Health Hints.

Don't go to bed with cold feet.

Don't stand on hot air registers.

Don't lie on the left side too much.

Don't inhale hot air or fumes of any acid.

Don't lie on your back to keep from snoring.

Don't eat in less than two hours after bathing.

Don't eat the smallest morsel unless hungry, if well.

Don't start a day's work without eating a good breakfast.

Don't take long walks if the stomach is entirely empty.

Don't forget to take a drink of pure water before breakfast.

Don't jump out of bed immediately after waking on a morning.

Don't strain your eyes by reading on an empty stomach, or when ill.

Don't fill the gash with soot, sugar, or anything else to arrest the hemorrhage when you cut yourself, but bring the parts together with strips of adhesive plaster.—*Health Monthly.*

Quaint Rules for Visiting.

Here are the rules which Catherine the Great of Russia enforced at her conversazioness:—

1. Leave your rank outside, as well as your hat, and especially your sword.

2. Leave your right of precedence, your pride, and any similar feeling, outside the door.

3. Be gay, but do not spoil anything; do not break or knaw anything.

4. Sit, stand, walk as you will without reference to anybody.

5. Talk moderately, and not very loud, so as not to make the ears and heads of others ache.

6. Argue without anger, and without excitement.

7. Neither sigh nor yawn, nor make anybody dull or heavy.

8. In all innocent games, whatever one proposes, let all join.

9. Eat whatever is sweet and savoury, but drink with moderation, so that each may find his legs on leaving the room.

10. Tell no tales out of school; whatever goes in at one ear must go out at the other before leaving the room.

A transgressor against these rules shall, on the testimony of the witness, for every offence drink a class of cold water, not excepting the ladies, and, further, read a page of the "Telemachiade" aloud.

Whoever breaks any three of these rules during the same evening shall commit six lines of the "Telemachiade" to memory. And whoever offends against the tenth rule shall not again be admitted.

Horsford's Acid Phosphate

BEWARE OF IMITATIONS.

Imitations and counterfeits have again appeared. Be sure that the word "HORSFORD'S" is on the wrapper. None genuine without it.

Special Notices.

ALL WOOL Horse Blankets cheap at J. B. MACDONALD'S. dec 29

ISLAND FLOUR and Cracked Oats at R. K. BRACE'S. [dec 27

IF you want a Fur Cap cheap go to J. B. MACDONALD'S. dec 29

A SPLENDID lot of China, Glass, and Earthenware, to be sold cheap at COLWILL'S. aug 8 tf

THE cheapest Ready Made Clothing in town is at J. B. MACDONALD'S. dec 29

FIVE pound tins Tea just the thing at BEER & GOFF

DIGBY Herring and boneless Fish at J. KNIGHT & SON'S. [dec20.

J. KNIGHT & SON'S for pure Illuminating Oil, it gives a clear and steady light. [dec20

SKATING BOOTS, the best and cheapest at J. B. MACDONALD'S Boot Store. dec 29

CHOICE Winter Apples at BEER & GOFF'S.

ANOTHER large quantity of Crockery just received and will be sold cheap, at COLWILL'S aug 8 tf

NEW TWEEDS just received at J. B. MACDONALD'S. dec 29

DINNER SETS, Tea Sets, Chamber Sets, in great varieties and cheap, at COLWILLS. aug 8 tf

FIVE gallon tins Best American Oil cheap at BEER & GOFF'S.

