



Prizewinners at the 4-H Achievement Day of Hazelbrook Garment Club, all in their third year, are shown above LEFT TO RIGHT, Heather

Drake, president of the club; Judy Wood, first in juniors, in intermediate (13-15). Their leader, Mrs. Reginald Jenkins is standing behind them.

Hazelbrook 4-H Club Has Display Of Yearly Work

Achievement Day was held recently by Hazelbrook 4-H Garment Club, at the home of Mrs. Earl Jones. A large number of interested mothers and friends attended. Bertha Blanchard of the department of Agriculture judged the showing. Much praise was given to the instructors, Mrs. Reginald Jenkins and Mrs. Don Mutch, and to the children for the fine work they had accomplished. The highlight of the meeting was a fashion show by the 4-H girls of their year's work. Mrs. W. J. Mutch played soft piano music in the background. Piano friends attended. Bertha Blanchard and Heather Drake, and recitations were presented by Marlene Mutch and Heather Drake. Refreshments were served by the mothers and a social hour was enjoyed.

IDA BAILEY ALLEN

Nothing But The Best Keeps Meat Costs High

BY IDA BAILEY ALLEN
The food picture is not as dreary as most of us make it. For instance, there is plenty of red meat available at comparatively reasonable prices. Perhaps not the choice cuts you want, but the type of meats that European women make into gourmet dishes.

Beyond The Budget
Steaks, chops and roasts are out of reach of most food budgets. Why buy them, and almost go in hock to pay the meat bill?

There are more than 100 cuts of lesser meats available throughout the country. Larger quantities will be put on sale if consumers show enough interest to buy and use them.

A meat dealer always follows the expressed desires of his customers, as reflected by the cuts of meat they purchase. If you are really sincere about keeping within your food budget, and are willing to buy and use less expensive meats, he can and will supply them; he will even advise you what to buy, and suggest how to cook it.

Of course, much meat is too high in price. We homemakers ourselves have helped to create this situation by our buying habits. We can also help to level off high prices by changing or adjusting the menu-meat habits of the family.

Corned beef hash is among the lesser priced canned red meat products. Today, we are columning two tasty, nourishing entrees based on corned beef, each complete dish costing about one dollar (or less) to serve 4 to 6 persons. And it makes very good eating, too.

TOMORROW'S DINNER

- Chilled Grape Juice
- Crisp Wafers
- Corned Beef Hash
- Mushroom Style with Green Peas Danish
- With
- Tomato Slices on Lettuce
- Coconut Custard Pie (homemade or purchased)
- Hot or Iced Coffee or Tea Milk

- Measurements level; recipes serve 4 to 6;
- CORNED BEEF HASH MUSHROOM STYLE WITH PEAS DANISH
- 1 (15 1/2 oz.) can corned beef hash
- 1 (10 1/2 oz.) can cream of mushroom soup
- 3/4 tsp. onion salt
- 1/4 tsp. pepper
- 6 full-size slices buttered crisp enriched toast
- 2 tsp. minced parsley
- 1 (16 oz.) can green peas (drained)
- 1 recipe Danish Sauce

Turn contents of can of corned beef hash into heavy saucepan. With fork, stir in soup, onion salt and pepper. Heat slowly about 6 min. Serve piping hot heaped on buttered toast. Dust with parsley; surround with peas heated in Danish Sauce.

- CORNED BEEF HASH ASPARAGUS SHORTCAKE
- 2 c. cooked diced fresh or frozen cut asparagus
- 1 recipe baking powder biscuit (mix)
- 1 (15 1/2 oz.) can corned beef, well-chilled

1/2 c. seasoned bread crumbs
1 recipe Danish Sauce
First cook asparagus. Next make baking powder biscuits from mix, following pkg. directions.

Open can of chilled corned beef, cut contents crosswise into 4 to 6 slices. Dust all over with seasoned crumbs. Place on oiled baking sheet and bake 15 min. or until browned. Make Danish Sauce (recipe below); stir in the cooked asparagus.

To Put Together: Split and butter biscuits; place on warm platter. On half the number of biscuits, spoon 2 tsp. of asparagus in Danish Sauce. Add a slice of browned corned beef hash. Top with remaining biscuit halves. Spoon over any remaining sauce.

DANISH SAUCE FROM THE CHEF
exclaims: First make a white sauce as follows; then add our special ingredients.

White Sauce: Melt 2 tsp. butter in small saucepan. Stir in 1 1/2 tsp. flour, 1/4 tsp. salt, and 1-16th tsp. pepper; slowly stir in 1 c. whole milk. Stir until boiling; reduce heat; simmer 2 min.

