that "beneficial results in geriatric surgery (surgery for the elderly) cases

(Continued on page 12)

To Reside In Galt, Ont.



Mr. and Mrs. Ray Mosher are pictured above following their wedding ceremony at South Lake Christian Church. This marriage was the first one performed there since the building of the church over 100 years ago. The bride is the former Jean Lois Baker, daughter of Mr. and Mrs. William Baker of Lakeville. Extreme left and right are their attendants, Mr. Robert Baker and Miss Aletha Bruce, bridesmaid.—(Photo by Garnham).

A pretty wedding was solemnized in South Lake Christian Church on Wednesday, July 29 at 3 p.m. when Jean Lois, only daughter of Mr. and Mrs. William Baker, Lakeville, became the bride of Mr. Ray Mosher, only son of Mr. and Mrs. Stewart Mosher of Suffolk.

The church was decorated for the occasion with banded ferns, vases, and baskets of pink and white roses, orange blossoms and mixed flowers and potted plants. The double-ring ceremony was performed by Rev. Donald McClure. The wedding music was played by Mrs. Clinton Stewart, who also accompanied the soloist, Mrs. McClure singing "Because" and "O Perfect Love".

The bride, who was given in marriage by her brother, Lyman, wore a gown of lace and nylon net over bridal satin. The strapless lace bodice was edged with fine net pleating and the same edging trimmed the lace pelum of the full-length bouffant net skirt. The lace jacket had a pleated stand-up collar and three-quarter length sleeve. Her seed pearl and rhinestone trimmed head dress length veil. She carried a bouquet of red and white carnations with white satin streamers. Her only ornament was a gold wrist watch, the gift of the groom.

Her bridesmaid, Miss Aletha Bruce, wore a floor-length gown of aqua blue nylon net over tulle with matching headress and elbow gloves. She carried a nosegay of mixed flowers with colored satin streamers.

The groom was supported by Mr. Robert Baker. The ushers were Gordon MacNeill and Paul

Garnham. The bride's mother wore a gown of black lace over aqua blue tulle with pink accessories and a corsage of pink roses.

The groom's mother chose a gown of navy sheer with white accessories and a corsage of pink roses.

The bride's gift to the organist and soloist was costume jewelry, and to her bridesmaid a gold compact. The groom's gift to the best man was gold cuff links, and to the ushers gold tie pins.

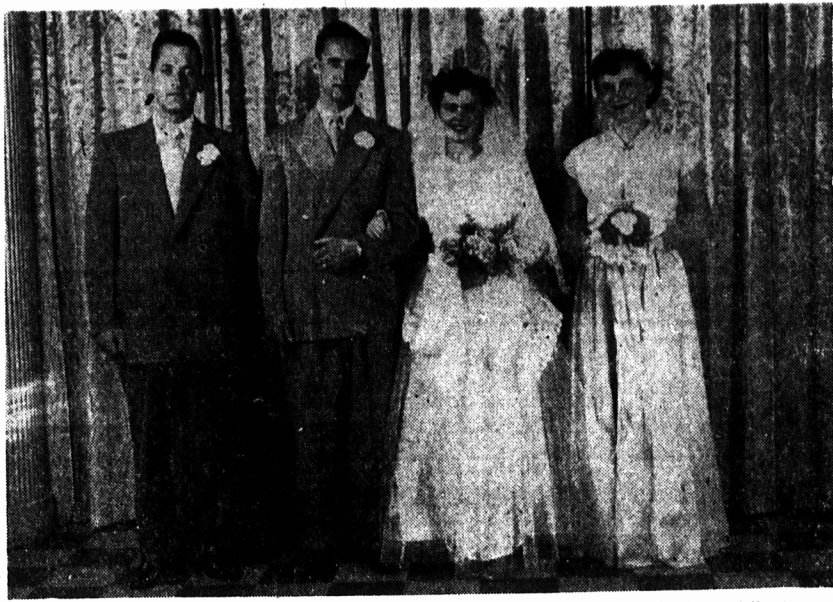
At the close of the ceremony Mr. Fred Rose, in a few well chosen words, on behalf of South Lake Church, presented the bride with a white Bible, as her marriage was the first to take place in that church since its organization over a hundred years ago.

The bridal party motored to Charlottetown returning in the evening to Marshfield restaurant where they were joined by nearly 60 guests for a wedding reception. After receiving good wishes of the guests all partook of a delicious supper. The wedding cake was cut in the traditional way as cameras flashed. Many lovely gifts of silver, china, linens and cheques, were received by the couple.

For travelling the bride wore a grey wool suit with red and white accessories and a corsage of red and white roses. After a short honeymoon spent on the island, the bride and groom left for Galt, Ont., where they will reside.

Among the out-of-town guests was the uncle of the bride, Mr. Edmund Baker of Belmont, Mass., who is 84 years of age, and motored home for the wedding.

