Women's realm

ELLEN'S DIARY

By An Island Farmer's Wife

However, by the willing co-operation of many hands, the end of the first weeding which yesterday had appeared too great a task to consider its completion today, was finished in good time, and hoes put aside.

While the more fortunate (or can there be more fortunate than those able to take up and complete some enjoyed work?), rested idly in the pleasant shade of trees, cooled themselves bathing in briny waters or lolled on the sands of beaches fanned by any breeze that blew, our workers in the field knew little respite all day, to have all tidily weeded when evening spread her gentle peace over the farmlands. How much land would be cleaned in today's set work? James reckoned . . . but then what a margin there could be between his "skimpy" and "good big acres!"

Today too, in a familiar sound of season which brought us from our housework to a point of vantage over-looking the scene of it, the haying was commenced, on this farm of Rob's. Hay-knives were sharpened in the dew-shine; horses gathered home from pastures . . . harnessed, and in two teams, hitched to the machines.

Before this, we had strained ears to catch another sound of season—listening as we placed the handful of floured raisins on top of the half-of-batter we had poured to the cake-pan, dotting them in fetching geometrical design—managing to have some to spare for lad or older one who should happen to come indoors at the time. How quiet it was! And then we heard it—a prime requisite of all mowing: "Ellen," James called, "keep your eye on the children while we're at this! See that they stay in the yard." And to Jamie: "Take care no cats or chickens are straying, so there'll be no tears over this!" And with the familiar click-clack of the machines, the haying had come.

The hay-loader new last year, still gay in its red and gold was drawn from the other farm in readiness for the hauling; and a rake, a three-cornered affair, added to our chattels this year, was brought in from the mother-farm at Alderlea. The latter, to be drawn this haying by a team, will do away completely with any feminine assistance at this work. Never again, we suppose, shall we ride the Nell-mare along a grassy farm-lane to the raking; nevermore catch at close range the sweet spicy scent of the windrows. Unless James not entirely satisfied with the more impersonal ways of farming exemplified now, may feel obliged to bring in the old rake of years to tidy more carefully some hay-field.

The July sun beamed through the shimmer of heat which today lazed drowsily over the countryside; shone hotly, reminding us who would complain: "All too soon this will pass; gather the sunshine vitamins while you may! Gather too, to record in memory, every loveliness of day; last glimpse of daisied haylands; beauty of field and tree and sky. Mark down in fetching lines the farmers and their teams at the mowing; small ones at play about the yard; the Family about the table at mealtime. Put down face of friend at the doorway; remember even casually uttered words. Make room for every commonplace happening — these could change "beyond a-remend" by tomorrow."

And now the golds, the oranges and reds of summer appear in the flower-border . . . fruit heads on the rowan tree . . . July, hot, colorful, sad—sweet month slips fast away.

Until tomorrow - - - Diary- - - Good-night. . . . .

Cook's Corner

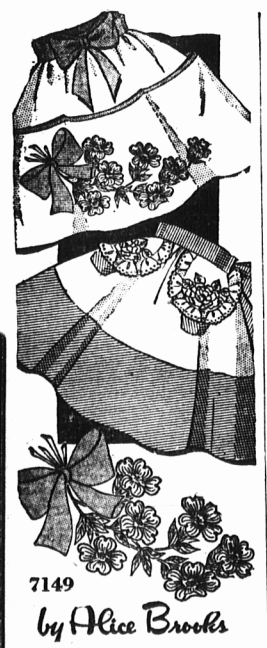
FLAPPER PIE

Mix together and line a pie plate with 12 graham crackers rolled until as fine as possible, ½ cup melted butter or margarine, 3½ tablespoons brown sugar. Bake this 10 minutes at 350 degrees F. Mix together in top of double boiler ¾ cup brown sugar, 3 tablespoons cornstarch, 2 egg yolks, 1 teaspoon vanilla and 6 or 8 cut up marshmallows. Stir in 2 cups whole or rich milk. Stir this over boiling water until it thickens. Cool a little then pour into baked crumb shell. Make a meringue of the 2 remaining egg whites and 4 tablespoons sugar by whipping them together until stiff. Spread over filling. Sprinkle a few graham cracker crumbs over top and bake in oven of 350 degrees F., until meringue is tinged with gold. Chill at least 4 hours but 24 hours chilling is recommended.

BIG INCREASE

Total wages and salaries received by employees of Canada's 450 fruit and vegetable canneries have increased more than 60 times since 1900—to about $24,500,000 a year.

