

## Household ScrapBook

By Roberta Lee

### Embroidery Designs

When drawing an embroidery design on material use a good black lead pencil and press with a hot iron. This will prevent the design from rubbing out so easily. Any mistakes in the design must be removed with an ordinary eraser before ironing.

### Drink Slowly

Make a practice of drinking cold beverages slowly, as a quantity of cold liquid taken into the stomach too quickly may interfere with the digestion and cause considerable discomfort. Take it slowly.

### Squeaking Shoes

A shoe will stop squeaking if a peg is driven in the center of the sole.

## Morning Smile

### Hoping

"I took my daughter to see her first football match last Saturday and she lost her voice."  
"I expect she'll want to go again, though."  
"Very likely—but I'm taking my wife next time."

### Time Lost

Macpherson and Dundonald were out for a cheap day. Coming to a cinema, Macpherson exclaimed, "Let's go in here — continuous."

## Cook's Corner

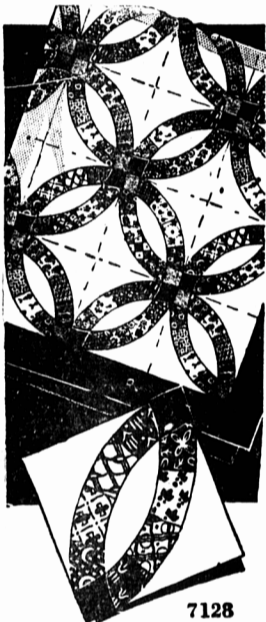
### BANANA-CARAMEL ICE CREAM

1 cup mashed ripe bananas, 2 teaspoons lemon juice, ¼ cup firmly packed brown sugar, ¼ teaspoon salt, ¼ cup milk, 2 egg whites, 1 cup whipping cream, 2 egg yolks, 1 teaspoon vanilla extract.  
Mix together bananas and lemon juice. Add sugar, salt and milk, stirring until mixed. Beat egg whites until stiff. Whip cream until thickened, but not stiff. Beat egg yolks until thick. Combine banana mixture, egg whites, egg yolks, cream and vanilla. Turn into freezing trays of an automatic refrigerator. Freeze, with indicator at coldest setting, stirring every 30 minutes until mixture begins to hold its shape. Then freeze until firm. Serves 8.

### COFFEE TAPIOCA

One egg yolk, 1 cup evaporated milk, ½ cup minute tapioca, 2 ½ cup sugar, ¼ teaspoon salt, 1 cup water, 2 cups strong coffee, 1 egg white, 1 teaspoon vanilla.  
Mix egg yolk with small amount of milk in saucepan. Add remaining milk, tapioca, sugar, salt, water and coffee. Bring mixture to boil over direct heat, stirring constantly. Remove from fire. Beat egg white until just stiff enough to hold shape. Fold hot tapioca mixture gradually into egg white. Cool. When slightly cool, stir in flavoring. Chill. Serve in parfait glasses with caramel sauce. Serves eight.

## Alice Brooks Designs



### GIFT TO CHERISH!

Wedding bells going to ring for someone you love? Make her this Double Wedding Ring Quilt! As popular today as it was long ago — it's so thrifty to make!

Scrap quilt in the Double Wedding Ring Design! Pattern 7128 has pattern pieces, directions.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

### COLGATE TOOTHBRUSH

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7128 by Alice Brooks

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## The FASHION SHOPPE

141 GREAT GEORGE ST.

PHONE 55

## A Country Garden

By Mrs. Gordon MacMillan

It thaws. The hand of Winter slackens grip. "Wind's changed," he said, the old, the lonely dawn. Out in the woods at work before the dawn.

"Wind's changed." It seemed as summoning a phoebe. As a thanksgiving to an answered prayer.

I looked, and saw above the hill-top pines. Reddened by sunrise, that the whitened vane.

Had swung. "The wind's gone round," he surly said. Stooping to adze his frosty chestnut spiles.

It thaws, the fingers of the Winter drip. They weaken into water, as a heart.

Melted by love. They are no longer cruel. They change their mind as wind has changed its mind.

