

Plan A Sweet Finale For Your Dinner Menu

By Ida Bailey Allen

"A man who appreciates good food," I was telling the Chef, "once said to me, 'Dinner without dessert is like a shirt without a tail!'"

"Ah, that's the truth," chuckled the Chef. "All normal persons appreciate a dessert, a touch of sweetness as the finale of a good dinner. However, the right kind should be chosen, one that harmonizes with the general nature of the meal."

WITH A HONEY MEAL If it is a honey meal, featuring corned beef and cabbage, dessert should be honey, too. For example, stewed fruit, hot doughnuts or apple pie would be suitable. But if dinner features more elegant food such as Rock Cornish game hen or filet mignon, the dessert should be in what I call the same social class. Dainty chiffon tarts, a Bavarian cream, mixed fresh fruit cup with strawberry or an angel cake and frozen strawberry loaf with whipped cream would add the right note.

"And here's a good tip. Desserts following a main course of fish taste more appetizing when based on fruit. Also, if the main course has been rich and spicy, the dessert should present a flavor contrast, be delicate in flavor, such as floating island or gelatin whip. BEST DESSERT "However, I believe simple fruit desserts are often best of all. Chef, for they combine fruit with a reasonable amount of sugar. A fruit and nut bowl is always a suitable one."

"And there is the favorite French dessert which is always appropriate, Madame," he replied. "A basket of red apples or juicy pears, with or without a little cheese, makes a finale parfait."

TOMORROW'S DINNER

- Hot Vegetable Juice
Crisp Celery
Bake-Fried Veal Chops
Lemon Wedges
Bake-Creamed Potatoes
Buttered Beets
Apple Meringue Pie
Coffee Tea Milk

Vows Solemnized At Souris Church

The marriage of Miss Shirley Roach, daughter of Mr. and Mrs. F. W. Roach, Souris, and Mr. David Longphee, son of Mr. and Mrs. Joseph Longphee, Gowanbrae, was solemnized in St. Mary's Church, Souris, on Tuesday, Dec. 27.

The double ring ceremony was performed by Rt. Rev. J. A. Murphy, while Fred Roach, brother of the bride, served the nuptial mass. Sister St. George was in charge of the wedding music and hymns were sung by Misses Jeanette Cheverie and Maureen Wood.

A turquoise-blue dress of embroidered faille with matching hat was chosen by the bride. Her father, a white prayer book, Miss Belle Roach, sister of the bride and maid of honor, wore a pink mist dress of embossed faille with American Beauty feather hat and matching corsage.

Mr. Joseph Longphee, brother of the groom, was best man, and the ushers were Mr. Ralph Paquet and Mr. Ted Roach. The mother of the bride wore a dove grey crepe dress with aqua accessories and yellow roses en corsage. The groom's mother wore a tulle dress in royal blue with pale blue accessories and a corsage of violets.

A reception followed at the home of the bride's parents for 75 guests. Present at the bride's table were Rev. Edwin Steele and Msgr. J. A. Murphy who proposed the toast to the bride.

For travelling, the bride donned an autumn pink coat with blue hat and accessories and a corsage of lilacs-of-the-valley and apple blossoms. The couple will reside in Port Hastings, N. S. where the groom is employed with the Canadian Dock and Dredge.

Out-of-town guests were Miss Elizabeth Longphee, Mr. Edward Longphee, Miss Isabel McCormac, Miss Mary McCormac, Dleppie, N. E. Mr. and Mrs. Kent Ellis, Halifax, N. S., and Mr. Philip Paquet, Charlottetown.

Bake-Creamed Potatoes

Oil 4 low 3 pt. casserole. Combine 4 c. small-diced cooked white potatoes with 3 c. medium-thick white sauce, seasoned with onion juice or celery salt. Transfer to the baking dish. Cover with 1/2 c. medium-fine enriched bread crumbs mixed with 2 tsp. melted butter. Bake-brown 30 min. in a moderate oven, 375 deg. F. Apple Meringue Pie: Bake 1 (9 in) pie shell of American pastry. Then, make the filling. To do this, combine 2 c. hot sweetened thick apple sauce with a blend of 2 tsp soft butter, 1/2 tsp. grated lemon rind and 2 well-beaten egg yolks. Beat the 2 egg whites stiff; gradually add 2 tsp. sugar and 1/2 tsp. lemon juice. Heap over the pie. Bake in a moderate oven, 350 deg. F. from 15-20 min.

