

WE SELL GOV. BRANDED BEEF

SUPPLIED BY



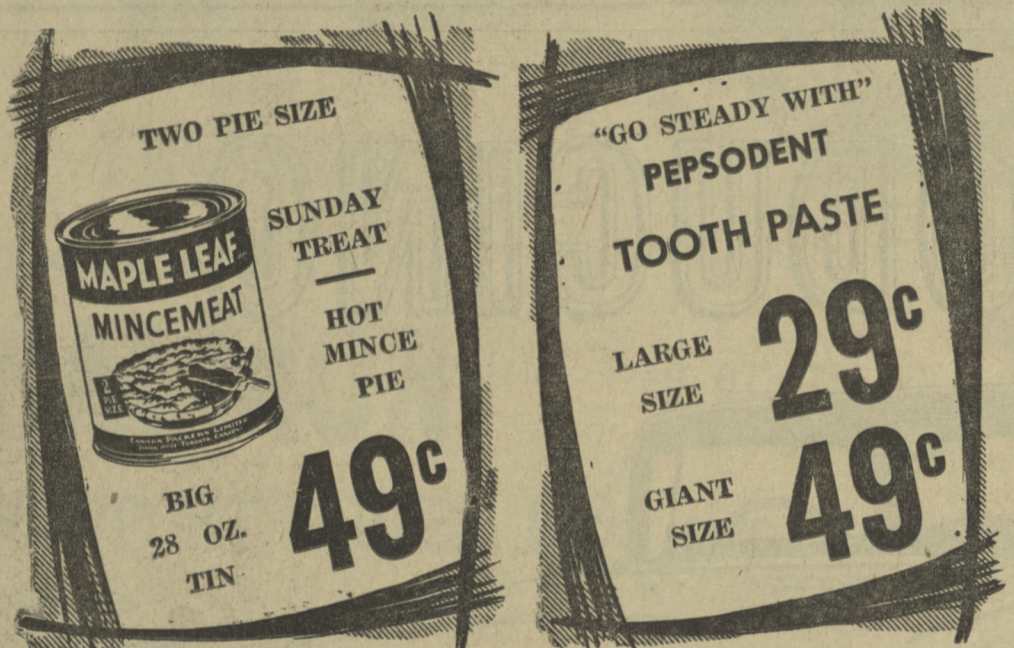
GET YOUR FREE BALLOT AT ANY CANADA PACKERS DISPLAY IN OUR STORE. FEATURING MAPLE LEAF AND YORK BRAND PRODUCTS. ANYONE CAN WIN THESE PRIZES.

FOOD BLENDER WORTH \$39.95  
 G. E. POP UP TOASTER WORTH \$29.95  
 BATHROOM SCALES WORTH \$10.95

# SAVE on the COST of the WHOLE MEAL ... Every meal



Why be satisfied with the dull, unappetizing meals a few weekend "specials" limit you to? Serve all the delicious foods your family likes best—and save on the cost of the WHOLE MEAL—every meal! It's easy—when you buy ALL your food needs at CO-OP SUPER MARKET because our shelf prices are LOW PRICES—every item, every day! Save all along your food list and you just naturally save on the cost of every marvelous meal you serve.



MAPLE LEAF TENDERSWEET



HAM 55c Lb.  
 WHOLE OR HALF

YOUR CHOICE OF LOIN OR RIB END



FOR A TASTY CHANGE

PORK LOIN 53c Lb.



BACON HALF POUND PKG. 39c

BOLOGNA MAPLE LEAF BY PIECE LB. 33c

NECK RIBS SWEET PICKLED LB. 19c

FILLETS COD FRESH CHILLED LB. 29c



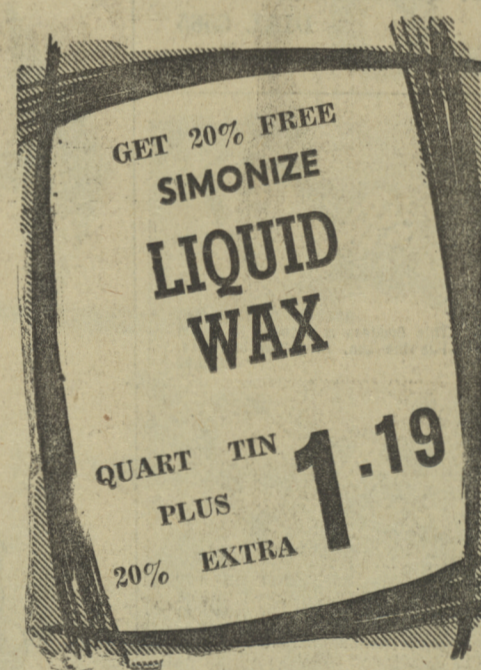
WIENERS LB. PKG. 47c

PORK CHOPS DOUBLE LOIN LB. 63c

FOWL GRADE "A" 3 1/2 - 5 LB. LB. 29c

CHICKEN GRADE "A" CAPONS FRESH LB. 43c

BROILERS GRADE "A" Roast - Fry - Broil OVEN READY 39c Lb.



SWEET PICKLES YORK BRAND 16 OZ. JAR 33c

TEA BAGS MOTHER'S OWN CARTON OF 100 ONLY 69c

CHOICE PEAS YORK BRAND 20 OZ. TINS 2 FOR 33c

WAX PAPER APPLE FORD'S 100 FT. ROLL 33c

PORK & BEANS YORK BRAND 20 OZ. TINS 2 FOR 39c

LUSHUS JELLO SHIRRIFF'S SPECIAL DEAL 3 FOR 23c

KAM -- LUNCHEON MEAT 12 OZ. TIN 43c

SALADA TEA YELLOW LABEL 1 LB. PKG. SAVE 10c 99c

SANDWICH SPREAD YORK BRAND ASS'T. MEATS 2 TINS 33c

PEACHES SMART'S CH. QUALITY 20 OZ. TINS 2 FOR 43c

PEANUT BUTTER YORK BRAND 16 OZ. ICE BOX JAR 39c

DOWNYFLAKE DO-NUTS SUGARED DOZ. 39c

BARBECUED CHICKENS EACH \$1.49

# FLOUR

ROBIN HOOD 25 LB. BAG

# \$1.69

ENTER THE \$25,000.00 DOMESTIC BAKEFEST

Remember Our Customers Usually WIN In These Contests



3 POUND Cookie Tins 89c  
 1 POUND PRINTS 2 FOR 59c

McINTOSH RED APPLES 5 LB. BAG 49c  
 IRISH COBBLER NO. 1 POTATOES 50 LB. BAG 89c  
 P. E. I. GROWN CRANBERRIES LB. 19c

JUICY SUNKIST ORANGES 5 LB. BAG 79c  
 FIRM P. E. I. CABBAGE EACH 19c  
 CALIFORNIA TOKAY GRAPES 2 LBS. FOR 39c

Listen to News and Views on Groceries — CFCY THURSDAY AT 11.00 A.M.

THE FINEST MEATS IN TOWN

# CO-OP SUPER MARKET

SPECIALISTS IN FRESH FRUIT AND VEGETABLES

AN ISLAND STORE OWNED BY ISLAND PEOPLE

BIG ENOUGH TO SERVE YOU - NOT TOO BIG TO APPRECIATE YOU

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