Bridal Party In Charlottetown



Mr. and Mrs. Ernest Trainor and their wedding attendants are pictured above following wedding at Holy Redeemer Church, Charlottetown. Left to right are Mr. Hugh Trainor, who was best man for his brother, Mr. and Mrs. Ernest Trainor and Miss Betty Trainor, sister of the bride.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

RESTLESSNESS and doubt can be curbed this day by working out new and systematic schedules. Inefficiency and hap-hazard methods only create confusion, and this confusion, though unrecognized as the cause, produces anxiety and irritability. For a happier frame of mind rearrange routines.

The evening hours are excellent for group activities which stimulate the mind and the imagination. Give your ideas full play and you may find that even a hobby has potential financial value. Avoid temperance and be diplomatic in dealing with both friends and business associates.

For the Birthday

If tomorrow is your birthday, you are now entering upon an auspicious period for any work which requires initiative and imagination; for untried enterprises and for asking favors of persons in a position to aid you. It favors dealing with large corporations, too, so it would be wise to make the most of the opportunities at hand.

You will find great happiness during the next few months if you will identify yourself with a worthy cause, for this will help you to overcome an innate quality of intolerance. You are inclined, as you know, to be hypercritical at times and, though your motives are sincere, others do not always understand. So try to cultivate tact and diplomacy as a means of increasing popularity. It will pay off handsomely.

A child born on this day will be self-possessed and ambitious, but more than a little dictatorial in his attitudes.

Better English

By D. C. Williams

1. What is wrong with this sentence? "One should always try and do his best to stay off drinking too much."
2. What is the correct pronunciation of "asafetida"?
3. Which one of these words is misspelled? Locust, maple, cedar, mahogany.
4. What does the word "euphuism" mean?
5. What is a word beginning with the letter "dis" that means "disbelief or skepticism"?

ANSWERS

1. Say, "One should always try to do one's best to refrain from drinking too much." 2. Pronounce as-a-fet-i-da, first a as in at, second and third a's as in ah unstrained, e as in fed. 1 as in li, principal accent on third syllable. 3. Clear. 4. Affectation of speech. "The politician was known for euphuism." 5. Incredulity.

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Modern Etiquette

By Roberta Lee

At the Church of the Most Holy Redeemer on Tuesday morning,

July 28, Mary Pearl Trainor, daughter of Mr. and Mrs. Vincent Trainor, Johnston's River, was united in the holy bonds of matrimony to Ernest Stephen Trainor, son of the late Mr. and Mrs. Frank Trainor of Charlottetown. The ceremony was performed by Rev. Father Maddigan, who also celebrated the Nuptial Mass.

The bride, given in marriage by her father, wore a floor-length gown of white net over satin with fitted bodice. Her fingertip veil was held in place by a white crown. She carried a white rosary, gift of the groom; also a bouquet of pink carnations with white streamers.

The bride was attended by her sister, Betty, who wore a floor-length gown of sparkled nylon over blue tulle and carried a nosegay of pink and white carnations.

The groom was supported by his brother, Mr. Hugh Trainor of Charlottetown. A wedding breakfast was served at the Queen Hotel. The bride's table was tastefully decorated and centered with a wedding cake with a miniature bride and groom. The toast to the bride was proposed by the groomsmen and responded to by the groom. Congratulations were extended by Rev. Father Maddigan.

Later the couple left on a trip through the Maritimes and to the United States. For travelling the bride chose a pale blue gabardine suit with pink and navy accessories.

Mr. and Mrs. Trainor have taken up residence in Moncton, N.B.

Morning Smile

Someone once asked the former Prince of Wales "What is your idea of civilization?"

"It's a good idea," replied the Prince, "somebody ought to start it."

How Can I !!!

By Anne Ashley

- Q. How can I prevent the patent-leather covering on my high-heeled shoes from cracking?
- A. By coating it with colorless nail polish.
- Q. How can I get longer wear from my nylon hose?
- A. By rubbing the toes and heels with paraffin or candle wax after the last washing, before putting them on.

Put the other ingredients together and mix with vinegar till smooth and when vinegar comes to a boil pour in the mixture and boil for 10 minutes.

—Mrs. Lloyd Carr, North St. Eleanor's W. I.



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Cook's Corner



MUSTARD PICKLES

- 2 quarts cucumber
- 2 quarts onions
- 2 quarts cauliflower
- 6 cups brown sugar
- 1/2 oz. mustard seed
- 1/2 oz. tumeric
- 1/2 oz. celery seed
- 1 1/2 cups flour

Chop fine and sprinkle with salt. After 2 or 3 hours wring out dry and put in kettle and cover with vinegar.

Put the other ingredients together and mix with vinegar till smooth and when vinegar comes to a boil pour in the mixture and boil for 10 minutes.

—Mrs. Lloyd Carr, North St. Eleanor's W. I.

Household Scrapbook

By Roberta Lee

Sharper Needles

Does your sewing machine needle ever get blunt and pull the threads of your material? If you run the needle through ordinary steel wool a few times, it will sharpen the point.

