

# Woman's Realm/Social and Personal/Fashions/Literature

## Lenten Meditations

FREE OBEDIENCE  
(The London-Times)

The obedience of which the Bible speaks is no mere slavish carrying out of the behests of a dictator in the modern totalitarian state—whose reasons are neither given nor comprehended, and who will punish disobedience according to his own capricious judgement. All too often God has been thought of, and so men have rendered an obedience based either upon fear or upon the hope of reward.

God's command is not thought of as irksome, nor as something beyond man's capacity to understand, nor as that which will be disobeyed at the individual's peril, but as making for man's highest good and happiness. God's will is a "good and perfect will"; good in its intention, and good in its effects upon him who with sincerity endeavours to fulfill it in his own life and work.

The difference between these two conceptions of obedience is absolute. St. Paul frequently contrasts a slavish obedience to law, an obedience which is largely based upon fear, with the free obedience of the Christian, which is based upon love. It is possible to give a formal obedience to God's commands without love, but it is not possible to love God without the desire to obey him and to live in harmony with his will. It is this latter kind of obedience which is the organ of knowledge, for through it man comes into ever closer union with the mind of God.

To such it is not a matter of self-interest "to desire that which thou dost promise," for what is promised as the outcome of loving obedience is a deeper capacity for apprehending truth and a gradual transforming of obedience into cooperation. The promises of God include not only the certainty of the soul's enrichment, though they do include this, but also the needed equipment for service as an instrument in God's hand for the carrying out of His benign purposes for the world. Through His obedience the dutiful servant of God increasingly comes to apprehend the divine purpose as it relates both to himself and to the general life of man. Our Lord said: "Ye are my friends, if ye do whatsoe'er I command you. Henceforth I call you not servants; for the servant knoweth not what his lord doeth; but I have called you friends."

So obedience becomes not a mere blind unquestioning acceptance of authority simply because the orders are given by him who has, indeed, every right to give them, but the free cooperation of him who is in truth the friend of God, and whose deepest desire is to see the perfect will of God fulfilled.

## FLAIR FOR COIFFURE KEEPS VERA ON MOVE

**Huddersfield, Yorkshire, England, March 6**—(CP)—A 200-mile trip to London to give a movie star an exclusive hair-do is all in the day's work for vivacious Vera Moore.

She recently made such a trip to dress Patricia Wayne's hair in the style of the 1920s for the premiere of her first starring film, "Your Witness."

Vera has other long-distance customers in movie actresses Ann Crawford and Hazel Court.

Vera runs her own fashionable salon in Huddersfield. Her natural flair for artistic hairdressing has won her a number of awards in national and international competitions.

If she were not so busy glamorizing hair in London and the provinces, she might have been competing in the famous Monte Carlo auto driving test—her great ambition for a long time.

Building up to it, she has a record of successes in auto trials in Yorkshire. A year ago she won the Huddersfield Car Club's rose bowl for a winning performance. It was the last driving trial her hair-styling work permitted her to enter.

Before that she won prizes in ballroom dancing competitions and, as a violinist, ran her own dance band for three years.

"But for a long time," she said, "I have been thinking of nothing

## ELLEN'S DIARY

By An Island Farmer's Wife

Tales of many touching incidents and winsome happenings from distances and nearer, reach us here in this country place—items we are so happy to hear and that serve to give us food for reflection as we go about the duties that claim our attention. "We're just keeping the breath of life in them, until you can get back!" we laughed to Carolyn today. Like James and delighting the family, she keeps in touch with us by phone, while for a few days more, doctor's orders keep her away from her familiar and busy round. But minimize these as one will, paring them down to only the most necessary doings, we can still find plenty to keep us employed. Loaves disappear, cookies vanish, floors become begrimed, garments get soiled, and rents appear, so that even the most casual cannot disregard these obvious calls to duty.

Tonight there was a late ride through the frosty moonlight at a summons from James who wished we "would come and see granddaughter 'who is miserable. Not that we could be of much assistance to Jeanie, other than that in our years we might be able to determine the ailment and give our 'considered opinion' on the matter, one the family respects, yet know is not infallible. As it is, when we left her only minutes ago, our small one was resting comfortably in her bed, the rolled faded blanket, her comfort since first she learned to like the velvety feel of it, tucked close to a warm chin.

