

Modern Etiquette

By Roberta Lee

Q. Does modern society require that a man merely touch the brim of his hat when speaking to a woman?

A. This is quite commonly done, and my men of seemingly good manners—but it still has the appearance of a half-hearted greeting. Any man of really good breeding will lift his hat, not just touch it.

Q. If a girl is the house guest of another girl, is it all right for her to accept a social invitation if her hostess is not included?

A. It is all right if she has first consulted her hostess and found that it does not conflict with any plans she may have already made.

Q. Is it all right for a man to ask his bride-elect to help him select her wedding ring?

A. This is not only perfectly proper, but it is quite popularly done.

Better English

By G. C. Williams

1. What is wrong with this sentence? "The trees in the orchard are not in a straight line."

2. What is the correct pronunciation of "ribbed"?

3. Which one of these words is misspelled? Marmalade, maharajah, magnesium, marshmallow.

4. What does the word "supercilious" mean?

5. What is a word beginning with per that means "related to the matter in hand"?

ANSWERS

1. Omit straight. 2. Pronounce the 1 as in rib, not as in rite. 3. Marshmallow. 4. Lofty with pride; haughtily contemptuous. "The supercilious officers." "His behavior was supercilious." 5. Pertinent.

Household Scrapbook

By Roberta Lee

Cake Icing

Cake icing will not run off the cake if a piece of stiff paper is doubled and pinned closely around the cake, letting the paper extend about an inch above the top of the cake. Spread the icing and do not remove the paper until the icing has set.

Bruises

Bruises can be kept from swelling by applying immediately a cloth about five folds in thickness, dipped in cold water. When the cloth becomes warm, renew the wetting.

Iodine Stains

To remove iodine stains soak the stained area in two cups of warm water and soap suds, in which one tablespoon of household ammonia has been mixed.

KING COLE TEA

A blend of the CHOICEST!

ELLEN'S DIARY

By An Island Farmer's Wife

Someone today saw a maple in autumn-scarlet, bright against a hill. And someone heard a bluejay call with winterish echo and seeing the flash of wings in a poplar named the bird-friends of summer, gone now from the yards and farmyards, leaving nests deserted, surroundings a bit cheerless.

"But we have robins yet," James remembered, "we saw them on our way from school... and a squirrel—the cutest little fellow ever! How it scolded and ran from tree to tree; out almost to a branch-tip to jump to another."

"But we have two harvests to do—an early and late," James said to a pair of visiting farmers to-night. These two out of kindly hearts had taken their wives to a wholly feminine foregathering in a neighboring community and had come to pass the interval of waiting with the Family here...

"I guess," he offered, "it's slipping away! It does on an outing like this. And the man with whom he had been chatting of items relative to the harvesting... how 'right in the middle of cutting that there field by the buildings, we had a break—not much of course, but delaying. Amazing how much one could have done during the time it takes to go after an extra!..."

"Yes, I'm ready for home now," we recall a farmer say when with James we hailed him one day and stopped a moment to talk outside a store on a busy street. "In fact," he chuckled, "I have been for some time. But just at the last minute Mary decided she needed a new hat... and you never know," he said, lowering his voice impressively, "just how long that will take. I was in a few minutes ago and the choice was narrowing. But," he grinned, "I believe it's going to take a spell for her to make up her mind!"

"I always speak my mind," claims a reader. His wife hastens to assert rather pointedly that he says very, very little indeed.

That Body Of Yours

By James W. Barton, M.D.

REGULAR EXERCISE PAYS LARGE DIVIDENDS

We have only to look at the surface of the human body, with its hundreds of muscles, to realize that they were placed there for a purpose. Man is covered with muscle from the top of his head to the soles of his feet.

When little or no exercise is being taken, there is lack of appetite, feeble heart beat, low blood pressure, constipation. Some years ago in earlier investigations, Dr. A. Weiss studied the effect of muscular exertion on hypertension (high blood pressure) and in the German Medical Journal he describes studies on patients with hypertension (low blood pressure). Persons with normal blood pressure served as controls.

It was found that after the period of recovery that followed the exertion (two to three minutes in physical examination for insurance or the armed forces) patients with low blood pressure showed an increase in blood pressure, whereas many of those with hypertension (high blood pressure) showed a decrease in blood pressure. The exertion (exercise) acts as a stimulus in hypotension and as a sedative (quieter) in hypertension, that is, acts as a counterregulator.