Adds Length

If your windows are small, length can be gained by having your over-drapes extended clear to the floor. Plain color adds length, also.

The Plano

It is always a good idea to place your plano a few inches from the wall of the room, especially if it is against an outside wall. The dampness coming through often ruins the tone of the instrument.

Bringing Up Baby



Hints Collected by Mrs. Ben Barker (Mother of 5)

Why play hide-half-used containers of baby food in the refrigerator? A muffin pan helps keep them all together in one spot. (Be sure that it's a large-size muffin pan and that you've carefully covered each container.)

Other tricks for that same kind of muffin pan. It's awfully handy for baking apples, peppers — keeps them so tidily in shape — and for poaching a lot of eggs at one time. On occasion, you might even use it for muffin-making!

Quick disappearance of baby foods is the usual order of the day — if you serve your baby with good-tasting Gerber's. Tempting choice of Strained Fruits, Vegetables, Meat-Soups, Desserts. All smooth texture as can be... with the inviting true color and true flavor babies prefer! And of course, since the experts at Gerber's spend all their time making baby foods and nothing else, each and every variety is carefully processed to help keep in those good natural food values.

Tiny individualists can show pretty big preferences — even as you and I! So if baby takes a stand against peas, carrots, it's better to forget them for a while and try squash instead.

Mother, send for this special offer! Something mighty handy. Three of these attractive Refrigerator Can Covers to snap on the opened can of Gerber's before popping it in the 'frig... send only 10 cents plus 3 labels from Gerber's Strained Foods or Junior Foods or one boxtop from a package of Gerber's Cereals to Mrs. Dan Gerber, Dept. N-33, Gerber-Ogilvie Baby Foods, Ltd., Niagara Falls, Canada.



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DOROTHY DIX'S COLUMN

Moodiness In Teen-Agers

Popular Daughter's Indifference To Boys Worries Mother

DEAR MISS DIX: My daughter, who will be 16 in December, is well liked by all her friends, but she doesn't seem to get interested in boys. She'll go with a boy once, then decide he's not the type she wants to try to tell her to go out and just have fun on a date, but I think she expects too much of her escort. She seems to prefer older boys — those in her 21-year-old brother's group, but I discourage this, as I think the difference is too great. She's very dispirited around the house. Her activities in school have been somewhat curtailed the last two years, due to illness, but the doctor has now given permission for her to go back on full schedule. However, she still seems to tire easily after any unusual exertion.

MRS. F. N. INFATUATION OTHER EXTREME

ANSWER: The moods of teen-agers are a source of worry to most parents; some youngsters do get through adolescence without them but, by and large, it's a tough period for both parents and children. Your daughter's actions are not too out of line and she'll doubtless snap out of all her moods by the time she's 16. That seems to be the age at which normally begins to assert itself. You are being a remarkably understanding mother, and the girl can't possibly fail to make a good adjustment with so fine a commander at the helm. When she returns to school in the fall, persuade her to get into as many activities as possible, especially those involving no great physical prowess. She needs supervised action in school which, coupled with the co-operation she has at home, will guide her safely through the remainder of the difficult adolescent period.

Girls her age go to one of two extremes where boys are concerned; either they have your daughter's indifference (which is usually feigned), or they rush headlong into love with every young male they meet. The latter is the more hectic phase, and one you should be happy to avoid.

DEAR MISS DIX: I come from a large family and, being the youngest, have always taken advice and comments on my every move. I am now 25 and married, yet my family still bosses me. I have never learned to be assertive or stuck up for my own rights and don't even know how to answer back when my folks criticize my husband. He is a fine person, too, and utterly undeserving of their sarcastic remarks.

MRS. J. J. ANSWER: Since you have been thoroughly trained in timidity rather than self-confidence, you will have some difficulty in reversing the pattern. Unfortunately, there's no magic serum to make you assertive; your own determination must do all the work. Don't worry about trying to be tactful, you'll probably have to be downright blunt to achieve your independence. Your family will be so shocked at your first sign of emancipation that they'll forget to be insulted.

Miss Nisson cannot reply personally to readers but will answer problems of interest through this column.

Alice Brooks Designs

KITCHEN CHEER

Quick, colorful still-life adds color to your kitchen! Easily embroidered on towels. A set for a shower gift is surely welcome!

Do a towel a day to chase kitchen-blues away! Pattern 7253 includes transfer of six motifs 5 x 1 1/4 inches.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

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7253 by Alice Brooks

Anne Adams Patterns

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This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

SEWING FABRICS

Choosing the right material for a pattern is not just a flair some women have and others haven't. Fabrics have certain draping qualities — some pattern lines call for material. Others for soft fabric. A stand-up collar won't look well in clinging crepe. Stiff taffeta will not fall softly in a panel.

SWEDISH PULP

STOCKHOLM, (CP)—Paper pulp exports from Sweden to the United States have tripled this year. In the first six months of 1953 exports were 181,000 tons, compared with 60,000 in the same period of

4570 14 1/2-24 1/2 by Anne Adams