We were deeply touched by the tidings we received today, relative to two former Island ladies now domiciled in the far West. With Jamie, past cities and towns, over rivers, through forests, along prairie and foothills and mountain, on the map this evening we came to their very door. Because one of these two sisters-in-law had received "the best gift of all"—The Guardian—as a Christmas present from her family, the two much enjoy the news and articles therein. And one may not herself see the lines but to her it must be read. Only in memory now can she look upon the faces of her loved ones—only there, see the multifarious delights that those of us still gifted with our sight can look out upon... the soft flooding colors of sunrise, the beauty and majesty of sunset... a rose... a babe's face... a light in a window of home.

But we know, that as the one we have known and admired since girlhood reads to her, her darkness fades and again she can see the wide stretches of white countryside, as we do from our window and island farmsteads comfortable in their snowy surroundings. (Continued on Page 3)

## How Can I!!!

By Anne Ashley

**Q. How can I destroy plant lice?**  
A. Spray with a syringe and a suds of naphtha soap. Also one tablespoonful of smoking tobacco soaked in a quart of water for about twelve hours or more makes a solution that will destroy insects and promote plant growth. Pour on the soil about every two months.

**Q. How can I economize on sugar when cooking fruits?**  
A. Before adding any sugar, stir in a quarter of a teaspoon of soda to each quart of acid fruit, and much less sugar will be required.

**Q. How can I prevent starch from scumming when taken off the stove?**  
A. If the utensil that contains the boiled starch is tightly covered, scumming will be avoided.

but hair styles. "I am not much interested in my own hair and never bother designing styles for myself."

## Pioneer Days

In P. E. I.

By F. H. MacArthur

The picturesque Port of Joy (Charlottetown Harbor) had for a long time been abandoned by the French, and the Indians were again in possession of their Abegweit. With the loss of Nova Scotia, the Frenchmen's fishing grounds were so restricted that their thoughts naturally turned again to Isle St. John.

St. Pierre, first equerry to the Duchess of Orleans, wanted the Island, and his patroness got it for him. A fishing company was formed, and with three small vessels and three hundred men, together with supplies, they set sail. Dan de Belleisle commanded the fleet.

The party reached Point Prim and crossing Hillsboro Bay, they sailed into the shelter of beautiful Charlottetown Harbor.

It was now September and the expedition's first concern was the preparation of suitable winter quarters. The sailors got busy landing the stores while the colonists set to work felling the timber. An open space was chosen in sight of the harbor and here a group of log-houses were erected. Once the humble dwellings were finished, a rough but stout little fort was thrown up and mounted by eight cannon to protect the place against any surprise attack.

Towards Lighthouse Point (probably Brighton), a Cross was mailed to a tall tree. Near this spot the workers erected a tiny chapel under the direction of Father Breslay.

The walls were made of rough logs, the ceiling bark, the floor Mother Earth. There were only a few pews, and not half the people could get in at one time, which meant that the service had to be conducted over and over again. With his own hands the priest built the altar and covered it with white cloth; above the altar hung a picture of Christ and His beloved Mother. Prayers and confessions were heard during the week with Sunday mornings having Mass said by the priest.

Came November, the harbor and strait was full of drift ice so that no ship in those days dared venture out of anchorage. Beautiful Port la Joy lay slumbering and perhaps dreaming of the countless birch-bark canoes that the savage Indian paddle across his bosom when summer crowned the trees with green leaves and when the water rippled and sang with the passing breeze.

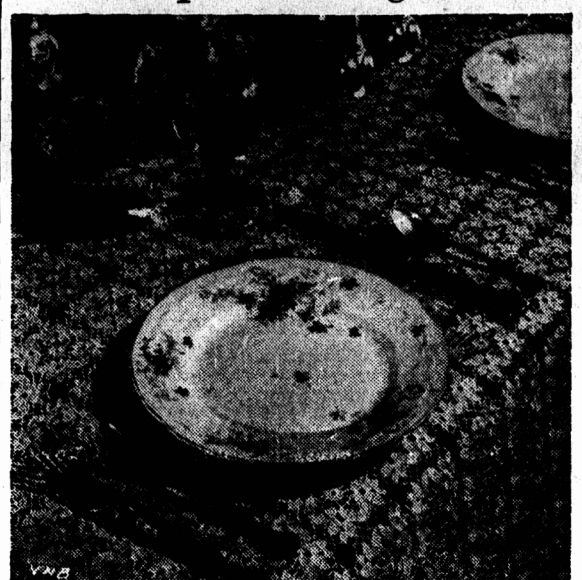
Meanwhile, the inhabitants of the fishing village explored the Island, trapped, and fished through the ice. All in all, they passed a pleasant winter and the future looked promising.

