

WOMEN

Page 8, The Guardian Tues., March 27, 1956

MRS. GORDON MACMILLAN

A COUNTRY GARDEN

HE CHOSE A GARDEN
He chose a peaceful garden
When he longed to pray,
Upon the lonely eve
Of crucifixion day.

He knew the quiet healing
That growing things impart,
The balm a garden offers
To soothe a troubled heart.
The great mystery of Easter
took place in a garden, and in
every trembling bud and bloom
that cleaves the earth, we see the
come from out the tomb, Thou ris-
en Lord!

Easter time is a time of flowers
and the flower most closely associ-
ated with Easter Day itself, is the
lily and it is indeed a suitable em-
blem, being one of these flowers
that arises bright and beautiful
each spring from its death-like
sleep in a plain brown bud. It has
long been held as a symbol of puri-
ty.

Easter lilies, Easter lilies.
They are loved by old and young
Showing the most wondrous story
That the world has ever known told
E. Gillespie.

Two Easter lilies are blooming
in the garden room and are lovely
although the Easter season is early
this year. The white Calla lily
is also fragrant and beautiful. The
skiffed clouds let smiles drop
through. Every voice in joy doth
sing, "there's life, there's life in
everything."

"Welcome, happy morning," age
to age shall say: Well today is
vanquished; Heaven is won today.
"Hope on, hope ever." By the sud-
den springing of green leaves
which this winter hid so long; and
by the bursts of free, triumphant
singing, after cold silent months
the woods among. And out of the
ground made the Lord God to grow
every tree that is pleasant to the
sight and good for food. Lift up
your eyes and behold who hath
created these things.

At this season of the year we are
conscious of the "great Lord, God
invisible, who hath raised to rapt-
ure the green grass through sun-
lit mead and drenched field. Thou
art the whole of life that quickens
in the sod and green springtime
is Thy very soul of spring we read
that they leaves possess the season
in their turn, and in their time
they warblers rise on wing. How
surely alighted thou from March to
May, and changed, breathing it,
the sullen wind thy scope of oper-
ation, day by day, larger and full-
er like the human mind, and a
men have hopes which race the
restless blood that after many
changes may succeed. Life, which
is Life indeed.

WATER MUSIC
If it is possible, take a stroll
some warm sunny day this month,
when the water is clear and find
a brook, silent now but it is al-
ways possible to find an opening
in the crusty snow where you can
listen to the music of the running
water. A lovely pond with water

ing reed in unison.
Roll call was answered by eight
members. The minutes of previous
meeting were read, approved and
signed. Correspondence was discus-
ed. It was decided to send \$5.00
to the March of Dimes also decid-
ed to send for donations of goods to
be made into articles for auction
sale in the near future.
Mrs. James Cudmore invited the
members to her home for next
meeting. Lunch committee Mrs.
Walter Roberts and Mrs. Grant
Laird, Mrs. Leith Carter in charge
of program.
A contest put on by Mrs. Stanley
Younker, won by Mrs. Walter Rob-
erts. Collection for the evening was
\$1.45. Meeting closed with the
Queen, after which lunch was serv-
ed by hostess and committee in
charge.

NORTH WINSLOE W.I.
The March meeting of North
Winsloe Women's Institute was at
the home of Mrs. Grant Laird on
the evening of March 5th. Meeting
opened with O Canada and repeat-

cross is near the garden here and
the spirit is renewed when it's
possible to linger near this beauty
spot on a late winter walk. So
find a brook, if you can.

This is the time when the bulbs
wintering in the cellar should be
looked over to see how they are
keeping. If too dry they can be
sprinkled with water and any
sprouted roots should be taken out
and destroyed. More bulbs and ger-
aniums have been brought to the
light here and because the Acidan-
the bulbs need a long season of
growth they were planted in sandy
soil in the garden room. They are
tender members of the Iris fam-
ily producing five or six butter-
fly-like blooms per stalk. The frag-
rant blooms, each touched with
dark maroon at the heart, open in
still in bud. These lovely bulbs can
be obtained from our Memorial
Nursery.

Planning and sowing of the
garden can be done these days and
first it is necessary to do this be-
fore any gardening is done. Say
this for dreaming music grows
from the syllables the rise like
tidal waves are born of quicken-
ed minds; the exquisite precision
that a temple-builder craves
burns first in the brain. The won-
ders wrought in stone, the music
capturing the liquid play of wood-
land waters, canvasses full-blown
with color—these are shaped from
dreamer's clay.

