

W. J. Hancock, Publisher
Burton Lewis, Executive Editor
Frank Walker, Editor

Published every week day morning (except Sundays and statutory holidays) at 165 Prince Street, Charlottetown, P.E.I., by Thomson Newspapers Ltd.

Not over 35c per week by carrier.

\$11.00 a year by mail or rural routes and areas not serviced by carrier.

\$14.00 a year off island and U.K. \$20.00 per year in U.S. and elsewhere outside British Commonwealth.

Not over 7c per single copy.

Member Audit Bureau of Circulation.

"The strongest memory is weaker than the weakest ink"

PAGE 6 THURSDAY, MAY 3, 1962

Splitting Policy Hairs

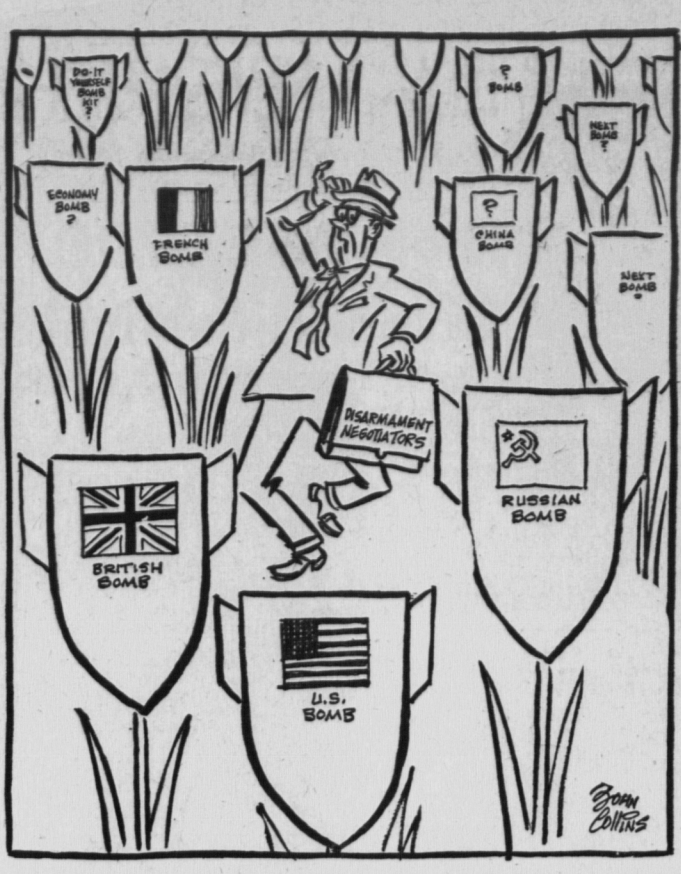
The long-awaited Liberal Party defense policy has been revealed by Mr. Pearson, and we do not see that it differs in any material way from his previous statements...

Both the big railway organizations have shown initiative in another matter of prime concern to this part of Canada. They have decided to continue voluntarily until May 31 the reduced level of rates on so-called "captive" freight traffic under the Freight Rates Reduction Act.

Similar action was taken last year, when the railways voluntarily extended the reduced level of rates after the subsidy legislation had expired.

In The Background

Prime Minister Harold Macmillan's visit to Ottawa was, as we anticipated, an informal one and added nothing to what we already knew about Britain's attitude on the European Common Market question.



TIPTOE THROUGH THE TULIPS

GUERRILLA MOVEMENT

Continuing Terror In Algeria

Despite the continuing acts of terror by members of the Secret Army Organization in Algeria, there is mounting evidence that the power of the OAS is declining. It has been wholly unable to obtain the sympathy of French troops stationed in Algeria...

Empire Disposal Worries

Disposing of an empire proves to be almost as difficult as winning it. In the African colony of Uganda, soon to be free, the British administrators and the Africans have long lived in harmony...

Shocking Mortality

In the last half century more than 1,000,000 Canadian babies died before they were a year old. Even today, with advanced surgical techniques and antibiotics, about 13,000 die each year. The Rev. Herbert Troyer, the Executive Secretary of the Child Health Society of Canada, regards the high death rate as shocking and disgraceful.

Of Concern To Us All

It is disappointing to note the setback which our Island lobster fishermen have received, owing to ice conditions in both the North Rustico and West Prince areas. While this handicap does not prevail in Southern Kings fishing waters, the initial catches there have been light.

Discovering Space

Eight more seasoned pilots have been chosen to train for future U.S. space projects, and are to start an eight month course in California designed to train them for specific space projects.

TEN YEARS AGO

Mrs. Claxton, wife of Hon. Brooke Claxton, and Mrs. J. Watson MacNaught, were entertained by ladies of the Liberal Committee at a luncheon at Mulberry Lodge, during their visit in Summerside.

PRIMITIVE CRAFT

Some of the earliest Greek and Roman galleys were 150 feet long, driven by 30 slaves with oars.

Apple Adage Now Supported By Researchers

By Dr. Theodore R. Van Dellen THE ADAGE, "An apple a day keeps the doctor away," received scientific support recently. According to Science News Letter, 1,300 volunteer students at Michigan State University acted as guinea pigs.