TRICK OF THE CHEF

Before bake-frying leaf chops rub with French dressing seasoned with oregano.

Mary Haworth

Foreign-Born Wife Asks A Definition

DEAR MARY HAWORTH: We are foreign born and do not possess full knowledge of the English language. Will you please give me, in detail, the definition of the word "nonconformist"?

My husband is proud of being a nonconformist; consequently my son is too. He, by the way, is 15 years of age. My husband contends that being a nonconformist makes him a better man. I cannot agree with this.

I want you to give me the correct definition of the term so that I can't justifiably be called stupid in differing with my husband's view. May I hope for an answer? E.D.

HE'S ANTI-SOCIAL

DEAR E. D.: According to Webster's dictionary, the term nonconformist, in its exact original meaning, referred to "one who does not conform to an established church"—specifically: the Church of England.

But in the larger sense, and more general usage, it designates persons who fall, or neglect, or refuse to adhere to customary social behavior, or conventional rules, or courteous practices. Evidently it is this latter meaning your husband has in mind, in proudly proclaiming himself a nonconformist.

His pride in being a nonconformist, and his theory that he is a better man for it, no doubt stem from a feeling that he is more courageous (hence more admirable than conformists are. But this isn't necessarily so. Without rules of order, society (or humanity en masse) would become a destructive riot. Moreover, scientists probing the set-up of the universe find "law and order" inherent in all the details uncovered so far.

BASIC LAW

The basic law of survival, as applied to mankind, has to do with the practise of cooperation (or mutually helpful interest) between individuals and groups and nations, anthropologists now proclaim. Thus, the admirably nonconformist can only be one who is purposely, unselfishly pioneering on behalf of "the good of all"—to bring an end to some traditional tyranny, some evil interference with the peoples' rightful drive to be, and do, and know, and have.

Hence, if your husband's prideful nonconformity has to do with being rude, or selfish, or obstinately eccentric; or anti-social; or non-cooperative; or otherwise definitely indifferent to good manners and good neighbor practices in your community, he is certainly not a worthy example for his son. A primary need of childhood and youth is consistent training in constructive self-discipline, that prepares one to adapt harmoniously (without loss of personal integrity)

ANNE ADAMS PATTERNS

Perfect topping for your prettiest spring fashions! You'll love this smart little jacket quickly made in all seasons! Tuxedo front and turned-up sleeves are so flattering; the back is a graceful flare. Choose a soft pastel wool-start sewing it now! Pattern 4563: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 16 takes 2 1/4 yards 54-inch fabric. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send order to ANNE ADAMS, care of Charlottetown Guardian, Pattern Dept., 60 Front St. W., Toronto, Ont.

Words Of The Wise

Look well into thyself; there is a source which will always spring up if you will always search there. —(Marcus Aurelius)

CLEAR YOUR SKIN

If your skin is troubled with pimples, blackheads, whiteheads, or other blemishes, use NIKODERM. It is a gentle, non-irritating skin cleanser that removes dirt and oil from the pores, leaving your skin clear and smooth. NIKODERM is available in 1 oz. and 3 oz. jars. Write for free literature to NIKODERM, 1000 University Ave., Toronto, Ont.

COOK'S CORNER

COOK'S CORNER RICE AND MUSHROOM CASSEOLE Cook 3-4 cup rice until fluffy. Fold in 1 can condensed cream of mushroom soup. Add one-third cup grated cheese and sprinkle grated cheese on top. Cook for 30 minutes in hot oven 450 degrees. Serve with cold cuts and lettuce salad and baked custard.

