

Ask the Doctor..

This Doctor Doesn't like to Play Golf.. With His Girlfriend!

Students of U.P.E.I. let me applaud your efforts. I would like to thank those students who sent me down their submissions for this column to the Office of the X-Press (Main 06) last week. They were, for the most part, quite amusing. Keep it up! I am sorry about not yet posting my Problem Box in "The Pit", but due to the horrid blizzard this weekend it became quite impossible.

Dear Doctor,
I was reading a letter from your column last week about this guy who had smelly feet (January 30-1992-The Smelly Arch). Well, I have a similar problem; I have excessive body hair. It is a major problem at the beach. What should I do?

Signed
Gross n' Hairy

P.S. Are you really a doctor?

Dear Gross n' Hairy,
You are suffering from Hirsutism (big word for being hairy). Although this is usually a benign symptom it can be on occasion indicate serious glandular disorder. If you are a woman this may also mean that you are growing a rather sexy moustache. I would not worry though. If worse comes to worse you could shave the area. This is not recommended, however, if the hair is protruding from the back, as it becomes very difficult to shave. Trust me on this one! I am actually a doctor, but I am not a practicing physician. After completing my Ph.D at Disney University in Florida, I decided to return home and help those who might benefit from my vast knowledge.

Dear Doctor,
I think that I am suffering from a form of depression. I am always down and I often think about suicide. I don't really understand why I get so sad, but I often do. I wish that I could stop feeling this way. Is there something wrong with me? Any suggestions?
Signed, Anonymous

Dear Anonymous, This may or not be a serious problem. On a more serious note, I would suggest that

you go to see a Counsellor at Student Services, because that is what they are there for. There is nothing "wrong with you", and you should not feel ashamed about being depressed a lot of the time. Most people have suffered from the same kind of loneliness at some point in their lives. It is a very common problem! Suicide should not be a serious option, because no matter how bad your life may seem it is most certainly worth living. My advice to you is to learn to appreciate the finer things in life and try to live a little. I think that you will soon agree that life is the only thing that really is worth anything.

Dear Doctor,
I am chronically bored in this town. There is nothing to do on the weekends and even fewer things to do during the week. I have just come here from Toronto and there is a lot more to do there. It is a real pain in the neck! Can you cure that?

Signed,
Sick of This Town

Dear Sick,
Maybe the problem is that you are a pain in the neck. I am sorry, but I would like to say that I really hate it when people, who have just moved here, complain about how boring it is here. I will admit that it can be slightly monotonous on a Friday night in Charlottetown, but that is no reason to get down on the Island. Find something to do; get out and go bowling or join a university organization or go to The Barn. If it was so great in Toronto then move back. What I like to do on a Friday night is to go out to Brackley Beach, take off all of my clothes and run through the dunes naked, screaming out lines from Hamlet, Macbeth and Olde MacDonald (for the best results you should be completely sober and covered in sunscreen). Try to say that P.E.I. is boring after doing THAT! I dare ya!

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