But alas! the first winter was the best. When the founding was finished, the French were at a loss what to do next. Being for the most part fishermen and trappers, they had little heart for the back-breaking toil so necessary in those days to clear the land and develop farms to support a settlement for the forts to defend. One by one they deserted the site to go where fancy called them.

There was nothing wrong with the fishing, but dissatisfaction arose among them until the little colony went back to the Crown. The loss of the fort mattered not at all as there was nothing left to defend, and for many years afterward the Micmacs passed the ghost settlement, happy because the palefaces were gone.

Dessert is the finishing touch to any dinner. "What's for dessert?" is usually the first question the children ask when they come in at mealtime. Father too, usually shows special interest in this part of the meal. The seasons bring their preferences for certain types of dessert. Cold weather seems to demand something hot and satisfying, in contrast to the light, cool confections of warm weather.

## Simple but Elegant



Some ladies find that the rustic place mats used so frequently today are a little too informal but here is a pretty one which is delicately embroidered and suitable for the most formal of table settings. The napkin, which is of plain percale, matches one of the colors in the design. If you would like to have instructions for embroidering this STRAWBERRY PLACE MAT write to the Needlework Dept. of this paper, enclosing a stamped, self-addressed envelope and ask for Leaflet No. 5025.

## DOROTHY DIX SAYS -

### Incurable Disease

#### Domestic Nagger Doesn't Want To Change Ways

**DEAR MISS DIX:** Is nagging an incurable disease? I am coming to the conclusion that it is. I have a friend who tells me that she married the dearest man in the world, but that he left her when she could stand her nagging no longer. Now I am again brought in contact with a young couple whose marriage is doomed for the same reason. He is a great lover of peace and harmony, a good provider, educated and talented, very popular, but at home he is never right about anything. A window left open, a chair out of place will call down volumes of unwarranted nagging on his head. I am quite positive that once this man's endurance reaches the point of saturation he will go never to return. Can his wife help nagging him?  
MIRA

**ANSWER:** I have sufficient faith in the power of the human will to believe that anyone who is mentally diseased can cure himself of any fault that he really desires to correct.

#### ENJOYS NAGGING

We have all known reformed drunkards and gamblers and philanthropers, and the only reason we never meet a reformed nagger is because the nagger gets such a kick out of nagging that he or she cannot bear to desist from his or her favorite diversion. There are several reasons why the nagger never desists from his or her evil ways. One is that no one ever admits to being a nagger. Another is that the nagger always justifies nagging on the ground that he or she does it for the good of the naggee. And, thirdly, because the nagger is possessed of such an all-comprehending self-conceit that he or she thinks that he or she is ordained by God to supervise the affairs of the universe and to run every detail of the lives of all those with whom he or she comes in contact.

I do not blame any man who has a nagging wife for taking the first train away from her. She has brought her misfortune on her (Continued on Page 11)

## Household Scrapbook

By Roberta Leo

### Varnishing Furniture

All traces of furniture polish should be removed from surfaces which are to be renewed with varnish, paint, or enamel. If this is not done, the new varnish will not dry properly and is liable to chip off. Benzine is effective as a remover.

### Sour and Dry Soils

The use of lime is very effective for sweetening sour soils. To improve the moisture retaining qualities of dry soil, incorporate liberal quantities of peat moss or humus.

### Burns

Try applying the white of an egg to a burn. It will help wonderfully in relieving the pain.

## Modern Etiquette

By Roberta Leo

**Q. If you have been invited to the home of a friend and through oversight have not been introduced to some of the other guests, should you call this to the hostess' attention?**  
A. No, it is much better to save the hostess from embarrassment by joining in the conversation and laughing; and it is quite likely that you will soon be talking with everyone present.