IF you want to be suited with a Tea Set, a Dinner Set, or a Toilet Set, go to COLWILL'S. aug 8 tf

GOLD and silver plating of every description done at BROWN'S. Shop on corner of Prince and Grafton Streets. [jy 3 3m, wky

How to save twenty-five dollars.—Carry your old sewing machine to Brown's and have it made as good as new, instead of changing it for a new one. Shop on corner of Prince and Grafton Streets, Ch'town. [jy 3 3m

KENT MILLS.—The best family flour at "Cheapside."—HENRY BEER. [oct 25 tf

JOHN NEWSON is at the top of the ladder in furniture. Long experience, best quality, greatest variety, and best workmanship. He does not need to advertise that "he is a live" man. The public know it. Go and get real bargains, "Newson's Building," opposite Post Office. [oct18 tf

A PIECE of fine machinery that is composed of steel, iron, brass, copper, gold or silver that Brown cannot mend or make new, you may just as well throw it way. Shop on corner of Prince and Grafton Streets, Charlottetown. [jy 3

OUR new stock of Albums are an excellent quality and very cheap. G. H. COOK & Co. [nov26 w&s wkly tf

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A Good Ulster or Overcoat

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—ALSO—

HORSE BLANKETS,

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W. A. WEEKS & CO.,

SIGN OF THE LION.

Nov. 26, 1883.

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ALL SIZES ENGLISH

Iron Bedsteads and Cribs,

MARKED LOW.

Largest and best assortment of PICTURE MOULDING in the city, selling by the foot or made up very cheap.

500 LOOKING GLASSES, every variety and price, from 6x8 to 24x60. New Plates for old frames.

FANCY GOODS, in every variety, viz:—Brackets, Music Stands, Easels, and Canterburys, Fire Screens and Tables (combined), Flower Stands and Light Stands, Folding Chairs and Rocking Chairs, Chess Table and Ladies' Work Table (something new), Smokers' Stands, Parlor Easels, etc., etc.

Two very fine BAGETELLE BOARDS.

FRAMED CHROMOS.

MANTLE MIRRORS (new patterns).

Upholstering Department,

Under the management of MR. DREW, a veteran in the trade.

We have just received our Fall and Winter Stock of Goods, comprising forty-five different pieces of Furniture Coverings, Gimp and Buttons to match, Hessions Tickings, Hair Cloth, imitation of Leather, etc., etc. In this department to give satisfaction, as our stock was purchased in the cheapest markets and marked accordingly.

HAIR MATRASSES, FLOCK do., EXCELSIOR do., STRAW do., FEATHER BEDS.

Every variety of Spring Beds, Dominion Wire Matrasses, best in the market, every bed warranted, price $8.00.

We have now on hand (and are manufacturing daily) a large and varied stock of Household Furniture, comprising many new and beautiful designs. Particular attention given to ordered work.

KILN-DRIED STOCK and BEST WORKMANSHIP, every time.

Venetian Blinds, Inside and Outside Shutters, School and Church Furniture.

Machine Jobbing, Wood Turning, etc., etc. Prices low.

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Branch Show Rooms, 83, Queen Street.

MARK WRIGHT & CO.

Ch'town, Nov. 1883.—3aw

JOB PRINTING of every description executed with Neatness and Despatch at the EXAMINER JOB PRINTING ROOMS, cor. Water and Great George Street.

PARSONS' PURGATIVE PILLS

MAKE NEW RICH BLOOD,

And will completely change the blood in the entire system in three months. Any person who will take 1 Pill each night from 1 to 12 weeks, may be restored to sound health, if such a thing be possible. For curing Female Complaints these Pills have no equal. Physicians use them in their practice. Sold everywhere, or sent by mail for eight letter-stamps. Send for circular. I. S. JOHNSON & CO., BOSTON, MASS.

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JOHNSON'S ANODYNE LINIMENT will instantaneously relieve these terrible diseases, and will positively cure nine cases out of ten. Information that will save many lives sent free by mail. Don't delay a moment. Prevention is better than cure.

JOHNSON'S ANODYNE LINIMENT (*For Internal and External Use*). CURES Neuralgia, Influenza, Sore Lungs, Bleeding at the Lungs, Chronic Hoarseness, Hacking Cough, Whooping Cough, Chronic Rheumatism, Chronic Diarrhœa, Chronic Dysentery, Cholera Morbus, Kidney Troubles, Diseases of the Spine and Lame Back. Sold everywhere. Send for pamphlet to I. S. JOHNSON & CO., BOSTON, MASS.