We learn that in low blood pressure, usually individuals under weight and taking little or no exercise, the use of their muscles in any exertion raises the blood pressure and they feel stronger and more willing to work or exercise. On the other hand, the individual with high blood pressure, by taking regular systematic exercise, can gradually get it down to or nearly to normal and it will remain there as long as he continues his exercise and particularly if he loses some excess fat, either by exercise or by cutting down on his food.

Morning Smile

Eligible

Miss Green: "I know he's rich, but isn't he too old to be considered eligible?"

Mrs. Brown: "My dear, he's too eligible to be considered old!"

Small Mind

"I always speak my mind," claims a reader. His wife hastens to assert rather pointedly that he says very, very little indeed.

Not Dangerous

"Well," said the insurance agent to the newly-wed Angus, "now that you're married I'm sure you'll want to insure your life."

"Awa' wi' ye," said Angus. "She's no' that dangerous."

Donahue - Keoughan Nuptials, Toronto



Mr. and Mrs. Thomas Eugene Donahue, photographed following their recent wedding at St. Basil's Roman Catholic Church, Toronto, Ontario. Left to right are Mr. Roy Keoughan, brother of the bride; Mr. William Keoughan, groomsmen; Miss Rose Brown, bridesmaid; the bride and groom; Mr. Leo Hevey, usher.

The marriage of Marjorie Teresa Keoughan, daughter of Mrs. Mary Keoughan, and the late John Keoughan, to Thomas Eugene Donahue, son of the late Mr. and Mrs. John Donahue, Cornell, P. E. I., took place in St. Basil's Roman Catholic Church, Toronto, Ontario with Rev. R. S. Diemer officiating.

The bride, who was given in marriage by her brother, Roy Keoughan, chose a gown of white lace over satin and a floor length veil. She carried a nosegay of small white carnations.

Her only attendant was Miss Rose Brown, Oshawa, Ontario. She wore pink embroidered organza over taffeta. Her headpiece was of small pink flowers and she carried a bouquet of pink and white roses.

William Keoughan was best man and Mr. Leo Hevey was usher. The bride's mother chose a navy sheer dress with a corsage of pink roses.

Following the reception, the couple motored to Boston on their honeymoon.

"They didn't seem to mind it," we say a bit teasingly to James, wreathed now in a cloud of smoke in the armchair. "Mind what?" James queries absently. "Waiting for their wives—and they're pretty busy farmers!" But he offers no reply as he rises. "Put out that kitten, Ellen—close the back-door, shut off the yard-light. And" he says turning at the hallway door, "have a look to see the stove-drafts are all closed!" This day has been pleasant.

SCALDS • BURNS
Dab on a paste of Baking Soda and water and cover with a damp cloth.
COW BRAND BAKING SODA

DOROTHY DIX'S COLUMN

Character's What Counts

Nationality Unimportant In Choosing Mate

DEAR MISS DIX: Do you think my parents should object to a fine boy because of his nationality? I am 16, a senior in high school, and am dating a boy of 22. My parents object to my dating him because his nationality is not the same as ours. We have known and liked his family for many years. My mother likes the boy, except for this one objection. He always comes after me for our dates, comes in and talks to my parents before we leave. When mother gives a specific time to be in, we always get in at that time. We are not going steady, as I realize I'm too young for that; I'm not in love with him, but find him pleasant company as a friend and would like to keep it that way.

A. S. W.



Muriel Nissen

ALL NATIONS HAVE CONTRIBUTED
All the nations of the world have contributed to the building of our splendid country, and our shores cannot be minimized. The country from which your friend, or more probably his parents, comes has been particularly generous in sending us fine men and women. Their names are prominent in the arts, in all professions, and appear with increasing frequency in the student rosters of our most prominent schools.

Your friend seems to be a lad of good manners and common sense. Taking these things into consideration, I cannot believe that your parents would object to him solely on the grounds that his family has its roots in one part of Europe, and yours in another. For don't forget, even though your family has been in this country a long, long time, its origin is on the other side of the Atlantic.