WOMEN

Page 8, The Guardian Monday, Jan. 30, 1956

Happenings

Miss Shirley Dunning and Miss Nan MacKinnon, entertained on Wednesday evening Jan. 18 at the home of Mrs. Herbert Jewell, Powell Street for Miss Pauline MacLaurin who Miss Pauline takes place in the near future. Little Miss Marlene Coles wheeled the gifts in her gaily decorated doll carriage. The bride offered gifts, Miss Barbara Cutmore read the verses, while Miss Nan MacKinnon placed them on the table. Pauline in her usual manner thanked all for the lovely gifts. The remainder of the evening was spent in music. Lunch was served by Miss MacKinnon, Mrs. J. A. M. E. S. Miss MacKinnon, Mrs. J. A. M. E. S. Miss MacKinnon, Mrs. J. A. M. E. S. Miss MacKinnon, Mrs. J. A. M. E. S.

Mary Haworth

Mr. and Mrs. Frank Muttart of Carleton Place will be observing their 50th wedding anniversary on Tuesday, January 31st. Those attending the P. E. I. Presbyterial of the United Church in Charlottetown on Tuesday and Wednesday from Summerside were Mrs. Ella M. Hinton, Mrs. Chesley Robertson, Miss M. Linkletter and Mrs. John Scott.

KINGSTON

The January meeting of Kingston United W. M. S. met at the home of Mrs. Willard Proud. The president opened the meeting and hymn "Jesus, Thou divine Companion." The program in the Missionary month was followed with Mrs. Edgar Newton, leader. Bible readings were taken by the different members. The Christian Stewardship was read by Mrs. Zylpha Newton. Mrs. Lorna Smith had Chapter IV in the Study Book. Greetings from the Branch President Mrs. E. R. Wood, were read by Mrs. Lyman Newton. Minutes were read and approved. Roll call answered by ten members and two visitors. Collection 3.91. Friendship Fund 33 cents.

SUMMERSIDE MISSIONARY SOCIETY

The regular monthly meeting of the Laura Bain Missionary Society of the Summerside Baptist Church was held at the home of Mrs. C. B. Jelly, on Monday evening, Dec. 26, at 7:30 p.m. The theme of the devotional period was "The New Year." The singing of hymn, "Standing at the Portals of the Opening Year," opened the devotional period. The scripture lesson was given by Mrs. Edward Poole, taken from Deut. 31, verses 1-9. A poem entitled, "The New Year," was given by the president, Mrs. William Meggison. Mrs. Jelly was the soloist for the evening. The theme of the devotional period to a close with prayer.

WHEATLEY RIVER W. I.

The monthly meeting of the Wheatley River W. I. met at the home of Mrs. Leonard Ling on Monday evening Jan. 16th. The meeting opened by singing the "Mary Stewart Collect" in unison. The roll call was answered by 10 members and two visitors. The minutes of the previous meeting were read, approved and signed. The sick committee reported trends to three who were ill during the month, school committee reported to the pull-and-haul of social fellowship. M.H. SHE HATES MEN DEAR MARY HAWORTH: I am 19 and said to be very pretty. My problem is rather unusual. I see a movie, and the male star is handsome, I think for the moment that men are desirable and necessary. But as soon as I go out into the real world again men seem to be meaningless, even repulsive. What is wrong with me? And what can I do? Psychiatric care is out of the question, even if I wanted it. R.P. SICK AFTERMATH DEAR R. P.: It seems you are emotionally sick; doubtless due to early life. You hate, reject and despise men in "real life," because you hate, reject and despise your own sex nature. As to why this is, I surmise it stems from shocking injury done your self-esteem by an ugly brand of "father" influence that darkened your childhood. But at heart you still hunger for true love and knightly charm, such as a good father should symbolize to a girl-and in movies you dream a while that such manhood exists. In your sick state, you probably attract the worst sort of men, who correspond to the worst you think of the breed. If you won't try psychiatric help, that's your mistake. M.H.

