

The Micmacs In Early Times

Excerpts from a work by Nicholas Denys, first Governor of Acadia, published in France in 1672 and translated by Dr. William F. Ganong for the Champlain Society. — Continued from last Tuesday.

The work of the women was to go fetch the animal after it was killed, to skin it, and cut it into pieces for cooking. To accomplish this they made the rocks red hot, placed them in and took them out of the kettle, collected all the bones of the Moose, pounded them with rocks upon another of larger size, and reduced them to a powder; then they placed them in their kettle, and made them boil well. This brought out a grease which rose to the top of the water, and they collected it with a wooden spoon.

They kept the bones boiling until they yielded nothing more, and with such success that from the bones of one Moose, without counting the marrow, they obtained five to six pounds of grease as white as snow, and firm as wax. It was this which they used as their entire provision for living when they went hunting. We call it Moose butter; and they "Cacamo."

They made their dishes, large and small, of bark. They sewed them with the roots so well that they held water. They ornamented some of them with quills of Porcupine. They made bags of flattened rushes, which they plaited one with another. They went to the woods to fetch dry fuel, which did not smoke, for warming and for burning in the wigwam. Any other kind of wood was good for the kettle, since that was always outside the wigwam. They fetched the water, dressed the skins, made the robes, the sleeves, the stockings, and the moccasins, corded the snowshoes, put up and took down the wigwams. They went to fetch Fir with which they lined all the inside of the wigwam to four fingers' depth, with the exception of the middle, where the fire was made, which was not so lined. They arranged it so well that it could be raised all as one piece. It served them also as a mattress and as pillow for sleeping.

The coverlet was the skin of a Bear or of young Moose, of which the hair is very long and thick. When they went to bed they unfastened their robes which served them as blankets. They all had their feet to the fire which never died out; they kept it always going, throwing on it wood of which the stock was at the door.

When they changed their location in order to camp in another place, the women carried everything. Their daughters big and little carried also according to their strength. They were thereby accustomed at a young age to work, as well as to everything they had to do, even to masticating the Fir gum. In consequence they never had toothache, and their teeth were well kept and white as snow. It is well to note that the men who lived on the same diet nevertheless had not teeth so fine as those of the women, who were obliged to chew the Fir gum for caulking their canoes.

The work of the men was to make the frames of the snowshoes, bend them, polish them, place the two bars across them, and make all ready to be corded. They made their bows, their arrows, and the wooden handles to receive the big bones with which they killed the Moose, the Beavers, and everything which they speared. They made also the boards on which the women placed their children, and all other articles of wood.

They made also their pipes for holding their tobacco. They made them of wood, with a claw of Lobster, which is properly a Sea-crabfish. They made them also of a certain green stone, and of another which is red, with the stem, the whole in one piece.

ELLEN'S DIARY

By an Island Farmer's Wife

Our harvesting continues to make excellent progress—though James when he brought in this favorable report this evening, guessed "perhaps we should knock on wood!"

While here and at Rob's the horses graze or stand idly by day beneath the trees in their pastures, the harvesters are whisked comfortably by truck to the scene of their work. There without effort a tractor draws the binder along slope or level, merrily at the cutting. "Are they nearly through with the cutting?" the fishman, a quick, genial fellow, well acquainted with the conditions and affairs of farm-folks inquired as he matched the weight of one of his silver-sided fish with the silver in our hand. "Not yet" we replied "but they reckon if it remains fine... and all goes well, they'll be done by the last of the week."

He considered this a moment, as he re-entered his truck then offered with a chuckle "Well, I think they're either pretty slow, or else they must be cutting the whole County!" There appear, of course the tedious spells, when the grain is tangled and broken, and James is one to find those pieces "so short, Ellen, the binder could scarcely catch them!" There is a misery in a shoulder tonight which he is bound "I never used to have, Ellen. Would it be that we're going to have another change in the weather?" he asks now in this study of ours "or perhaps" and his tones lighten "it might be from the stooking. I kept at it fairly steadily today."

And from near and far comes the sounds of the harvest... the cutting, the stooking, the hauling or the threshing, beneath lovely September skies. At Alderlea we hear of the harvesting in far-flung places, brought often in person, as visitors compare notes with James. And sometimes in these visits we hear echoes of the old days, news of the youngsters we once knew and lost along that road we can retrace only in mind. Bright-eyed, merry maidens and lads who to us, never grew up... "A girl!" granddaughter already a sympathetic listener and confidante of our exclaimers, wide-eyed recently after one of these had been and zoned, and we sat on the old stone door-step at the front verandah with the small one to talk it over. "But she's not a girl, Nanna. She's an old lady!" the child reasoned, "as old as you are—and her hair is as gray. And her name is not 'Mary' like you called her. It must be Mrs. Something, don't you think? Because she had a husband with her in the car." This woman is among the number that in our thoughts, though a

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That Body Of Yours

By James W. Barton, M.D.

From investigations made by the staffs of Duke University and the University of Chicago, we learn that "medical science has moved from pessimism to optimism in the treatment of irradiation injuries following an atom blast."