Since my divorce, I have met a married man whom I have grown to love. His wife is getting a divorce. Now my ex-husband is trying to get me back. He promises to change the things that led to our divorce. Should I give him another chance?

F. A.

ANSWER: You are certainly involved in a matrimonial merry-go-round. Better give up the married beau and let your ex-husband prove his sincerity by reforming before you re-marry him. You need a good stabilizer, and he seems the logical contender for the job.

DEAR MISS DIX: My wife, daughter and I are involved in a constant argument because I object to my daughter sitting in a parked car with her young man until 2 A.M. My wife contends that the girl is of age and should be permitted to live her own life.

H.T.
ANSWER: By "of age," I presume you mean 18. At that age a girl should be able to use her own judgment in many things, but the guidance of her parents is never amiss. As for "living her own life," no one can do that and be happy. While there is no objection to a girl sitting in a parked car talking, that is seldom the end of a story. The setting is conducive to more serious petting than is wise, and the situation itself is bound to lead to unpleasant gossip. Your daughter should, by all means, bring the young man into the house for an early morning chat. Your wife should uphold you in the matter for the sake of her daughter's welfare.

Miss Nissen cannot reply personally to readers just will answer problems of general interest through this column.

The Stars Say --

By Genevieve Kamble

INTERESTS, contacts and aspirations of the young and romantic are accentuated in this day's astral configurations. While social and romantic activities, functions and plans are uppermost, all such programs are likely to be beset by petty annoyances, disappointments or perplexities. Although trivial in nature, they may also be irksome and challenging. It may be well to frame plans as expedient and then to be guided by some subtle inner urge or intuition.

For the Birthday
Those whose birthday it is may be prepared for a year of the exceptional, challenging and dynamic. Expect stirring and thrilling developments, particularly in the realm of emotions and ideals. Personal matters or those pertaining to business, might develop trivial annoyances as to formula and details. In social, intellectual or romantic adventures, there may be unconventional or intriguing situations. When cornered or perplexed, fall back on inner prompting or intuitions. There might be novel developments.

A child born on this day is bound to have a life of dramatic crises, with personal, romantic even spiritual adventures. Artistic, creative talents and rare accomplishments are its birthright.

Anne Adams Patterns

3-PIECE OUTFIT!
Busy mom — look! Sewing is simple, and just count all the ways to vary this outfit for school days and Sundays! Make the jerkin and skirt in tartan plaid, blouse in contrast-color cotton. She'll love the entire ensemble!

Pattern 4871: Girls' Sizes 6, 8, 10, 12, 14. Size 10 jerkin and skirt, 2 1/4 yards 39-inch; blouse, 1 1/4 yards 39-inch fabric.
This pattern, easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
Send Thirty-five cents (35c) in coin (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number.
Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.



4871 SIZES 6-14

by Anne Adams

Cook's Corner

PICKLED WHITE ONIONS

One-half peck small silverskin onions, 1/4 teaspoon cayenne pepper, 1 stick cinnamon, 2 teaspoons chopped horseradish, 2 teaspoons whole cloves. Peel the onions. Place in cold brine allowing 1/4 cup salt to every quart of water, and let stand 24 hours. Drain and pack in clean sterile jars, with thin layers of the seasonings between layers of onion. (An odd small hot red pepper adds to the flavor and appearance. Fill the jars with boiling syrup made by cooking vinegar and brown sugar together until dissolved, in the proportions of 1 gallon vinegar to 4 cups brown sugar. Boil 5 minutes. Fill to overflowing and seal.

MUSTARD BEANS (NO. 1)

Two quarts green or yellow beans are cooked in salt water until barely tender — about 15 minutes. Use very little water — for it should be gone by the time the beans are cooked. Add 2 cups brown sugar, 1 cup vinegar, 1 cup water, 3 table-spoons prepared mustard, 1 1/2 table-spoons salt. Bring to boil. If these are to be served cold as a relish keep covered in refrigerator. If to be bottled boil 5 minutes and pour into sterile jars and seal.

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Alice Brooks Designs

TOY OR MASCOT!

Irresistible! Wonderful gift for your favorite child or team! Make him of knitting worsted in white, black or a pretty pastel color! Fast crochet in loop stitch!