PLAN AND DREAM
So let us plan and dream about
our gardens, how we can improve
them this season, and every home
can be improved with a little ef-
fort. It can be said that the site
makes the garden, and every place
should have the treatment most
suited to develop its particular
character in the most effective
way. It may sometimes be neces-
sary actually to create the main
idea or motive, but in nearly every
case, if one has the imagination
with which to see it, there is pres-
ent some character or feature
which should be developed to the
fullest extent. These can be a
slope, bank or variation of levels
— a tree or trees, and best of all a
beautiful view. In the planting of
such a garden there is some touch
that, rightly given, can impart dis-
tinction and charm, quite irrespec-
tive either of the extent of the
garden or of any expensive equip-
ment. It is in the use
that is made of materials rather
than the materials themselves.

I have seen one variety of petu-
nia used in a border by a white
picket fence that was very lovely
b. aise some of the plants were
in tall tubs, and others were
over a trellis of grape vines and
tumbled over in a graceful fashion.
A garden is a personal possession
and should be laid out and
treated largely according to indi-
vidual taste. If you are fond of any

particular shrub or flower then
plant them in quantity to bloom
when you are at home in the spring
summer. It is your garden and
for you to enjoy.

If your garden has the remnants
of an old orchard and a tumble-
down woodshed on it, you are very
lucky. Prune and trim your old
trees and remember that trees
create the setting and they are
plants beyond price, to be treas-
ured, cared for, and cured when
necessary. The old shed can be
renovated and made into a lovely
summer house. Even an old chick-
en house can have its face lifted
and with windows added for many
colorful potted plants much pleas-
ure can be obtained from a shelter
out in the garden.

REFERENCE BOOKS
Many books are written on this
garden subject and they are lav-
ishly illustrated with photographs
of outdoor terraces, walls, fences
and small lattice garden shelters
made from outmoded buildings.
It is surprising how much time it
is possible to spend out of doors
in our too short summer season if
we have a garden house fitted out
with chairs, cushions, tables and
couches. In rain or shine it is fun
to stay out in a garden shelter
which can be made of any old
building which is not needed for its
original purpose.

In country gardens there is often
such a building, and even an old
lath chicken coop can be used by
opening up one side for the sun
and then it is the very best place
for all those lovely plants grow-
ing luxuriantly in a shaded place.
Tuberous begonias and
fuschias, the hanging varieties be-
ing especially lovely. When the
laths are white washed you will be
surprised how attractive this gar-
den house can be when furnis-
hed with all the colorful blooms grow-
ing so luxuriantly in a shaded place.
Sometimes in a corner of a
high wooden fence a terrace can
be made which is open to the sun
but sheltered from the wind and
here a nice outdoor room can be
made and furnished with every-
thing needed for summertime pleas-
ure. Potted plants can be used to



Suddenly It's Spring
Margaret Lester just couldn't wait for spring. While snowbanks still lined Montreal streets she donned an Easter bonnet and buried herself in the spring flowers. (CP PHOTO)

great advantage and when this
place is situated near the home
there will be many moments you
can be outdoors rather than in-
doors where we must spend sev-
eral months of the year.

GETTING READY
So now is the time to make the
garden cushions you will need and
paint the garden chairs and these
can all be made out of materials
at hand. It is fun to see what can
be done with what you have but
some planning is necessary. Slip
your geraniums as nothing bright-
ens up these outdoor rooms so well
as bright geraniums, and contain-
ers of every kind can be painted
now for these flowers. Old cast-
off buckets, with holes are very
good as there is not any danger
from water clogged plants in the
sudden rain which is bound to
come and necessary for them.
Buckets with handles no matter
how battered will help in carrying
them from one place to the other
and especially in the fall to the
cellar where they will winter in
them quite satisfactorily. If the old
paint cans and porridge pots do
not have any holes for drainage it
is very easy to make them and
when these are painted a good
green color then filled with beau-
tiful flowers no one can tell that
they are not the finest of garden-
ers and you have the satisfaction
which comes from creating some-
thing lovely from ugliness.

