

WOMEN

Page 8, The Guardian Friday, Feb. 24, 1956

Happenings

Lt. Audrey Miller, who has been holidaying in New York and Boston, is spending a few days at her home in West Royalty before returning to duty at the Stadacona Naval Hospital, Halifax.

Mrs. Wallace Scantlebury and her cast are receiving the congratulations of the province upon their brilliant work in "Angel Street." Tuesday evening the cast called upon Mrs. Scantlebury at her residence and presented her with a gift in appreciation of her direction and their happy association with Mrs. Scantlebury.

Mr. and Mrs. Donald Blake, who have been visiting in Charlottetown, left Friday for their home in High River, Alberta. Mr. Blake had been attending a hardware convention in Toronto during the trip. Mr. and Mrs. Blake will spend this weekend with relatives in Montreal.

Mr. and Mrs. Vincent Blake, entertained at their residence last Sunday evening at a supper party in honour of Mr. and Mrs. Donald Blake.

Mr. and Mrs. Harry Tidmarsh entertained at a family dinner party Tuesday at the Charlottetown Hotel in honour of Mr. and Mrs. Donald Blake.

Mrs. A. W. Hodgetts entertained at her suite in the Charlottetown Hotel, Wednesday, at the tea hour in honor of Mrs. Donald Blake.

Dr. and Mrs. F. E. Smallwood entertained at a farewell family dinner party Thursday, at the Charlottetown Hotel in honor of Mr. and Mrs. Donald Blake.

MT. ALBION W. I.

The Mt. Albion Women's Institute held their February meeting in the hall with Mrs. Sid Myers in the chair. The meeting opened with singing of the Ode. Six members answered the roll call with one visitor, while two new members paid dues.

The minutes of the last meeting were read, approved and signed. Collection amounted to \$1.00. There was no sick reported. It was decided to send a card to Mrs. Hedley Jenkins. It was moved and seconded that the coal and wash basin, for the hall, be paid for at Gordon Myers.

The sewing class was discussed and decided to postpone it until spring. It was moved and seconded that we have a crocheting party in the hall on February 20th. Eight o'clock was made the set hour for all meetings. Money was given to Mrs. Gordon Myers to get the Cod Liver Oil Capsules for the school. It was decided to send a card to Mrs. Hedley Jenkins. It was moved and seconded that the coal and wash basin, for the hall, be paid for at Gordon Myers.

The Auxiliary of the W.M.S. of Broadalbane United Church, met at the home of Mrs. Lorne Seaman on February 2nd. The president, Mrs. H. F. MacKay, presided and opened the meeting by singing Hymn 376. The devotional service was led by Mrs. H. S. Raynor. The theme for the service was "The Call to the mission of the Church through service and citizenship." Scripture lessons all taken from chapters in St. Luke were read by Mrs. H. S. Raynor, Mrs. Angus Gillis, Mrs. John J. MacLeod, and Mrs. Alex C. MacDonald. A questionnaire and discussion was led by Mrs. H. S. Raynor. Mrs. Raynor then led in prayer. Hymn 410 brought this part of the meeting to a close.

Minutes of last meeting were read and approved. Roll call was responded to by fourteen members, two visitors were present. Thirty-seven homes and six hospital calls were reported. Collection amounted to \$4.25. A donation of 3.00 was received. Mrs. Hedley Woodside gave a report on the Presbytery. Miss Mammie Stewart led in prayer for our adopted missionary.

The Study Book was read and discussed by Mrs. Hedley Woodside, Mrs. Hugh F. MacKay and Mrs. Millage MacLeod. It was decided to hold the World Day of Prayer service in the United Church and to invite the Christian Church and the Presbyterian Church to attend.

Next meeting to be held at the home of Mrs. Hedley Woodside with Mrs. H.F. MacKay as devotional leader. Mrs. H. S. Raynor will have prayer for our adopted missionary and Mrs. Alexander J.

MacDonald will have charge of the study book. Meeting closed by singing Hymn 252 followed by the Mizpah benediction after which refreshments were served by the hostess, assisted by Mrs. James Snowie and Mrs. MacLeod.

CHURCHILL W.M.S.

The regular monthly meeting of the Churchill Women's Missionary Society was held at the home of Mrs. Louis Darrach, meeting opened with "Call to Worship" Psalm 61 verses 1-4 read by president followed by singing Psalm 49, and prayer by president. Scripture lesson was taken from St. Matthew and James, read in unison.

