

# Annual UPEI health fair a success

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This booth gave detailed information about symptoms and prevention of sexually transmitted diseases, including graphic photographs to help take the message home.

Another exhibit on student stress, a powerful problem among young people, offered free "stress squeeze balls," pamphlets of information, and schedules to help students plan out their time in the effort to ease anxiety. Similarly-themed exhibits by the Students Services department and the Mental Health Association offered a wide range of resources to assist with the emotional and psychological health of stu-

dents experiencing variate levels of stress.

The "rising" trend of alternative therapies, such as yoga, meditation, and herbal remedies was also the subject of another exhibit. The presenters offered directions for meditation, recipes for chocolate mint fudge, and samples of herbal tea for visitors.

Nutrition students are also involving in preparing exhibits, including one which examined the issues surrounding fast food consumption – a staple of many student diets. Another booth focussed on the prevalent negative conceptions surrounding weight as presented by various prominent cul-

tural mediums. This display had a visual representation of two popular television stars (the notoriously slim Calista Flockhart, aka *Ally McBeal*, and the less Hollywood typical actress Camryn Manheim of *The Practice*) depicted on an uneven scale.

Finally, other booths representing on-campus health resources and community health organizations provided information on campus-relevant themes.

The provocative range of topics and the imaginative, multi-faceted presentation of exhibits conjured the response of one student:

"It forces you to think about it."

## Island women complete UPEI management program

On Jan. 20, 1999, 26 women received certificates signifying their successful completion of the University of Prince Edward Island's Management Development Program for Women. The program provides theoretical instruction and workplace application in management – a field in which women continue to be under-represented.

"I believe we have earned a reputation for providing quality instruction combined with valuable practical opportunities for incorporating new skills into the participant's workplace," says Isabel Christian, Program Coordinator. "There are not many opportunities like this one locally."

The Management De-

velopment Program for Women focuses on the special needs and strengths of women in management positions. With an all-female class, the students address workplace issues and potential opportunities and barriers for advancement.

The one-year program uniquely involves the employer as a "sponsor" who supports the student. Having the support of the workplace not only enhances the student's experience in the course, but promotes a positive long-term relationship with the place of employment.

"Island Tel is a learning organization," says Paul Hickey of Island Tel. "We believe in supporting our employees in their various pro-

fessional development initiatives."

The successful program started two years ago with twenty-five students who were mostly from the public sector. However, the demographics of the incoming class suggest that more women and their employers in the private sector, such as local computer companies and car rental agencies, are seeking training in management. In fact, there is a waiting list of acceptable applicants.

"I really enjoyed learning with professional women," says Jane Aiken, former student of the program and Island Tel employee. "I have acquired a great network and a lot of confidence to build on in my management career."

## AVC professor hits publication landmark

Dr. Amreek Singh, a professor in the Atlantic Veterinary College at UPEI has published his one hundredth paper late last year. The paper was published in *Toxicology*, an international science journal. The event is a first for AVC faculty.

Singh's list of publications comprises 81 refereed papers, 11 invited papers, and eight book chapters. He has contributed to over 160 regional, national and international science conferences and was invited to chair several sessions in these meetings that were held worldwide including Australia, Belgium, Canada, England, France, India, Netherlands, Spain, Switzerland, and the USA.

Currently, he serves on the editorial boards of *Histology and Histopathology*, and the *Journal of Submicroscopic Cytology and Pathology*, and is a reviewer for four other scholarly journals. He has supervised several graduate students at M.Sc., Ph.D. and D.V.M. levels. He has also supervised ten Undergraduate Students Research awardees of the Natural Sciences and Engineering Research Council, Ottawa who were studying at the AVC. Singh has brought well over quarter million dollars to the University.

Singh's current research is on ultrastructural pathology in the laboratory animals induced by environmental pollutants such as lead and PCBs. He is an active member of 13 professional societies and has served in different committees of American Association of Advancement Science, American Association of Veterinary Anatomists, Canadian Association of Anatomists, and the American Association of Anatomists.

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