

SPORTS PAGE

The Fine Art of Fencing

By Coralie Gill

Imagine a sport that combined physical endurance with strategy and fast mental reflexes. Well, just such a sport is practised here at UPEI. It is the sport of fencing.

In fencing physical size and structure do not mean everything. Fencing well depends on a combination of reflexes, both mental and physical, endurance and strategy. It is a martial art and can develop the same sense of discipline and honour as found in other martial art forms. Fencing is an Olympic event practised world wide and is divided into three distinct types: foil, epee, and sabre.

Foil fencing is the first style that beginners on PEI usually learn first. It was derived from the original practice rapier and uses a small, light sword. To score a hit fencers must touch their opponent with the point of the sword on the torso. This style is great for people who enjoy strategy and speed.

Derived from combat rapier, Epee is the style closest to that seen in movies such as "The Three Musketeers". It uses a heavier sword and requires more muscle control, strength and patience than foil. Points are

scored with the tip of the sword and the entire body is a target. Epee is best for people who want to focus on psychological tactics as much as physical action.

The newest of the three styles is sabre. Derived from cavalry sabre, points are scored using the tip and the "sharp" edges of the sword. The target area is the entire upper body including the head and arms. Being both the fastest and most flamboyant of the styles, sabre appeals to people who enjoy high speed action.

Fencing on Prince Edward Island is coordinated by the PEI Fencing Association (PEIFA). The PEIFA is also responsible for the development, promotion and safe practice of fencing on Prince Edward Island. Fencing at UPEI includes the UPEI Fencing Club, a club for competitive and recreational university fencers and is associated with the PEIFA. The UPEI Fencing Club executive consists of: Steve Tanton, President; Peter Clarey, Vice-President External; Coralie Gill, Vice-President Internal; Jason Gourley, Secretary and Chris Glencross, Treasurer.

Practices are held at the Sport Centre every Saturday, 1pm - 3pm; Monday,

8pm - 10pm; and Wednesday, 7pm - 9pm. Everyone is invited to attend and try out fencing. All you need is sneakers and gym clothes and the first three sessions are free. So why not drop in and give fencing a try.



James Johnston and Glen Miller led the Panthers to our first win of the season in soccer on October 14. The men's soccer team won the match against Memorial 3-0. In their second game of the day, the men tied 1-1. Chris Gallant earned the games only goal.

The women's soccer team was defeated in both games played in St. John's, Newfoundland. The Panthers lost by 4-1 on Saturday and 4-0 on Sunday. Gina Newson scored the only goal for UPEI.

In field hockey, the Panthers played the St. Mary's Huskies to a set of 1-1 ties. Tracy McGee scored for the Panthers on Satur-

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day with Cheryl McQuillan scoring Sunday's goal against the Huskies.

Saturdays weather forced cancellation of men's and women's rugby.

Wednesday, September 25:

Men's Soccer at home against St.FX at 3:00pm

Women's Soccer at home against St.FX at 1:00pm

Saturday, September 28:

Men's Soccer at home against Dalhousie at 3:00pm

Women's Soccer at home against Dalhousie at 1:00pm

Field Hockey at home against UNB at 5:00pm

Men's Rugby at home against UNB at 2:00pm

Women's Rugby at home against UNB at 4:00pm

Sunday, September 29:

Men's Soccer at home against Acadia

Women's Soccer at home against Acadia

Field Hockey at home against UNB at 11:00am

Friday, October 4:

Men's Soccer at Moncton, 5:00pm

Women's Soccer at Moncton, 3:00pm

Saturday, October 5:

Men's Soccer at home against UNB at 2:00pm

Women's Soccer at home against UNB at 12:00pm

Field Hockey at home against SMU at 4:00pm

Men's Rugby at St. Thomas

Women's Rugby at Loyalist

Sunday, October 6:

Men's Soccer at home against Mt. Alison at 4:00pm

Women's Soccer at home against Mt. Alison at

2:00pm

Field Hockey at home against SMU at 12:00pm