Bible exposition was read by Mrs. Ritchie MacPhee. Prayer was offered by Mrs. Donald Nicholson and Mrs. Duncan Gass. Hymn 496 was then sung.

Fourteen members answered roll call with a verse of Scripture containing the word "Prayer." Correspondence was read by secretary. Offering was then taken, amounting to \$2.35. A reading was given by Mrs. Donald Nicholson. Next meeting to be held at the home of Mrs. Ritchie MacPhee. Roll call to be answered with a verse of Scripture containing the word "Witnesses".

The meeting closed by singing Hymn 493 and repeating Apostles Creed and Mizpah benediction in unison. A dainty lunch was served by hostess.

Mary Haworth

Man Has Resentful Attitude Towards Wife's Pregnancy

Dear Mary Haworth: We are in our late twenties, parents of two children under three years of age. Another child is on the way and my husband—I'll call him Ben—is very unhappy over this and broods about it constantly. Although we are financially able to support another child, he said, "It's the worst thing that could possibly happen."

Ordinarily I would be overjoyed at the coming of another child. But much as I love children, my husband's attitude fills me with fear and regret about this pregnancy. I have almost continual crying spells and have become very nervous and depressed, so that I don't give my children and house the care they need.

Ben is a selfish inconsiderate person who has always catered to his desires without concern for us. He takes little interest in the children or the house, except to pay the bills. As long as I can remember, his interests have been outside the home with his buddies. Perhaps the reason is that we married at 21, before either of us was really ready for it.

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Getting down to Ben's poor showing, his shoddy performance as a husband and father reflects a childish misfit character, masquerading in a man's boots. He isn't fledged out, in terms of growth. Although nearing 30, he has the emotional reflexes of a two-year-old babe who says "Gimme—" to everything.

What to do? Put aside romantic dreams (the source of your heavy grieving) and cope heroically with what is. Ben is acting the baby; he doesn't know any better—in the sense that he has no worthy example to teach him. His cronies are just as immature as he, no doubt; so you've got to take the lead in behaving magnificently. In time, your real worth may transform him; and if it doesn't, you will be saved in any case—saved by your own steadfastness in crisis.



Frock Of Frothy Nylon

Olivia Andrego of Hamilton, gown, one of 46 styles of Canadiana translates gold-dot white nylon fabric, shown by Canadiana cout into a classically simple evening uriers.



BERNADETTE McDONALD ELAINE MACINNIS

P. E. I. Girls Receive Caps

Miss Bernadette McDonald and Miss Elaine Macinnis were among the student nurses who received their caps at a recent capping ceremony of the Halifax Infirmary School of Nursing, Halifax, N. S. The service was held at St. Mary's Cathedral, Halifax, on Sunday, Feb. 12. Miss McDonald is the daughter of Mr. and Mrs. Allan McDonald, Charlottetown, and Miss Macinnis is the daughter of Mrs. James Macinnis, West Royalty, and the late Mr. Macinnis. They entered the school in September, 1955.

ALICE BROOKS DESIGNS

SMART LINENS

Easiest stitches (mainly quick cross-stitch and outline) make the prettiest designs ever! Embroider them on towels, panels to frame, linens. Make gay shower gifts! Embroidery Pattern 7158: twelve ballet dancers, 5 1/2 to 7 1/2 inches tall; 32 flowers 1 to 3 inches. Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian, Household Arts Dept., 60 Front St. W., Toronto, Ont. Print plainly NAME ADDRESS, PATTERN NUMBER. Order our ALICE BROOKS pages and pages of exciting new designs — knitting crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!



7158 by Alice Brooks

Tell your doctor about the problem; he needs to know what you nowadays, or disturbs your posture. Make yourself eat, rest and exercise sensibly; and plan sympathetically for the newcomer—so that he'll have your welcome, at least. And for abiding moral support, read the Manual of Prayer, which is issued monthly by the United Prayer Tower, 1571 Grand Avenue, St. Paul 5, Minnesota, and distributed on request. M.H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.

