



MR. AND MRS. RICHARD COFFIN Couple Exchange Vows At Two Ring Ceremony

The United Baptist Church at Murray River was the scene of the recent marriage of Katherine Jean, daughter of Mr. and Mrs. D. M. MacKinnon, Murray River and Richard Clifford, son of Mr. and Mrs. Clifford Coffin, Charlottetown.

The double ring ceremony was performed by Rev. Harold L. Milton, Fredericton, N.B., assisted by Rev. A. G. J. Steves, Montague.

As the bridal party entered the church, the organist, Mrs. Ross Howard, Charlottetown rendered "Praise My Soul, The King of Heaven" and also accompanied the soloist, Mrs. Jack Palmer of Wolfville, N.S., who sang "The Lord's Prayer" preceding the wedding ceremony and "O Perfect Love" during the signing of the register.

Given in marriage by her father, the bride wore a floor-length A-line gown of Italian silk faille with short jacket of French zephyr lace, featuring bell-shaped, elbow length sleeves. Her detachable Watteau-train was of Italian silk with matching appliqued lace border. For a headpiece she wore a circlet of lace flowers, holding in place a French silk illusion veil. She carried a bouquet of mauve and yellow orchids with stephanotis and small English Ivy.

The bride was attended by her sister-in-law, Mrs. Malcolm MacKinnon, who wore a floor-length gown of white broadcloth with mint green braided satin sash. She wore a matching headdress and carried a bouquet of mint tinted and white carnations.

Jennifer MacKinnon, niece of the bride was flower girl, wearing a floor length gown of mint green brocade silk with white velvet sash, and hair bow, and she carried a basket of small white roses and carnations.

Lawrence Coffin, Charlottetown, brother of the groom, was best man. Ushering were Garth Coffin, Charlottetown, cousin of the groom, and Malcolm MacKinnon, Ragotville, brother of the bride.

For her daughter's wedding, Mrs. MacKinnon wore a pink lace sheath dress with matching organza petal hat. Beige and white accessories with corsage of white rosebuds completed her costume.

Mrs. Coffin, mother of the groom, chose as a gift a lace sheath dress and jacket with matching flowered hat and white accessories. Her corsage was of aqua tinted carnations.

A reception was held at the Church Hall where Mrs. Perce Sharam, aunt of the bride and Mrs. Cecil Ladner, sister of the groom, presided. Serving were consists of the bride, Mrs. William MacGregor, Mrs. George Scantlebury, Mrs. Stirling Giddings, Mrs. Roy Scantlebury, Mrs. Gordon Giddings, Margaret and Rebecca Giddings, all of Charlottetown. Mrs. Gordon Giddings circulated the guest book.

Rev. Harold Milton proposed the toast to the bride while Lawrence Coffin, master of ceremonies, read the telegrams and proposed the toast to the bridesmaid.

For a honeymoon to New Hampshire, the bride chose a pink hosiery suit with two-toned beige hat and matching accessories. Her corsage was of white roses.

Mr. and Mrs. Coffin will reside at West Jeddore, N.S. where he will be taking the Jeddore Oyster Pond United Baptist Pastorate for the summer. In September they will be living in Wolfville, where Mr. Coffin expects to complete his senior year toward a Bachelor of Arts degree at Acadia University. Mrs. Coffin is a graduate of the P.E.I. Hospital School of Nursing.

Out of the province guests included: Rev. and Mrs. Harold



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Delegates Hear Proposal For Leadership Program

By JEAN SHARP, CP Women's Editor
 NANAIMO, B.C. (CP) — The possibility of setting up continuing volunteer training programs through local councils was discussed at the annual National Council of Women of Canada convention.

The 120 delegates attending the five-day convention met in working groups to consider council work at various levels. The proposal for leadership development programs suggests they should be held at the local level for more women under 45. In making the proposal, Mrs. D. E. Griffiths of Trail, B.C. said:

"Participation should be limited to women under the age of 45 since this age group represents the maximum potential influence in the future of Canada."