They let the tiles upon the roofs appear. Brown in their ordinary character: They let the hedges in their lines appear.

Black in their winter custom; let the grass Show through the snow for hungry sheep to find.

It thaws, and through the night that was so still When the moon rose above the fields of snow

Now comes the sound of water pouring down Over the sluice within the dip of the valley.

Water has been running down this hillside garden and very soon the lawns will be firm and dry. Ten days ago I found the first bulb in bloom, much earlier than other years. It was a winter aconite or ranthus, looking very much like a shiny yellow buttercup but only three inches high. All early flowers hug the ground for protection from the storms at this season of the year. These aconites have fine green, frilled collars and they thrive under trees where few other plants can hold their own. They see themselves freely and colonies are soon formed.

They are the earliest flower to bloom in this garden, coming about two weeks before the crocuses, and a shorter time before the snowdrops.

Tuberous begonias have been potted up in their large containers for summer bloom, and last year they commenced flowering in June. Tasting for over six months. This makes them a very satisfactory plant for porch or garden.

I have received a wonderful book from the library, "Plants of the Bible," written by H. N. and A. L. Moldenke the former the Curator of the New York Botanical Garden. His interest in the plants of

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## Recent Wedding At Seven Mile Bay



Pictured above are Mr. and Mrs. Alfred Joseph Beckstead of Creelman, Saskatchewan, whose wedding took place recently at Saint Peter's Church, Seven Mile Bay. The bride before her marriage was Eleanor Mary, daughter of Mr. and Mrs. William Murphy, North Carleton. The groom is the son of Mr. and Mrs. Alfred E. Beckstead of Creelman, Saskatchewan.—(Photo by Heckbert).

## ELLEN'S DIARY

The Queen-Grandmother, Mary, is dead. She passed away in her sleep this evening. Look a gentle farewell of earth and as "one who wraps the drapery" of her couch about her, lay "down to pleasant dreams."

It was, we think, a fitting departure for one who down through her long years of service to the realm "fought the good fight" of life, faithfully and well.

It is a pleasant way of going to anticipate, even to those whose faith may shrink at the thought of having one day to sunder every earthly tie and claim. But we remember that LARS was a man that neither shrank nor wavered but bore her with firm resolve and enviable courage through the troublous times and dismaying trials that were her destiny and portion in life.

Are women, we muse, the weaker sex? Not always. On the contrary, in many an instance they are amazingly and admirably strong. Her strength of character was superlative, perhaps "because her heart was pure." In any event, it was an element which encouraged her to subordinate personal yearnings and place her country's welfare above all else, as she discharged the duties of the consecrated role she was so long to play.

Wise... how infallibly wise she was in her decisions all through life though doubtless her convictions gave her many bleak lonely hours and bitter tears shed in secret, such as other women also let fall. Bravely, indeed gallantly as ever a good soldier on a field of battle, she faced her odds of life: wars, bereavement, disappointment, to win the affection, sympathy and admiration of a far-flung Commonwealth and people.

But the Queen-Grandmother is now forever away. She has put aside her needle and pen. And we are persuaded, "clad in white robes" regal, yet humble at heart, has come down unafraid, nay expectantly to that river whose shore leads toward eternal places... without escort... alone.

"She was an old lady," Jamie offered gravely, thoughts apparently harking back to a passing of last autumn.

"Eighty-five," we said. "Nearing eighty-six her birthday is in May." "Old... and tired, I guess" Gage nodded.

The room was strangely silent. Only the voice of Radio carrying the sad news of the Nation's loss to it's furthestmost ends.

"They called her 'The Grandmother of England'," Jamie commented.

"Because she was the oldest Queen," Gage, a knowing little lad, said.

So the Queen Grandmother Mary, a good and gracious lady and "every inch a Queen," loved and respected and admired of British and Commonwealth subjects, leaving them sadly bereft, this evening in her sleep came down to that river... and passed over to the other side."

Until tomorrow — Diary — Good-night...

