

# Woman's Realm / Social and Personal / Fashions / Literature

## Lenten Meditations

CHRISTIAN VOCATION  
(The London-Times)

Of the many smiles which St. Paul uses to illustrate his conception of the Christian life none is more significant than that in which he speaks of it as a vocation, something to which men are called. Man chooses it, yet he is called to it. It demands of him at least the same application and attention as he gives to qualify himself for his trade or profession.

Such a vocation need never come into conflict with a man's daily occupations. The Christian life is not to be thought of as isolated from what might be termed a man's legitimate secular pursuits, as though he should act now as a Christian, and again, as whatever else he may be—a politician, or a tradesman. His Christian vocation does not cut across his life's normal activities it is bound up with their every aspect, giving a special quality and a spiritual significance to the whole.

St. Paul clearly indicates what it means to "walk worthy" of the Christian vocation; and in particular he lays especial stress upon the preservation of that unity of the Spirit which should characterize the disciples of Christ.

The unifying of the Christian's own life is not an end in itself, its influence must reach out into the corporate life of the Church. This unity, which brings men together in a fruitful fellowship, transcends all the superficial differences which might set them apart.

It is not difficult to realize what it would mean to the effectiveness of the corporate Christian witness if this unity were both profound and comprehensive. It is a unity based not only upon a common faith, but a common experience; a common outlook, and also a common quality of life.

Its achievement, as the apostle reminds his readers, demands humility, for it arises out of a sense of interdependence which cuts at the very root of pride. Pride, indeed begets disunity, for it separates the individual from his fellows; humility is the condition, the fertile soil, in which unity comes to its full fruition. Thus the Christian vocation is, at least in part to be fulfilled within the fellowship.

But more is involved than this. Christian responsibility is not limited to the Christian community itself, for the Church does not exist exclusively, nor even primarily, for the spiritual well being of its members; it exists for the redemption of human society as a whole; to extend the frontiers of God's Kingdom of love and righteousness.

Thus the Christian vocation is an urgent call to action; to win men to allegiance to Christ; to proclaim by life, as by word and deed, what the will of God for man is, and to reveal what that will means when it is translated into the language of everyday life.

## ELLEN'S DIARY

By An Island Farmer's Wife

As Rob had anticipated of it last night, it has been a busy day at this place "in the road" from Alderley, busy and very pleasant for all. James summed it up at supper. "It's not so bad being busy", he smiled, looking up from a helping of stew, "so long as everything goes well!" Everything went very well today. We recall now how lovely the day has been, foreshadowed as these are, but beautifully, by the coming of Spring. In tune with the brilliant sunlight that set diamond glints ashine on the meadows, and a balmy wind which made Jamie homing from school "wish I hadn't worn this heavy jacket!" birds were on light wing.

The wild ducks that settle in a pretty flock on a broader part of the millstream within sight, the crows that now "fly over in twos and threes", and the sparrows that swoop down in a tawny drift to pick up crumbs the children scatter beneath a window. A thawing sky of March smiles on the countryside, and one could fancy the bluish red brighter now in the maples on the farther wooded hills. And seeing, remember those of Pat's that march along the horizon, beyond the hilltop of home. And what would Pat say of this season so dear to his heart? "The cold an' storms av Winter are pretty well over—for isn't it St. Patrick's own Day the morrow?"

The afternoon brought Jamie home from school along a light trail that was nothing short of magical to him. Indeed after he had shed his school-bag and picked up a cookie he was off again to lane's end to watch at close hand the miracle of clearing, that is the snow-plow at work. "It's wonderful!" he reported later, as in truth it was to all of us, and especially to the farmers, concerned with their seasonal marketing problems.

We remember some years ago overhearing a group of farmers discuss the trucking problem. "If the roads could be cleared of snow in Winter," one said, "so that the trucks could run as in Summer, what a help that would be to the farmer!" And an older man, accustomed to the old days and more placid ways of farming, when hay and grain and pork was offered for sale on "The Square" commented with a smile, "Never mind worrying about how you'll get your stuff to market in Winter! I've lived a good few years on a farm, and I never found too much trouble over that. In fact I always considered that a nice part of the farming — and the easiest. My problem has been to get something to take to market!"

However this point of view that suited one day and generation has been changed by the years' turning, and those occasions continue to arise on this byroad of ours, when the matter of shipping presents much concern to the farmer. And "how shall we move any amount to the highway?" is a question that intrudes itself, we believe even into their dreams. "If the plow would only come in!" we sigh, when seed potatoes must be sent off, or when hogs must go in a number. There are as well — but, dear, dear, only to mention

## That Body Of Yours

By James W. Barton, M.D.