Alice Brooks Designs



7149
by Alice Brooks

PRESTO! GAY APRONS

SPARE-TIME handiwork! Whip up a pair of pocket-happy aprons that are both gay and practical in the kitchen! Applique, embroidery are easy, quick!

Pattern 7149 has transfer motifs, necessary pattern pieces, directions for sewing aprons.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, and Pattern Number.

How Can I ! ! !

By Anne Ashley

Q. How can I make a good wall paper cleaner?

A. Mix 1 cup of flour and ½-cup cold water to a smooth paste. Add 2 tablespoonfuls of vinegar, 1 tablespoonful of kerosene. Boil until it thickens, stirring constantly. Allow it to cool, then knead thoroughly. Use in the same way as the manufactured kind.

Q. How can I remove peach stains from linens?

A. These stains are sometimes difficult to remove. Sprinkle them with lemon juice and salt, and place two days in the hot sun. Rinse out in cold water and wash in warm water and soap suds.

Q. How can I remove a stubborn rusted screw?

A. Apply a red-hot iron to the head of the screw for a short time; then remove with a screw-driver while the screw is still hot.

Not Busy

An official conducting a Government quiz called on Mrs. Jones and asked her what she did with herself all day.

"I keep the house clean, cook all the meals, wash the dishes, do all the laundry, mend the clothes and queue for food," she replied.

The official thanked her and made an entry in his notebook: "Mrs. Jones — Housewife — No occupation."

ZOO FOOD

The English name for peanut or ground nut is monkey nut.

Make Delicious Jams and Jellies the sure way with CERTO

E 122

Wins Scholarship

Photo by Van Dyck.

Miss Audrey Macmillan, above, of Fairview, P. E. I., was recently awarded a Princess Alice Scholarship, valued at a minimum of $1,200, and will take a diploma course in public recreation at the University of British Columbia. The scholarships, designed to further training of Canadian women as outstanding leaders of youth, are open only to women with an approved bachelor's degree. Miss Macmillan is the daughter of Mr. and Mrs. Allison Macmillan.

That Body Of Yours

By James W. Barton, M.D.

POLIO AND REMOVAL OF TONSILS

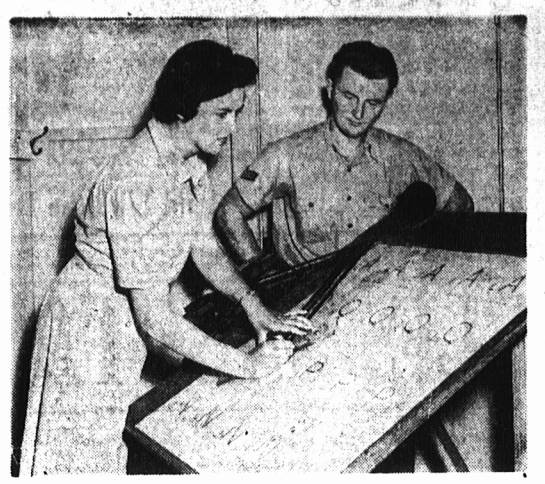
A few years ago research workers reported that when the tonsils were removed a short time before an attack of poliomyelitis, the chances of the patient developing the bulbar or paralyzing type of polio were at least three times as large as when tonsils had not been removed at this time. Immediately reports were published in our medical journals with figures attached, some of which proved conclusively that these research workers were correct and other reports proving just as conclusively that they were not.

As the National Foundation for Infantile Paralysis, after thorough investigation, declared that, in the opinion of their physician, removal of tonsils a few weeks or months before polio developed did increase the chances of developing the bulbar paralysis type of polio, the matter was apparently settled and physicians and surgeons advised parents to postpone removal of tonsils until after the polio season unless the removal of tonsils was an emergency. Fortunately, the reports since that time are in agreement with this viewpoint, one of the latest being that of Drs. Gaylord W. Anderson, Geneveve Anderson, Audrey E.Skaar and Franziska Sandler, Minneapolis, in Minneapolis Annals of Otology, Rhinology and Laryngology (ear, nose and throat.)

Nineteen cases of poliomyelitis (occurring within a month of operation) from the Minnesota epidemic of 1946 were reviewed in order to assess or determine the additional risk due to removal of tonsils. There had been 2,709 cases of polio in Minnesota in 1946. Of the 19 cases in whom polio developed within one month of tonsil removal (tonsillectomy), 12 were of the bulbar type and 3 died. All were under 12 years of age. "The 63 per cent bulbar involvement of this group contrasts sharply with the percentage of the bulbar form in all cases under 12 years, which was 11 per cent. In 15 of the 19 cases, the operations preceded the onset of polio by 7 to 20 days. This interval corresponds to the time space usually given for the incubation period of poliomyelitis."