## The Stars Say

By Genevieve Kemble

### For Tomorrow

YESTERDAY'S planetary aspects continue, so that on this day it is still essential that you face any and all undertakings calmly and realistically, keeping the emotions under complete control. You may have the urge to "tear things apart," to make hasty decisions, to become tempestuous in your dealings with others, but, if you do, the results could be disastrous. So proceed slowly... but efficiently... during the next twenty-four hours. There will be days ahead when you can yield to those dynamic impulses with far better results.

### For the Birthday

If tomorrow is your birthday, the year ahead is one in which personal objectives can be realized by working for others rather than for yourself. This does not mean in the narrowly restricted field of business, but in the overall, worldwide sense. Sublimation of self to the interests and needs of others, difficult as it may be at times, will result in surprising achievement where your own aspirations are concerned. Mid-summer should find you in a particularly optimistic frame of mind, inclining you toward making expansive plans for the future. Careful consideration beforehand should result in their successful culmination with financial matters especially favored in the early fall.

A child born on this day will be aggressive, temperamental, but inclined to hasty actions unless well-disciplined.

### Yes and No

"So the electrical treatment has relieved your rheumatism George?"

"Ay," said the old man, ruefully, "but I can't tell now when it's going to rain!"

## DOROTHY DIX'S COLUMN—

### His Persistent Old Flame

Wife Worries About Woman's Letters, Even Though Husband Ignores Them

DEAR MISS DIX: My husband, to whom I have been married for fifteen years, recently received a loving epistle from an old sweetheart. He showed it to me and said he had no intention of replying to it.

A few weeks ago another letter from her found its way to our mailbox (it had been forwarded and reforwarded). She is still carrying a torch for my husband and begs him to write her a few lines. I have not given him this letter; in fact, I am so worried over the whole mess that I can't sleep. I love my husband dearly and, although he is devoted to me, I don't know what this letter might do to him.

N. C.  
ANSWER: You also state that the woman claims she has written your husband many letters in the past ten years, without hearing from him. Since it is almost certain that he has received some of this mail, the fact that he has so completely ignored it should be enough to put your mind at ease.

### END THE MATTER

I think you are worrying needlessly over the matter. If your husband were serious about the woman, he wouldn't have shown you the first letter. You confess that you are a natural worrier (though there's nothing natural about most types of worry), so if you don't get the affair cleared off the books, you'll fret over it to the point where you, not the hidden letter, will spoil your marriage.

Show the letter to your husband, tell him you are very upset over it, and ask if he won't write the woman and tell her he is happily married, has no further interest in her, and will return any future letters unopened.

Also, learn to have more faith in your man.

DEAR MISS DIX: I'm 17, and in love with a man of 24. We've gone together for a year, during which time he has gone with one other girl, while I've gone out with several boys. Now I haven't seen him in a month, though we parted on good terms after our last date. I haven't been out with anyone else since. I truly love him and I would like to get him back; I've written, but it hasn't helped.

P. T.  
ANSWER: Perhaps the boy has found a greater interest in the one other girl he dated. If you have written him, and he hasn't answered, there isn't much more you can do. There's quite a bit of difference in your ages, and he may feel an older girl would be more congenial. You'll be much better off going out with some of the other beaux, than in mooning over the one that is apparently unavailable to you.

DEAR MISS DIX: How much help should I expect from my 13-year-old son?  
Continued on page 9

## Anne Adams Patterns

### SEW-EASY DRESS!

Joy of your wardrobe — the gay all-about that's cool, comfortable, goes everywhere. Simply styled but so smartly detailed it alima inches off where it does the most good. Add a touch of rickrack or eyelet edge for pretty contrast. Choice of three sleeve lengths.

Pattern 4517: Women's Sizes 34, 36, 38, 40, 42, 44, 46, 48. Size 36 takes 3 ½ yards 35-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, Name, Address, Style Number.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

### Wouldn't Dare

At an officers' club in London the members were bidding farewell to a man leaving for the Far East. "It gets very hot out there at times," suggested one member. "Aren't you afraid the climatic might disagree with your wife?" The man looked at his wife reproachfully. "It wouldn't dare," he said.