Easy-to-crochet! He's approximately seven inches tall! Pattern 7004 includes instructions. Send Twenty-five cents in coin for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



7004

by Alice Brooks

How Can I!!!

By Anne Ashley

Q. How can I remove oil stains from a rug?

A. Dampen a cloth with gasoline and rub around the edge of the stain, working toward the center. As soon as one part of the cloth is soiled, change to a clean part.

Q. How can I avoid scratching the table when cutting out material from patterns?

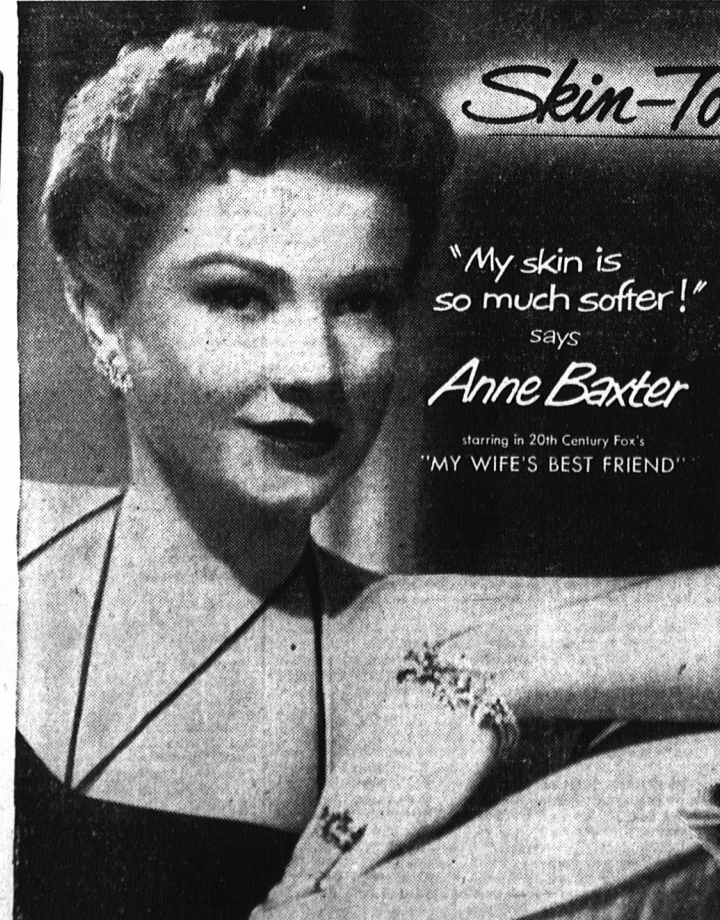
A. Before cutting the material, it is wise to spread out the table mat on the table. If cut on this surface, the scissors will slide along much easier and will not scratch the table.

MONEY SAVING SPECIAL

LARGE SIZE VEL 2 for 69¢



"JIFFY-WASH" VEL SAVES TIME-WORK-MONEY



Skin-Tonic Action

in Lux Soap care

actually stimulates moisture within your skin

"My skin is so much softer!" says

Anne Baxter

starring in 20th Century Fox's "MY WIFE'S BEST FRIEND"

... makes even dry skin fresher, smoother!

Skin-Tonic Action in Lux care stimulates vital moisture within your skin... gives it new freshness, and sparkle.

A minute a day makes a difference. As you cream in the rich Lux lather... Skin-Tonic Action immediately begins to improve your complexion from within. Now rinse warm, splash cold... and see your skin's new satiny beauty.



9 out of 10 screen stars use Lux Toilet Soap

SHIRRIFFS' SHIRRIFFS' Chocolate Perfection Pie

If you're on the look-out for a glamorous dessert, you'll be thrilled with this Perfection Pie. It's colourful, and beautiful, and rich with deep chocolate flavour. You'll find it easy to make thrifty desserts, pies and cake fillings with Shirriff's Bud Desserts. Try all four flavours, kept extra rich, truly fresh in Shirriff's liquid-centre Flavour Bud.

See how easy!

Line a well-greased pie plate with meringue and bake in a slow oven. When cool, cover with sliced peaches. Fill with Shirriff's Chocolate Bud Dessert, slightly cooled. Garnish with peaches.



SHIRRIFFS' Bud dessert

