



**Children Love them!**

**CRISP! FRESH! DELICIOUS!**

**QUAKER Puffed Rice SPARKIES**

For a tempting change—serve **QUAKER PUFFED RICE** tomorrow! Everyone loves those crisp, toasty puffed rice grains... so light... so easily digested and m-m-m what tempting flavor! For extra enjoyment serve **QUAKER PUFFED RICE** with your favorite fruit!

**BOX TOPS WORTH 16¢ EACH!**

**National Temperance Study Course—1950**

Sunday, Nov. 12, 1950  
**LESSON FIVE**  
 (Senior)

**"THERE I TAKE MY STAND"**

When Martin Luther was ordered by the Emperor Charles V. to appear at the city of Worms and answer the charges against him, he said he was ready to stand trial. Instead of admitting that he was a heretic, he proclaimed his great conviction, that salvation is by faith in Christ and not by works of penance. He finished his masterful plea with the famous words, "There I take my stand; God helping me, I can do no other."

"There I take my stand," carries to every Christian today a challenge in regard to beverage alcohol. It is a challenge to take a stand, once and for all, never to touch alcohol in any form. As Christians, we are called upon to be total abstainers, not only for our own good, but for the sake of others as well. (Read Romans 14:21.)

**An Ideal For Anyone**

Total abstinence can be the ideal for any sensible person who will take an honest look at the problem and decide that, as in the words of Dr. Seliger, "It's smarter NOT to drink; even moderate use of alcohol is potential T.N.T."

**A Christian Ideal—Your Best For Christ**

The Christian should be able to see this even more clearly. He will be a total abstainer, not so much because it is smarter, but because he wants to be his very best for Christ. When a person wants to be his best for Christ, he will do the smart thing as a matter of course. He will study the subject carefully and make up his mind once and for all.

**The City on a Hill**

A Christian, because he is a member of Christ's Church, ought to take his stand for total abstinence. If it were not for the example of church people, it is doubtful whether very many would stop to think at all about the dangers of alcohol. They would not be concerned about even doing the "smart" thing, which is not to drink at all. The motive "do the SMART thing," must be strengthened by another motive, "do the RIGHT thing." If a large number of people are to be persuaded to do the "smart" thing, it will be when enough Christian people do the "right" thing. Therefore it is up to every Christian because he is a Church member to be a total abstainer and encourage others by word and example to be the same.

The mayor of one of our Canadian cities, a devoted Churchman, was to entertain a high official of state. When asked to submit the menu of the meal, which was to be served, this mayor made no mention of wines or liquors. Word came back to him from the secretary, who was in charge of such matters, asking as to the reason for the omission. The reply was forthright, "No alcoholic beverages are to be served in my home." Who can estimate the good effect of that example?

Jesus said:

"Ye are the salt of the earth; but if the salt have lost his savour, wherewith shall it be salted? It is thenceforth good for nothing, but to be cast out, and to be trodden under the foot of men." Matthew 5:13.

What did our Lord mean? He was telling His disciples that they must be a preserving influence in the world. That was the use of salt in those days, even as now. The people of our Lord's day gathered the brownish impure salt from the shores of the Dead Sea and, tying it in bags placed the salt, bag and all, in water, thus making a solution to preserve fish or meats from spoiling. After the salt had melted out, the bag containing the impure materials was thrown out into the streets. We live in an evil world. It is a fallen world into which sin has entered. It is the purpose of God to use His Church as a preserving influence to save the world from its worst excesses, and thus keep society from going to pieces altogether.

Jesus also said:

"Ye are the light of the world. A city that is set on a hill cannot be hid... Let your light so shine before men that they may see your good works and glorify your Father which is in heaven." Matthew 5:14, 16.

There, in that scripture passage, we are called to be the pioneers of a higher righteousness. Thus the Christian may be a light amid the darkness of the world.