MAKE HENS LAY

An English Veterinary Surgeon and Chemist, now traveling in this country, says that most of the Horse and Cattle Powders sold here are worthless trash. He says that Sheridan's Condition Powders are absolutely pure and immensely valuable. Nothing on earth will make hens lay like Sheridan's Condition Powders. Dose, 1 teaspoonful to 1 pint food. Sold everywhere, or sent by mail for 8 letter-stamps. I. S. JOHNSON & CO., BOSTON, MASS.

PRINCE EDWARD ISLAND RAILWAY.

1883-4. Winter Arrangement. 1883-4.

ON AND AFTER MONDAY, 10th DECEMBER, 1883, trains will run daily as follows (Sundays excepted):—

TRAINS DEPART.—FOR THE WEST.

STATIONS.	No. 1.	No. 3.
Charlottetown.....dp	7.40 a. m.	2.40 p. m.
Royalty Junction....	8 00 "	3.00 "
North Wiltshire.....	8.52 "	3.48 "
Hunter River.....	9.07 "	4 03 "
Bradalbane.....	9.44 "	4.38 "
County Line.....	9.53 "	4.47 "
Freetown.....	10.08 "	5 01 "
Kensington.....	10.30 "	5.21 "
Summerside.....{ar	11.05 "	5.55 "
Summerside.....{dp	1.00 p. m.	
Miscouche.....	1.22 "	
Wellington.....	1.50 "	
Port Hill.....	2.32 "	
O'Leary.....	3.50 "	
Bloomfield.....	4.15 "	
Alberton.....	4.54 "	
Tignish.....ar	5.50 "	

TRAINS ARRIVE.—FROM THE WEST.

STATIONS.	No. 2	No. 4.
Charlottetown.....ar	3.20 p. m.	10.30 a. m.
Royalty Junction {dp	3.00 "	10.08 "
Royalty Junction {ar	2 55 "	
North Wiltshire.....	2.04 "	9.22 "
Hunter River.....	1.48 "	9 07 "
Bradalbane.....	1.11 "	8.52 "
County Line.....	1.01 "	8 23 "
Freetown.....	12.46 "	8.09 "
Kensington.....	12.25 "	7.49 "
Summerside.....{dp	11.50 a. m.	7.15 a. m.
Summerside.....{ar	11.10 "	
Miscouche.....	10.48 "	
Wellington.....	10 20 "	
Port Hill.....	9.38 "	
O'Leary.....	8.20 "	
Bloomfield.....	7.55 "	
Alberton.....	7.17 "	
Tignish.....dp	6 20 a. m.	

TRAINS DEPART.—FOR THE EAST.

STATIONS.	No. 5.	No. 7.
Charlottetown.....dp	2.30 p. m.	
Royalty Junction {ar	2.50 "	
Royalty Junction {dp	2.55 "	
York.....	3 12 "	
Bedford.....	3.31 "	
Mount Stewart..{ar	4 05 "	
Mount Stewart..{dp	4.15 "	
Cardigan.....	5.35 "	
Georgetown.....ar	6.00 "	
Mount Stewart....dp		4.10 p. m.
Morell.....		4 50 "
St. Peter's.....		5.18 "
Bear River.....		6.06 "
Souris.....ar		6.50 "

TRAINS ARRIVE.—FROM THE EAST.

STATIONS.	No. 6	No. 8.
Charlottetown....ar	10.45 a. m.	
Royalty Junction....	10.22 "	
York.....	10.05 "	
Bedford.....	9.45 "	
Mount Stewart..{dp	9.10 "	
Mount Stewart..{ar	9.00 "	
Cardigan.....	7.40 "	
Georgetown.....dp	7 15 a. m.	
Mount Stewart....ar		9.05 a. m.
Morell.....		8.25 "
St. Peter's.....		7.56 "
Bear River.....		7.09 "
Souris.....dp		6 25 a. m.

