



### THE TEST OF EXPERIENCE

It was with tested recipes that the Parkdale Women's Institute captured one of the prizes offered in connection with this cook

book—a point that is brought out sharply by this picture showing Mrs. Harold Clay, a member of the group, at work.

#### GUMDROP CAKE

½ cup shortening  
1 cup white sugar  
2 eggs, well beaten  
½ cup milk  
2 cups bread flour  
½ teaspoon baking powder  
½ teaspoon salt  
1 lb. gumdrops or ½ lb. raisins.

This bakes very nicely in a bread loaf pan. Bake 1 to 1½ hours at your usual loaf cake temperature.

Mrs. A. Piercey,  
South Milton.

#### HOT MILK CAKE

Beat 2 eggs well  
Add 1 cup w. sugar gradually  
1 tsp. vanilla  
Sift 1 cup flour  
1 tsp. baking powder  
½ tsp. salt  
½ cup hot milk  
1 tsp butter in milk  
Add to egg mixture and beat for a few minutes. It may be baked as a 2 layer or square cake. Bake at 350 deg. F.  
Mrs. Frank McKinnon  
New Haven.

#### OLD MAIDS CAKE

(Spice Cake)  
¾ cup shortening  
1½ cups white sugar  
3½ cups flour  
1 teaspoon soda  
1¾ cups sour milk  
1 teaspoon cloves  
¼ teaspoon nutmeg and cinnamon.  
1½ cups raisins  
¾ cups walnuts  
½ teaspoon salt.  
2 teaspoons vanilla  
Method: Cream shortening and

## Whole Families Will Cheer These Cakes

#### SOUR CREAM CHOCOLATE CAKE

1 cup sour cream  
2 eggs  
1¼ cups sugar  
3 tablespoons cocoa  
1½ cups flour  
1 teaspoon salt  
1 teaspoon soda

Beat eggs, add sugar gradually, add cream, beat and add remaining ingredients sifted with flour.

Mrs. Gordon Holm,  
DeSable, W. I.

#### PINK AND WHITE BIRTHDAY CAKE

1-2 cup butter  
1 1-2 cup white sugar  
3 tsp. baking powder  
3 egg whites (beaten stiff)  
3 cups cake flour  
1-2 cup milk  
1-2 cup water  
Vanilla or almond flavoring  
Cream butter and sugar. Add dry ingredients alternately with water and milk. Pour in beaten egg whites last. Take 1-3 of batter and color pink. Put into pan alternating colors. Bake one hour in moderate oven. Cover with boiled icing tinted pink.

Mrs. Ena A. Birch  
St. Eleanors W. I.

#### DARK FRUIT CAKE

½ pound butter  
1 cup sugar  
4 eggs  
½ cup molasses  
2½ cups flour  
Citron peel and nuts.  
1 teaspoon soda  
1½ teaspoon cinnamon

**BAKERY TREATS**

● Bread ● Pastry  
● Cakes ● Potato Chips

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**ENTERPRISE BAKERY**

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1½ teaspoon cloves  
1 pound seeded raisins  
1 pound seedless raisins  
vanilla  
½ teaspoon salt

Cream butter, add sugar and egg, mix well. Sift flour, soda and salt. Prepare fruit and nuts, and cover with half cup of flour mixture, until fruit is well floured. Add molasses to butter and egg mixture. Add dry ingredients. Mix all together well and add floured fruits. Bake 2 hours in slow oven.

R. W. Elliotvale W. I.

#### DATE DIVINITY CAKE

1 cup flour  
½ cup butter or shortening  
2 tablespoons sugar  
Pinch of salt

Rub together as for pastry. Place in 8 by 8 inch pan. Bake 10

minutes in moderate oven. Make filling as follows:

½ pound dates (chopped)  
½ cup water  
2 tablespoons brown sugar  
1 egg  
8 graham wafers rolled fine  
1 teaspoon vanilla  
Pinch of salt

Cook dates, water and brown sugar together. Cool slightly. Add the beaten eggs, crumbs, vanilla and salt. Pour over partly cooked pastry layer. Bake 15 minutes at 350 degrees. When cool, ice with butter and tinted with coloring.

Mrs. Oscar MacKay,  
New London

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