**Q. Is it all right for a bridesmaid to give a small dinner party in honor of the bride before the wedding?**  
A. Yes, this is quite all right.

**Q. Should one leave at once when visiting a friend in a hospital and another visitor enters?**  
A. Yes, leave at once when another visitor or the doctor enters.

**CANADA'S FIRST BISHOP**  
The first bishop and vicar apostolic of New France was Francois de Laval, who was appointed in 1664.

## Morning Smile

HARD LUCK

A man tried to train a fish to live out of water. The first day he kept the fish out of the bowl for one hour. The second day, for two hours. The third, for three hours, and so on until it would live in the air for a day at a time.

One day the man was walking over a bridge, while the fish, which had become fond of its master, followed close behind. But, oh, the pity of it, the fish slipped, fell off the bridge into the river, and was drowned.

**Moodies nobelt panties**

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## That Body Of Yours

By James W. Barton, M.D.

### INJECTING PATIENT'S BLOOD PLASMA INTO ANOTHER PATIENT

During the flu epidemic of 1918-19, many were dying in our Base Hospital; some from the flu itself, which damaged the heart muscle so that it had no power left, and others because of bronchopneumonia and pneumonia prevented the heart from pushing the blood through the congested lungs. A medical officer just returned from England, stated that while the flu epidemic was not causing as many deaths in England as in United States and Canada, English physicians were apparently saving many lives in a simple manner. Each morning, when patients who had recovered from the flu were being discharged from hospital they had a small quantity of their blood removed from a vein. This blood was injected into flu patients still in hospital, particularly into patients with a high temperature. We tried this each morning thereafter, the well patients being very willing to give up a small amount of blood to help patients still sick with flu. The results were most gratifying. The results from these recovering patients brought temperatures of 104 degrees down to, or nearly to, normal in a matter of hours.

That there is something in the blood of a patient just recovered, or recovering from an illness, that, injected into a sick patient, helps to fight that same disease in another patient was thus proven.

In "Riforma Medica," Naples, Dr. G. Oliva and C. Tromontana state that they gave two patients with pernicious anemia injections into the veins of 20 cc. of blood plasma twice a day for 12 consecutive days. One patient was given plasma from another patient with pernicious anemia whose blood was being built up by liver. The other patient was given plasma from a normal person who was receiving liver treatment in the same form and the same doses as in the anemic donor of blood. Giving plasma from a donor with pernicious anemia to a patient with pernicious anemia controlled all the symptoms of the disease and improved the general condition of the patient receiving the plasma. On the other hand, the patient who received plasma from a normal individual (who, however, was taking liver treatment) received no benefit.

These results show that when a disease is present, Nature builds up in the blood substances that help fight the disease so that if some of this blood with these disease-fighting substances is injected into the patient with this same disease, the patient's condition is improved.

## The Stars Say

By Genevieve Kemble

For Friday, March 10

IT could be that a complete upheaval, or far-reaching and revolutionary effect on the life and its outlook may be expected. Not only may the entire outlook on life be revised, geographically but as well the social or philosophical viewpoint. While profound and drastic in its sudden presentation, it is imperative, that shrewd and studied analysis is demanded else a "look before you leap" policy may not be crowned by the drama and romance possible.

## For the Birthday

Those who are brittle, it is advised to "expect the unexpected" with radical and thrilling prospects for change of far-reaching and spectacular significance. A sudden offer, a new friendship, a bright idea, could change the entire course of life in physical environment as well as philosophical outlook. While the prospects are excellent for thrills and unusual development it is imperative that a sober and un sentimental view be taken of this stirring adventure or contacts. Decision could make a joyous destiny.

A child born on this day is born in the realm of sudden and dramatic change, polarized in the mentality, with creative ability and the power and insight to put it to dramatic experiences.

## Better English

By B. C. Williams

1. What is wrong with this sentence? "We plan on spending the week in the mountains."
2. What is the correct pronunciation of "Moscow"?
3. Which one of these words is misspelled: Bazaar, battalion, basinet, blamable.
4. What does the word "inconscient" mean?
5. What is a word beginning with pu that means "pertaining to the lungs"?