Trains are run by Eastern Standard Time.

Railway Office, Charlottetown, Dec. 17, 1883.

JAMES COLEMAN, Superintendent.

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Profits of previous Quinquennium divided among Policy Holders, $1,158,500.00

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GEORGE W. DeBLOIS, General Agent.

March 16, 1882—eod

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Charlottetown, Jan. 9, 1883.—1y

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Rev. Father Wilds' EXPERIENCE.

The Rev. Z. P. Wilds, well-known city missionary in New York, and brother of the late eminent Judge Wilds, of the Massachusetts Supreme Court, writes as follows:

"73 *E. 54th St., New York, May* 16, 1882.
MESSRS. J. C. AYER & Co., Gentlemen:

Last winter I was troubled with a most uncomfortable itching humor affecting more especially my limbs, which itched so intolerably at night, and burned so intensely, that I could scarcely bear any clothing over them. I was also a sufferer from a severe catarrh and catarrhal cough; my appetite was poor, and my system a good deal run down. Knowing the value of AYER'S SARSAPARILLA, by observation of many other cases, and from personal use in former years, I began taking it for the above-named disorders. My appetite improved almost from the first dose. After a short time the fever and itching were allayed, and all signs of irritation of the skin disappeared. My catarrh and cough were also cured by the same means, and my general health greatly improved, until it is now excellent. I feel a hundred per cent stronger, and I attribute these results to the use of the SARSAPARILLA, which I recommend with all confidence as the best blood medicine ever devised. I took it in small doses three times a day, and used, in all, less than two bottles. I place these facts at your service, hoping their publication may do good.

Yours respectfully, Z. P. WILDS."

The above instance is but one of the many constantly coming to our notice, which prove the perfect adaptability of AYER'S SARSAPARILLA to the cure of all diseases arising from impure or impoverished blood, and a weakened vitality.

Ayer's Sarsaparilla

cleanses, enriches, and strengthens the blood, stimulates the action of the stomach and bowels, and thereby enables the system to resist and overcome the attacks of all *Scrofulous Diseases, Eruptions of the Skin, Rheumatism, Catarrh, General Debility*, and all disorders resulting from poor or corrupted blood and a low state of the system.

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May 16

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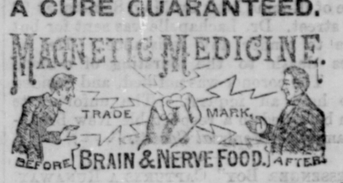

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Positively cures *Nervousness in ALL its Stages, Weak Memory, Loss of Brain Power, Sexual Prostration, Nightly Sweats, Spermatorrhœa, Leucorrhœa, Barrenness, Seminal Weakness, and General Loss of Power.* It repairs *Nervous Waste, Rejuvenates the Jaded Intellect, Strengthens the Enfeebled Brain and Restores Surprising Tone and Vigor to the Exhausted Generative Organs in either sex.* ☞ With each order for TWELVE packages, accompanied with five dollars, we will send our Written Guarantee to refund the money if the treatment does not effect a cure. It the **Cheapest and Best** Medicine in the Market. ☞ Full particulars in our pamphlet, which we desire to mail free to any address.

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IT is a fact worth knowing that Mrs. Sophia Potter's Bone Rheumatic Liniment cannot be excelled for removing pain and soreness. It is no worthless trash, as some may suppose, simply because they have been imposed upon by others, but is positively the "King of Pain." Sore throat cannot stand before its power.

All we ask is a trial that you may be convinced of the truth of our statement. Our experience is that one bottle tried also sells many more.

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W. R. WATSON, Charlottetown, P. E. I.
J. A. CROSSMAN, Middleton, Lot 27.

Oct. 22, 1883—eod wkly