Hot-Water GINGERBREAD

Grease an 8-inch square cake pan and line bottom with greased paper. Preheat oven to 325° (rather slow). Mix and sift three times 2 c. once-sifted pastry flour (or 1 1/2 c. once-sifted all-purpose flour), 2 tps. Magic Baking Powder, 1/2 tsp. baking soda, 1/2 tsp. salt, 1 tsp. ground ginger, 1/2 tsp. ground cinnamon and 1/2 tsp. grated nutmeg. Cream 5 tps. shortening; gradually blend in 3/4 c. lightly-packed brown sugar and 1/2 c. molasses; add 2 well-beaten eggs part at a time, beating well after each addition; stir in 1/2 tsp. grated lemon rind and 1/2 tsp. vanilla. Add flour mixture to creamed mixture about a third at a time, combining lightly after each addition; gently stir in 1/2 c. boiling water. Turn into prepared pan. Bake in preheated oven about 45 minutes.



Always Dependable

ELLEN'S DIARY

They Know The Animals

A brisk wind about the housepost, a flash of sparrow's wings past the window, a blush of color to the east—and a momentary and luxurious smugling down again beside James in the blankets, and our new day was here. Presently of the sunrise billowed and lifted from the chimneys. This farmer stepped off eagerly to join the other at the first chores and indoors there was the appetizing aroma of the breakfast cooking—and the households had slipped into the traces of their rounds.

"I declare this is a surprise, Ellen!" those are the squirrel's very words to us this morning. We had come to the mailbox and papers and all, tucked beneath an arm, after an old liking we crossed the road and entered the woods. The steps here ad there on the damp of bare spots and along paths lightly covered in white... and tried vainly to bring back former years: those when Jamie eldest grandson was a wee fellow instead of the tall teen-age lad he is now; when Jamie showed surprise and some credence in our make-believe chatting, and she smilingly accepted his worth.

"Animals do talk as well as humans," Mack said today. "I know they do. Blackie says lots of things to me. And he laughs too. If you don't think they can talk just listen to a lamb that has lost his mother! 'Ma-a-a!' he bleats. And that does she say 'Ba-a-a'! And that means, 'here I am-right over here'."

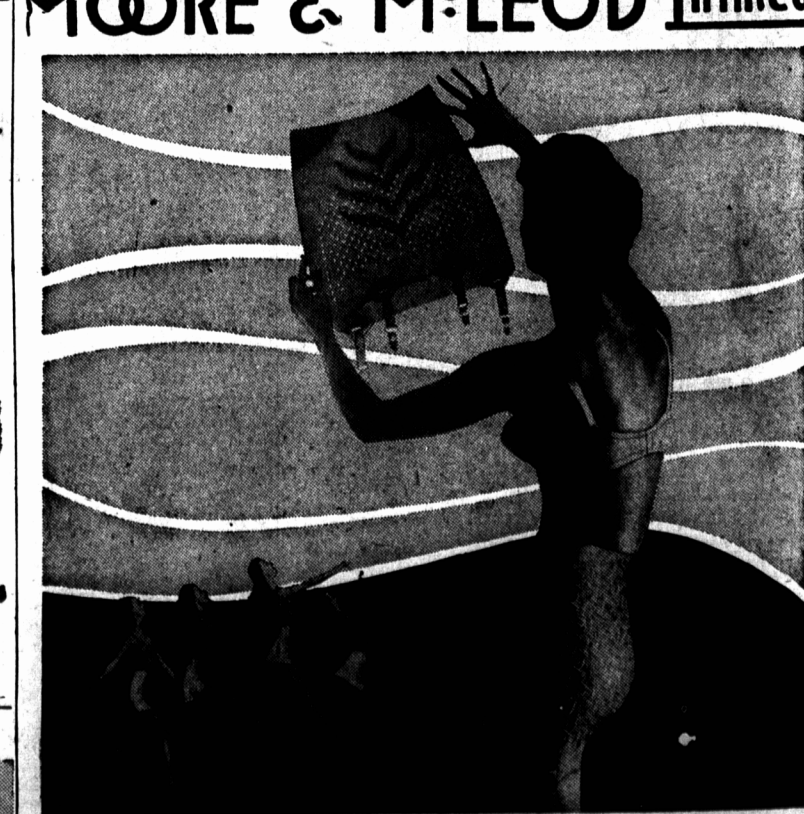
"And last summer one day we let the horses out of the stable to go to the pasture. And by the time Sara (You know her? She's the young mare.) got outdoors, the others were out of sight down the hill on the way to the stream to drink. And she stopped a minute, just past the yard not knowing which way they had gone. She kept right still-head up, ears pointed, listening."