SHOP BY BARGE

French canal boats carry metal arms to swing housewives ashore to do their shopping, and bring them aboard at the other end of town. STANHOPE W. I. The Stanhope W. I. held their regular monthly meeting at the home of Mrs. Herbert Kielly on Jan. 3rd. The president, Mrs. Harry MacLaurin followed the meeting with the Ode opened by the Collect. Roll call was answered by eleven members and two visitors. Minutes of the previous meeting were read, approved and signed. Correspondence was read and discussed. New committees were appointed as follows: School, Mrs. Keith Douglas; Sick, Mrs. Lloyd Bell and Mrs. Roy Carr; Program, Mrs. Horace Marshall and Mrs. George MacMillan; Letter, Mrs. Harry Lawson and Mrs. Joan Lawson; Lunch, Mrs. Lou Marshall, Mrs. Walter Marshall and Mrs. Emmett Martin. Articles for sewing and knitting were distributed for the Red Cross. Mrs. Louis Marshall kindly invited members for the February meeting. Call call to be answered with "A Recipe." It was decided to have a "Sweet Auction" at the next meeting. Three members paid their fees. Special collection amounted to 65 cents. A mixed auction then took place with Mrs. Herbert Kielly auctioneering the splendid array of articles. The sale realized the sum of \$9.07. The singing of the National Anthem brought the meeting to a close. A delicious lunch was served by the hostess, assisted by the lunch committee and a social hour enjoyed.

MONTAGUE W. M. S.

The regular meeting of Trinity United Church Women's Missionary Society, Montague, was held at the home of Mrs. Lorne Wigginton on Tuesday evening with eighteen members present. Mrs. A. E. Ings led the worship service, assisted by Mrs. Bert Haneveld. The minutes of the last meeting were read and approved. Mrs. J. M. Fraser suggested that the members write letters to Missionaries abroad, requesting information and interesting details about their work. The replies to these letters would be read, one a month. Mrs. J. M. Fraser and Mrs. D. R. Fraser were appointed to choose names and arrange this plan. A meeting for January 30 was announced to arrange for World Day of Prayer, which will be held in the Presbyterian Church, Friday, February 17. Mrs. L. O. I. Johnston gave an informative and helpful address on Christian Stewardship. A letter of thanks from Brunswick Street Mission, Halifax, for parcel received was read by Mrs. Leon Johnston. Totals of 296 hospital calls and 375 sick and shut-in calls were noted for the year 1955. Four relief boxes were packed and sent, 2 to Toronto and 2 to Halifax, during the year. The treasurer gave her financial report in which it was noted that \$429.64 had been sent to Presbyterian. The chairman issued a special vote of thanks to Mrs. J. M. Fraser for her keen interest in the Missionary Society and her untiring and devoted work with the C.G.I.T. and Mission Band. An account of the penny fund was given by Mrs. Wigginton. Plans were made to start an Afghan in the hopes of sending a relief box in the spring. The roll call next meeting is to be answered with knitted squares. Mrs. Louis Johnston, Mrs. Leon Johnston and Mrs. D. R. Fraser were appointed as official delegates to attend Presbyterial, 18 hospital calls, 39 shut-in treats, 12 sick calls, 10 cards and 29 treats were reported for the month of January. Mrs. Archie Hume offered her home for the next meeting. Mrs. Ethan Stewart presented an interesting chapter of the study book on India. Rev. J. M. Fraser was present to install the following officers for the ensuing term: President, Mrs. Leon Johnston; first vice-president, Mrs. Bert Haneveld; second vice-president, Mrs. Ethan Stewart; secretary, Mrs. A. Wightman; treasurer, Mrs. Les MacLeod; vice-president for younger groups, Mrs. J. M. Fraser; corresponding secretary, Mrs. Lorne Wigginton; press secretary, Mrs. Adah MacGregor. Christian Stewardship, Mrs. L.A. Crossman, and Mrs. Clarence MacLaurin; community friendship and missionary monthly, Mrs. R. MacLean; supply secretary, Mrs. A. Hume; literature secretary, Mrs. D. R. Fraser; associate membership secretary, Mrs. Mort MacLean; christian citizenship, Mrs. Duncan McIntyre. Following the dedication of the offering, the meeting closed with the Mizpah benediction.