From a careful evaluation, these physicians estimate that the risk for the group whose tonsils were removed during the preceding month was three times greater than among those not undergoing operation.

Ready To Defend Canada



Plotting the position of aircraft, both those of the RCAF and those of other nations approaching our shores, is the task of the RCAF's Fighter Control Operators, who are at the nerve centre of the complex and highly integrated organization which guards the country night and day. Shown at a plotting board, and computing the course and speed of an aircraft at the RCAF's Radar and Communications School, Clinton, Ont., is a trainee, Airwoman Audrey Wolfe, of Vancouver, B. C., under the guidance of **Corporal Erwin Andrew, Hunter River, P. E. I.** (National Defence Photo)

DOROTHY DIX'S COLUMN—

Broken Heart Will Heal

But Living In Past Retards The Cure

DEAR DOROTHY DIX: Being 25 years old, I know I should be ready to settle down with a husband and family, but I am afraid to face reality. I have carried a torch for one man for too many years. He married someone else, and I cannot forget him. I've become bitter and keep telling myself I'll never again fall in love so completely.

Muriel Nissen

A few months ago I moved from my home town but go back every chance I get. I live in the past, enjoying the fact that everyone knows of my heartbreak. I don't even think of the future.

Recently I met a fine young man who says he loves me and wants to marry me. He, too, has had heartbreak, but isn't carrying a torch like I am. I feel he would be a wonderful husband but am afraid there would be times when my mind would wander to the past as it often does now. The young man says he believes I will straighten out if I stay away from my home town. He is trying to help me, and that's what I need. Could I be happy with him? Do you think I'll settle my mind and be a normal girl living a normal life?

M. I.

ANSWER: You most assuredly need a drastic change of attitude, and have fortunately been blessed with a friendship that may help you attain it. Recovery from a severe emotional shock seldom is automatic; it must be achieved through constant effort on your own part. You have settled down into a state of actually enjoying your melancholy and the dramatic sensation of being a heartbroken and deserted heroine. Your dominant feeling is not love for the man who jilted you, but pity for your own plight—which is not nearly so tragic as you assume.

Self-pity is the most devastating of all human feelings; to give way to it continually is to mark you as a lost woman—a fate most unbefitting a girl of 25. Wake up to the futility of your wasted love, the possibilities of a fine future, the existence of a happy, productive present.

MANY HAVE SURVIVED

Many women have shared your experience—in fact, most women at one time or another have been sure their hearts were eternally broken. Somehow or other they survived the tragedy of betrayed love and lived to look back on the experience with a smile—if not actual laughter. You can have the same happy ending to your story, provided you begin now to put all thought of your former sweetheart behind you. Stop dwelling on the misery he caused you, stop reveling in the limelight you now enjoy as a wan, jilted maiden. The days when a broken romance doomed a girl to eternal grief were in the last century—they have no place in this atomic age.

You are lucky to have found a man who cares enough for you to put up with your lamentations over a lost love. He deserves better treatment than that, doesn't he? Count your blessings, and forget the tragedies of the past. But don't marry your nice young man until you are sure that you have buried the past, and buried it deep! A good husband is entitled to more than the dregs of a warmed-over romance. When you can go back to your home town with no desire to dwell on memories, you're cured! And make it soon! Time's a wastin'!

DEAR MISS DIX: When I was a small child I had a serious operation which left me hard of hearing. I had to be taken out of

(Continued on Page 9)

Summer Air Course Attracts Co-eds From 4 Colleges

The daughter of Canada's defence minister, Helen Claxton, from McGill university, Montreal, is one of 50 co-eds from four Canadian universities who are attending summer air course at RCAF station at London, Ont. The first of its kind in Canada, the 10-weeks-long course, designed to build reserve strength, centres around such subjects as world affairs, principles of leadership, air force law, service management. Graduates will serve at various RCAF stations until the campus summons them back to ordinary academic pursuits. They are not obliged to retain any connection with the air force.

Islander On Duty

The field of communications is one of the most important in the RCAF of today, and in this field radio plays a vital role. At the RCAF's Radar and Communications School, Clinton, Ont., trainee radio operators and technicians receive a thorough grounding in all phases of their trades from expert instructors. On completion of their course, they will carry their knowledge and experience to RCAF stations across the country. Lives may depend upon the efficiency of the apparatus and all components must be rigidly checked to ensure accuracy and durability. Shown here is Airwoman Natalie Gray, of Mount Stewart, P. E. I., testing a radio tube, part of her duties as a Communications performance checker. (National Defence Photo).