WANT TO HELP
 "Young women who are sincerely concerned with contributing to the community in a satisfying way are no longer content to serve in voluntary capacities requiring only manual skills. They want the opportunity to participate realistically in community affairs."

"Although the level of education of women has increased, it cannot be assumed that these young women will feel competent to apply their potential to organize community action. Nor can it be assumed that, once initiated into a voluntary organization, they will be able to participate effectively."

Mrs. Griffiths' report said short term training courses have proved ineffective.

Another topic in the discussion groups was the possibility of planning rotation of the annual national meetings.

A report presented by Mrs. S. M. Milne of Winnipeg proposed a plan based on a nine-year rotation. It was designed with an eye to giving each area its opportunity to have a convention, to choosing an area partly on the basis of the number of councils in the area; and to making the cost of sending delegates to a national meeting as equitable as possible over the years for every council.

Mrs. Milne divided councils by strength of number and representation over several years and partly on that basis drew a possible schedule which would call for two annual meetings in Ontario in the course of every nine years.

Women

6 The Guardian, Charlottetown, Tues., June 8, 1965.

IDA BAILEY ALLEN

Meat Balls In New Way Cooked With Spaghetti

TODAY, we present a revolutionary method for cooking meat balls and spaghetti.

Usually this is a rather prosaic dish, but it attains both glamour and flavor with this new method.

Swedish Type
 This consists of meat balls of the Swedish type, cooked in well seasoned tomato sauce to which the spaghetti is added. I do not mean cooked spaghetti is added. I do not mean cooked spaghetti — but raw spaghetti broken in 1 1/2" lengths.

With this method, the fine flavor and nutrients of the spaghetti become part of the dish, in contrast to cooking the spaghetti separately in quarts of boiling water, draining off the water which contains the vitamins and minerals — all going down the sink — and after that, rinsing with cold water, washing away more nutritive values!

Measurements level: recipes for 6



MRS. C. MACKINNON, RN TO TEACH

At the recent convocation of McGill University, Mrs. Charles MacKinnon, RN, of Cornwall, P.E.I., received a diploma in teaching and supervision in schools of nursing. Mrs. MacKinnon, the former Margaret Ross, daughter of Mr. and Mrs. John A. Ross, Flat River, returns to the staff of the Prince Edward Island hospital.

- SKILLET MEAT BALLS AND SPAGHETTI**
- 1 1/2 lb chopped raw beef
 - 1-3 C. fine dry bread crumbs
 - 1 c. fine chopped onion
 - 1/2 tsp. salt
 - 1/4 tsp. pepper
 - 1 c. evaporated milk (not diluted)
 - 3 tbsp. butter
 - 1 tsp. cooking oil
 - 1/2 c. coarse chopped green pepper
 - 6 c. tomato juice
 - 1 small bay leaf
 - 1/4 tsp. ground oregano



BIG DAY FOR BROWNIES
 Brownies receiving their Golden Hand on Thursday afternoon at the ceremony held at the elementary school, Montague are: from left to right, Betty Ferguson, Debbie Dewar, Nancy Beck and Joan Power. A number of brownies' mothers were present and tea was served following the presentation and display by the brownies.

MARY HAWORTH

Reunions Compensate For The Family Separations

Dear Mary Haworth: My response is to you, not to the socially side-tracked former Air Force wife who signs herself C.B.

"I can't remain silent in the face of your implication that old-fashioned self-reliant get-up-and-go is a virtue peculiar to civilian life."

Heavens, that's all service wives ever do: get up and get to home after home, in all sorts of places, in different countries, dealing with climate extremes, unfamiliar folkways, new schools, new doctors, new languages often, traveling under trying circumstances.

It's something to see a young mother making an ocean voyage on her own with small children. She hadn't gone with her husband months earlier because housing wasn't available then.

Barely is she settled — in before it's time to pack again, travel, unpack and start over. She doesn't complain unduly, grateful always that (at least) or at last! the family is all together.