### X-RAY TREATMENT OF BURSTITIS FOUND EFFECTIVE

Many cases of pain at top of shoulder are caused by a fall or blow on the head. The pain occurs in back of head and neck, top of shoulder, and sometimes down the arm and even into the fingers. Relief from this pain is obtained in some cases by injections of alcohol and by X-ray treatments. Temporary relief is often obtained by wearing a high plaster of paris collar which holds the head well above the shoulder line. Some patients get rest at night by holding arm out at side in line with the shoulder.

There is another cause of painful shoulder of which I write from time to time. This is called burstitis, as it is an inflammation of the lining of the bag (bursa) containing water, which protects the shoulder joint just as the bag of water at the knee protects the knee joint. When this knee bag lining becomes inflamed and swollen, it is called housemaid's knee.

The inflammation of bursa at top of shoulder is directly under the large muscle which rounds off the shoulder and as this muscle is called the deltoid, the inflammation and swelling is called subdeltoid burstitis. Thus any movement that causes the upper arm to be moved puts pressure on this muscle and causes pain.

In cases where the inflammation of the bursa continues for some time, the bag or bursa may become filled with a lime-like substance. This had material must be scraped out by the surgeon. While in liquid state it can sometimes be drained.

Among the symptoms of subdeltoid burstitis are heat and redness at top of shoulder, but the main symptom is pain when arm is moved forward, outward and inward. Sometimes the serous or watery fluid turns into pus.

More recently surgery has been replaced by X-ray treatments and sometimes by alcohol injections.

In "Delaware State Medical Journal", Wilmington, Drs. W. W. Lattomus and L. M. Hunter review 238 cases of subdeltoid burstitis which were treated by X-rays during the last five years. Best results were obtained in acute or recent cases, either first attacks of where there was increase in pain in an already existing attack. The sooner the X-ray treatment was given the quicker were beneficial results obtained. Further, these physicians found that low voltage treatment was as effective as high voltage.

The like is to remember the worry the folks on this road experience when they so much as hear of the expectant rustle of storks' wings in the vicinity, with hospitals at a distance, and the road closed to motor traffic!

Tonight passing lights give anxious hearts a respite, even if it be only an assurance that "them thar" (Continued on Page 3)

## Morning Smile

THE BARGAIN

After a visit to dancing school, one mother advised her daughter that she should not just dance silently like a totem pole; talking to her partner was also part of the social picture.

On a later visit the mother saw that each time the music started the same little boy tore across the floor, bowed to her daughter and swept her away to the music. Later, the mother asked why the same lad chose her for every dance. "Oh, him!" the daughter explained. "I'm telling him a continued murder mystery."

## Crocheted Shortie Gloves



In the fashion spotlight again this spring are wrist-length crocheted gloves. They are easy to do, take little time and are inexpensive too... another proof that you can have a versatile, fashion-wise wardrobe on a limited budget, if you put your own talents to work. These useful crocheted gloves are particularly nice in a neutral shade such as beige which is so popular for Spring 1950. You may have instructions for making CROCHETED SHORTIE GLOVES if you will send a stamped, self-addressed envelope to the Needlework Dept. of this paper requesting Leaflet No. 2738.

## Spring Bonnet!



Giant quills point to Spring on Lady Wimbledon's banana felt sailor with pearl trim at the left; and right a bumper brim hat from Piko with a cluster of roses at one side.

## DOROTHY DIX SAYS -

### Successful Stepmother Feels Rewarded For Efforts Raising Other's Children

DEAR MISS DIX: More than a dozen years ago I gave up an excellent position to invest two college degrees and the savings of a few years in life with a man who had small children. I know what it means to put up with old furniture and to wear old clothes because the money had to be spent for small boys' shoes, countless quarts of milk, doctors' bills, etc. I know what it means to pass sleepless nights attending sick beds, what it means to be driven nearly frantic by childish noises and thoughtless mischief.

But we all tried to play the game, and now when they call me the best mother in the world and when I see them grown into fine men and women I am rewarded. There can be such a joy in the stepmother's lot if one is only willing to be patient and to pay the price.

ANSWER: I commend this fine, wise, brave letter to the many women who have married men with children and whose souls are fainting under the misery and hardships they have brought upon themselves. The lot of every mother is a hard one. And the stepmother must put up with everything that the real mother must put up with, without the mystic mother love that makes sacrifice sweet, that makes a woman blind to children's faults and deaf to their noises. The stepmother has nothing to take the curse off the irritation of children, nothing to turn them from brats into angels. Not only has she no mother love to inspire her, she is often bitterly jealous of her stepchildren and resentful of the affection their father bestows upon them.