### ANSWERS

1. Say, "We plan to spend the week." 2. Pronounce moe-co, first o as in moss, second o as in no, accent first syllable. 3. Battalion. 4. Not agreeing with itself or something else; contradictory. "Wisdom and virtue are far from being inconsistent with politeness and good humor." — Addison. 5. Pulmonary.

## LOW WATER

ORANBROOK, B. C. — (CP) — Flow in both Kootenay and Columbia rivers fell below their 37-year normal amounts in November. Average flow of the Columbia was 22,300 second-feet, compared with the long-term average of 22,800 for November.

# Living & Leisure

— THE WOMAN'S REALM —

## COLOR OF TWILIGHT

To emerge suddenly at a certain moment of dusk, of sapphire half-light prevailing the sky, is to find a city plunged into blue enchantment. All things are muted: the stark squareness of buildings is softened; shadowed streets lead to unfamiliar vistas. People move somehow blurred, inconspicuous, and merge into dimness.

Blue light—heart of a gem: translucent clarity—color of a dream: how has the sky become mingled with time and our world?  
—Dolores Cairns in The Christian Science Monitor.

## WEDDING GOWNS SHOW VARIETY

NEW YORK — Saks Fifth Avenue showed an extensive array of bridal gowns recently. They were of varying degrees of formality. Gleaming heavy satin, frequently overlaid with rose point lace, with flowing train and floor length hem was favored for the cathedral ceremony, while crisp dainty organies in the shorter length looked enchanting for more informal weddings.

For chapel ceremonies, the youthful shirtwaist line was adapted in sheer imported Swiss embroidered organy with simple high double collar, long sleeves and deep border of delicate embroidery at the hem of the full skirt.

For the garden wedding, embroidered organy over pale blue taffeta provided a charming color scheme for bride and attendants, even the little flower girl boasting an ankle-length frock of blue veiled in white. The bride's gown in this instance was fashioned with an embroidered bodice, the plenum dipped into a spreading train.

For the morning wedding in the country, picturesque full skirted organy frocks that could slip easily into the bride's wardrobe after the wedding were worn with wide brimmed hats. Particularly lovely was one in white with raised flowers of pink and blue at the hem, scalloped decolletage and sash of blue taffeta.

Traditional satin made several handsome gowns for the formal ceremony. In one, the motif of the draped folds of the V-shaped decolletage was repeated at the hips where the folds were drawn back to flow into a train. Creamy rose point lace accented another. Heavy ivory satin appeared in a Sophie Original, a deep cuffed circling the shoulders, a yoke of flesh illusion high to the throat. Looped openwork was a pretty detail of another, edging the low curved neck and decking the skirt.

## Cook's Corner

### CODFISH CAKES

1 1/2 cups dried salt codfish, 3 medium potatoes, quartered, 1 egg well beaten, 1/4 cup milk, pepper. Soak fish in cold water one-half hour. Drain and flake. Cook fish and potatoes until tender. Drain well and mash or press through a ricer. Combine beaten egg and milk and add to the fish mixture. Add pepper and mix well. Drop by tablespoons into deep hot fat 375 degs. Fry until lightly brown and drain on brown paper. Serve with tartar sauce or catsup. Serves 6.

## GIVE GLAMOUR TO SHORT CUT

With a few twists of the wrist and some odds and ends from a jewelry box, and woman can change a short hair-do from daytime simplicity to evening glamor, according to hair stylist.

He suggests, for example, that a double strand pearl necklace be intertwined with black velvet ribbon to create the "prima donna" look for short hair which has been snipped just below the ear lobes. Hair this length can be brushed up and swirled in the back which will give the illusion of long hair swept high.

Another De Chant treatment for short hair is the use of a length of pastel tulle wrapped about the head in much the same manner as the pearls and finished off with a glitter brooch or any scatter pins.

A third treatment can be in brushing all of the hair into a soft ball atop the head, either away from or toward the face, and crossing two decorative haps in the roll for an exotic touch.

The best length for short hair, this stylist thinks, is about two and a half inches, a length which is both smart and easily adaptable. He also advises frequent pin-curling between shampoos, to prevent straggly ends.

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# Needlecraft

— FOR THE HOME —

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