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KEEP IN TRIM

Diet For Teen-agers --- Why? When? and How?

By Ida Joan Kala

Put up a chair, teen-agers - this week the dietitian will be in your corner. It's not fun to be a fatty, or to feel slighted on curves, either. You want a honey of a figure - one that will wow the stag line. If you're a boy, you want a solid build, instead of being left on the bench. Perhaps most of all, you want to outgrow the nickname "Shorty." Then let's put good nutrition to work.

Supposing you were to drive into a gas station and find high price and regular gas the same price, which would you choose? You'd choose the best, the high test. You know it has more power. That's the way it is with food. The protective foods pack a punch, nutritious, while others, such as too many assorted sweets, starches and fats, can turn you into a real cube.

All right, check to see if your food is high test. Do you skip on breakfast, or perhaps skip it entirely? And what about lunch? A teen-age girl, when asked if she considered a hot dog and a soft drink adequate for lunch, answered thoughtfully, "Not without a candy bar."

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Seguin-Warren

White chrysanthemums and ferns formed the setting for the marriage of Miss Joyce Eleanor Warren, youngest daughter of Mr. and Mrs. Leigh Warren, Ottawa, Ont., formerly of North Rustico, P. E. I., and Mr. Claude Claire Seguin, son of Mr. and Mrs. Arthur Seguin, Gatineau, Quebec, in First Baptist Church, Ottawa, on Nov. 26, 1955.

Vows Solemnized At Ottawa, Ontario

Rev. Stuart Iverson officiated. Dr. Gordon Ward directed the wedding music and Miss Joan MacDonald was soloist. Given in marriage by her father, the bride was gowned in white net over satin with princess bodice and lace panels falling over a full skirt. The sweetheart neckline was adorned with an inset of net and mother of pearl sequins. Her fingertip veil fell from a Juliet cap of lace and sequins and she carried a crescent-shaped bouquet of red roses and white carnations. The bride was attended by Miss Antonette Freda, maid of honor, and Miss Irma Seguin, sister of the groom, and Eveline Bakker, bridesmaids. The attendants wore matching dresses. The maid of honor was gowned in gold crystal and the bridesmaid in green, with matching feathered headresses. Their bouquets were of bronze and yellow mums.

Mr. John Seguin, brother of the groom, was best man and the ushers were Mr. Colin Warren, brother of the bride, and Mr. Earl Seguin, brother of the groom. A reception for fifty guests followed at the home of the groom's mother, Mrs. Loretta O'Connor, Tignish. The three-tiered wedding cake was topped by a miniature bride and groom. The dining-room was decorated with white streamers and clusters of white wedding bells. Organ music was played by Mr. Leonard Gallant. In the evening, the parents of the bride, Mr. and Mrs. Joseph J. Gaudet, Tignish, entertained 100 guests. Music and dancing were enjoyed and refreshments were served by Misses Margaret and Louise Gaudet, sisters of the bride. The bride is a graduate of Tignish High School and was an employee of the Bell Telephone Company, Toronto, Ont., for the past two years. The groom is serving with the United States Army Corps Engineers and has been stationed at Frankfurt, Germany, for the past 18 months. He attended primary school in Tignish and later graduated from high school in Chelsea, Mass. Mr. O'Connor will reside in Germany for eighteen months, following their honeymoon.

Mr. Patrick Bivote was best man. A reception for fifty guests followed at the home of the groom's mother, Mrs. Loretta O'Connor, Tignish. The three-tiered wedding cake was topped by a miniature bride and groom. The dining-room was decorated with white streamers and clusters of white wedding bells. Organ music was played by Mr. Leonard Gallant. In the evening, the parents of the bride, Mr. and Mrs. Joseph J. Gaudet, Tignish, entertained 100 guests. Music and dancing were enjoyed and refreshments were served by Misses Margaret and Louise Gaudet, sisters of the bride. The bride is a graduate of Tignish High School and was an employee of the Bell Telephone Company, Toronto, Ont., for the past two years. The groom is serving with the United States Army Corps Engineers and has been stationed at Frankfurt, Germany, for the past 18 months. He attended primary school in Tignish and later graduated from high school in Chelsea, Mass. Mr. O'Connor will reside in Germany for eighteen months, following their honeymoon.