### MOST ARE MISERABLE

I get thousands of letters from disgruntled stepmothers who bewail their unhappy fates and declare they are of all women the most miserable. The trouble with them is that they are not like the stepmother who wrote this letter, willing to pay the price of stepmotherhood. They are not willing to make the sacrifices for their stepchildren that they would gladly make for their own. They are not willing to do the labor for their stepchildren that they would rejoice in doing for their own. They are not willing to give their stepchildren the same forbearance they would show their own or make the excuses for them that they would make for their own.

If they did, they would reap a great reward. For somehow, children do grow up, they do get civilized, they do pass through the awful hobbledohy stage, they do turn into men and women. And if the stepmother has shown them love and tenderness and understanding, often they love her better than her own children do and are more considerate of her, because there is always the feeling in their hearts that what she did for them was a matter of grace and not of duty, and that she was such a darned good sport about it all.

DEAR MISS DIX: I am a married man with three children. Am 35 years old. Recently I met a girl of 16 who fell in love with me at first sight and told me so and asked me to write to her. I told my wife about this affair and she was very angry because I told her that I intended to write to the girl and keep her in love with me until she was older. By doing this I will keep her out of trouble she is headed for, as being in love with a man she cannot have may keep her from doing things she should not do. My wife thinks I should not write to her, for it will make things worse and it will be harder for her to give me up later than now. She says I should let the affair drop and let the girl fall in love with someone else. What do you advise? I want to do right.

ANSWER: Well, if you want to do right and also if you want to keep yourself out of trouble, you will take your wife's advice. A girl like that is about as dangerous to handle as an H-bomb. Your only safety consists in keeping as far away from her as possible. The trouble with you is that you are flattered by this little moron falling in love with you and you are not adverse to a little flirtation on the side. Face the fact, Mister, and quit trying to deceive yourself into thinking that you are altruistically bent on saving the girl. In your heart you know this. Also, you know that the way to put out a love fire is just to let it burn itself out, not by piling fresh fuel in the shape of love letters on it.

DEAR MISS DIX: We have lost our dear oldest sister. Our big brother is at home and his only pleasure is to listen to the radio, but since this sister's death we have never turned it on, although it would be a great comfort to us to hear it. Is it too early yet to have the radio on? How long does mourning last for a daughter and a sister?

ANSWER: If you loved the dear, dead girl, your grief will last as long as life lasts, but people no longer make the fetish of formal mourning that they used to do. So turn on your radio and get what pleasure and comfort you can out of that. It will take your thoughts off your sorrow and you need to have that done. Life is for the living, not for the dead. Those who have gone hence would not add to our grief by having us deny ourselves any innocent pleasure.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

## Household Scrapbook

By Roberta Lee

### The Ironing Board

If you do not have a convenient place for the ironing board, nail two large spoons to the wall, or on the inside of the kitchen closet door, as far apart as the middle of the board. Slip the board between these spoons, small end down.

### Oriental Rugs

To clean the small Oriental rugs, rub with a lather of pure white soap. Rub off as much soap as you can and then rinse with cloths dipped in clear, cold water. Dry thoroughly.

### Sugaring Doughnuts

A quick and effective way of sugaring doughnuts is to put them into a paper bag with two tablespoons of confectionery sugar and shake well.

## Modern Etiquette

By Roberta Lee

Q. How may the wedding invitation be worded if the girl has no living relatives?

A. "The honour of your presence is requested at the marriage of Miss Josephine Farley and Mr. Gardner Martin on Saturday, October fourteenth, at the Community Church at half past four o'clock."

Q. How long should one stay when visiting a sick friend in a hospital?

A. Not longer than ten or fifteen minutes, unless assured by both nurse and patient that a longer stay is welcome.

Q. Are invitations by telephone considered proper?

A. Yes, these are perfectly proper, when given for informal affairs.

## PILLOWCASES ARE DAINTY



DESIGN NO. E-510

Pretty floral motifs are embroidered on pillow cases of towels. Hot Iron transfer pattern No. E-510 contains 8 motifs with complete instructions. To order, send 20 cents in coin to Needlework Bureau, Charlottetown Guardian, Design No. E-510

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## -Needlecraft-

— FOR THE HOME —

### SPRING'S BOLEERO SUIT

A bolero suit belongs in every Spring wardrobe! This one takes top honors — see the way the jacket flairs an unexpected flare in the back!