"And then 'he smiled,' she nickered."



S.A. McDonald

MOORE & McLEOD Limited



THE NEW PLAYTEX® MAGIC CONTROLLER! Superb control! Glamorous beauty! New lower price!

NEW magic "finger" panels hold you in, slim you down Nature's way! NEW non-roll top won't curl when you twist or bend! NEW smooth-line back shapes you long and lovely! NEW adjustable garters are removable, replaceable! NEW lacy flower design is pretty as sugar-cream... washes and dries in a wink! In soft pink. All sizes.

Now 2 : all Playtex Girdles are made of amazing new split-resistant fabric... a wonderful combination of downy-soft cotton and figure-slimming latex.

Ask for the girdle in the SLIM tube 895



Dramatic Dance Dress

Pale Picture of loveliness by Harvey Berin is this dramatic ice blue lace and satin evening gown, with split personality, sheath and sweeping panels.

KEEP IN TRIM

Normal Weights Are Not Immune To Mid-Spread

By Ida Jean Kain

The figure problem that plagues the normal weight is most apt to be — the stomach. Anatomically this part of the figure is dubbed the abdomen, but under any name, when girdle muscles become flabby the middle spread threatens. Normal weights ask if they are supposed to accept this bulge as part and parcel of middle age. The answer is a resounding No! So all those interested in banishing the spread, tune in.

Since there is no bony structure through this part of the figure, muscle tone, pride and posture are all that stand between anyone and the spread. A small amount of daily contracting-calisthenics is wonderfully rewarding. The muscular girdle is not just for appearances, but to support the internal organs against the down-pull of gravity.

Many of you seem to object to taking exercises from a lying down posture. With a down quilt on top of a thick rug on the floor, it's most comfortable. Start abdominal strengthening exercise from this safety position — lying on back, knees bent, soles of feet flat on floor.

SIMPLE MOVEMENT

The first movement is so simple as to almost seem no exercise at all. Pull up and in firmly, pressing

small of back flat against the floor — hold this contraction to the slow count of six, and repeat three to six times.

From the same position, slide right foot down so that right leg is extended on floor and have right arm back on floor overhead. Gently stretch, pushing down with the right heel and stretching beyond head with the right arm—pull both ends against the middle muscles. Then bend right knee, stretch left leg down and pull along the left side.

From the original position, on back on floor, knees bent, feet flat on floor, lift hips off floor to a straight line and h-o-l-d. Repeat three times holding each time.

Restore tone to the middle muscles, then make a practice of pulling up and in with those muscles to keep your posture on the beam, and you'll banish the middle spread for good and all.

Words Of The Wise

Egotism is what makes some people able to live with themselves. —(Unknown).

ANNE ADAMS PATTERNS

TAILORED STEP-IN

Always ready, always right when you want a style that's comfortable and flattering. You need at least one of these neat, simple, step-in dresses! Crisp collar, square patch-pockets, contrast piping give a smart tailored look. Pattern 4519: Misses' Sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42. Size 16 takes 4 1/2 yards 35-inch fabric; 3-8 yard contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send THIRTY-FIVE CENTS (35 cents in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS care of Charlottetown Guardian, 60 Front Street, W., Toronto, Ont.

MONTAGUE W. M. S.

The regular monthly missionary meeting was held on Feb. 12th, at the Baptist Parsonage, with thirteen members and four visitors present.

The president, Miss Freda Apt, opened the meeting with a hymn, scripture reading and prayer. She also gave a flannel-graph lesson on medical work in India and Bolivia, after which Mrs. Rogerson asked others to read parts on medical work in hospitals.

Meeting closed by benediction by the minister, Rev. A. Rogerson. After which a lunch was served by the hostess, assisted by Mrs. Gordon Nicholson.

COOK'S CORNER



SALMON FONDUE
1 can flaked salmon
3 slices bread (without crusts)
1 cup milk
2 tablespoons butter
2 eggs separated
1/2 tsp. salt
Warm milk and bread (cut in cubes) together with butter, salt, salmon and beaten egg yolks. Cook until thickened. Beat egg whites and fold into mixture after the mixture has cooled a minute. Place in a greased casserole and bake in moderate oven 250 deg. for 25 to 45 minutes.