A dentist told me several years ago that eating apples is a good substitute for brushing the teeth after eating. It sounds logical, provided all teeth are used in the process.

The vitamin C (ascorbic acid) content of an apple is nothing to brag about when compared to that found in citrus fruits and fresh tomatoes.

On the other hand, it is seldom realized that many vegetables in the freshly harvested state contain much more vitamin C than do these fruits.

Comparative amounts of raw fresh green peppers contain 120, guava 302, parsley 193, kale 115, broccoli 118, and mustard greens 102.

Lettuce (18) and raw spinach (59) have lost most of their vitamin C content after wilting for several days.

The decrease in vitamin C during cooking varies with the method used but in general rarely exceeds 50 per cent of the amount present prior to processing.

Pine needles and green walnuts also are rich in vitamin C. So is an ordinary multiple vitamin capsule, which usually contains more than the daily requirements.

Dr. Van Dellen will answer questions on medical topics if stamped, self-addressed envelope accompanies request.

ASTHMATIC BRONCHITIS G. E. writes: Is there any way to prevent bronchitis from leading to asthma?

REPLY Yes—by having the bronchitis treated. Avoid all irritants, including smoking, and take care of respiratory infections as soon as they develop.

PKU TEST L. M. writes: How soon after the birth of a baby, born two months prematurely, can the urine test be made for PKU that causes mental retardation?

REPLY The urine test is not reliable during the first three months unless it is positive. Blood tests are better because they detect phenylketonuria earlier.

INJECTIONS FOR BURSTITIS A. V. writes: How good are injections for bursitis?

REPLY Very good, provided the solution contains an adrenal hormone such as hydrocortisone.

BRITAIN'S PROBLEM Britain's problem is that she cannot afford to maintain a navy such service on a large scale and the amounts new nations can provide are often limited.

OUR YESTERDAYS From the Guardian Files TWENTY-FIVE YEARS AGO (May 3, 1937) A pair of horses dashed through the centre of town Saturday evening, when they broke traces freeing themselves from the truck wagon which had got stuck in the mud at the West of Summerside.

Among the recent arts and science graduates of Queens University, Kingston, Ont., was Ralph Lewis Douglas of Georgetown, P.E.I. There were six graduates from the Maritimes.

NOTES BY THE WAY

Scandalmonger: A person who puts up and who together and gets whew! — Stratford Beacon Herald.

A writer informs us that most women are outspoken. It's a safe bet, though, that they're never outspoken by their husbands. — Chatham News.

An English advertisement of a vintage car says it will be sold "only to good home." — Ottawa Journal.

The fellow who lives in a house with his wife, mother-in-law and daughter says being governed by a troika isn't bad, once you get used to it. — Vancouver Province.

Do these businessmen who accuse governments of fooling the public into thinking they are getting something for nothing ever have dealings with those businessmen who pack "free" towels in detergent boxes and "free" dishes or toys in breakfast foods? — Ottawa Journal.

A judge in a western court was hearing a case which involved a collision between two inebriated drivers. After pondering the evidence, the judge called both men up in front of the bench.

"I want to commend you two drunk drivers for running into each other instead of some innocent person," said the judge. "If this sort of thing can be encouraged, I think we may have hit upon the solution of a serious problem." — Wall Street Journal.

The Congo has now definitely replaced Ethiopia as the world's leading surrealist country. It is the place where the American ambassador found an alligator in his garage, where two more (alligators, not ambassadors) swam into the Congo flooded generating plant at Stanleyville, where yet a fourth is believed to have eaten the West German ambassador in November (he was wading near the bank with a tow rope; nothing of him was seen again but his Panama hat). — London Economist.

Vatican's Swiss Guards

The world's most exclusive volunteer army has been having a manpower problem. The Vatican's Swiss Guards, a corps long on loyalty and tradition but short on pay, have numbered as few as 80 soldiers in recent years.

In consequence, a recruiting campaign was held in Switzerland recently to reinforce the papal bodyguard in preparation for the Roman Catholic Church's first ecumenical council of the century in October.

Former four and a half centuries ago, the Swiss Guards probably are the most photographic military unit in existence, the National Geographic Society says.

Standing 250 strong in the beginning, the Swiss Guards have been gradually reduced over the years. The bodyguards haven't fired a shot in anger since 1870 when Italian troops invaded the papal state.

Though many Swiss families have a long tradition of service in the Guards, present-day youths are less attracted. In the old days, when travel was a novelty, boys jumped at the chance to see Rome.

Primarily the guardsmen are responsible for protecting the Pope and apostolic palaces. In daily routine they collect admission cards. The Guards man ceremonial posts at papal functions and accompany the Pope to his summer home at Castel Gandolfo in the Alban Hills.

One chore hangs constantly over them: polishing their armor.

Advertisement for Eastern Trust featuring the slogan 'Now is the time to switch to 4% at EASTERN TRUST' and a table showing interest earned from accounts opened by the 7th of the month. The table lists days from 7 to 31 and corresponding interest amounts.