### WHEN PAIN STRIKES

At the first twinge of rheumatic pain—take Templeton's T-R-C's. Over a million T-R-C's used every month, for speedy relief from pain caused by rheumatism, arthritis, neuralgia, lumbago, sciatica. Why suffer needlessly? Keep T-R-C's on hand, and use them promptly. Only 65c, \$1.35 at drug counters. T-642



4517 SIZES 34-48 by Anne Adams

## Better English

By G. A. Williams

1. What is wrong with this sentence: "When the party was over with, the boys ran every which way."
2. What is the correct pronunciation of "digestion"?
3. Which one of these words is misspelled? Sorghum, soprano, sophomore, soporific.
4. What does the word "appreciable" mean?
5. What is a word beginning with ga that means "to decorate"?

### ANSWERS

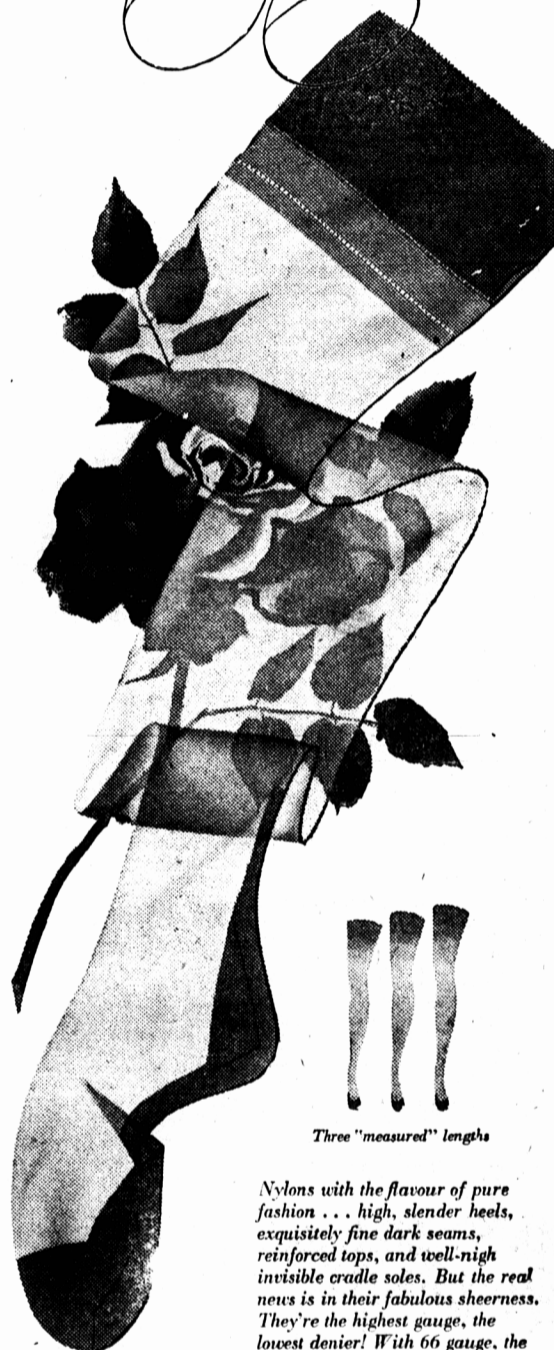
1. Omit "with," and say, "the boys ran in all directions." 2. Pronounce the first 's' as in did, not as in die. 3. Sorghum. 4. Sufficient in amount or extent to be recognized or estimated. "Such things have no appreciable effect on living conditions." 5. Garnish.

"I told my husband I was thinking of bleaching my hair."  
"What did he say?"  
"Keep it dark!"

## BARBARA ELLIS

Dream nail polish remover, according to Barbara Ellis, is the most wonderful invention since nail polish. It is called Heluan. Miss Ellis, a Canadian fashion model, claims that Heluan is a complete cosmetic... a time saver too. It oftena cuticle, conditions nails, removes polish and forms a polish base, all in one operation. It's really revolutionary! Best 50c investment Miss Ellis ever made. You'll find Heluan at most drug and cosmetic counters.

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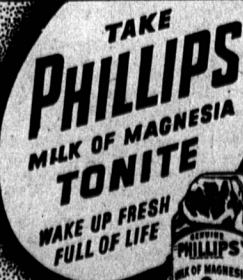
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