MORNING SMILE

Small boy—I just knocked over the ladder in the garden, mama. Mama—Well, you better tell your daddy. Small boy—He knows. He's hanging from the bedroom window.

HOUSEHOLD HINT

Worn table cloths can be turned into new-looking linens by dyeing the unworn parts a new color, then cutting into place mats.

WHEN COLDS MAKE HIM CRY

Give Your Baby Relief that DOES MORE THAN WORK ON CHEST! When a chest cold strikes, use Vicks VapoRub - the proved medication that acts two ways at once. When you rub it on, VapoRub quickly relieves muscular soreness. At the same time, VapoRub's medicated vapors bring relief with every breath. Soothing vapor medication travels deep into Baby's nose, throat and large bronchial tubes. Congestion starts breaking up. Coughing eases. Warming relief comes, lasts for hours. So when colds strike, depend on VICKS VAPORUB. Ask your Doctor. Breathe in Relief. Vicks and VapoRub are Reg. Trade Marks.

WHEN I LEFT HOSPITAL

After a serious illness, your body needs building up. A good reconstructive tonic helps! Wampole's Extract of Cod Liver contains important sunshine vitamin D, calcium, phosphorus, iron, quinine and malt - that help recovery. It stimulates appetite - helps regain lost weight - builds up body resistance against relapse or further illness... Take it regularly! So pleasant! No oily taste.

brand-new zephyr-weight birds-eye pique for a good cruise or resort daytime dress. A coat dress, it has the proper parade of buttons and is easy to don or off. Lines are simple for who wants full or intricate detail for general daytime, playtime wear?

ELLEN'S DIARY

Today The Sunlight Came

Quietly fall the days-align of morning-twilight, breaking, brightening; silver of evening, dusk then, and the night. And they vanish away, lived, written off, "past a reme". Records made, passed in with their omissions and bits and the odd problem solved and letter-perfect, back to the Keeper and Giver of days. And "do better!" we can fancy is written in reminder with velvet tracings on the gates of each new dawn.

O'Connor-Gaudet

The Chapel of Our Lady of the Angels Convent, Tignish, was the setting on December 26, 1955, for the marriage of Miss Mary Janette Gaudet and Sgt Robert Emmett O'Connor. Cut flowers decorated the altar. The nuptial mass and double ring ceremony were performed by Rev. John A. Macdonald. The choir of Our Lady's Sodality sang during the mass and Sister St. Antonine was organist. The bride chose a ballerina-length gown of heavy white broadcloth satin with fitted bodice and wasp waist. The soft fullness of the skirt fell to the hemline and her long sleeves came to points over the hands. A halo of lace held her circular fingertip veil of nylon net and she carried a white prayer ring with the ivory-of-the-valley and white streamers.

Miss Catherine Gaudet, sister of the bride, was maid of honor. She wore a Nile green ballerina-length gown of broadcloth satin with matching circular chapel headress of net. She carried a white prayer book. Mr. Patrick Bivote was best man. A reception for fifty guests followed at the home of the groom's mother, Mrs. Loretta O'Connor, Tignish. The three-tiered wedding cake was topped by a miniature bride and groom. The dining-room was decorated with white streamers and clusters of white wedding bells. Organ music was played by Mr. Leonard Gallant. In the evening, the parents of the bride, Mr. and Mrs. Joseph J. Gaudet, Tignish, entertained 100 guests. Music and dancing were enjoyed and refreshments were served by Misses Margaret and Louise Gaudet, sisters of the bride. The bride is a graduate of Tignish High School and was an employee of the Bell Telephone Company, Toronto, Ont., for the past two years. The groom is serving with the United States Army Corps Engineers and has been stationed at Frankfurt, Germany, for the past 18 months. He attended primary school in Tignish and later graduated from high school in Chelsea, Mass. Mr. O'Connor will reside in Germany for eighteen months, following their honeymoon.