To transform this into Danish sauce, beat in 1 tsp. peppery mayonnaise and 1 tsp. lemon juice. Et voilà!

Hate Literature Is Denounced By Federation

HALIFAX (CP)—A resolution urging the federal government to enact legislation recommended in the report of the special committee on hate propaganda was passed Saturday at the closing session of the annual meeting of the Canadian Federation of University Women.

Mrs. M. W. Menzies of Winnipeg told delegates "individual citizens within minority groups have a right to protection of the law for their security."

Expensive investigations concerning hate propaganda show that "Canadian law is inadequate."

The federal government committee headed by Maxwell Cohen, dean of law at McGill University in Montreal, "has shown us the seriousness of this problem," Mrs. Menzies said.

It concludes that the force of law is at this time required both for legal protection and for education.

Some Federation members protested proposed legislation on hate literature and concide because it might invade individual rights and freedom of expression.

The resolution from the Portage la Prairie, Man., club was passed by a large majority.

WOMAN INDIAN CHIEF STRATHROY, Ont. CP

A 44-year-old grandmother is the Canadian Onedia Indians first woman chief. Mrs. Virginia Summers, who has seven children and 18 grandchildren, beat her male opponents by 29 votes in weekend elections. As chief, Mrs. Summers will lead a 12-man council at monthly meetings for the next two years.

Women

6 The Guardian, Charlottetown, Wed., June 22, 1966.



MR. AND MRS. ALLAN B. MACDONALD
Young Couple Are Married In Spring Park Ceremony

Spring Park United Church was the setting for a spring wedding recently when Sandra Anne Ramsay daughter of Mrs. Arthur Douglas Ramsay and the late Mr. Ramsay of Charlottetown became the bride of Allan Bernard MacDonald son of Mr. and Mrs. Donald McDonald of Antigonish, N. S.

Rev. Clayton Lewis officiated at the ceremony while the Junior choir accompanied by Mrs. Herdman at the organ sang "Praise My Soul The King of Heaven" and during the signing of the register "The Lord My Shepherd Is".

Given in marriage by her brother-in-law, David Mills, the bride wore a floor-length princess line gown of white lace with elbow length sleeves, a removable panel train was held by a bow at the back of the waistline. Her bouffant shoulder length veil of tulle illusion was held by a crown of white fabric rose buds centered with seed pearls and gemstones and she carried a cascade bouquet of red and white roses.

Mrs. David Mills, who was her sister's maid of honor, wore a floor length gown of pale blue peau de soie with matching lace jacket and wedding ring bag of the same material with veil of tulle illusion. She carried a bouquet of blue and white carnations.

Bridesmaids Gwen Cliff and Rose MacDonald, sister of the groom, wore gowns and hats identical in style and material to that of the maid of honor.

The best man was Burt Campbell, and Tommy Hillier, nephew of the groom, and Doug Ramsay, brother of the bride, ushered the guests to their seats.

A reception following the ceremony was held in the church hall for 85 guests. The bride's table was centered with a three-tier wedding cake flanked by bouquets of pink and white carnations. The toast to the bride was proposed by H. Lloyd Yeo and responded to by the groom.

Lillian Crouse was in charge of the guest book. For a honeymoon trip to Niagara Falls the bride wore a two-piece raspberry suit, with white picture hat and a corsage of white carnations.

Mr. and Mrs. MacDonald are residing in Halifax, N. S. (Photo by Mrs. Edith Nabuins).

ELLEN'S DIARY

A 4-Leaf Clover Found In The Kitchen Garden

"We never know when we'll find a four leaf clover!" Peter commented this morning.

"Or where?" we grinned. We were in the kitchen garden then, there were among the black currant bushes, gypsies of plants are now encamped. From seeds these are, that mother nature entrusted to the winds to set down in appointed spots to make now of that corner a mixture of leaf and blossom not unattractive in its natural setting. We think that if our small lawns, the garden, and yards were to be left unattended for any length of time if there were to be no smoke-rising from chimneys, and swallows came to nest in the eaves, and spiders to weave silken webs across the doors, what a wilding of place this would become! It would not be unlike the human heart when carelessly kept: some flowerings surely to repeat former blossomings, but sooner or later, if neglected, these would be pretty well crowded out by the brambles and weeds.

Not apparently happy to grow in a hit and miss design, after the pattern of the rugs on the floors of former kitchens, rather than according to the neat lines and groupings we favor, many seeds have caught there: the gold-green of feverfew, columbines in rosy hues, forget-me-nots, Jack in the pulpit Solomon's seals. Close by, clovers in pretty shadings give added interest to the plot of grass, James mows with the scythe these days to make choice bites for the sows in their pens.

