

ELLEN'S DIARY

By An Island Farmer's Wife

Given another fine day and no unkind incident to delay the work, the roof-shingling of our new barn will be completed tomorrow.

The sun beat down, sapping the moisture from the air and it was a hot wind that roamed the slopes.

And tomorrow, if our "stars" be favorable, last shingles will be placed on the barn roof.

And these days beneath the new weather-proof roof of the new barn, lofts are filling so fast that our powers-that-be at Alderlea scratch heads and wish we had thought to add a few feet more to her—might as well when we were at it!

Anne Adams Patterns



WOMEN'S ENSEMBLE so much fashion for your sewing time! This youthful ensemble makes you well-dressed anywhere you go.



HEY KIDS—HERE'S A LAXATIVE THAT'S PLEASANT TO TAKE! And Mother, Children's Own Tablets are completely dependable.

Received Award



Pictured above is Miss Elsie MacDougall, daughter of Mr. and Mrs. J. Albert MacDougall, Argyle Shore who was the winner of the General Proficiency Silver Trophy (highest award given by Union Commercial College.)

Hemlines Down Again

Provided that North American fashions follows the Paris trend this year, hemlines will be down slightly this fall.

Practically all fashion houses seem to be favouring short, bare shouldered evening dresses.

DOROTHY DIX SAYS—

Wedded Bliss

Simple Rules Insure Marital Happiness

DEAR-MISS DIX: I am to have a church wedding in October, and would like to know if you have any rules or counsel to show me how to make my marriage a success.

However, I have seen so many couples begin with the same advantages and end up on the rocks a few years later.

ANSWER: My dear Elise, the very fact that you realize a happy marriage involves a certain amount of effort, presages a rosy future for you.

DEAR DOROTHY DIX: I am a young single man of 21, and have been living with my widowed mother since I left college.

ANSWER: Five working members of a family certainly should be able to scrape a little money together to ease your financial obligation.

DEAR DOROTHY DIX: I am a girl 16 and have been going with a boy for two months.

ANSWER: Sensible child! Of course you wouldn't like having your married life run for you.

Household Scrapbook

The Carpet Sweeper When cleaning the carpet sweeper, be sure to cut all the lint and hair from the brushes.

Morning Smile

Wife: "I had to marry you to find out how stupid you were." Husband: "You should have known that when I asked you."

Double Barreled

Wife: "I had to marry you to find out how stupid you were." Husband: "You should have known that when I asked you."

Better English

1. What is wrong with this sentence? "Why not add up the column of figures?"

How Can I!!!

Q. What is the best time to transplant a maple tree? A. In the early spring before any buds have appeared on the tree.

There Can Always Be A Salad

National Salad Week is nearly over, but the occasion for a salad is never over.

A salad can brighten up many a meal in the home, restaurant or hotel.

Fruits — Raisins, prunes and other dried fruits give us iron and calcium, two minerals that are often lacking in our meals.

Orange, grapefruit, strawberries and cantaloupe supply Vitamin C which is needed every day.

Nuts — Peanuts, walnuts and locally grown nuts can often supplement fish and meat as a source of protein.

Gelatin — Another protein food which makes a tasty and attractive base for many types of salads.

Cheese — Often used with fruit or vegetable salads to supply protein. All varieties, cottage cheddar or cream cheese also supply calcium.

Eggs, Fish, Meat and Poultry — These are all protein foods that can be added to mixed green salad, combined with gelatin or served with potato salad.

They make a substantial meal that will satisfy even the hungriest man.

Try these two salads that combine many of the foods just mentioned.

Autumn Salad 1 package lemon gelatin, dis-

Alice Brooks Designs

PROMENADE ALL! Do-it-do and away you go! Here's the cutest, gayest embroidery idea ever!

Square-dance motifs are ever so easy to embroider! Pattern C732 has transfer: 6 motifs 7x9 inches.

Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to Alice Brooks Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario.

1-2 cup grape juice 1-2 tablespoon lemon juice 1-4 teaspoon salt

1-2 cup diced carrot 1-2 cup cooked potato 1-2 cup chopped celery

1-2 cup cubed ham 1 cup cubed chicken Combine these ingredients with mayonnaise or salad dressing.

Modern Etiquette By Roberta Lee Q. When you are a member of a group of persons, and one of them begins a story you have heard before, is it all right to break into the story with this information?

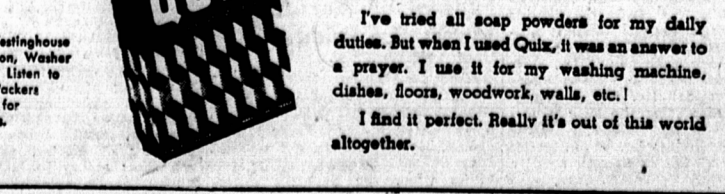
HOLMAN'S Little Shop Ladies' Wear HALF PRICE SALE Friday 9 a.m. Summer Sportswear BLOUSES SHORTS HALTERS T-SHIRTS

QUIX WASHES CLOTHES COMPLETELY CLEAN

Yet Quix costs less

Quix is quicker because it dissolves quicker. Quix never clots, jells or runs together in water like ordinary soap powders.

Quix contains a special ingredient that actually makes colours brighter, whites whiter. Quix sells for less than other soap powders yet each package contains more actual net weight.



Of many letters received, here is one from — Mrs. John Rossing, Hazel Hill, Nova Scotia Dear Sirs: I've tried all soap powders for my daily duties. But when I used Quix, it was an answer to a prayer.