**Our Very Best For Others**

One good reason why the Christian should hold the ideal of total abstinence, is that he should always try to be "alert" for the sake of other people. Certainly, even a moderate use of alcohol means that a person is failing at the job of living. Not only is the drinker injuring his own health and efficiency by the use of a harmful drug, but he is less able to contribute something worthwhile to others. His sense of what is of real value is destroyed by alcohol.

**Skinny men, women gain 5, 10, 15 lbs.**

Get New Pop, Vim, Vigor

What a terrific bone limber fill gets us! hollows fill up! body loses its sickly, "wan-poly" look. Thousands praise Oatex, weight-building tonic. Brings blood, aids appetite, digestion, so food gives you more pop, nourishment, puts flesh on your bones. Don't get going like this! Stop when you reach weight you desire. Introductory size only 50¢. Try Oatex Tonic Tablets for new pounds, new pop, vim and vitality today. At all drug stores.

**MASON'S 49 for Coughs and Colds**

45¢ 75¢

**Worry of FALSE TEETH**  
 Slipping or Irritating?

Don't be embarrassed by loose false teeth slipping, dropping or wobbling when you eat, talk or laugh. Just sprinkle a little **FALSE TEETH** on your plates. This pleasant powder gives a remarkable sense of added comfort and security by holding plates more firmly. No gummy, gooey, pasty taste or feeling. It's alkaline (non-acid). Get **FALSE TEETH** at any drug store.

and he is just that much less able to put himself in the other fellow's place. In fact, the drinker is wrapped up in his own feelings, in love with himself, and blind to the rights and needs of others.

**The Hangover**

This blindness to the needs of others does not end as soon as the more obvious effects of alcohol wear off. It persists many hours and even into the next day. One of the reasons why so many people are grouchy in the morning, is that they are suffering from a hangover. Help us all to take this joy with us to our own homes. Amen.

Supper was a jolly affair. The food disappeared rapidly and every one had a happy time. Mother and Dad went upstairs and left the group to talk over how they would use the room and play games together. When the last boys and girls were calling good-bye, Elsie and John turned the lights out downstairs and came up to the living-room.

"O Dad, O Mother," they called together, "it's grand!"

When they went to their beds the words that they read together from the Bible kept coming into their minds: "For ye are labourers together with God." (1 Corinthians 3:9).

**QUESTIONS**

1. Give the names of the two kinds of alcohol mentioned in the story. Tell what you know about them.
  2. What good uses are there for alcohol?
- This is the final lesson in a series of five articles.

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**SAVES YOU UP TO 40¢ A POUND ON COFFEE BILLS**

**Here's why:**

1. Even the 4 oz. jar—though costing far less—makes as many cups as a whole pound of ordinary coffee.
2. Big family size jar saves even more.
3. No waste with "Nescafé. You make delicious roaster fresh coffee right in the cup—and only what you need.
4. Never goes stale. Nescafé is specially processed to stay fresh down to the last spoon-full.

**DRINK NESCAFÉ AND ENJOY THE FINEST CUP OF COFFEE YOU EVER T-A-S-T-E-D**



Right this minute more people are drinking **NESCAFÉ** than all other instant coffees combined

\*Nescafé (pronounced NES-CAFAY) is the exclusive registered trade mark of Nestlé's Milk Products (Canada) Limited to designate its soluble coffee product which is composed of equal parts of pure soluble coffee and added pure carbohydrates (dextrins, maltose and dextrose) added solely to protect the flavour.

NEW YORK, Nov. 7—(AP)—Governor Thomas E. Dewey may have lost a vote in his bid for reelection today; Dewey and his wife and two aides were escorted to the head of a line of about 10

voters when they arrived at a voting precinct at 10:15 A.M. Voter number three in line—he was unidentified—became annoyed and stalked from the building without voting.

**HISTORIC STAMP**  
 A six-penny 1880 Nova Scotia stamp, halved and used as a three-penny, has been sold in London for \$111.

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