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This afternoon, the sunlight came. Held so long pent by the dark days, how beautifully it swept through the floodgates of blue sky, washing the farm-lands with its gold. It caressed again the white-powdered hills, touched the millponds, filled for a time the depth of the alley and brought an answering brightness to hearts. Do we step on the sun-shadows of summer carelessly, with scarcely a passing thought, taking their presence as our due? So familiar a sight to us that we do not bother to watch their lovely patterns form and lengthen along the farmroads?

But today, it was different? Yes, after days of privation how good was the sunlight! And exquisite the shadows and brightness the afternoon patterned about on the snow. And it came to mind-out of humble things: bare branches and twigs, a clump of phlox stark and shrivelled, a bird's desolate nest in a rosebush; from the little fish-pond, an unforgettable picture of winter in a light, lovely mood.

employee of the Bell Telephone Company, Toronto, Ont., for the past two years. The groom is serving with the United States Army Corps Engineers and has been stationed at Frankfurt, Germany, for the past 18 months. He attended primary school in Tignish and later graduated from high school in Chelsea, Mass. Mr. O'Connor will reside in Germany for eighteen months, following their honeymoon. "I suppose you're finding the winter long, down there? I remember well how it used to be a season without end!" one wrote from we chuckled to the speeding minutes. "And between some of them, tucked in the making of the apple pie which contributed a share towards our supper...Gently then the night was taking over the shades of the afterglow, leaving only an edge of sky neither rose nor yet silver against the dark treetops to the westward. And above the rim of our world, hung a sparkling wishing-star, over the hilltop like a lantern shining and new. "Starlight, starlight...first star seen tonight"... first for it seemed a long, long time. What would we wish? For earthly things maybe we thought whimsically, a new dress perhaps, a hat, a string of pearls, a ring set with a July-ruby? But too little and mean such wishes as those on a next-to the first January star. "What sitting in the dark, Ellen?" James came in breezily then to supper.

"Why do you admire the first star", we chuckled. "To wish on it!" "Let your wish be for health and strength," he offered turning on the light. Sunlight, starlight, and now moonlight! What a lovely January day!

Monday—Diary—Good-Night....

THE Queen's WORK WEEK

In seven days Her Majesty Queen Elizabeth II appeared publicly for 54 hours, travelled several hundred miles to five important gatherings, received 1,907 people, made three speeches and changed costume 22 times. Read the story in The Standard this week. Get The Standard—on sale now, complete with magazine, 12-page novel and 20 pages of comics. Only ten cents.

The Standard

BACKACHE

For quick comforting help for Backache, Rheumatic Pains, Cutting Up Nerves, strong cramping muscles, try OXYBAC. Gives complete satisfaction or money back. Don't suffer another day without asking your druggist for OXYBAC.

NEED A LAXATIVE?

Be Sure You Take the Right Kind. Ex-Lax is effective, all right—but effective is a gentle way. It won't weaken or upset you. It won't make you feel bad afterwards. —It's not too strong! Ex-Lax can be taken with complete confidence. It has a fine chocolate taste, and its action is dependable and thorough. —It's not too mild! Ex-Lax is one laxative that avoids extremes. It works gently and effectively at the same time. In other words, Ex-Lax is —the Happy Medium! EX-LAX The Chocolate Laxative Still only 15¢ or 35¢.

WHEN COLDS MAKE HIM CRY

Give Your Baby Relief that DOES MORE THAN WORK ON CHEST! When a chest cold strikes, use Vicks VapoRub - the proved medication that acts two ways at once. When you rub it on, VapoRub quickly relieves muscular soreness. At the same time, VapoRub's medicated vapors bring relief with every breath. Soothing vapor medication travels deep into Baby's nose, throat and large bronchial tubes. Congestion starts breaking up. Coughing eases. Warming relief comes, lasts for hours. So when colds strike, depend on VICKS VAPORUB. Ask your Doctor. Breathe in Relief. Vicks and VapoRub are Reg. Trade Marks.

WHEN I LEFT HOSPITAL