Certain compounds have been shown to ward off irradiation injury. The chemicals cysteine and glutathione possess chemical groupings that compete with normal body cells for available oxygen. This fight for oxygen between the normal body cells and the chemicals, interferes with the normal use of oxygen by the body and thus offsets irradiation injury, as oxygen is required when any burning takes place. Female sex hormones, estrogens, for some reason yet unknown, are also effective in warding off irradiation injury.

Experiments with the use of ACTH showed this drug effective to some extent, more so than cortisone but "the most useful treatment includes treatment with antibiotic drugs such as streptomycin and terramycin to ward off infection."

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Chimp Charms Swedish Royalty At Circus



Five-year-old Crown Prince Carl Gustaf of Sweden and his mother, Princess Svihla, visiting circus at Stockholm were captivated by this chimpanzee who stopped his monkey shimes long enough to pay a visit to the royal family. The young prince was as thrilled as any five-year-old youngster the world over watching the performance.

The Stars Say - -

By Genevieve Kemble

For Tomorrow IT may be rather difficult to settle down to cold, constructive labor under the alluring, magnetic bombardments of these hours. Everything appears in a new and pleasing light, with an accentuating impetus toward music, art and all the things that make for youth, joy, and affection. Intellectual productivity should be cultivated in order to keep on a happy medium.

For the Birthday

Those whose birthday it is find beauty in everything, especially in friendship and recreation. A good day to plan something exciting, for adventures out of the ordinary should bring a novel thrill, new friends and a good time. A child born on this day has a gentle disposition, a keen and inquisitive intuition, and is a natural diplomat. It will do well in any branch of the arts or sciences it

Colored

A young mother, just returned from India, had engaged a new nurse for her baby. One morning the nurse came to her and said, "I don't know what the matter, madam, but the little one cries and cries."

Morning Smile

Slay In

A friend called upon a guest at a hotel, knocked and asked him to open the door. "Can't, door's locked!" the voice within announced. "Well, unlock it!" the caller requested.

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A Country Garden

By Mrs. Gordon MacMillan

SONGS IN AUTUMN

It was an evening sweet to know, The western sky a field of gold And through the sparrow's mist of song A tomtit's pipe ran clear and bold. Robin, with breast reflecting light Rilled forth his wildest notes, the tang Of Autumn violets with the scent Of honey thro' his accents rang. The wren broke forth in sudden praise A still brief psalm of shattered light. And greenfinch warbled near, but hid His green and yellow hues from sight.

It was an evening sweet to know, With fair September on the wing; And best to hear the wild birds weave Thro' Autumn's glow a dream of Spring. — M. M. Johnson.

September is the month for planting Autumn Crocus and Colchicum, the bulb that produces beautiful large crocus-like blooms in the early Fall, the leaves not appearing until Spring. They are perfectly hardy, and will bloom indoors without water or soil very soon after arrival.

I have received some of these bulbs and as they are new to me it will be interesting to see them in bloom. This beautiful leafless Lily of the Autumn is a native of Colchis, a province of Asia Minor, from which is taken its name. As it has always been valued for medicinal purposes and cultivated almost everywhere in Europe, it has escaped from gardens to become wild in many countries.

The true Fall-blooming Crocus were also in the parcel of unusual bulbs that I ordered and these are beautiful and different including Sativus, the Saffron Crocus in bright lilac. A few pieces of the yellow pistil when used in cooking will impart a lovely garden color.

The yellow dye, obtained from the filaments of this flower, has a long and romantic history. It was the Karoom of the Hebrews, and was used all over the civilized world for thousands of years. Both the Greeks and the Romans put this golden powder to a surprising number of purposes as a medicine, a dye for the flavoring and the coloring of confectionery and as a cosmetic. The plebeian audiences in the theatres and the Colosseum were scented during the intervals with saffron-water as a deodorizer. The rich stuffed cushions with it and scattered it on the floors before a feast.

In England it has established itself round Cambridgeshire. The Continued on page 9

Better English

By G. C. Williams

1. What is wrong with this sentence? "What kind of a man would do like he does?"

2. What is the correct pronunciation of "oust?"

3. Which one of these words is misspelled? Wizard, lizard, gizard, sizard.

4. What does the word "imposing" mean?

5. What is a word beginning with ma that means "a proverbial saying"?

ANSWERS

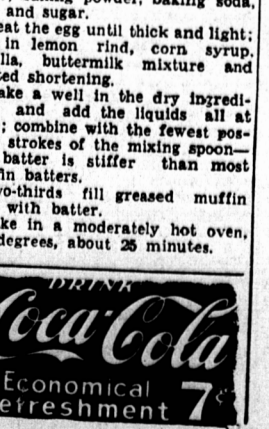
1. Say, "What kind of (omit a) man would do as he does?" 2. Pronounce oust, not oost. 3. Gizzard. 4. Impressive; commanding. "It was an ample and imposing structure." 5. Maxim.