The great majority of people, the world over, don't choose to endure such living arrangements. If there is no necessity, but some of us must, and we find priceless compensations.

Shared inconveniences are as nothing compared to the ordeal of painful family separation, forced by the man's military duty.

Thousands of military wives wait out a year's separation as the husband and father serves his hardship tour in areas where families aren't allowed. Navy wives see their husbands go to sea for months on end, on routine duty. Marine families aren't allowed at many overseas posts.

Who watches over the wives and children while the men are away? Nobody. These are great women: strong, brave, devoted, resourceful.

Service organizations exist for

MONDAY DINNER
 Tossed Cabbage - Lettuce
 Salad with Pickled Beets - Skillet Meat Balls with Spaghetti - May - Time Ambrosia of Orange Segments, Sliced Bananas and Strawberries - Raisin Cookies (homemade or from refrigerator case) - Coffee or Tea, Milk

THE CHEF'S MAY-TIME AMBROSIA
 2 c. orange segments, fresh or from refrigerator case
 5 tbsp. sugar
 1 1/4 c. sliced hulled strawberries
 2 large bananas
 1 1/2 c. pkg. flaked coconut
 6 whole strawberries, hulls on (for garnish)

Combine and mix orange segments with 2 tbsp. of the sugar. Chill 15 min. or more. Meantime put prepared strawberries in bowl and stir in remaining sugar. Peel and slice bananas. Layer prepared orange seg-

MARY HAWORTH

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service wives on posts, stations and bases, yes, to help ease their adjustment to a very disordered existence. Some wives partake, others don't.

"One gets accustomed to that sort of thing," to use your words, it is still quite simple, on the average, not "distasteful," as you suggest, for a former service wife to "elbow her way into the swim of ordinary civilian life" and routine and fight her own private war to get where she hopes to go in society."

Actually I've never felt I was fighting a war to get where I want to go. My aim as wife and mother is to make a good home and rear fine children wherever we are, to give support to the man who is fighting the war.

Whether married to a civilian or a military man, a wife's duty is to make the home his strength and pride. Then all of us can go as far as merit allows. Sincerely, C.F.

Dear (C.F.): In effect you are fitting yourself into Mrs. C.B.'s shoes and firing exasperated reports back at me, apropos my effort to prod her into action on

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her own behalf. In the civilian milieu that now envelops her. But you'll well meant partisanship doesn't quite make sense. As you yourself note, service wives differ in their reaction to their disposal.

"Some partake, others don't," you say in speaking of service organizations to be found on military posts, to help wives, "adjust to a very disordered existence."

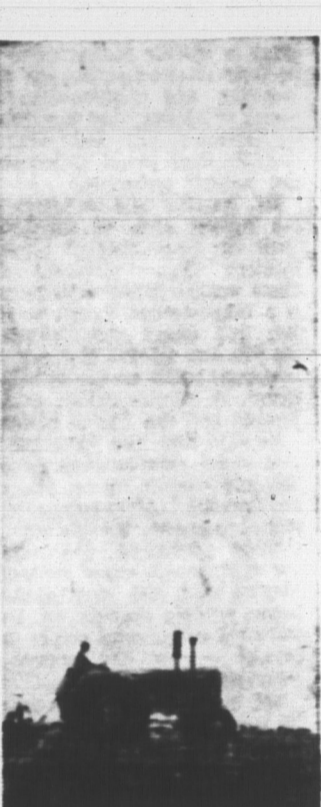
Mrs. C.B.'s claim, that she had "yet to be welcomed by anyone or invited anywhere" in civilian life, "plus her recollection that "there were always wives' clubs, and smaller groups within these clubs, to help you get acclimated," in the service social whirl, indicates that she leaned heavily and happily upon the military wives' organizational format to pattern her Air Force leisure for her.

Thus her present primary need is to be blasted out of grooved psychological accommodation to the special supports of the past (which no longer exist in her case), and encouraged to plunge into the main stream of civilian self-reliant endeavor, where personal initiative and steady perseverance are indispensable aids to "getting along." M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

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