Peter was selecting radishes from a garden row, drawing them from the washed June earth, giving them a quick rub on shirt or shorts before eating. And why not? As some point out, though we fancy, with a twinkle, this age has become too sanitary. Everything edible is scoured and scalded until the natural flavor is about lost. A full from the market to a liddle than when drawn pink as old time June roses and fresh from the soil or carrots, come straight from good earth. Or fruits from the plant or cane, or an apple from the bough. And besides, the surroundings enter into the picture to lend more enchantment! Close by, Scamper tongue lolling pleasantly, was watching Peter's every move. We had stopped a moment there to gather up a bit of the June morning to take with us indoors. And then as we turned away, we chanced to spy a four-leaf clover at our feet.

Peter came to count the leaves, to touch them, as little lads, bicycles. And they have learned to forget their six years in a Turin clinic.

"They are extraordinarily vital and lively. There is no visible difference to be noticed when they play with their schoolmates," says Mrs. Maria Tumminelli. She is owner and director of the Tumminelli boarding school in this Lake Garda resort, where the twins now stay.

After the operation by a team of 15 specialists headed by Professor Luigi Solerio, the two girls were kept under close medical observation during months of physical and psychological readjustment. They had to re-educate their limbs and acquire a new sense of balance. They still perform corrective calisthenics at the school here.

"They look normal just a little frail perhaps, as many other children are," says Mrs. Tumminelli.

"Psychologically they had to become accustomed to living in a normal environment. In this respect their re-education has been remarkable."

"Santina is livelier and quicker of mind. She also is more effusive. Her sister is deeper and wiser and less communicative."

After the period of readjustment at the clinic the two girls settled in the house of their parents at Grazzano Badoglio.

Their father runs a butcher shop there. Their mother, Mrs. Elide Foglia, gave birth to a normal baby boy, Fulvio, in January.

A few months ago Santina and Giuseppe came to the Tumminelli school here. They sleep in separate beds in the same room. They run and play with the other girls, and they also can ride two little bicycles with side-balance wheels. But they are given their first-grade schooling in a class of their own.

Mr. and Mrs. MacDonald are residing in Halifax, N. S. (Photo by Mrs. Edith Nabuins).

HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-8506

Mrs. Margaret Sinnott and her granddaughter, Patsy McLellan, Bristol, have returned home from a trip to Ontario, where they visited in Toronto, Hamilton, London, Kitchener, and Ottawa, and to New York City and Atlanta, Georgia. In Atlanta they visited Mrs. Sinnott's daughter and son-in-law, Mr. and Mrs. Connor O'Donoghue who are residents of that city.

Mrs. Edison Rose, East Baltic is visiting her daughter and son-in-law, Mr. and Mrs. Maurice Golden, in Nova Scotia.

Mr. and Mrs. Stavert Heustis and baby daughter, Wilmet Valley were weekend guests of Mr. and Mrs. Harold MacGregor, East Baltic.

Rachael Sinnott, Bristol, who has been on the staff of St. Michael's Hospital in Toronto for some years as an X-Ray technologist, will return to the island shortly to rejoin the staff of the Charlottetown Hospital.

Mr. and Mrs. Robert Kitch, and Mr. and Mrs. Edward Lapine of South Porcupine, Ont., visited at the home of Mr. and Mrs. Alphy Gallant recently.

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...The oven, we decided, would be about right now for the biscuits we would mix.

"What do you say to going over to the barn to see if those last-born kittens have their eyes open?" he suggested. "I have an idea that they have."

Our eyelids are heavy. This has been another of June's delightful days. It is true, as Peter said this morning, "We never know when we'll find a four leaf clover" . . . or where, in life to be an all in all good luck token to give us many a loveliness, many a delight.

Until tomorrow . . . Diary . . . Good-night. . .

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JAMES O'CONNELL JUDY DAWSON
TO BE MARRIED

Mr. and Mrs. Alex Dawson, North Tryon, wish to announce the engagement of their only daughter, Judy Louise, to James Joseph O'Connell, son of Mr. and Mrs. James O'Connell of Carleton Place. The marriage will take place on July 9th.