Better English

By W. C. Williams

1. What is wrong with this sentence? "His plan is identical with yours, and we shall probably reopen the subject again."
2. What is the correct pronunciation of "viands"?
3. Which one of these words is misspelled? Clientell, clandestine, clarity, cliche.
4. What does the word "discreet" mean?
5. What is a word beginning with ind that means "lenient"?

ANSWERS

1. Say, "His plan is identical to yours," and we shall probably reopen the subject (omit again)." 2. Pronounce vi-ands, i as in vine, a as in and, accent first syllable. 3. Clientele. 4. Prudent especially in avoiding error or evil. "We can't be too discreet in this matter." 5. Indulgent.

Morning Smile

Visiting

The small, slim man nervously stepped into the income-tax office. He was doubtfully looking round when the inspector casually came up and asked:—

"Yes, and what do you want?"

"Oh—er — nothing, nothing at all," replied the S. S. man. "I — I thought I would just like to see the—the folk I work for!"

Modern Etiquette

By Roberta Lee

Q. Is it correct to wear earrings at any time, or should they be reserved only for certain occasions?

A. Small earrings can be worn anywhere. But the diamond type and long, dangling ones are worn only with evening or dressy party frocks.

Q. What rule applies to taking of second helpings at a dinner table?

A. Help yourself a second time if a dish is passed, but do not ask for it. It might be that the supply is depleted and you might embarrass your hostess.

Q. How does a woman introduce her son's wife to her friends?

A. The formal introduction to acquaintances is "My daughter-in-law," and to good friends as, "Dick's wife."

Anne Adams Patterns

DRESSES HERSELF

A Wrapron for your daughter! Just sew two or three, Mother, and RELAX for the rest of summer! As you see, it has FEW pattern parts, whips up in a jiffy, opens out to iron and a child can dress herself so easily! Make it in cotton in flower-fresh pastels!

Pattern R4634: Children's Sizes 2, 4, 6, 8, 10. Size 6 takes 2⅛ yards 35-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coin (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number.

Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

A RATHER intriguing day that brings initiative, enterprise and an acute desire to tackle new and experimental possibilities, with courage as well as finesse. The prospect is alluring for new deals, fresh ventures into novel or untried fields. Which such bold ventures have a measure of support, yet there is just as much chance for loss — of a financial nature, in prestige, or possibly in jeopardy to friendly relations. Conservative, practical manipulation of such tryouts is enjoined.

For the Birthday

Those whose birthday it is may find themselves on a high note of adventure, new deals and ties, perhaps in putting over some rather exciting and intriguing programs. Reorganization, changed contacts, experiments, seem to hold alluring promise. At the same time, the chances are potent for failure, loss disruption and over-optimism. The old advice, "nothing ventured, nothing gained," applies.

A child born on this day may have much talent, sound ideas, fine optimism for trial and error, but with much prospect of financial hazard.

Household Scrapbook

By Roberta Lee

Prevent Shedding

To keep bristles from shedding off the paint brush first place it bristles up and pour some clear varnish into the base of the bristles. Keep the brush in an upright position until the varnish dries.

Handy Pencil

It is a good idea to tie a pencil securely to your telephone. Many steps and much time will be saved. It must be tied, however, or it will disappear just as any pencil.

Skinning Tomatoes

To skin tomatoes easily, pour boiling water over them, and allow to stand a minute. The skin can then be removed without any trouble.

Felt Kitten Toy

An easy toy to make for the tots in the family or for the less fortunate children in hospitals is this little felt pussy. He stands by himself if he's well stuffed, has two-tone ears, embroidered features and glossy whiskers. Cutting patterns and directions for making PUSSY CAT are available if you send a stamped, self-addressed envelope to the Needlework Department of this paper requesting Leaflet No. S E-1625.

Grand for summer baking

...no need to keep it in the ice box!

Keeps in the cupboard for weeks! Always right there when you need it! It's Fleischmann's Fast Rising Dry Yeast—the modern baking discovery that gives you delicious breads and rolls in quick baking time. No dashing off to the store at the last minute—just keep a supply of Fleischmann's Fast Rising Dry Yeast in the cupboard. IF YOU BAKE AT HOME—get Fleischmann's Fast Rising Dry Yeast today. At your grocer's.