Cook's Corner

LEMON BRAN MUFFINS

These muffins rise nicely in the oven and are really light, for this type of mixture. The lemon flavor is good in what is frankly a dessert muffin. Serve piping hot, of course, with butter or margarine, and added sweet or some fresh fruit. Yield—8 muffins. 1/4 cup wheat germ 1/4 cup crisp breakfast bran cereal 1/2 cup buttermilk 1 cup once-sifted pastry flour or 3/4 cup once-sifted hardwheat flour 1 teaspoon baking powder 1/2 teaspoon baking soda 1/4 teaspoon salt 2 tablespoons fine granulated sugar 1 egg 1 teaspoon grated lemon rind 1/2 cup corn syrup 1/2 teaspoon vanilla 3 tablespoons shortening, melted Combine the wheat germ, bran cereal and buttermilk and let stand for 10 minutes. Measure and sift together twice, then sift into mixing bowl, the flour, baking powder, baking soda, salt and sugar. Beat the egg until thick and light; stir in lemon rind, corn syrup, vanilla, buttermilk mixture and melted shortening. Make a well in the dry ingredients and add the liquids all at once; combine with the fewest possible strokes of the mixing spoon—the batter is stiffer than most muffin batters. Two-thirds fill greased muffin pans with batter. Bake in a moderately hot oven, 375 degrees, about 25 minutes.

DRINK



Anne Adams Patterns

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Household Scrapbook

By Roberta Lee

Clean Floors

Shellac makes a great difference to hardwood floors, but the stains on the floor must be entirely removed or the polished surface will show them up even plainer than before varnishing. Be sure the floors are stainless before either shellacking or waxing.

Scuffed Shoes

Do not tear off a piece of loose leather on a scuffed shoe. Apply a little liquid nail polish, paste it down securely, shine the shoe, and the place will never be noticeable.

Tinware

If new tinware is rubbed with grease and then warmed slowly without burning, before it is used, it will not rust.

Modern Etiquette

By Roberta Lee

Q. How should one take leave of persons to whom one has just been introduced?

A. You can say, "Good-by, I am very glad (or so glad) to have met you." To one who has been especially interesting, or who is somewhat of a personage, you say, "It's been a great pleasure to meet you."

Q. Just what are the purposes of a dinner napkin?

A. To wipe the mouth before drinking from the water glass, that the glass may not be smeared, and also to wipe the fingers.

Q. When a man offers his seat in a streetcar or bus to a woman, should he lift his hat?

A. Yes; it is a polite thing for this "rare man" of today to do.

How Can I!!!

By Anne Ashley

Q. How can I brighten my rug? A. Go over the surface of the rug with a scrubbing brush which has been dipped lightly into warm water containing a little spirit of turpentine or household ammonia, and this will brighten them wonderfully.

Q. How can I fatten thin hands? A. Wash the hands in hot water dry, and rub a little olive oil into them. Make the application before retiring so that the oil can remain on as long as possible.

Q. How can I treat tinware so that paint will stick to it more readily? A. Rub the surface of the tinware with a piece of rough pumice stone or coarse sandpaper, and apply a thin coat of shellac varnish.

MENTAL HEALTH EXPERT

VANCOUVER—(CP)—Dr. C. H. Gundry, director of the division of mental hygiene of the Metropolitan Health Committee, has left on a job for the U. N. World Health Organization which will take him through Europe and Asia. Main purpose of the tour is a survey of public health organizations in Thailand.

DOROTHY DIX SAYS—

Divided Duty

Soldier's Bride's Place Is With Husband, Not Mother

DEAR DOROTHY DIX: I am confronted with a problem shared by many girls my age. I have been married four months. I am 19. Harry, my husband, is 22. He is in the Army and has been stationed about four hundred miles from here. Now he is being sent much further away and wants me to come and live there. I want to go, but am faced with the problem of my mother. She is divorced and works to support herself and my 8-year-old brother. She approves of my going with my husband, but the rest of our large family feels that I am wrong and that my duty is to my mother and not to my husband. I love my mother dearly, and want to do what is right for her.

TESSIE

ANSWER: There is no question but that your duty lies with your husband, and you belong where he is stationed just as long as you can be able to help her to a small extent.

KEEP IN TOUCH

Write her as often as you can, telephone when possible. She sounds like a reasonable and sensible person who just asks to be kept aware of your love and concern for her. Of course she will be lonely for you. That is to be expected, but children will marry. Parents must be prepared to have them leave the family especially now with so many young men in service who naturally want their wives with them.

You will find many problems—and many diversions—in your new life. These should all provide interesting subjects for your letters home. Lots of luck!

DEAR DOROTHY DIX: What can I do about my boy friend? I am very much in love with him, but most of my friends don't approve of him. My mother likes him; my father doesn't. Some people don't. Continued on page 14

Alice Brooks Designs

FOR COMPANY BEST Planning holiday parties? Crochet this for your very best cloth! Two squares combine for the show-piece design, then add simple edging for a lovely finish! Two squares to join for your new cloth, spread or scarf! Pattern 7010; chart; directions. Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address Pattern Number.

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