No. 2998 is out in sizes 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30 and 32. Size 16, bolero and skirt, 3 1/2 yards 54-inch. Send 25 cents for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian, Pattern No. 2998

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## Cook's Corner

### BROWN SUGAR PUMPKIN CHIFFON PIE

1 tablespoon plain gelatine  
1/4 cup orange juice  
1 1/2 cups canned pumpkin, sieved  
1 cup brown sugar  
3 eggs, separated  
1/2 cup milk  
1/2 teaspoon salt  
1 teaspoon cinnamon  
1/2 teaspoon allspice  
1/2 teaspoon ginger  
2 tablespoons granulated sugar  
Whipped cream  
Crystallized ginger  
Soften gelatine in orange juice. Combine pumpkin, brown sugar, slightly beaten egg yolks, milk, salt and spices in top part of double boiler. Cook until thickened, stirring constantly. Add softened gelatine, stirring until dissolved. When mixture begins to congeal, fold in meringue made by beating granulated sugar into stiffly whipped egg whites. Turn mixture into baked pastry shell. Top with whipped cream and garnish with crushed crystallized ginger.

## The Stars Say -

By Genevieve Kemble

### For Friday, March 24

A DIFFICULT and dangerous state of affairs is indicated by a chain of adverse planetary auguries in which all possessions, property, finances as well as personal resources and prestige are menaced. Hazardous aspects affect all phases of life, particularly in private relations, in which valuable and tangible treasures are in jeopardy. The tendency to purge, squander, indulge in extravagances and unwise investments may result in loss and harm to cherished desires and assets.

### For the Birthday

Those whose birthday it is, may be confronted by a dangerous and unpropitious period in which all assets, possessions, property, personal treasures as well as peace of mind and heart are in jeopardy. A spurge of indulgence, prodigality, reckless investment or speculation may have unhappy repercussions on the private life as well as public, professional and financial status. It would be well to curb rash indulgences, putting breaks on all wayward impulses and inclinations. Safeguard all assets and valuables, use logic and precaution in all relations and agreements. A child born on this day may be prodigal, over-generous, extravagant and indulgent, with unhappy reactions on its private and professional career. Early training in economy and thrift may serve.



2998  
SIZES  
10 - 42

## How Can I!!!

By Anne Ashley

Q. How can I clean black silk?

A. Brush and wipe the silk thoroughly, lay on a flat table, right side up, and sponge with hot coffee which has been strained through muslin. Iron when partly dry. Black silk can also be cleaned by sponging the soiled parts with water in which potatoes have been boiled.

Q. How can I remove cigarette stains from the fingers?

A. Rub with powdered pumice or a cut lemon. Then wash the hands in soapsuds, rinse and dry thoroughly, and rub a good hand lotion into the skin.

Q. How can I remove the skin of new potatoes and young carrots without waste?

A. Rub them gently with a copper-tinsel pot cloth. Keep both vegetable and cloth wet by dipping frequently in water.

## Better English

By B. C. Williams

1. What is wrong with this sentence? "We decided to continue on for about fifteen minutes."

2. What is the correct pronunciation of "au revoir"?

3. Which one of these words is misspelled? Oblique, magnetic, technique, refuge.

4. What does the word "invincible" mean?

5. What is a word beginning with li that means "pertaining to the tongue or use of the tongue in utterance"?

### ANSWERS

1. Omit on. 2. Pronounce o-fer-vair, o as in no, a as in her, a as in ah, principal accent on last syllable. 3. Technique. 4. Not to be overcome; unconquerable. "Skill and assurance are an invincible couple." — Proverb. 5. Lingual.

## SCALDS - BURNS

Deb on a paste of Baking Soda and water and cover with a damp cloth.

**COW BRAND BAKING SODA**

**CLOVER LEAF Seafoods**

**CLOVER LEAF SALMON**

for delicious **LENTEN MEALS**

There's a wide variety of Clover Leaf Seafoods for tasty, wholesome, economical Lenten Meals.

**BRITISH COLUMBIA PACKERS LTD., VANCOUVER, B.C.**

**ARE YOU ... HOUSECLEANING?**

Your Kiddies can have supervised care while you work.

**TODDLERS' INN NURSERY**

PHONE 2389-L  
MRS. G. E. SOY  
(Nursery Supervisor)  
131 Spring Park Road  
(Above McGill)

**FOR WOMEN (WHO BAKE AT HOME) ONLY**

**WHAT'S COOKING?**

GIVES ME LIGHT DOUGHS, TOO

AND IT STAYS FULL STRENGTH SO LONG

YES, IT'S ALL PURE YEAST—ALWAYS UNIFORM

**3 out of 4 Canadian Women prefer...**

**FLEISCHMANN'S YEAST**

FRESH

or the NEW FAST DRY

**FLEISCHMANN'S ROYAL RISING DRY YEAST**

NO Substitutes

**EXPECTANT MOTHERS**

CONTACT US — WE SUPPLY

**CURITY DIAPERS**

TWO DELIVERIES A WEEK

You Rinse, We Disinfect and Wash

**The LAUNDERETTE and DIAPER SERVICE**

176 KENT ST. PHONE 2690-L