NORMA DAWSON Rev. EDWARD BRITTEN
ENGAGEMENT ANNOUNCED

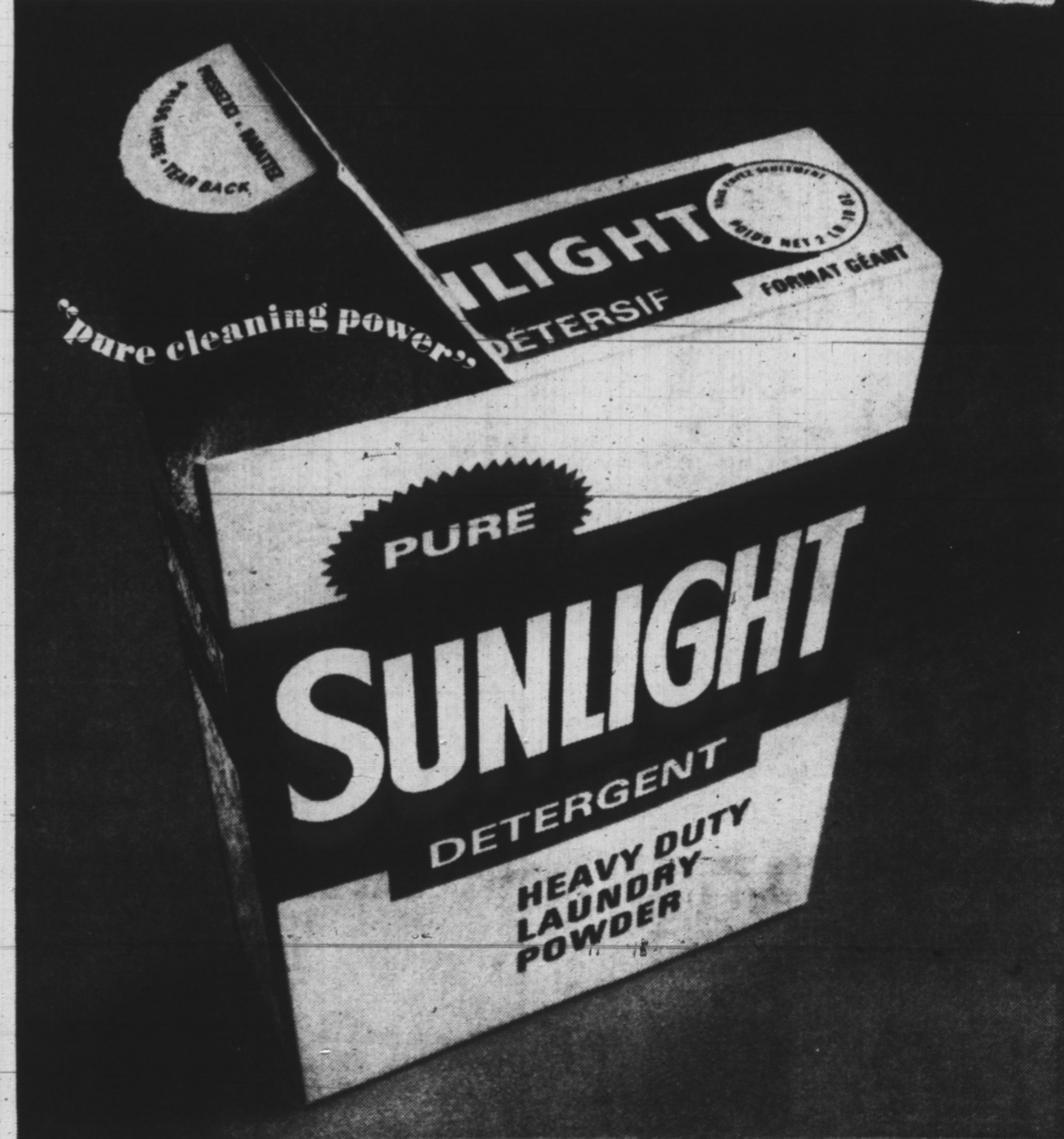
Mr. and Mrs. William Dawson, Rockingham, N. S. wish to announce the engagement of their daughter, Norma Elma, to Rev. Edward Gay Britten, Tryon, son of Dr. Charles Britten and the late

Mrs. Britten of Summerside. The marriage will take place at Bedford Baptist Church, Bedford, N. S. on July 9, 1966 at 3 p. m. Both the bride and groom are graduates of Acadia University.

DUN DUNNED
"Dun" in the sense of requesting payment for a bill was derived from the surname of Joseph Dun, an English petty official, noted for his success in collecting debts.

FEAR ONLY FEMALE
The male mosquito does not bite; he is strictly a vegetarian.

H. BENNETT CARR
Sun Life of Canada
District Supervisor
Insurance Counselling
Charlottetown, P.E.I.
Phone 4-8817 - 4-5435



It speaks for itself...
Listen next washday



Siamese Twins Look Forward To Normal Life

By FRANCESCO MENNELA GARDONE, Italy (AP)—Two seven-year-old girls who never talk about their past look forward happily to their future in an amazing new world of normal life.

They are Santina and Giuseppina Foglia, Siamese twin sisters born joined at the spine. They were separated in a five-hour operation May 10, 1965. Since then they have learned to walk separately, even ride