At this time plant boxes can be
made and painted to hold many
different varieties of plants often
there is suitable material from left
overs to make them. Perhaps you
can persuade someone to make
a real garden chair. I saw one
the other day made by a
smart young man who
said he used a pattern or model
and it was a perfect example as
far as I could see. Plans for all
these plant boxes and chairs can
be obtained from our own library
books. If it is not possible to make
these things we can always use
what is at hand, one woman found
all the boxes she could use around
the farm and even carried old dis-
carded pig troughs to be filled with

COOK'S CORNER
CHINESE CHEWS (Drop)
1 cup dates chopped
1 cup walnuts chopped
1/2 cup icing sugar
1 egg white beaten stiff
Mix half of icing sugar with
dates and nuts. Beat egg white
add remainder of icing sugar and
combine. Drop on cookie sheet.
Bake 20 minutes 300-325 deg.

beautiful tuberous begonias all summer long. The rippled edge of the trough where the pigs had chewed the wood along with their dinner only added to the effect when paint was applied to the rough surface.

Let's Eat
Make Lamb Shoulder
Tastier With Spices
By Ida Bailey Allen

"In the Near East, lamb and green beans are a favorite combination," observed the Chef.

"Scandinavians like lamb braised with cabbage; the pinach or as-lamb cutlet; the French roast lamb with turnips; the Italians pot roast it with herbs, carrots, celery and tomato.

FRESH FLAVOR
"In each case, Madame, the lamb is combined with vegetable, which adds a fresh flavor. Also, it is usually served garnished with wedges of lemon, which has an affinity for both lamb and vegetables."

"Shoulder of lamb is moderately priced, Chef," I added, "and is easy to prepare. To be at its best, as much fat as possible should be cut off to produce finer flavor. Cook it with interesting seasonings such as herbs, spices or a little garlic."

Tomorrow's dinner: Grapefruit; lamb braised with vegetables; double decker apple pie; coffee, tea or milk.

All measurements are level recipes proportioned to serve 4 to 6. Lamb braised with vegetable: Order excess fat removed from a 4 to 5 lb. shoulder of lamb before boning and roasting.

Cut 3 incisions in the meat. Press into each a sliver cut from a section of peeled garlic.

Dust the lamb with 1/2 tsp. salt, 1 tsp. monosodium glutamate and 1/2 tsp. pepper.

Place in a hot oven, 450 degrees F. for 15 min. When beginning to

brown, reduce the heat to 350 degrees F. Meantime, chop together 2 peeled medium-sized onions and 1 seeded green pepper.

Add 1/2 c. cut celery, 1 small dried chili pepper and 2 (No. 2's) cans tomato. Spread around the lamb and roast 1 hr.

Then arrange around it, 8 peeled peeled medium-sized onions and 8 halved peeled medium-sized carrots.

Continue to roast 45 min. longer or until both lamb and vegetables are fork-tender.

Baste ever 30 min. with the sauce in the pan.

Double-decker apple pie: Oil 2 (8") layer cake pans.

Then peel, core and thin-slice 10 cooking apples.

Mix together 1 1/2 tsp. flour, 1 1/2 c. light brown sugar, 1 tsp. melted butter or margarine and 1/2 tsp. cinnamon. Add to the apple slices; mix thoroughly.

Divide the apples in 2 parts; turn into the layer cake pans.

Cover each with a topping of flaky American pie pastry rolled a scant 1/4" thick.

Bake 35-40 min. in a moderate oven, 375-400 degrees F. Then cool.

To serve, turn 1 pie upside down onto a large plate.

Top with the second pie, also upside down. Spread the top with sweetened whipped cream or any whipped topping.

Trick of the Chef: Cut 3 incisions in the tomato when preparing braised lamb.

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7055 SIZES 2-10 by Alice Brooks

Words Of The Wise Nothing is ours except time. -Seneca

HOUSEHOLD HINT Put soiled, fragile articles in mesh laundry bag or old pillow case, leaving space for water circulation, and you'll be able to machine-wash them safely.

The Falkland Islands in the south Atlantic export about 4,000,000 pounds of wool every year.

ALICE BROOKS DESIGNS

80 PRETTY! Daughter looks so pretty in this adorable pinafore! Her favorite whirly skirt - saucy bow ties - even a "ballet slipper" pocket of colorful embroidery!

Pattern 7055: Child's Sizes 2, 4, 6, 8, 10. Tissue pattern embroidery transfer. Start size.

Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to Charlotte Town, Ontario, Canada, 60 Front St. W., Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER and SIZE.

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